MEET McLAREN

PHYSICAL MEDICINE AND REHABILITATION



RESTORING FUNCTION AND ENHANCING QUALITY OF LIFE

Physical Medicine and Rehabilitation (PM&R), also known as physiatry, is a physician-led specialty focused on the evaluation and non-surgical management of conditions affecting function and quality of life following illness, injury, or disability. Our team provides comprehensive care for physical and cognitive impairments involving the brain, spinal cord, peripheral nerves, bones, joints, ligaments, muscles, and tendons.

McLaren PM&R physicians take a whole-person approach to care, addressing functional limitations related to trauma, chronic pain, neurologic disease, and musculoskeletal disorders. Treatment plans are individualized and focused on restoring independence, improving mobility, and optimizing daily function.

Services Offered:

- Arthrocentesis/joint injections (including back and neck)
- Assistive devices/bracing
- EMG/Nerve conduction studies
- Employee health and occupational medicine
- Interventional and noninterventional back treatment
- Manipulation therapy (including spinal and joint)
- Neurorehabilitation (Stroke, brain injury, spinal cord injuries)
- Pain management
- Trigger point injections for muscle-related pain
- Wheelchair bracing and positioning support

Conditions Treated:

- Acute and chronic pain syndromes
- Amputation-related rehabilitation
- Debilitation
- Follow-up care after inpatient rehabilitation
- Gait and mobility disorders
- Multi-trauma recovery and spine-focused treatment
- Musculoskeletal injuries
- Neurological disorders
- Occupational injuries
- Post-surgical rehabilitation
- Spasticity
- Sports injuries
- Stroke, brain injury, concussion, and spinal cord injury management

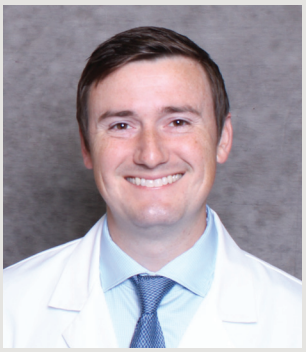
McLaren
FLINT

mclaren.org/flint

MEET YOUR LOCAL PROVIDERS



PARMOD MUKHI, MD
Corporate Medical Director



JOSHUA GAGE, DO
Phyical Medicine and Rehabilitation



NICK BEAVER, MSN, RN, FNP-C
Nurse Practitioner

BACK PAIN RELIEF THROUGH TARGETED INJECTIONS

For patients experiencing chronic or acute back pain, McLaren Flint offers targeted back injections as part of our nonsurgical treatment approach. These may include epidural steroid injections, facet joint injections, or sacroiliac joint injections to reduce inflammation and relieve pain. Performed by experienced physiatrists, these image-guided procedures help manage symptoms and restore mobility–allowing patients to return to their daily routines with less pain and greater comfort.

NEW ACCESS TO ADVANCED MIGRAINE RELIEF

McLaren Flint now offers advanced migraine care close to home. Patients can receive Botox® therapy for chronic migraines–services previously referred out of market. Convenient, coordinated, and patient focused, this specialized care is available locally and accepts Medicaid.

WE WELCOME YOUR REFERRAL

Fax referrals to (810) 600-7510 or send them through Cerner.

Please include the following information:

- Office visit notes (pertaining to the reason for referral, including all histories and medications)
- Current advanced imaging (within the last year) of the affected area
- Current patient demographics, including insurance information
- Any prior authorizations needed

Physical Medicine and Rehabilitation Clinic
Beech Hill Centre
G-3200 Beecher Road, Suite MBI
Flint, MI 48532

Phone (810) 342-5850
Fax (810) 600-7510

McLaren FLINT

To learn more, visit mclaren.org/flint

M-490 (10.2026)