



# WILD ALASKA SEAFOOD CHILD NUTRITION

WHOLE-GRAIN AND NSLP CHILD NUTRITION  
GUIDELINES COMPLIANT

SUSTAINABLE  
**WILD  
CAUGHT**

**QUICK  
& EASY**  
PREPARATION

**CN**  
LABELED



Wild Alaska Salmon  
Ocean Treasures™



3.6 oz. Wild Alaska Pollock Wedge

# PRODUCTS THAT MEET ALL YOUR NEEDS

100% "Buy American" compliant, our line of whole-grain breaded Wild Alaska Seafood items allow you to meet changing NSLP Child Nutrition Guidelines while striving to serve great-tasting food your students will enjoy. All natural, sustainably harvested, and coated with crispy whole-grain or potato crust, Trident's Child Nutrition products keep you ahead of the curve - easily and affordably.

## QUALITY SEAFOOD, SIMPLIFIED.

### WILD ALASKA POLLOCK



Wild Alaska Pollock is a cousin to cod, sharing its lean, snow-white meat, delicate texture and mild taste. Not to be confused with the darker, oilier Atlantic variety, it's one of the healthiest and most versatile seafood choices available.

### WILD ALASKA SALMON



Wild-caught in the icy-cold, crystal-clear waters off Alaska's rugged coast, Trident's certified-sustainable Wild Alaska Pink and Keta Salmon thrive on a natural diet in a pristine environment. This results in their exceptional flavor, firm texture, and beautiful color.



1.0 oz. Wild Alaska Pollock Nugget



1.5 oz. Cornmeal Wild  
Alaska Pollock Strips



**KEEP FROZEN  
UNTIL READY  
TO USE**



**COOK BEFORE  
CONSUMPTION**

REFER TO THE  
CASE LABEL FOR  
SAFE HANDLING  
AND COOKING  
INSTRUCTIONS



**BAKE**



**SCAN**  
For complete  
cooking instructions  
[tridentseafoods.com](http://tridentseafoods.com)

# HEALTHY SEAFOOD, HEALTHY KIDS

## BONELESS AND SKINLESS

Delicate mild flavor preferred by kids

## FRESH FROZEN

100% natural, outstanding taste & texture

## EXTRA-LEAN PROTEIN

Naturally low in saturated fat and cholesterol

## 100%

"Buy American" compliant



### GET INSPIRED!

Recipe ideas & more at [tridentseafoods.com](http://tridentseafoods.com)



1.33 oz. Wild Alaska Pollock Dippers - Nacho Cheese



4.0 oz. Breaded Wild Alaska Pollock Portion



1.0 oz. All Natural Ultimate Fish stick™

## GET KIDS HOOKED! CREATE LIFELONG HEALTHY HABITS

HOST PROMOTIONS TO GET STUDENTS EXCITED ABOUT TRYING AND EATING SEAFOOD:

1

### HOST A TRY IT TUESDAY

Offer samples of new seafood menu items and have students vote to select the recipe added to the menu cycle

2

### THROW A THEMED LUNCH

Plan an 'Aloha Day' to feature new seafood recipes with Hawaiian flair. Let the kids choose creative names for the dishes and use decorations to transform your cafeteria

3

### FORM A "STUDENT LUNCH COUNCIL"

Create a group of students to help develop and taste-test new recipe ideas and give insight on new seafood menu items

4

### HAVE A RECIPE NAMING CONTEST

Ask students to name your new seafood dishes

5

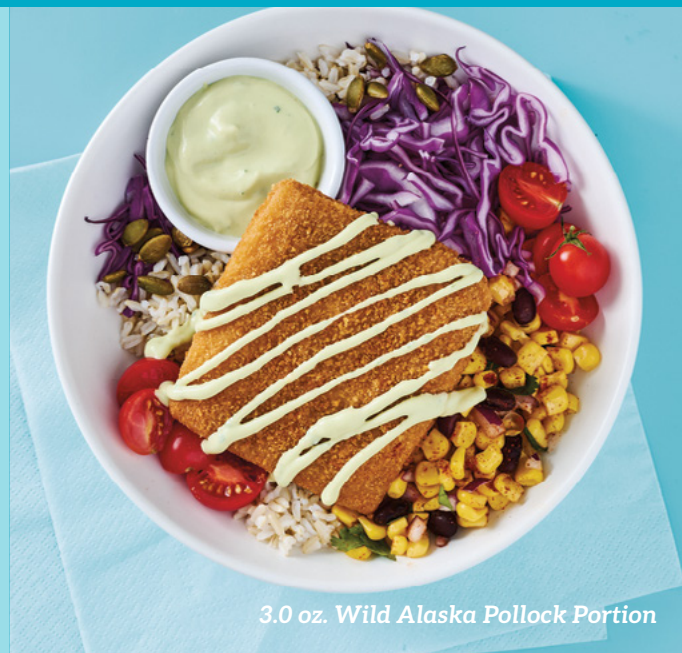
### DESIGNATE ONE DAY A WEEK TO SERVE FISH

Students will look forward to having their favorite seafood dishes

# WILD ALASKA POLLOCK:

## THE HEALTHY COMMODITY OPTION

- Research shows that kids who eat fish at least once a week sleep better and have an IQ of about 4.8 points higher than those who seldom or never eat fish.
- Fish is an excellent source of lean protein. It helps build strong muscles and strong bones.
- Kids who eat fish at least once per week may do better in school.
- Children who consume more seafood have less anxiety and better focus.



