

MEET McLAREN

PAIN MANAGEMENT CLINIC

When a patient is referred to the McLaren Macomb Center for Spine & Pain Management, our team of experts will diagnose pain through a systematic approach that includes a consultation, physical examination, diagnostic testing, psychological testing and anything else needed to determine the exact location and source of the pain. We believe that with an accurate diagnosis, pain can often be eliminated or effectively managed and quality of life vastly improved.

CONDITIONS AND DIAGNOSES TREATED

- Coccygeal pain / Coccygodynia (tailbone pain)
- Complex regional pain syndrome
- Degenerative disc disease
- Facet disease
- Foraminal stenosis
- Headaches
- Herniated discs
- Knee pain
- Meralgia parasthetica
- Muscle pain
- Occipital neuralgia
- Peripheral nerve pain
- Pinched nerves
- Post-herpetic neuralgia (shingles)
- Post-operative knee pain
- Radicular pain
- Sacroiliitis
- Shoulder pain
- Spinal arthritis
- Spinal pain
- Spinal stenosis

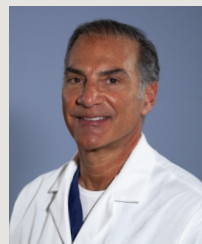
CLINICAL SERVICES

Once the source of pain is diagnosed, our team uses a variety of innovative approaches, including:

- Cervical, thoracic and lumbar epidural injections
- Facet joint injections
- Facet rhizotomy
- Genicular nerve injections and ablations
- Lysis of epidural adhesions
- Occipital nerve block
- Pain pump implementation
- Peripheral nerve block
- Radio frequency ablation
- Sacroiliac injections and ablations
- Spinal cord stimulation
- Stellate ganglion injections
- Steroid injections
- Trigger point injections

Most procedures are performed under fluoroscopy (X-ray) as an outpatient at McLaren Macomb. Intravenous (IV) sedation is available to provide relaxation during your procedure.

MEET THE TEAM



**ALEXANDER
AJLOUNI, MD**

Pain Management



**DANIELLE
DOWNS,
MSN, FNP-C**

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