

CRISPY POTATO BREADED WILD ALASKA POLLOCK PORTION



Serving suggestion
Enlarged to show detail
Must be cooked

AMAZING CRISPY POTATO STICK BREADING
SUPER-SIZE PORTION
MADE WITH SUSTAINABLE WILD ALASKA POLLOCK
NO PREP, QUICK TO COOK

Trident
SEAFOODS

BIG AND CRISPY

Set yourself apart from the competition with this bun-busting Potato Breaded Wild Alaska Pollock portion. Made with one of the most abundant and sustainable whitefish in the world, it's the ideal centerpiece for the hot new trend of oversized fish sandwiches. The crispy breading is enhanced with extra crunchy potato sticks to give it just the right contrast to a soft toasted bun, special sauce, and vegetable garnishes. Size up your fish sandwiches and watch your customers come back for more!

FEATURES & BENEFITS

Over-sized portion

Fits the latest sandwich trends

Distinctive potato stick breading

Unforgettably Crispy

Made with sustainable Wild Alaska Pollock

Guests love its mild taste and flaky texture

Cooks in the oven or fryer with no prep

Easy on the kitchen and staff

SPECIES INFORMATION

Wild Alaska Pollock is one of the most abundant and sustainable seafood species in the world. Not to be confused with Atlantic Pollock – a vastly different species – Alaska Pollock is quite similar to Cod in its mild flavor, snow-white flesh, and delicate texture. Alaska Pollock is also very different from foreign-caught pollock, which is far more likely to be twice-frozen and contain additives.

PACK INFORMATION

ITEM #	DESCRIPTION	PACK SIZE	GTIN#
143537	Crispy Potato Breaded Wild Alaska Pollock Portion	2/4.28 LB	0 00 28029 43537 5



Serving suggestion

COOKING INSTRUCTIONS

KEEP FROZEN UNTIL READY TO COOK. Thawing is not recommended – cook from frozen.

DEEP FRY: Heat oil to 350°F. Fry frozen product for 5 - 6 minutes.

CONVECTION OVEN: Preheat convection oven to 450°F. Place frozen product on lightly greased baking sheet, bake for 15 - 17 minutes, flip portions halfway through cooking time.

Microwave cooking is not recommended.

***Cooking times and temperatures may vary substantially. Internal temperature should be at least 165°F. We strive to produce a fully “boneless” product. As with all fish, however, occasional bones may still be present.**

ALASKA POLLOCK, VEGETABLE OIL (SOYBEAN, CORN, COTTONSEED, SUNFLOWER, AND/OR CANOLA OIL), BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, RICE FLOUR, YELLOW CORN FLOUR, CORN STARCH, POTATOES, POTATO GRANULES, CONTAINS 2% OR LESS OF: DEHYDRATED POTATOES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, CITRIC ACID), MODIFIED CORN STARCH, SEA SALT BLEND (POTASSIUM CHLORIDE, SEA SALT), MALTODEXTRIN, GARLIC POWDER, ONION POWDER, YEAST EXTRACT, PALM OIL, SALT, DEXTROSE, ENZYME MODIFIED BUTTER, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), TAPIOCA STARCH, YEAST, MALTED BARLEY FLOUR, GUM ARABIC, NATURAL FLAVORS, SPICE, VINEGAR SOLIDS, GUAR GUM. CONTAINS FISH (ALASKA POLLOCK), WHEAT, MILK

Nutrition Facts

About 28 servings per container
Serving size 1 piece (162 g / 5.7 oz)

Amount per serving	
Calories	360
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 560mg	24%
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 21g	
Vitamin D 0.3mcg	2%
Calcium 20mg	2%
Iron 1.1mg	6%
Potassium 920mg	20%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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