



# WILD-CAUGHT ALASKA COD

FILLETS, LOINS, & PRE-CUTS

SUSTAINABLE  
**WILD  
CAUGHT**

SKINLESS  
**BONELESS  
PORTIONS**

**PREMIUM  
CUTS**



6 oz Wild Alaska  
Cod Loin

# A GREAT CATCH: WILD ALASKA COD

Trident Seafoods Wild Alaska Cod is a premium, versatile choice for seafood lovers. These abundant fish are sustainably harvested and expertly prepared to preserve their sweet flavor. Enjoy them in classic dishes like fish & chips, or explore creative recipes like Asian-inspired noodles, or salads, or entrees with an Italian flare.

4 oz Wild Alaska Cod Loin

## KNOW YOUR COD: LOINS, FILLETS & PRE-CUTS



LOINS

FILLETS

PRE-CUTS

### BEST FOR OPERATORS SEEKING A NATURAL SHAPE WITH A FRESHLY-CUT APPEARANCE

These premium cod cuts offer a firm-yet-delicate texture and a pristine white appearance. Whether you prefer loins, fillets, or precuts, cod's mild flavor is a versatile canvas. It can shine on its own or absorb other flavors seamlessly, making it an ideal choice for various culinary creations.

# QUALITY SEAFOOD, SIMPLIFIED

## BONELESS AND SKINLESS

Delicate mild flavor preferred by consumers

## FRESH FROZEN

100% natural, outstanding taste & texture

## LOW-FAT

Great source of high-quality protein

## PORTION CONTROL

Exceptional value, hand-trimmed fillets available in a variety of sizes



### GET INSPIRED!

Recipe ideas & more at [tridentseafoods.com](https://tridentseafoods.com)



5 oz Wild Alaska Cod Loin

## WILD ALASKA COD



Wild Alaska Cod (also known as Pacific Cod) is a large, lean whitefish with a sweet flavor, delicate texture and a melt-in-your-mouth flake. It's an excellent source of high-quality protein and perfectly suited for a wide variety of menu applications.

## DID YOU KNOW?

### CONSUMERS VIEW SEAFOOD

As tasty, healthy, and filling, and *its source of origin* stands out as important to millennials.

Source: ASMI. Menu Alaska 2024



KEEP FROZEN  
UNTIL READY  
TO USE



COOK BEFORE  
CONSUMPTION

REFER TO THE  
CASE LABEL FOR  
SAFE HANDLING  
AND COOKING  
INSTRUCTIONS



BAKE



SCAN  
For complete  
cooking instructions  
[tridentseafoods.com](https://tridentseafoods.com)



0.9 oz - 1.5 oz Wild Alaska Cod Precut

## PACK INFORMATION

Item	Description	Case Pack	Approx. Qty/Case	GTIN
<b>Wild Alaska Cod Fillets: Skinless, Boneless, Single Frozen</b>				
442356	4-8 oz Alaska Cod Shatterpack	3/15 LB	120	0 00 28029 42356 3
442402	8-16 oz Alaska Cod Shatterpack	3/15 LB	60	0 00 28029 42402 7
442453	16-32 oz Alaska Cod Shatterpack	3/15 LB	30	0 00 28029 42453 9
442518	32+ oz Alaska Cod Shatterpack	3/15 LB	22	0 00 28029 42518 5
143023	RM-TR COD FLT 8-16OZ IQF	1/20 LB	27	0 00 28029 43023 3
143024	RM-TR COD FLT 16-32OZ IQF	1/20 LB	14	0 00 28029 43024 0
143025	RM-TR COD FLT 32+OZ IQF	1/20 LB	9	0 00 28029 43025 7
<b>Wild Alaska Cod Loins and Portions: Skinless, Boneless, Single Frozen</b>				
423296	2.7 oz Alaska Cod Precut Portion IQF	1/20 LB	118	0 00 28029 23296 7
414483	3 oz. Alaska Cod Loin IQF	1/10 LB	53	0 00 28029 14483 3
414484	4 oz. Alaska Cod Loin IQF	1/10 LB	40	0 00 28029 14484 0
414485	5 oz. Alaska Cod Loin IQF	1/10 LB	32	0 00 28029 14485 7
414486	6 oz Alaska Cod Loin IQF	1/10 LB	26	0 00 28029 14486 4
<b>Wild Alaska Cod Loins: Skinless, Boneless, Single Frozen, Twice Frozen, Chem Free</b>				
413991	3 oz Alaska Cod Loin IQF	1/10 LB	53	0 00 28029 13991 4
418418	4 oz Alaska Cod Loin IQF	1/10 LB	40	0 00 28029 18418 1
418419	5 oz Alaska Cod Loin IQF	1/10 LB	32	0 00 28029 18419 8
<b>Wild Alaska Cod Precuts: Skinless, Boneless, Twice Frozen, Chem Free</b>				
418055	0.9-1.5 oz Alaska Cod Pre-cut	1/25 LB	333	0 00 28029 18055 8
418056	1.5-2.1 oz Alaska Cod Pre-cut	1/25 LB	222	0 00 28029 18056 5
418057	2.0-2.7 oz Alaska Cod Pre-cut	1/25 LB	167	0 00 28029 18057 2
418058	3.2-4.0 oz Alaska Cod Pre-cut	1/25 LB	111	0 00 28029 18058 9



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 www.tridentseafoods.com



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