3.0 oz. Wild Alaska Pollock Portion

Seafood Nutrition Partnership. (2023). Why Many Kids Don't Eat Seafood & How To Implement It In Their Diet. <https://www.seafoodnutrition.org/>

(Secondary Sources): American Academy of Pediatrics, Dietary Guidelines For Americans, Multidisciplinary Digital Publishing Institute Seafood Nutrition Partnership, American Journal of Preventive Medicine, Journal of Pediatrics, FDA Association For Child and Adolescent Mental Health, Eating Well

### PACK INFORMATION

| Item # | product description  | USDA Commodity Eligible | Case Pack | Approx. QTY/Case | Net wt. Per Serv | Meal pattern contribution mma/g |
|--------|--|-------------------------|-----------|------------------|------------------|---------------------------------|
| 418300 | WG Brd 1.0 oz Wild Alaska Pollock Ocean Treasures™                 |                         | 1/10 lb.  | 40               | 4 oz             | 2/1.5                           |
| 143602 | WG BRD 1.0oz Wild Alaska Salmon Ocean Treasures™                   |                         | 1/10 lb.  | 40               | 4 oz             | 2/1.5                           |
| 418301 | WG Brd 1.0 oz Wild Alaska Pollock All-Natural Ultimate™ Fish Stick |                         | 1/10 lb.  | 40               | 4 oz             | 2/1.25                          |
| 428674 | SEA LEGS® Real Simple Flake-MSC                                    |                         | 4/2.5 lb. | 26               | 3 oz             | 1/0                             |
| 35823  | Moji Sushi California Roll 8 Ct Tray                               |                         | 1/1.5 lb. | 4                | 6 oz             | 0.5/0                           |
| 35824  | Moji Sushi Spicy Crab Roll 8 Ct Tray                               |                         | 1/1.5 lb. | 4                | 6 oz             | 0.5/0                           |
| 418302 | WG Brd 3.6 oz Wild Alaska Pollock Portion                          | ✓                       | 1/10 lb.  | 44               | 3.6 oz           | 2/1                             |
| 418303 | WG Brd 1.5 oz Cornmeal Wild Alaska Pollock Strip                   | ✓                       | 1/10 lb.  | 35               | 4.5 oz           | 2/1.5                           |
| 418304 | WG Brd 1.0 oz Wild Alaska Pollock Baja Fish Stick                  | ✓                       | 1/10 lb.  | 40               | 4 oz             | 2/1.5                           |
| 418305 | WG Brd 1.0 oz Wild Alaska Pollock Nugget                           | ✓                       | 1/10 lb.  | 40               | 4 oz             | 2/1.5                           |
| 418306 | WG Battered 4.0 oz Wild Alaska Pollock Wedge                       | ✓                       | 1/10 lb.  | 40               | 4 oz             | 2/1                             |
| 418317 | WG Brd 3.0 oz Wild Alaska Pollock Portion                          | ✓                       | 1/10 lb.  | 53               | 3 oz             | 1.5/1                           |
| 418320 | WG Brd 3.6 oz Wild Alaska Pollock Wedge                            | ✓                       | 1/10 lb.  | 44               | 3.6 oz           | 2/1                             |
| 418321 | WG Brd 4.0 oz Wild Alaska Pollock Portion                          | ✓                       | 1/10 lb.  | 40               | 4 oz             | 2/1.25                          |
| 418322 | WG Brd 1.0 oz Wild Alaska Pollock Nugget                           | ✓                       | 1/25 lb.  | 100              | 4 oz             | 2/1.5                           |
| 418324 | WG Brd 3.6 oz Wild Alaska Pollock Portion                          | ✓                       | 1/25 lb.  | 111              | 3.6 oz           | 2/1                             |
| 422071 | WG Brd 1.0 oz Potato Coated Wild Alaska Pollock Stick              | ✓                       | 1/10 lb.  | 40               | 4 oz             | 2/0.75                          |
| 422072 | WG Brd 3.6 oz Potato Coated Wild Alaska Pollock Wedge              | ✓                       | 1/10 lb.  | 44               | 3.6 oz           | 2/0.5                           |
| 427203 | WG Brd 1.0 oz Wild Alaska Pollock Stick                            | ✓                       | 1/10 lb.  | 40               | 4 oz             | 2/1.5                           |
| 427587 | WG Brd 3.6 oz Cornmeal Wild Alaska Pollock Wedge                   | ✓                       | 1/10 lb.  | 44               | 3.6 oz           | 2/1                             |
| 429077 | WG Brd 1.33 oz Wild Alaska Pollock Dippers - Buffalo               | ✓                       | 1/10 lb.  | 40               | 4 oz             | 2/1.5                           |
| 429078 | WG Brd 1.33 oz Wild Alaska Pollock Dippers - Nacho Cheese          | ✓                       | 1/10 lb.  | 40               | 4 oz             | 2/1.5                           |



(800) 367.6065  
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www.tridentseafoods.com



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