

MEET McLAREN

# ORTHOPEDICS & SPORTS MEDICINE

## McLAREN GREATER LANSING ORTHOPEDIC & SPORTS MEDICINE INSTITUTE

McLaren Greater Lansing Orthopedics and Sports Medicine Institute offers the most advanced joint and bone treatments and surgical procedures to help eliminate the pain caused by sports injuries or illnesses such as osteoporosis, arthritis, or spinal degeneration.

Fellowship trained orthopedic surgeons offer comprehensive orthopedic care using the latest medical innovations for the treatment of bone and joint disorders. We provide patients with extensive and highly skilled care in a convenient and comfortable environment.



### McLaren Greater Lansing Orthopedic Services specialize in the following areas:

- General Orthopedics
- Joint Replacement including Robotic (MAKO) Surgery
- Revision Joint Replacement
- Trauma & Fracture Care
- Sports Medicine
- Motion Preservation
- Surgical Spinal Care
- Foot & Ankle Reconstruction
- Hand and Wrist Injuries and Pain
- Arthroscopic Surgery
- Arthritis Care
- Minimally Invasive Surgery
- Limb Preservation
- Physical and Occupational Therapy

# TREATMENTS AND PROCEDURES OFFERED:

## HIP/KNEE REPLACEMENT

- Total hip and knee replacement
- Steroid injections
- Ligament reconstruction
- Cartilage repair
- Fracture treatment
- Bone density scans
- Osteoporosis screening
- Hip/knee revision surgery

## SHOULDER

- Total shoulder replacement
- Injections
- Tendon-to-bone insertion
- Shoulder resurfacing

## SPINE

- Compression fractures
- Myelomeningocele (Spina Bifida) repair
- Sacroiliac (SI) joint dysfunction
- Spinal instability
- Spinal tumors
- Spinal vascular malformations
- Spinal trauma
- Spinal stenosis
- Degenerative spinal disorders
- Spine fracture care (including kyphoplasty)
- Lumbar decompression
- Lumbar microdiscectomy
- Lumbar fusion
- Cervical arthroplasty/ total disc replacement
- Anterior cervical discectomy and fusion
- Posterior cervical fusion
- Spinal cord stimulation

## HAND/WRIST

- Carpal tunnel syndrome
- Trigger finger
- Tendonitis
- Hand injuries and fractures
- Wrist pain and fractures
- Tennis elbow
- Tendon injury
- Arthritis in the hand and wrist

## SPORTS MEDICINE

- Casting/bracing/splinting
- Surgery
- Injury walk-in clinics
- Manual medicine

# LOCATIONS

## Great Lakes Hand Surgery Center

3945 Okemos Rd., Suite B4

Okemos, MI 48864

p: (517) 908-3360

f: (517) 908-3368

## Heritage Hand and Plastic Surgery

1568 Lake Lansing Road

Lansing, MI 48912

p: (517) 759-1110

f: (517) 759-1120

## Katranji Hand Center

2111 Merritt Rd., #202

East Lansing, MI 48823

p: (517) 332-4263

f: (517) 332-1132

## Lansing Neurosurgery

1575 Ramblewood Dr.

East Lansing, MI 48823

p: (517) 827-1800

f: (517) 827-1805

## Michigan Orthopedic Center

3404 Patient Care Dr.

Lansing, MI 48911

p: (517) 267-0200

f: (517) 274-1805

## MSU Sports Medicine Clinic

3660 S. Hagadorn Rd., Ste 420

East Lansing, MI 48823

p: (517) 884-6100

f: (517) 884-6233

# WE WELCOME YOUR REFERRALS

For questions, contact Nicole Hankwitz at  
nicole.hankwitz@mclaren.org or (517) 975-9822.

# MEET OUR ORTHOPEDIC AND SPORTS MEDICINE PHYSICIANS



**CHRISTOPHER ABOOD, MD**  
Lansing  
Neurosurgery  
*Orthospine*



**JASON COCHRAN, DO**  
Michigan  
Orthopedic Center  
*Adult reconstructive,  
hip, knee, shoulder*



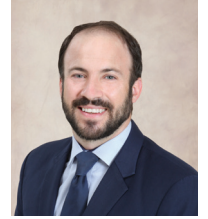
**JAMES CLARKSON, MD**  
Heritage Hand and  
Plastic Surgery  
*Hand, plastic  
reconstructive*



