

LSVT BIG[®] AND LSVT LOUD[®]

TREATMENT FOR PARKINSON'S DISEASE



PARKINSON'S THERAPY

LSVT (Lee Silverman Voice Treatment) therapy uses innovative and clinically-proven methods for improving communication and movement in people with Parkinson's disease and other neurological conditions such as stroke and multiple sclerosis.

Communication and mobility are key elements in quality of life. Our Big and Loud program can help people with Parkinson's disease maintain confidence and a positive self-concept as they deal with the challenges of the disease. It has given many individuals with Parkinson's disease new hope for improved communication and mobility for work, family and social activities.

LSVT BIG

LSVT BIG[®] capitalizes on principles of motor learning and neuroplasticity to improve speed, balance, gait, activities of daily living, and quality of life.

LSVT LOUD

LSVT LOUD[®] employs principles of motor learning and neuroplasticity to improve vocal loudness, pitch, accuracy, vocal quality, and intelligibility.

LSVT LOUD (CONT'D)

Exercises that stimulate the muscles of the larynx and speech mechanism allow patients to develop an improved, healthy sounding voice with no strain or vocal damage.

HOW WE CAN HELP

McLaren Thumb Region Rehabilitation has physical therapists certified in LSVT BIG[®], and a speech-language pathologist certified in LSVT LOUD[®]. Both programs use a systematic hierarchy of exercises to target specific muscle groups.

TREATMENTS

One course of treatment lasts approximately one month, with sessions up to 4 times weekly and an involved homework program. Treatment outcomes include increased participation in daily activities resulting in improved independence and quality of life. We also provide treatment for patients with additional neurologically based conditions (e.g., multiple sclerosis, cerebral palsy) using similar treatment techniques and principles.



Please fax referrals to
the number below

Phone: (989) 269-1540

Fax: (989) 269-2658

mclaren.org