# Student Support & Community Resources





# Health, safety, mental health, and overdose supports

# **Emergency & immediate help:**

9-8-8 Suicide Crisis Helpline (call or text 24/7). https://988.ca/

**310-6789** Mental Health Support (no area code, BC-wide, 24/7). <a href="https://www.crisiscentre.bc.ca/get-support/crisis-lines/">https://www.crisiscentre.bc.ca/get-support/crisis-lines/</a>

9-1-1 for any life-threatening emergency. https://www.ecomm911.ca/

**8-1-1** HealthLink BC (nurses, dietitians & pharmacists, 24/7). https://www.healthlinkbc.ca/

# Mental health counselling for post-secondary students in BC

### Here2Talk:

Free, 24/7 phone, chat, and app-based counselling for **all** students registered at **public or private** BC post-secondary institutions. here2talk.ca

# Youth & young adults (ages 12-24)

# **Foundry BC:**

Integrated mental health, substance-use, physical health and social services; nearest centre is Foundry Vancouver-Granville (1260 Granville St). Foundryprovidencehealthcare.org

# Overdose prevention & Naloxone

# Free Naloxone kits & training:

BC's Take Home Naloxone program offers no-cost kits and quick online training (Naloxone 101). Site finder lists pharmacies and community locations near you. Government of British Columbiatowardtheheart.com

# **Lifeguard App:**

Safety app that auto-calls 9-1-1 if you become unresponsive while using alone. <u>HelpStartsHere</u>

### **On-campus Naloxone:**

Free kits are available at Reception and Student Services. Staff in these areas are trained to assist

# Government health & safety guidance

For current public-health priorities in BC (e.g., communicable-disease guidance), see the Provincial Health Officer updates and BCCDC resources.

Note: the COVID-19 public-health emergency in BC ended **July 26**, **2024**; routine communicable-disease precautions remain advised. <u>Government of British</u> Columbiaworksafebc.com

# **Learning support services**

# **Tutoring & study skills:**

Book 1:1 tutoring; join weekly study groups; access time-management and exam-prep workshops.

# Accessibility & accommodations:

Confidential support and reasonable academic accommodations in line with BC standards—contact **centre director** <u>tvaccaro@bayswater.ac</u> to get started.

### **Digital tools:**

Free access to learning platforms and software; monthly workshops, orientation, on going support.

# Local community integration supports

### 211 BC:

Live navigators who connect you to community services (housing, food, legal, counselling, etc.). Chat, text, or call. 211 British Columbia

# Settlement agencies (newcomers & temporary residents welcome):

### **ISSofBC:**

Settlement, language & employment services across Metro Vancouver. <u>issbc.org</u>

### **MOSAIC:**

Settlement, employment, legal info; program stream for temporary residents (incl. students). MOSAIC+1

# **Libraries & community centres:**

# Vancouver Public Library (VPL):

Get a library card for books, study space, and settlement info. Vancouver Public Library

# City community centres:

24 centres offering fitness, classes, and events to meet people locally. <u>City of Vancouver</u>





# Education / program progression assistance

We'll help you map your path from Day 1 to graduation.

# **Academic advising:**

Personalized program planning, course selection, and term-by-term checkpoints.

### **Progress reviews:**

Mid-term and end-of-term progress checks; early alerts with study plans if you fall behind.

# Pathways & next steps:

Guidance on pathways (e.g., college/university partners), credential planning, graduation applications, and alumni next-step coaching.

# **Documentation:**

Letters for study-permit extensions, enrollment verifications, and official transcripts.

### Appeals & feedback:

Clear processes for academic appeals and concern resolution (see our Policies page).

# **Daily life information**

# **Transportation (Metro Vancouver)**

# TransLink + Compass Card:

Tap-in system for bus, SkyTrain, and SeaBus; buy cards and passes online, at vending machines, or retailers. <a href="translink.ca+1">translink.ca+1</a>

# **Child care**

# Child Care Resource & Referral (CCRR):

Government-funded program that helps families find licensed child care and understand fee supports. Government of British Columbia

# **Communications (mobile & internet)**

Compare plans and understand your rights (number porting, low-cost options, cancellation fees) with the **CRTC's** consumer guidance. CRTC+1

# **Banking & basic documents**

# Open a Canadian bank account:

Your rights, acceptable ID, and how to open an account (even with \$0 to start) from the **Financial Consumer Agency of Canada.**Government of Canada

### SIN (Social Insurance Number):

Required to work in Canada; apply online or at Service Canada. Government of Canada

# **Health coverage (international students)**

If you'll live in BC **6+ months**, you must apply for **BC Medical Services Plan (MSP)** as soon as you arrive (3-month wait applies; use private insurance until MSP starts). <u>Government of British Columbia</u>

Bayswater works with **GUARDME**, please see student services for more information.

# **Tenancy Rights in British Columbia**

All students renting housing in BC have rights and responsibilities under the Residential Tenancy Act.

Read the full Act here (Government of BC)

# For support, you can also contact:

Residential Tenancy Branch (for questions and dispute resolution).

# **TRAC (Tenant Resource & Advisory Centre)**

Free information and legal education for tenants.



# Critical Incident and Crisis Management Policy

Our Critical Incident and Crisis Management Policy outlines how we respond to emergencies affecting students, staff, or the campus community.

# **Immediate response protocols:**

Medical emergencies, fire, natural disasters, or campus safety incidents.

# Communication chain:

How information is relayed to students, staff, and emergency services.

### **Student support:**

Counselling and follow-up services offered after an incident.

# **Reporting:**

All incidents must be reported promptly to Student Services or Campus Management.

Copies of the full policy are available at Student Services or by emailing vancouver@bayswater.ac

# Orientation Program for International Students

All new international students attend our Orientation Program which is held on the Monday of arrival from 8:15-10:00am, which helps you settle into life in Canada and succeed academically.

# The program includes:

# Campus life & student services:

Introductions to health, safety, counselling, and learning supports.

# **Academic success:**

Policies, program progression guidance, and learning resources.

# Daily life in Canada:

Banking, transportation, communications, and tenancy rights.

# **Community integration:**

Volunteer opportunities, city tours, and cultural activities.

# Immigration & compliance:

Study permit reminders, work eligibility, and MSP health coverage.

Tour of the school and surrounding areas.

# **Need help?**

Visit Student Services on campus, email Vancouver@bayswater.ac. We'll connect you to the right support—on campus or in the community.