**CLAY DORENKAMP, DO**  
Michigan  
Orthopedic Center  
*Orthospine*



**MOHAMED ELNABTITY, MD**  
Lansing  
Neurosurgery  
*Orthospine*



**JOSHUA GOETHALS, DO**  
Michigan  
Orthopedic Center  
*Hip, knee, shoulder,  
sports medicine*



**TIMOTHY HEILMAN, DO**  
Lansing  
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**MEREDITH HEISEY, DO**  
Michigan  
Orthopedic Center  
*Elbow, knee,  
shoulder,  
sports medicine*



**WILLIAM HUETTNER, MD**  
Katranji Hand  
Center  
*Hand and wrist*



**TOUFIC JILDEH, MD**  
MSU Health Care  
*Sports medicine*



**SHEEBA JOSEPH, MD**  
MSU Health Care  
*Sports medicine*



**ABDALMAJID KATRANJI, MD**  
Katranji Hand  
Center  
*Hand and wrist*



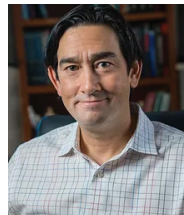
**MICAH LISSY, MD,  
MS, PT, ATC, CSCS**  
MSU Health Care  
*Sports medicine*



**DANIEL MESKO, DO**  
Michigan  
Orthopedic Center  
*Adult reconstructive,  
hip, knee*



**WESLEY MESKO, MD**  
Michigan  
Orthopedic Center  
*Adult reconstructive,  
hip, knee*



**PATRICK NOUD, MD**  
Michigan  
Orthopedic Center  
*Shoulder,  
sports medicine*



**ETHAN RUHLAND, DO**  
Michigan  
Orthopedic Center  
*Adult reconstructive,  
hip, knee*



**MICHAEL SWORDS, DO**  
Michigan  
Orthopedic Center  
*Orthopedic trauma,  
foot and ankle*



**CHARLES TAUNT, DO, FAOA**  
Michigan  
Orthopedic Center  
*Adult reconstructive,  
hip, knee*



**WILLIAM TRULUCK II, DO**  
Great Lakes Hand  
Surgery Center  
*Hand and wrist*



**TAMMY WOODS, MD**  
Michigan  
Orthopedic Center  
*Hand and wrist*



**ELIZABETH WILD, MD**  
Lansing  
Neurosurgery  
*Orthospine*



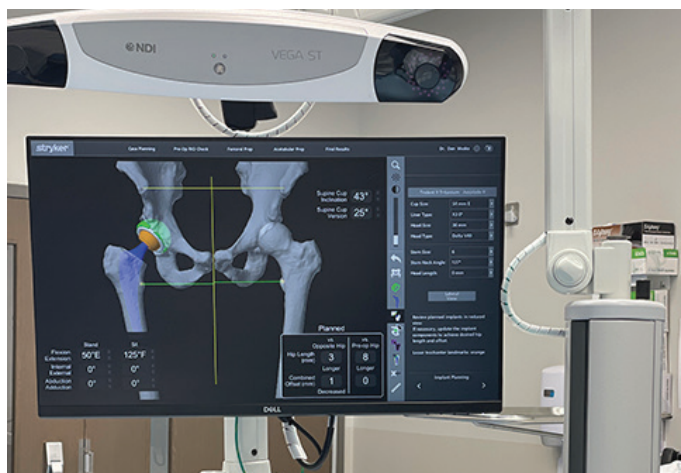
# McLAREN USES THE LATEST ADVANCES IN TECHNOLOGY FOR BETTER ACCURACY AND FASTER RECOVERY

## MAKO ROBOTIC SURGERY FOR JOINT REPLACEMENT

THE MAKO robotic arm is a surgeon-operated and controlled tool used for both total and partial hip and knee replacement surgeries. This technology uses CT scanning and 3D modeling for advanced accuracy and precision.

## HANA TABLE

The Hana® Orthopedic Surgery Table by Mizuho OSI, is a state-of-the-art orthopedic table that enables surgeons to perform a variety of orthopedic procedures, including the anterior approach for total hip replacements. With its unique capability to position the leg, the Hana Table enables the surgeon to replace the hip through a short single incision without detachment of muscle from the pelvis or femur.



## STEALTH-STATION NAVIGATION SYSTEM

Orthopedic surgeons at McLaren Greater Lansing can now perform complex neurological and spinal procedures using the Medtronic StealthStation™ Navigation System. The high-precision navigation system integrates real-time 3D tracking with preoperative imaging to provide intraoperative GPS guidance. The StealthStation™ facilitates more accurate trajectories, smaller incisions, and enhanced safety near critical structures.