



WILD-CAUGHT PRE-CUT FILLETS

WILD ALASKA POLLOCK AND COD

SUSTAINABLE
**WILD
CAUGHT**

COST
EFFECTIVE

IQF

1.5 oz - 2.1 oz
Wild Alaska Cod
Pre-cut fillets

CUSTOMIZABLE ALASKA SEAFOOD SOLUTIONS

Pre-cut Wild Alaska Pollock and Cod fillets provide a versatile, healthy, and convenient seafood solution while promoting sustainability and high-quality standards. Chefs can enhance these fillets with battering or breading, enabling them to create consistently excellent dishes while showcasing their creativity. This flexibility supports a variety of menu options, including classic fish & chips with a golden beer batter, gourmet fish sandwiches with a crispy panko crust, or flavorful fish tacos with a seasoned coating.



0.9 oz - 1.5 oz Wild Alaska Cod Pre-cut fillets



0.9 oz - 1.5 oz Wild Alaska Cod Pre-cut fillets served as delicious tacos

MIX, MATCH & CREATE

CLASSIC BEER-BATTERED FISH & CHIPS



1.5 oz - 2.1 oz Wild Alaska Pollock Pre-cut fillets



1.5 oz - 2.1 oz Wild Alaska Pollock Pre-cut fillets served as classic beer battered fish & chips



1.5 oz - 2.1 oz Wild Alaska Cod Pre-cut fillets



1.5 oz - 2.1 oz Wild Alaska Cod Pre-cut fillets served in a parmesan breaded fish & chips

PARMESAN BREADED FISH & CHIPS



GET INSPIRED!

Recipe ideas & more at tridentseafoods.com

UNIQUE SEAFOOD, EVERY TIME



2.0 oz - 2.7 oz Wild Alaska
Pre-cut fillets Cod Sandwich

PORTION PRECISION
Consistent sizing, saving time and money

NATURAL FILLETS, HAND-CUT
Back-of-house look and bite

SIGNATURE STYLE
Chefs can customize the fillets with their choice of batter or breading

VERSATILE MENU OPTIONS
Adding flexibility to menus, from fish & chips, to fish tacos, to salads and sandwiches

WILD ALASKA COD



Wild Alaska Cod (also known as Pacific Cod) is a large, lean whitefish with a sweet flavor, delicate texture and a melt-in-your-mouth flake. It's an excellent source of high-quality protein and perfectly suited for a wide variety of menu applications.

WILD ALASKA POLLOCK



Wild Alaska Pollock is a cousin to cod, sharing its lean, snow-white meat, delicate texture and mild taste. Not to be confused with the darker, oilier Atlantic variety, it's one of the healthiest and most versatile seafood choices available.

DID YOU KNOW?

FISH ON THE MENU

is great for business.
Consumers who order fish spend 34% more on their meal.

Source: ASMI. Menu Alaska 2024

DID YOU KNOW?

CONSUMERS VIEW SEAFOOD AS CLIMATE FRIENDLY

Consumers *rank seafood above every protein source* for being viewed as climate-friendly.

Source: ASMI. Menu Alaska 2024



0.9 oz - 1.5 oz Wild Alaska Pollock fillets



**KEEP FROZEN
UNTIL READY
TO USE**



**REFRIGERATED
SHELF LIFE
ONCE THAWED**



**COOK BEFORE
CONSUMPTION**

**REFER TO THE
CASE LABEL FOR
SAFE HANDLING
AND COOKING
INSTRUCTIONS**



BAKE



SAUTÉ



DEEP FRY



SCAN
For complete
cooking instructions
tridentseafoods.com

PACK INFORMATION

Item	Description	Case Pack	Approx. Qty/Case	GTIN
Wild Alaska Pollock Pre-cuts: Skinless, Boneless, TW/FZ, Chem Free				
418060	0.9-1.5 oz Alaska Pollock Pre-cut	1/25 Lb	333	0 00 28029 18060 2
418061	1.5-2.1 oz Alaska Pollock Pre-cut	1/25 Lb	222	0 00 28029 18061 9
Wild Alaska Cod Pre-cuts: Skinless, Boneless, TW/FZ, Chem Free				
423296	2.7 oz Alaska Cod Precut Portion IQF	20 Lb	118	0 00 28029 23296 7
418055	0.9-1.5 oz Alaska Cod Pre-cut	1/25 Lb	333	0 00 28029 18055 8
418056	1.5-2.1 oz Alaska Cod Pre-cut	1/25 Lb	222	0 00 28029 18056 5
418057	2.0-2.7 oz Alaska Cod Pre-cut	1/25 Lb	167	0 00 28029 18057 2
418058	3.2-4.0 oz Alaska Cod Pre-cut	1/25 Lb	111	0 00 28029 18058 9



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