

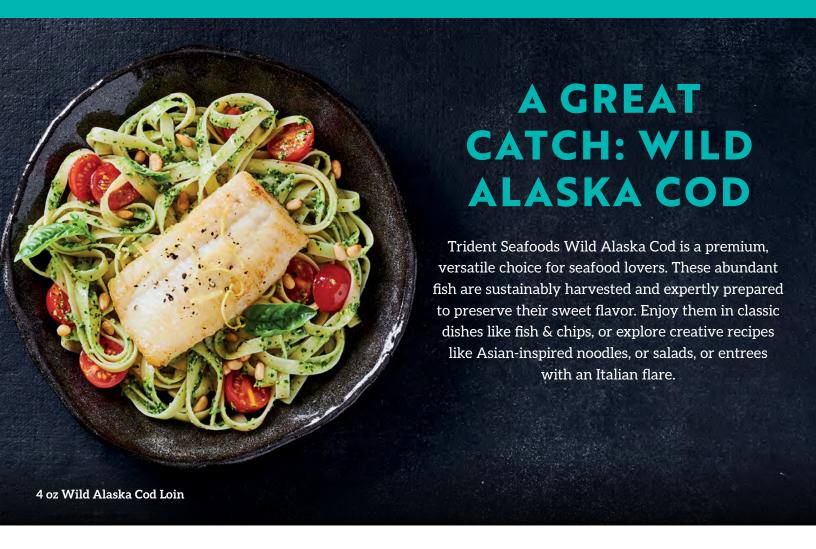
# WILD-CAUGHT ALASKA COD

FILLETS, LOINS, & PRE-CUTS

WILD CAUGHT

BONELESS PORTIONS PREMIUM CUTS





### **KNOW YOUR COD: LOINS, FILLETS & PRE-CUTS**



### BEST FOR OPERATORS SEEKING A NATURAL SHAPE WITH A FRESHLY-CUT APPEARANCE

These premium cod cuts offer a firm-yet-delicate texture and a pristine white appearance. Whether you prefer loins, fillets, or precuts, cod's mild flavor is a versatile canvas. It can shine on its own or absorb other flavors seamlessly, making it an ideal choice for various culinary creations.

### **QUALITY SEAFOOD, SIMPLIFIED**

### BONELESS AND SKINLESS

Delicate mild flavor preferred by consumers

#### **FRESH FROZEN**

100% natural, outstanding taste & texture

#### **LOW-FAT**

Great source of high-quality protein

#### **PORTION CONTROL**

Exceptional value, handtrimmed fillets available in a variety of sizes



#### **GET INSPIRED!**

Recipe ideas & more at tridentseafoods.com



#### WILD ALASKA COD



Wild Alaska Cod (also known as Pacific Cod) is a large, lean whitefish with a sweet flavor, delicate texture and a melt-in-yourmouth flake. It's an excellent source of high-quality protein and perfectly suited for a wide variety of menu applications.

#### **DID YOU KNOW?**

## SEAFOOD

As tasty, healthy, and filling, and **its source of origin** stands out as important to millennials.

Source: ASMI. Menu Alaska 202





KEEP FROZEN UNTIL READY TO USE COOK BEFORE CONSUMPTION

REFER TO THE CASE LABEL FOR SAFE HANDLING AND COOKING INSTRUCTIONS



**BAKE** 



SCAN
For complete
cooking instructions



#### **PACK INFORMATION**

Item	Description	Case Pack	Approx. Qty/Case	GTIN
Wild Alaska Cod Fillets: Skinless, Boneless, Single Frozen				
442356	4-8 oz Alaska Cod Shatterpack	3/15 LB	120	0 00 28029 42356 3
442402	8-16 oz Alaska Cod Shatterpack	3/15 LB	60	0 00 28029 42402 7
442453	16-32 oz Alaska Cod Shatterpack	3/15 LB	30	0 00 28029 42453 9
442518	32+ oz Alaska Cod Shatterpack	3/15 LB	22	0 00 28029 42518 5
143023	RM-TR COD FLT 8-160Z IQF	1/20 LB	27	0 00 28029 43023 3
143024	RM-TR COD FLT 16-320Z IQF	1/20 LB	14	0 00 28029 43024 0
143025	RM-TR COD FLT 32+OZ IQF	1/20 LB	9	0 00 28029 43025 7
Wild Alaska Cod Loins and Portions: Skinless, Boneless, Single Frozen				
423296	2.7 oz Alaska Cod Precut Portion IQF	1/20 LB	118	0 00 28029 23296 7
414483	3 oz. Alaska Cod Loin IQF	1/10 LB	53	0 00 28029 14483 3
414484	4 oz.Alaska Cod Loin IQF	1/10 LB	40	0 00 28029 14484 0
414485	5 oz. Alaska Cod Loin IQF	1/10 LB	32	0 00 28029 14485 7
414486	6 oz Alaska Cod Loin IQF	1/10 LB	26	0 00 28029 14486 4
Wild Alaska Cod Loins: Skinless, Boneless, Single Frozen, Twice Frozen, Chem Free				
413991	3 oz Alaska Cod Loin IQF	1/10 LB	53	0 00 28029 13991 4
418418	4 oz Alaska Cod Loin IQF	1/10 LB	40	0 00 28029 18418 1
418419	5 oz Alaska Cod Loin IQF	1/10 LB	32	0 00 28029 18419 8
Wild Alaska Cod Precuts: Skinless, Boneless, Twice Frozen, Chem Free				
418055	0.9-1.5 oz Alaska Cod Pre-cut	1/25 LB	333	0 00 28029 18055 8
418056	1.5-2.1 oz Alaska Cod Pre-cut	1/25 LB	222	0 00 28029 18056 5
418057	2.0-2.7 oz Alaska Cod Pre-cut	1/25 LB	167	0 00 28029 18057 2
418058	3.2-4.0 oz Alaska Cod Pre-cut	1/25 LB	111	0 00 28029 18058 9



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