

# BUFFALO & NACHO CHEESE DIPPERS **WILD ALASKA POLLOCK**



WILD CAUGHT IN ALASKA  
CRAVEABLE KID FRIENDLY FLAVORS  
3 X 1.33 OZ = 2MMA / 1.25G

**Trident**  
SEAFOODS



Buffalo Dippers



Nacho Cheese Dippers



## COOKING INSTRUCTIONS

**KEEP FROZEN UNTIL READY TO COOK.** Thawing is not recommended – cook from frozen.

**Convection:** Preheat oven to 400°F. Place frozen portions on a lightly greased baking sheet. Cook for 15 to 18 minutes until crisp. Flip product halfway through bake time for best results. Remove from oven and let sit for 2 minutes before serving.

**Conventional:** Preheat oven to 475°F. Line a baking sheet with foil and arrange in a single layer. Bake for 22 to 24 minutes, flip product halfway through bake time for best results. Remove from oven and let sit for 2 minutes before serving.

Microwave cooking is not recommended.

\*Cooking times and temperatures may vary substantially. Internal temperature should be at least 165°F. We strive to produce a fully “boneless” product. As with all fish, however, occasional bones may still be present.

## SERVE WITH CONFIDENCE

New Wild Alaska Pollock Nacho Cheese and Buffalo Dippers are flavors kids crave.

Kids will love the taste and crunchy texture of these new flavored wild-caught fish wedges. Their unique wedge shape is perfect for dipping. Serve them as-is or in wraps, on top of salads or in sandwiches.

## FEATURES & BENEFITS

Versatile for many menu applications

Easy prep, simply cook from frozen

Wild Caught in Alaska = sustainability

High impact flavors, crunchy texture that kids love

Good source of protein: 15-16g in 3 pieces

## SPECIES INFORMATION

Wild-caught in the icy waters of Alaska, wild Alaska Pollock is the most abundant certified-sustainable wild fish in the world. A member of the Cod family and similar in flavor, texture, and appearance, wild Alaska Pollock’s lean, snowy-white meat, delicate texture, and mild flavor make it an extremely versatile, healthy, and sustainable seafood choice.

## PACK INFORMATION

ITEM #	DESCRIPTION	PACK SIZE	GTIN#
429078	WILD ALASKA POLLOCK WG BRD NACHO CHEESE WEDGE 1.33 OZ.	1/10 LB.	0 00 28029 29078 3
429077	WILD ALASKA POLLOCK WG BRD BUFFALO WEDGE 1.33 OZ.	1/10 LB.	0 00 28029 29077 6



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### BUFFALO DIPPERS

#### Nutrition Facts

about 40 servings per container

Serving size 3 pieces (113 g/4 oz)

Amount per serving		% Daily Value*
<b>Calories</b>	<b>210</b>	
<b>Total Fat</b> 10g		<b>13%</b>
Saturated Fat 1g		5%
Trans Fat 0g		
<b>Cholesterol</b> 45mg		<b>15%</b>
<b>Sodium</b> 380mg		<b>17%</b>
<b>Total Carbohydrate</b> 17g		<b>6%</b>
Dietary Fiber 2g		7%
Total Sugars 0g		
Includes 0g Added Sugars		0%
<b>Protein</b> 15g		
Vitamin D 0mcg		0%
Calcium 16mg		2%
Iron 1mg		6%
Potassium 321mg		6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

FISH 67.5% (ALASKA POLLOCK), BATTER AND BREADING 32.5% (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], WATER, ENRICHED WHEAT FLOUR [WHEAT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE YELLOW CORN FLOUR, MODIFIED CORN STARCH, SALT, WHEAT GLUTEN, SPICES [INCLUDING CELERY SEED], DEXTROSE, GARLIC POWDER, LEAVENING [SODIUM ACID PYROPHOSPHATE, BAKING SODA], PAPRIKA EXTRACT, YEAST, PALM OIL, SUGAR, EXTRACTIVES OF PAPRIKA, MALTED BARLEY FLOUR, CITRIC ACID, ONION POWDER, NATURAL FLAVORS, MALTODEXTRIN, SODIUM DIACETATE [0.40%], ASCORBIC ACID [ADDED AS A DOUGH CONDITIONER], VINEGAR SOLIDS, GUM ARABIC) CONTAINS FISH (ALASKA POLLOCK), WHEAT.

### NACHO CHEESE DIPPERS

#### Nutrition Facts

about 40 servings per container

Serving size 3 pieces (113 g/4 oz)

Amount per serving		% Daily Value*
<b>Calories</b>	<b>230</b>	
<b>Total Fat</b> 10g		<b>13%</b>
Saturated Fat 1g		5%
Trans Fat 0g		
<b>Cholesterol</b> 45mg		<b>15%</b>
<b>Sodium</b> 420mg		<b>18%</b>
<b>Total Carbohydrate</b> 19g		<b>7%</b>
Dietary Fiber 1g		4%
Total Sugars 0g		
Includes 0g Added Sugars		0%
<b>Protein</b> 16g		
Vitamin D 0mcg		0%
Calcium 28mg		2%
Iron 1mg		6%
Potassium 292mg		6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

FISH 67.5% (ALASKA POLLOCK), BATTER AND BREADING 32.5% (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [WHEAT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CORN TORTILLA PIECES [CORN, VEGETABLE OIL [CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA, CORN, SAFFLOWER, SOYBEAN, OR SUNFLOWER]], WHOLE YELLOW CORN FLOUR, THREE CHEESE BLEND [PARMESAN, ASIAGO AND ROMANO CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES]], MODIFIED CORN STARCH, YELLOW CORN FLOUR [PROCESSED WITH LIME], SALT, WHEAT GLUTEN, ROMANO CHEESE [PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES], WATER, CHEDDAR CHEESE [MILK, CHEESE CULTURE, SALT, ENZYMES], GARLIC POWDER, ONION POWDER, SPICES, WHEY, DRIED YEAST, PAPRIKA EXTRACT [COLOR], YEAST EXTRACT, SUGAR, MALTODEXTRIN, LEAVENING [SODIUM ACID PYROPHOSPHATE, BAKING SODA], BUTTERMILK SOLIDS, NATURAL FLAVORS, ENZYME MODIFIED PARMESAN CHEESE [PARMESAN CHEESE (MILK, STARTER CULTURE, SALT, ENZYMES), CREAM, NATURAL FLAVOR], LACTIC ACID, CHEESE FLAVOR [CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), BUTTER (SWEET CREAM, LACTIC ACID), NATURAL FLAVOR, SALT]) CONTAINS FISH (ALASKA POLLOCK), WHEAT, MILK

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