



MEET McLaren

BEHAVIORAL HEALTH

Skilled behavioral health teams led by psychiatrists—including psychologists, nurse practitioners, social workers, nurses, recreational and occupational therapists, counselors, and technicians—provide comprehensive treatment services. From inpatient psychiatric care to intensive day programs and outpatient services, our clinicians work closely with individuals to evaluate challenges and develop personalized care plans.

Our goal is to improve mental health, maximize quality of life, helping people quickly restore normal routines. Available 24/7, our therapeutic programs support community members in need.

CONDITIONS TREATED

- Depression, including severe depression with suicidal or homicidal thoughts
- Bipolar disorders
- Psychosis and thought disorders
- Anxiety and panic disorders
- Post-traumatic stress disorder
- Adjustment and stress-related disorders
- Substance use disorders when combined with psychiatric disorders (dual diagnosis)

Inpatient Hospital Psychiatric Treatment

- Psychiatric evaluation and daily follow-up
- Comprehensive physical assessment
- Nursing assessment and 24-hour nursing care
- Recreation/occupational therapy assessment
- Individualized plan of services which may include group psychotherapy, recreational/occupational therapy, patient education, individual and family therapy, and psychological evaluation
- Biopsychosocial assessment
- Development and coordination of aftercare services

Psychiatric Partial Hospital Programs

- Psychiatric evaluation and follow-up
- Nursing assessment
- Recreation/occupational therapy assessment
- Psychosocial assessment
- Individualized plan of services which may include group psychotherapy, education sessions, and individual and family sessions.
- In partial hospital programs, the individual lives at home and attends services for six hours per day, five days a week

Intensive Outpatient and Outpatient may include:

- Psychiatric evaluation and treatment
- Psychological evaluation
- Individual, family and couples psychotherapy
- Group psychotherapy
- Patient education
- Esketamine treatment for individuals with treatment-resistant depression

ACCESS TO CARE – BEHAVIORAL HEALTH INTAKE SERVICES

When individuals require intensive inpatient psychiatric care, McLaren's Behavioral Health Intake Service provides seamless support. Operating seven days a week from 6 a.m. to 10:30 p.m., our staff coordinates with eight McLaren hospitals to ensure patients receive the right care at the right time.

Phone (833) 925-2903

Fax (810) 600-7823

BEHAVIORAL HEALTH SPECIALTIES AND LOCATIONS

Inpatient Adult Behavioral Health

- McLaren Bay Region
- McLaren Flint
- McLaren Lapeer Region
- McLaren Northern Michigan - Cheboygan
- McLaren Oakland
- McLaren Port Huron

Inpatient Senior Behavioral Health

- McLaren Macomb
(Seniors aged 65+)
- McLaren Oakland
(Seniors aged 65+)

Adult Partial Hospitalization Program

- McLaren Bay Region
- McLaren Flint

Adolescent Partial Hospital Program

McLaren Flint
(Adolescents 12–17 years old)

Intensive Outpatient Senior Behavioral Health

- McLaren Caro
(Seniors aged 65+)

Outpatient Behavioral Health

- McLaren Bay Region
- McLaren Flint
- McLaren Lapeer Region
- McLaren Oakland

Behavioral Health Intake Services

(833) 925-2903

McLaren Bay Region

Adult Partial Hospitalization
Psychiatric Program (PHP) -
McLaren Bay Region
1900 Columbus Ave.
Bay City, MI 48708
(989) 667-6231

McLaren Bay Region
Treatment Resistant Depression
(TRD) Clinic
1900 Columbus Ave.
Bay City, MI 48708
(989) 667-6231

Behavioral Health
Inpatient Services at
McLaren Bay Region
1900 Columbus Ave.
Bay City, MI 48708
(989) 894-3911

McLaren Caro

Senior Life Solutions
Intensive Outpatient Program
310 N. Hooper St.
Caro, MI 48723
(989) 672-5757

McLaren Flint

Adult Partial Hospitalization
Program (PHP) -
Adolescent Partial Hospitalization
Program (PHP) -
Outpatient Psychiatric and
Counseling
4448 Oak Bridge Drive
Flint, MI 48532
(810) 342-5333

Behavioral Health Inpatient
Services at McLaren Flint
401 S. Ballenger Highway
Flint, MI 48532
(810) 342-2076

McLaren Lapeer Region

Behavioral Health
Inpatient Services at
McLaren Lapeer Region
1375 N. Main St.
Lapeer, MI 48446
(810) 667-5611

Behavioral Health
Outpatient Services
Lapeer Medical Office Building
1200 Barry Drive
Lapeer, MI 48446
(810) 667-7304

McLaren Macomb

McLaren Macomb Senior
Behavioral Health Center
46810 Schoenherr Road
Shelby Township, MI 48315
(586) 493-2059

McLaren Northern Michigan

Justin A. Borra Behavioral
Health Unit (Inpatient)
748 S. Main St.
Cheboygan, MI 49721
(231) 627-1370

McLaren Oakland

Behavioral Health Unit -
McLaren Oakland
(Senior and Inpatient)
50 N. Perry St.
Pontiac, MI 48342
(248) 338-5588

Outpatient Clinic
50 N. Perry St.
Pontiac MI 48342
(248) 338-5328

McLaren Port Huron

Behavioral Health
Inpatient and Emergency
Psychiatric Services at
McLaren Port Huron
1221 Pine Grove Ave.
Port Huron, MI 48060
(810) 989-3159