



WILD ALASKA SEAFOOD CHILD NUTRITION

WHOLE-GRAIN AND NSLP CHILD NUTRITION
GUIDELINES COMPLIANT

SUSTAINABLE
WILD
CAUGHT

QUICK
& **EASY**
PREPARATION

CN
LABELED



Wild Alaska Salmon
Ocean Treasures™



3.6 oz. Wild Alaska Pollock Wedge

PRODUCTS THAT MEET ALL YOUR NEEDS

100% "Buy American" compliant, our line of whole-grain breaded Wild Alaska Seafood items allow you to meet changing NSLP Child Nutrition Guidelines while striving to serve great-tasting food your students will enjoy. All natural, sustainably harvested, and coated with crispy whole-grain or potato crust, Trident's Child Nutrition products keep you ahead of the curve - easily and affordably.

QUALITY SEAFOOD, SIMPLIFIED.

WILD ALASKA POLLOCK



Wild Alaska Pollock is a cousin to cod, sharing its lean, snow-white meat, delicate texture and mild taste. Not to be confused with the darker, oilier Atlantic variety, it's one of the healthiest and most versatile seafood choices available.

WILD ALASKA SALMON



Wild-caught in the icy-cold, crystal-clear waters off Alaska's rugged coast, Trident's certified-sustainable Wild Alaska Pink and Keta Salmon thrive on a natural diet in a pristine environment. This results in their exceptional flavor, firm texture, and beautiful color.



1.0 oz. Wild Alaska Pollock Nugget



1.5 oz. Cornmeal Wild Alaska Pollock Strips



**KEEP FROZEN
UNTIL READY
TO USE**



**COOK BEFORE
CONSUMPTION**



BAKE



SCAN
For complete
cooking instructions
tridentseafoods.com

HEALTHY SEAFOOD, HEALTHY KIDS

BONELESS AND SKINLESS

Delicate mild flavor preferred by kids

FRESH FROZEN

100% natural, outstanding taste & texture

EXTRA-LEAN PROTEIN

Naturally low in saturated fat and cholesterol

100%

“Buy American” compliant



GET INSPIRED!

Recipe ideas & more at tridentseafoods.com



1.33 oz. Wild Alaska Pollock Dippers - Nacho Cheese



4.0 oz. Breaded Wild Alaska Pollock Portion



1.0 oz. All Natural Ultimate Fish stick™

GET KIDS HOOKED! CREATE LIFELONG HEALTHY HABITS

HOST PROMOTIONS TO GET STUDENTS EXCITED ABOUT TRYING AND EATING SEAFOOD:

1

HOST A TRY IT TUESDAY

Offer samples of new seafood menu items and have students vote to select the recipe added to the menu cycle

2

THROW A THEMED LUNCH

Plan an ‘Aloha Day’ to feature new seafood recipes with Hawaiian flair. Let the kids choose creative names for the dishes and use decorations to transform your cafeteria

3

FORM A “STUDENT LUNCH COUNCIL”

Create a group of students to help develop and taste-test new recipe ideas and give insight on new seafood menu items

4

HAVE A RECIPE NAMING CONTEST

Ask students to name your new seafood dishes

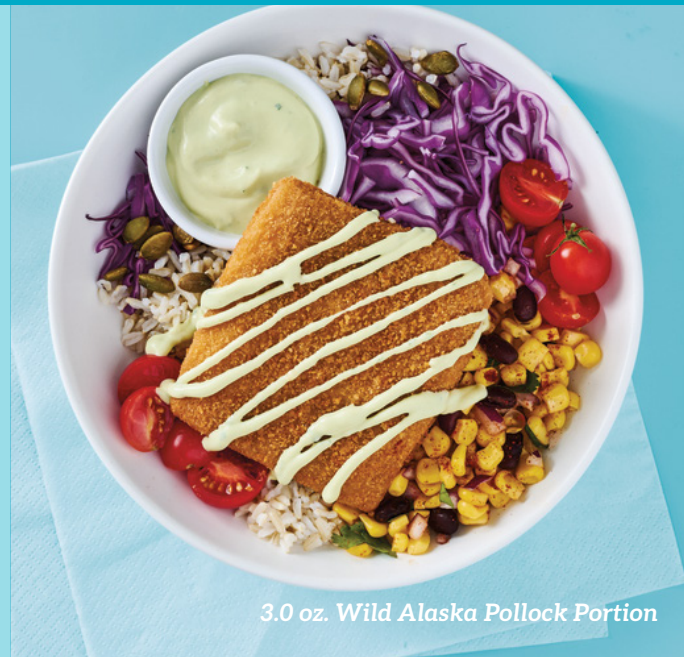
5

DESIGNATE ONE DAY A WEEK TO SERVE FISH

Students will look forward to having their favorite seafood dishes

WILD ALASKA POLLOCK: THE HEALTHY COMMODITY OPTION

- Research shows that kids who eat fish at least once a week sleep better and have an IQ of about 4.8 points higher than those who seldom or never eat fish.
- Fish is an excellent source of lean protein. It helps build strong muscles and strong bones.
- Kids who eat fish at least once per week may do better in school.
- Children who consume more seafood have less anxiety and better focus.



