Alaskan Salmon Loins seafest®



- >> SUSTAINABLE WILD ALASKAN SALMON
- >> CAREFULLY PORTION-CONTROLLED
- >> HEALTHY SERVING OF OMEGA-3S



Trident's multi-portion vacuum-packed Wild Alaskan Salmon loins offer an economical alternative to individually portioned fillets while still providing the same great taste, firm texture, rich color and versatility – but at a fraction of the cost.

Wild Alaskan Salmon is one of the most naturally delicious and healthy fish available. Cut from the center of Wild Alaskan Salmon filets, each whole muscle loin features an even thickness across its entire length, taking the guesswork out of preparation. No matter how they're menued, our Alaskan Salmon Loins are sure to please.

Features & Benefits

>> SUSTAINABLE WILD ALASKAN SALMON

Customers seek out sustainably-minded operators and Alaskan Seafood

>> PRECISELY PORTION-CONTROLLED

Control portion sizes and food costs, while reducing waste

>> OUTSTANDING VERSATILITY

Grill, bake or skillet prep. Works across your menu in appetizer, salad and entrée applications

>> HIGH PROTEIN

20-30 grams per serving

Species Information

Trident's wild Alaskan Salmon are ocean-caught in the pure, icy waters off Alaska's rugged coastline. Certified sustainable, Alaskan Salmon feed on the abundant natural diet found in these pristine waters, which help produce their excellent natural flavor, firm texture and attractive color.

PACK INFORMATION

ITEM#	DESCRIPTION	PACK SIZE	APPROX. PORTIONS PER CASE	GTIN#
417626	3 oz. Alaskan Pink Salmon Loin	1/10 lb.	53	0 00 28029 17626 1
417627	4 oz. Alaskan Pink Salmon Loin	1/10 lb.	40	0 00 28029 17627 8
417628	5 oz. Alaskan Keta Salmon Loin	1/10 lb.	32	0 00 28029 17628 5
417629	6 oz. Alaskan Keta Salmon Loin	1/10 lb.	26	0 00 28029 17629 2
421412	5 oz. Alaskan Sockeye Salmon Loin	1/10 lb.	32	0 00 28029 21412 3

DIMENSION: (L x W x D) 14.6" L x 10.5" W x 5" D GROSS WEIGHT: 11.2 lb. CUBE: .54 TI HI: 12 x 10



HANDLING INSTRUCTIONS

Keep frozen until ready to thaw.

Thawing instructions: Remove all packaging. Place on tray or plate. Cover with a plastic wrap or wax paper and thaw in refrigerator for 16-24 hours. Keep thawed product refrigerated and use within 2-3 days.

COOKING INSTRUCTIONS

Remove all packaging.

Oven temperatures vary. Cook to an internal temperature of 145°F.

From thawed, allow 10 minutes of cooking time per inch of thickness at 350°F until fish flakes easily when tested with a fork.

From frozen, double the cooking time.

Fish is best when the flesh has just turned opaque and is still moist throughout.

We strive to produce a fully "boneless" product. As with all fish, however, occasional bones might still be present.

Sockeye Salmon Nutrition Facts Serving Size 1 piece (142 g/	′5 oz)
Amount Per Serving	
Calories Calories from Fat	240 110
% Daily V	alue*
Total Fat 12g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 200mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 30g	40%
Vitamin A 6% • Vitamin C	0%
Calcium 0% • Iron	4%
*Percent Daily Values are based 2,000 calorie diet.	on a

INGREDIENTS: Sockeye Salmon, Water, Sodium Tripolyphosphate Contains Fish (Sockeye Salmon)

Pink and/or Chum Salmon Nutrition Facts Serving Size 1 piece (113 g/4 oz)				
Amount Per Serving				
Calories Calories from Fat	120 30			
% Daily Value*				
Total Fat 3.5g	5%			
Saturated Fat 0.5g	3%			
Trans Fat 0g				
Cholesterol 55mg	18%			
Sodium 170mg	7%			
Total Carbohydrate 0g	0%			
Dietary Fiber 0g	0%			
Sugars 0g				
Protein 20g	34%			
Vitamin A 2% • Vitamin C	0%			
Calcium 2% • Iron	4%			
*Percent Daily Values are based (2,000 calorie diet.	on a			

INGREDIENTS: Pink and/or Chum Salmon, Water Sodium Tripolyphosphate Contains Fish (Pink and/or Chum Salmon)



5303 SHILSHOLE AVE NW, SEATTLE, WA 98107 (800) 367-6065 (206) 783-3474

FAX: (206) 782-7246 E-MAIL: Sales@TridentSeafoods.com www.TridentSeafoods.com