



MEET McLAREN

SLEEP DIAGNOSTIC CENTER

At the McLaren Sleep Diagnostic Center, we are committed to providing exceptional sleep diagnostics and treatment. We are also dedicated to ensuring patients feel comfortable during the entire testing process.

Testing may involve spending the night at the center for a thorough sleep evaluation, or an at-home sleep test may be ordered. Our direct to patient at-home process includes shipping the test equipment directly to the patient, a virtual set up, support call, and complete testing. Once testing is complete, the most effective treatment method will be determined by the team, and we will provide the referring physician with those results and our recommendations.

SLEEP DISORDERS

- Sleep Apnea
- Narcolepsy
- Insomnia
- Parasomnia
- Sleep/Wake Schedule

ADDITIONAL CONDITIONS TIED TO SLEEP APNEA

Stroke and Sleep Apnea

Not only is sleep apnea a risk factor for stroke, but it is also associated with numerous complications after stroke. Some studies suggest 72 percent of people who suffer a stroke or mini stroke have obstructive sleep apnea.

Metabolic Sleep Disorders and Sleep Apnea

Current consensus guidelines on obstructive sleep apnea and bariatric surgery recommend screening of all patients before surgery.

COPD and Sleep Apnea

Overlap syndrome or OSA occurs when sleep apnea and COPD occur together. It's estimated that up to 20 percent of patients with COPD also have obstructive sleep apnea.

OFFICE LOCATION

McLaren Flint Sleep Center

G-3200 Beecher Rd., Flint, MI 48532
(810) 342-3900



Referrals can be made in Cerner by ordering Sleep Evaluation for location FT 19, calling (810) 342-3900, or visiting mclaren.org/careconnect for a referral form.