



ROLLING MASSAGER TOTAL BODY RECOVERY

CONGRATULATIONS ON YOUR NEW ROLLING MASSAGER TOTAL BODY RECOVERY

Please read all instructions and warnings prior to use.
Keep this manual as it contains important information
for future reference.



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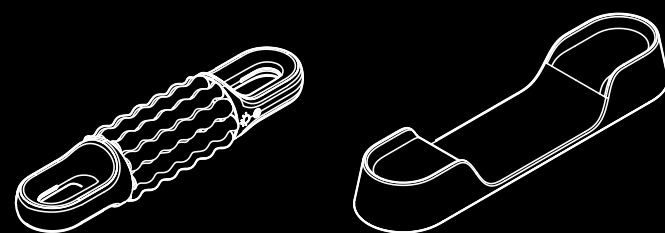
FOR CUSTOMER SUPPORT, PLEASE CALL
1-800-374-2744.

Model No.: 1019091, 1019401 1019403, 1019436

Printed in China.

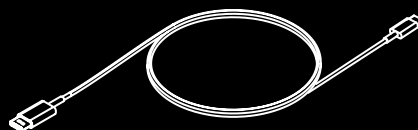
WHAT YOU GET

- Rolling Massager
- Storage Base
- USB-C to USB-A Charging Cable



a.

b.

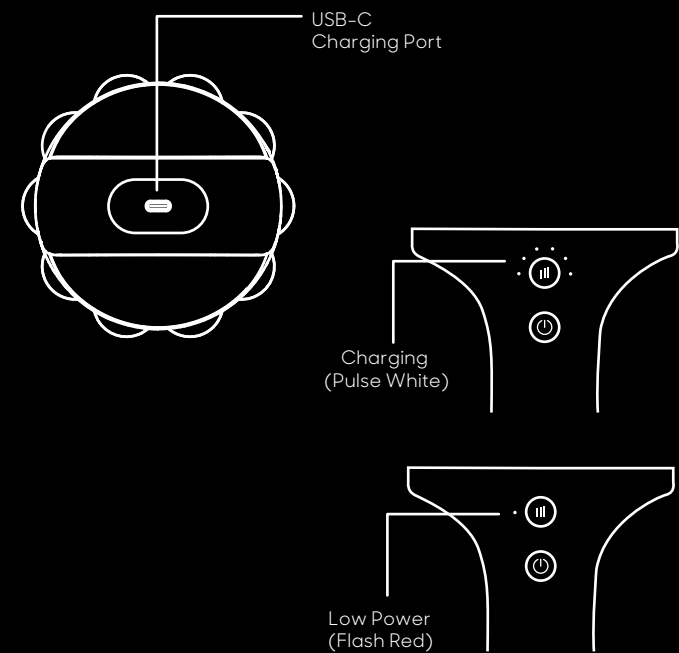


c.

GETTING STARTED

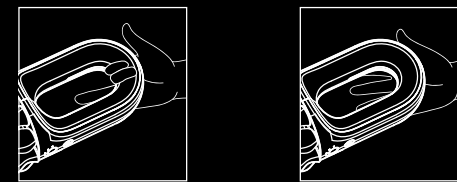
- Plug the USB-C end of the charging cable into the USB-C charging port on the massager.
- Plug the USB-A end of the charging cable into a USB power source. The lights on the massager will pulse white while the massager is charging. When fully charged, the lights will glow solid white and then turn off.
- Unplug the massager once it is fully charged.
- When a single light flashes red, the battery is low. Recharge the massager.

NOTE: For safety, the massager cannot be used while charging.



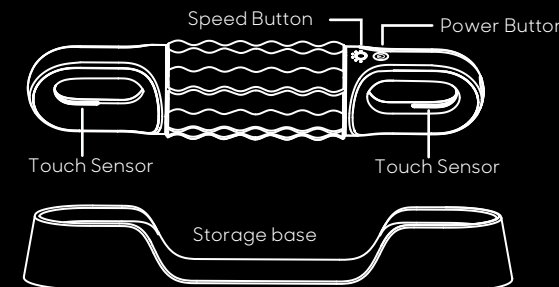
HOW TO USE

- To power on the massager in handheld mode, hold the massager by a single handle or both handles, maintain contact with a touch sensor, and then press the power button. To power off the massager in handheld mode, press the power button again or release the touch sensors.



- To power on the massager in hands-free mode, place the massager on the storage base and then press the power button. To power off the massager in hands-free mode, press the power button again.
- To cycle through the 6 speeds, press the speed button repeatedly. If the touch sensors are released and then held again in handheld mode, the rollers will reactivate at the last selected speed.
- To reverse the spin direction of the rollers, press and hold the power button for about 1.5 seconds.

IMPORTANT: Do not massage any single area for more than 15 minutes at time or more than 3 times per day. The massager will automatically power off after 15 minutes.



Note: If too much pressure is applied, the rollers will stop and lights will flash for 10 seconds. Reduce the pressure applied during use.

FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

WARNING: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

CARE INSTRUCTIONS

- Power off the massager and make sure it is unplugged before cleaning it.
- Spot clean with a soft, dry, non-abrasive cloth as needed.
- Never submerge the massager in water or other liquids.
- Do not use cleaning solutions, detergents, alcohol, or any other harsh chemicals to clean the massager.
- Store the massager in a cool, dry place when not in use.

RECHARGEABLE BATTERY WARNINGS

- This product contains batteries that are non-replaceable.
- There is a risk of fire and personal injury if battery is punctured, damaged, or misused.
- Do not dismantle, crush, incinerate or short-circuit battery.
- Never expose battery to extreme temperatures or moisture.
- Keep away from flammable materials and direct sunlight.
- Only charge using the provided charger, cable, and/or adapters.
- Rechargeable battery is only to be charged by an adult.
- Adult supervision is required while charging the battery.
- Allow battery to cool to room temperature before charging.
- Charge on a non-flammable surface and keep away from flammable products.
- Discontinue charging if battery becomes hot, swells, smokes, or gives off a strong odor.
- Battery chargers used with the product are to be regularly examined for damage to the cord, plug, enclosure, and other parts. In the event of such damage, the chargers must not be used until the damage has been repaired.
- Recycle or dispose of batteries according to federal, state, and local laws.
- Keep these instructions for future reference.

IMPORTANT: MAINTAINING BATTERY HEALTH

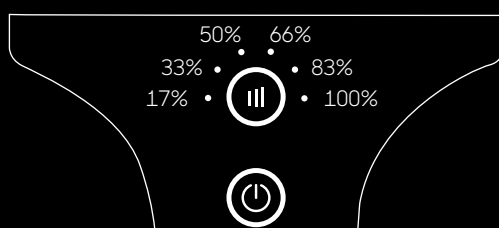
- Your massager is designed with a lithium-ion battery (non-replaceable) for cordless convenience, increased duration per charge, and frequent use and recharging.
- To maintain charge capacity and prevent battery damage, all lithium-ion batteries must be regularly used and recharged.
- All batteries naturally lose charge when not in use. If you will not be using the massager for an extended period, check the massager at least every 30 days to ensure the battery is at approximately a 50% state of charge. Recharge as needed to maintain a 50% state of charge.

IMPORTANT: Do NOT store the battery for an extended period with above 66% or below 33% state of charge. An incorrect state of charge during storage could irreparably damage the battery and may result in reduced charge capacity, inability to maintain charge, failure to recharge, or complete inoperability of the massager.

- For the health of the battery, always store the massager in a cool, dry place. The storage location should have a consistent temperature between 40°F and 70°F (5°C and 20°C) as well as a relative humidity at 70% or lower.

When charging, the LED lights will light up according to the charged level.

- 1 LED light up: Charged 17%
- 2 LEDs light up: Charged 33%
- 3 LEDs light up: Charged 50%
- 4 LEDs light up: Charged 66%
- 5 LEDs light up: Charged 83%
- 6 LEDs light up: Charged 100%



IMPORTANT SAFETY INSTRUCTIONS

PLEASE READ BEFORE USE.

IMPORTANT: DO NOT STAND ON THE MASSAGER. USE ONLY WHILE SEATED. DO NOT APPLY EXCESSIVE PRESSURE TO THE ROLLERS. IF THE ROLLERS STOP ROTATING FREELY, APPLY LESS PRESSURE.

- Not a children's item. Keep out of reach of children.
- Do not use this massager if you are pregnant or have an injury or illness. Consult your physician if you have a medical condition that may prevent safe use of this massager.
- Do not use this massager if you have diabetes, any type of neuropathy, a skin disorder, skin or muscle sensitivity, or any other medical condition that could reduce the perception of pain or friction on the skin or that could increase the likelihood of injury from contact or impact.
- Do not use this massager in combination with alcohol or any other substances that may cause intoxication or impairment.
- This massager should not be used for medical treatment.
- With any massage, bruising may occur. Test your comfort level and check targeted areas often. Stop your massage immediately if you feel any increase in physical discomfort or pain.
- Warning - Moving parts. Always keep long hair, loose clothing, and jewelry away from all moving parts of the massager during use. If any object becomes entangled in the rollers, immediately power off the massager by pressing the power button or releasing the touch sensors.
- Do not step, stand, or jump on the massager. Only use this massager while sitting or lying down.
- Do not use the massager on sensitive skin or areas with poor circulation.
- Never use the massager under sheets or blankets as this may prevent necessary cooling. Excessive heat can occur and may cause fire, electric shock, or injury.
- Do not expose the massager to moisture or extreme temperatures above 265°F (130°C).
- Do not expose the massager to direct sunlight for extended periods.
- Do not leave this massager unattended while it is charging.
- Never touch the charging cable with wet hands.
- Do not use with attachments of any kind other than those that may be included.
- Never drop or insert any object into any opening on the massager.
- Thoroughly inspect the massager and all parts before every use. If the massager or any parts appear worn, frayed, splintered, cracked, or broken in any manner, discontinue use and discard immediately.
- For household use only.