3.0 oz. Wild Alaska Pollock Portion

Seafood Nutrition Partnership. (2023). *Why Many Kids Don't Eat Seafood & How To Implement It In Their Diet.* <https://www.seafoodnutrition.org/>

(Secondary Sources): American Academy of Pediatrics, Dietary Guidelines For Americans, Multidisciplinary Digital Publishing Institute Seafood Nutrition Partnership, American Journal of Preventive Medicine, Journal of Pediatrics, FDA Association For Child and Adolescent Mental Health, Eating Well

PACK INFORMATION

Item #	product description	USDA Commodity Eligible	Case Pack	Approx. QTY/Case	Net wt. Per Serv	Meal pattern contribution mma/g
418300	WG Brd 1.0 oz Wild Alaska Pollock Ocean Treasures™		1/10 lb.	40	4 oz	2/1.5
143602	WG BRD 1.0oz Wild Alaska Salmon Ocean Treasures™		1/10 lb.	40	4 oz	2/1.5
418301	WG Brd 1.0 oz Wild Alaska Pollock All-Natural Ultimate™ Fish Stick		1/10 lb.	40	4 oz	2/1.25
144059	SEA LEGS® Real Simple Flake-MSD		4/2.5 lb.	26	3 oz	1/0
35823	Moji Sushi California Roll 8 Ct Tray		1/1.5 lb.	4	6 oz	0.5/0
35824	Moji Sushi Spicy Crab Roll 8 Ct Tray		1/1.5 lb.	4	6 oz	0.5/0
418302	WG Brd 3.6 oz Wild Alaska Pollock Portion	✓	1/10 lb.	44	3.6 oz	2/1
418303	WG Brd 1.5 oz Cornmeal Wild Alaska Pollock Strip	✓	1/10 lb.	35	4.5 oz	2/1.5
418304	WG Brd 1.0 oz Wild Alaska Pollock Baja Fish Stick	✓	1/10 lb.	40	4 oz	2/1.5
418305	WG Brd 1.0 oz Wild Alaska Pollock Nugget	✓	1/10 lb.	40	4 oz	2/1.5
418306	WG Battered 4.0 oz Wild Alaska Pollock Wedge	✓	1/10 lb.	40	4 oz	2/1
418317	WG Brd 3.0 oz Wild Alaska Pollock Portion	✓	1/10 lb.	53	3 oz	1.5/1
418320	WG Brd 3.6 oz Wild Alaska Pollock Wedge	✓	1/10 lb.	44	3.6 oz	2/1
418321	WG Brd 4.0 oz Wild Alaska Pollock Portion	✓	1/10 lb.	40	4 oz	2/1.25
418322	WG Brd 1.0 oz Wild Alaska Pollock Nugget	✓	1/25 lb.	100	4 oz	2/1.5
418324	WG Brd 3.6 oz Wild Alaska Pollock Portion	✓	1/25 lb.	111	3.6 oz	2/1
422071	WG Brd 1.0 oz Potato Coated Wild Alaska Pollock Stick	✓	1/10 lb.	40	4 oz	2/0.75
422072	WG Brd 3.6 oz Potato Coated Wild Alaska Pollock Wedge	✓	1/10 lb.	44	3.6 oz	2/0.5
427203	WG Brd 1.0 oz Wild Alaska Pollock Stick	✓	1/10 lb.	40	4 oz	2/1.5
427587	WG Brd 3.6 oz Cornmeal Wild Alaska Pollock Wedge	✓	1/10 lb.	44	3.6 oz	2/1
429077	WG Brd 1.33 oz Wild Alaska Pollock Dippers - Buffalo	✓	1/10 lb.	40	4 oz	2/1.5
429078	WG Brd 1.33 oz Wild Alaska Pollock Dippers - Nacho Cheese	✓	1/10 lb.	40	4 oz	2/1.5



(800) 367.6065
sales@tridentseafoods.com
www.tridentseafoods.com



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