

# UNDERSTANDING FREEZER CAPACITY

| FREEZER SPACE                              | 2.5<br>cu ft                                                                                              | 5<br>cu ft                                                                                               | 10<br>cu ft                                                                                               | 20<br>cu ft                                                                                                 | 40<br>cu ft                                                                                                    |
|--------------------------------------------|-----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| POUNDS OF BEEF                             | 1/16<br><br>20-25<br>LBS | 1/8<br><br>40-50<br>LBS | 1/4<br><br>80-100<br>LBS | 1/2<br><br>160-200<br>LBS | WHOLE<br><br>320-400<br>LBS |
| FAMILY MEALS<br>FAMILY OF 4                | 14<br>SERVES                                                                                              | 29<br>SERVES                                                                                             | 59<br>SERVES                                                                                              | 105-135<br>SERVES                                                                                           | 210-270<br>SERVES                                                                                              |
| WEEKS SUPPLY<br>EATING BEEF 3 TIMES WEEKLY | 4-6<br>WEEKS                                                                                              | 8-12<br>WEEKS                                                                                            | 15-25<br>WEEKS                                                                                            | 48-52<br>WEEKS                                                                                              | 70-90<br>WEEKS                                                                                                 |