

English & Social and Emotional Learning

This course will benefit:

Is a dual-focused one, aimed at developing teachers' fluency and accuracy in English, as well as implementing SEL. It promotes a supportive, encouraging, and caring environment in the classroom to help develop students' self-awareness, self-control, and interpersonal skills, vital for coping with everyday challenges encountered in school, work, and life.

Objectives:

To introduce the SEL framework through the CASEL wheel

To examine and explore teacher identity and emotions

To explore personal values and needs

To create a SEL tools chart

To learn SEL strategies

To inspire, support, motivate

Preparation - Pre-course preparative modalities:

Needs analysis

Online resources for pre-course, arrival and cultural information

Online language level assessment through the my.Bayswater platform

Practical arrangements - Intra-course modalities offered by the course provider:

Course tutor

Pedagogic learning materials included

Setting of learning objectives

Ongoing assessment and evaluation

Guidance and advice on homework exercises

Accommodation service & pastoral care: 24hr weekend emergency contact

City orientation tour

Optional cultural activities and visits

Access to my.Bayswater platform (for solo English language study)

Follow up provided - Post-course modalities:

Digital certificate of achievement

Validation of Europass Mobility

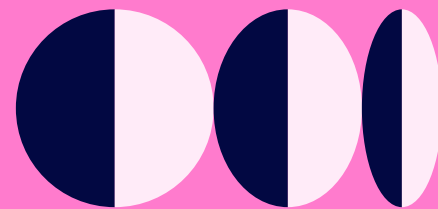
End-of-course test and programme evaluation

Post-course access to my.Bayswater platform for 3 months

Course content and strategies:

General English

The key concept is communication. We use task-based, collaborative and humanistic approaches to create a positive learning environment where the focus is on practical classroom activities. All aspects of English language skills are covered – speaking, listening, reading, writing and mediation, as well as pronunciation vocabulary and grammar activities through a variety of mediums.



For teachers who want to develop their English while supporting students' social and emotional growth

Course ref: EPCY 10

English & Social and Emotional Learning

EPCY 10.2 Two-weeks

Entry level:

- › Minimum level CEFR B1 (Placement test must be taken PRIOR booking)

Language of tuition:

- › English

Daily teaching sessions:

- › Morning: 4 or 5 x 45 minutes (lessons)
- › Afternoon: 1 or 2 x 45 minutes (lessons)

Total course contact hours:

- › 2 weeks: 45 hours

15

Maximum class size

Course provider:

Bayswater Cyprus

- › OID E 10023897 (PIC 911425484)
- › 138, Vasileos Constantinou, Limassol 3080, Cyprus
- › Tel: +357 25822923
- › E-mail: info@bayswater.ac

In association with:

- › Shadows Professional Development Ltd
- › OID E 10070815

SEL - Module

Social and Emotional Learning is an integral part of education and human development. We focus on providing educators with the necessary tools to improve their students' well-being. Developing their students' self-awareness, self-control and interpersonal skills is vital to enable them to better understand their thoughts and emotions. This will lead them to establish trusting relationships and improve their empathy for others within their peer groups, community and the world around them.

Sample programme: *This is a sample of a schedule which can be adapted to suit the participants' needs.*

Week 1	Day 1	Day 2	Day 3	Day 4	Day 5
09:00 - 10:30	English language lesson	English language lesson	English language lesson	English language lesson	English language lesson
15 minute break					
10:45 - 12:15	English language lesson	English language lesson	English language lesson	English language lesson	English language lesson
12:15 - 14:15	SEL module - Welcome and bonding activity - The what and why of SEL - CASEL wheel	SEL module - Explore identity and values - Reflection exercises and unpacking our educators' voice - Self-awareness	SEL module - Instilling compassion - Listening with empathy - Collaboration tools - Social awareness and responsible decision making	SEL module - Establishing boundaries and building healthy relationships skills - self management and relationship skills	-
Week 2	Day 1	Day 2	Day 3	Day 4	Day 5
09:00 - 10:30	English language lesson	English language lesson	English language lesson	English language lesson	English language lesson
15 minute break					
10:45 - 12:15	English language lesson	English language lesson	English language lesson	English language lesson	English language lesson
12:15 - 14:15	SEL module - Investigating and contrasting fixed to growth mindset - Practical examples - Classroom implementation tools	SEL module - A pinch of NLP techniques to elevate ourselves and learners - The circle of excellence technique	SEL module - Connecting the classroom to the community - SEL tool chart Which is the how of SEL	SEL module - Share and compare - Envisioning SEL - Bonding closing activities	-

SEL module: will either be 08:00-09:00 and 12:15-13:15 or 12:15-14:15

Outcomes:

Provide high-quality SEL

Understand how to implicitly and explicitly introduce SEL

Increase confidence in initiating, developing, and implementing SEL in the classroom

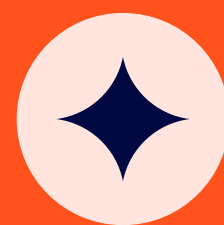
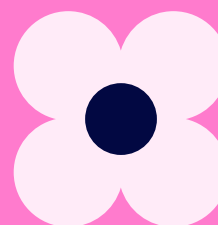
Foster healthy scepticism and positive outcomes

Achieve better academic results

Instil curiosity

Increase knowledge of Cypriot history and culture

**If your Erasmus+ National Agency has additional requirements not covered in our advertised course offers, please contact us and we would be pleased to design your course to meet these requirements.*



Course topics:

General English

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Social and Emotional Learning - Module

The covid pandemic has magnified mental health issues and especially the well-being of the educators and the learners.

Educators can learn how to care for themselves and to prevent burnout.

By integrating SEL skills across the curriculum practitioners can transform the learning experience of their learners.

School climate and culture can flourish and positive peer relationships are improved.

The reduction of behaviour problems and emotional distress is evident.

Building and fostering SEL skills is extended in the community.

SEL is evidence-based and supported by wide research across the globe.

