



MEET McLAREN

PHYSICAL MEDICINE AND REHABILITATION

RESTORING FUNCTION AND ENHANCING QUALITY OF LIFE

Physical Medicine and Rehabilitation (PM&R), also known as physiatry, is a medical specialty focused on helping patients regain function and improve quality of life after illness, injury, or disability. Our team provides comprehensive, patient-centered care to treat physical and cognitive impairments affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

We believe in treating the whole person—not just a diagnosis. Whether recovering from trauma, managing chronic pain, or coping with neurological disease, our team is here to help patients regain control, restore independence, and improve their overall quality of life.

PM&R physicians, or physiatrists, are experts in evaluating and managing a wide range of conditions—without surgery. Their focus is not just on treating a specific body part, but on restoring overall function and independence in daily life. Through customized treatment plans, they help patients return to the activities that matter most.

Services Offered:

- Interventional back treatment
- EMG/Nerve conduction studies
- Neurorehabilitation (Stroke, brain injury, spinal cord injuries)
- Arthrocentesis/joint injections (including back and neck)
- Manipulation therapy (including spinal and joint)
- Trigger point injections for muscle-related pain
- Employee health and occupational medicine
- Pain management
- Assistive devices/bracing

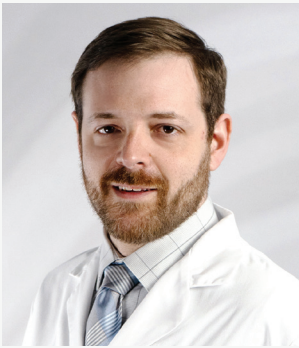
Conditions Treated:

- Chronic pain
- Debilitation
- Musculoskeletal injuries
- Neurological disorders
- Diabetic peripheral neuropathy
- Spasticity
- Stroke, brain injury, concussion, and spinal cord injury management
- Multi-trauma recovery and spine-focused treatment
- Follow-up care after inpatient rehabilitation
- Amputation care and related rehabilitation
- Post-surgical rehabilitation
- Sports injuries
- Gait issues

MEET YOUR LOCAL PHYSIATRISTS



VENKATA ETHA, MD
Physical Medicine and
Rehabilitation



PAUL McKELLIP, PA
Physical Medicine and
Rehabilitation

BACK PAIN RELIEF THROUGH TARGETED INJECTIONS

For patients experiencing chronic or acute back pain, McLaren Bay Region offers targeted back injections as part of our nonsurgical treatment approach. These may include epidural steroid injections, facet joint injections, or sacroiliac joint injections to reduce inflammation and relieve pain. Performed by experienced physiatrists, these image-guided procedures help manage symptoms and restore mobility—allowing patients to return to their daily routines with less pain and greater comfort.

WE WELCOME YOUR REFERRAL

Fax referrals to (989) 667-6660 or send them through Cerner.

Please include the following information:

- Office visit notes (pertaining to the reason for referral, including all histories and medications)
- Current advanced imaging (within the last year) of the affected area
- Current patient demographics, including insurance information
- Any prior authorizations needed

*To request a meet and greet contact our physician liaison
gina.ora@mclaren.org.*

McLaren Bay Region Physical Medicine and Rehabilitation

3190 E. Midland Road

Bay City, MI 48706

Phone (989) 667-6650

Fax (989) 667-6660

To learn more visit mclaren.org/BayRegion.