



Activate your warranty and meet your product

Scan the QR code within 7 days of receiving your product to activate your warranty and experience all the product benefits!



Interchangeable Node Cordless All-Body Massager with Heat

INSTRUCTION MANUAL AND WARRANTY INFORMATION

SP-1000H/ L-05829, Rev. 2

IMPORTANT SAFETY INSTRUCTIONS

WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING: READ ALL INSTRUCTIONS BEFORE USING.

DANGER – TO REDUCE THE RISK OF ELECTRIC SHOCK:

- ALWAYS unplug this appliance from the electrical outlet immediately after using and before cleaning.

WARNING – TO REDUCE THE RISK OF BURNS, FIRE, ELECTRIC SHOCK, OR INJURY TO PERSONS:

- An appliance should NEVER be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- DO NOT operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this appliance is used by, on, or near children, or disabled persons.
- Use this appliance only for its intended use as described in this manual. DO NOT use attachments not recommended by Homedics; specifically, any attachments not provided with the unit.
- NEVER operate this product if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. DO NOT attempt to repair this product. There are no user-serviceable parts.
- DO NOT carry this appliance by supply cord or use cord as a handle.
- Keep the cord away from heated surfaces.
- NEVER operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- NEVER drop or insert any object into any opening.
- DO NOT use outdoors.
- DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- Use heated surfaces carefully. May cause serious burns. DO NOT use over insentive skin areas or in the presence of poor circulation. The unattended use of heat by children or incapacitated persons may be dangerous.
- DO NOT use massager in close proximity to loose clothing or jewelry.
- Keep long hair away from massager while in use.
- All servicing of this massager must be performed by authorized Homedics service personnel only.
- Prevent unintentional starting. Ensure the switch is in the off-position before connecting to battery pack, picking up or carrying the appliance. Carrying the appliance with your finger on the switch or energizing appliance that have the switch on invites accidents.



- Under abusive conditions, liquid may be ejected from the battery; avoid contact. If contact accidentally occurs, flush with water. If liquid contacts eyes, additionally seek medical help. Liquid ejected from the battery may cause irritation or burns.
- Do not use a battery pack or appliance that is damaged or modified. Damaged or modified batteries may exhibit unpredictable behavior resulting in fire, explosion or risk of injury.
- Do not expose a battery pack or appliance to fire or excessive temperature. Exposure to fire or temperature above 130°C may cause explosion.
- Follow all charging instructions and do not charge the battery pack or appliance outside of the temperature range specified in the instructions. Charging improperly or at temperatures outside of the specified range may damage the battery and increase the risk of fire.
- Have servicing performed by a qualified repair person using only identical replacement parts. This will ensure that the safety of the product is maintained.
- Product operating and charging range: 0°C – 40°C.

SAVE THESE INSTRUCTIONS

CAUTION - PLEASE READ ALL INSTRUCTIONS CAREFULLY BEFORE OPERATING.

- Not intended for medical use
- Consult your doctor prior to using this product, if:
 - You are pregnant
 - You have a pacemaker
 - You have any concerns regarding your health
- NOT recommended for use by diabetics.
- NEVER leave the appliance unattended, especially if children are present.
- NEVER cover the unit when it is in operation.
- DO NOT use this product for more than 15 minutes at a time.
- Extensive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- NEVER use this product directly on swollen or inflamed areas or skin eruptions or where sores are present.
- DO NOT use this product as a substitute for medical attention.
- This product should NEVER be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls or who has sensory deficiencies.
- This appliance is intended for household use only.
- This product is not for use in automobiles.

INSTRUCTIONS FOR USE

1. Ensure your product is fully charged before use. See charging instructions on page 6.
2. Place massager on the desired body area – back, legs, neck.
3. To activate massage, press and hold POWER button once . The massage will begin. As a safety feature, the black peg that is attached to the zipper pull must be inserted in the round slot at the top of the unit for the massager to function. This prevents the unit from being accidentally powered on while the massage nodes are being changed.
NOTE: For your safety and the safety of the product, this unit is equipped with a 15 minute auto-off timer.
4. To change the direction of the massage node rotation short- press the power button and the rotation direction will reverse.
5. For soothing heat, press the heat button . Allow a few minutes for the massager to heat up. To turn off the heat press the button a second time. **NOTE:** Heat can only be used when the massage function is activated.
6. To turn off the unit press and hold the power button.

HOT & COLD GEL PACK

To enhance your experience, we've included a bonus gel pack that can be heated for extra warmth or frozen for cold therapy. Follow the steps below for use.

1. Remove the safety peg from the slot and unzip the top cover. On the back side of cover at the bottom you will see a pocket that holds the gel pack. (Fig. 1)
2. Remove the gel pack from the pocket. To add more warmth to your massage, place the gel pack in the microwave for no more than 15 seconds.
3. Remove the gel pack from the microwave.
4. Return the gel pack to the pocket.
5. Use the zipper to close the cover, remember to place the safety peg in its slot. You can now enjoy your massage with added soothing warmth.
6. For cold massage, place the gel pack in the freezer. After 1 – 2 hours remove the gel pack and follow steps 4 and 5 to enjoy cold relief.



Fig. 1

INTERCHANGEABLE MESSAGE NODES

This all-body massager features message nodes that can be changed to create your perfect massage experience.



Your massager includes two sets of interchangeable messages nodes that provide three unique massage experiences:

Set 1. Dual-side nodes – these nodes can be flipped over for two different massage sensation



Larger ball tip = gentler massage Smaller ball tip = deeper massage

Set 2. Large wide coverage nodes + gentle + relaxing



HOW TO CHANGE THE NODES

1. First turn off the unit.
2. Open the Unit: Remove the safety peg from the round slot (fig. 1) and unzip the fabric cover to expose the message nodes. (fig. 2)
3. Remove the Message Nodes: Grip one of the nodes firmly and pull it straight up.
4. Place New Nodes: The extra set of nodes is stored in the pocket on the back of the massager. Place the chosen node on the message base and press firmly down.
5. Close the Unit: Zip the fabric cover closed. Place the safety peg in the round slot.



Fig. 1



Fig. 2

CHARGING THE UNIT

1. When you need to charge the unit, plug the USB cord (included) into a charging block (not included) and plug into a power outlet.
2. The power button will flash while the unit is charging and will become solid when fully charged. Note that the massage cannot be used while charging.
3. A full charge will last approximately 40 minutes.

NOTE: Recharge only with the USB-C Charging cord provided with the unit. Use a USB AC Adapter that is suitable to provide the required Input Voltage and minimum input current. Use of any other cord or incompatible USB AC Adapter may damage the product and may increase risk of harm to user or property. Use only with Listed/Certified ITE Power Supply.

MAINTENANCE

TO STORE

Place massager in its box or in a safe, dry, cool place. Avoid contact with sharp edges or pointed objects. To avoid breakage, DO NOT wrap the power cord around the unit. DO NOT hang the unit by the controller cord.

TO CLEAN

Unplug the unit and allow it to cool before cleaning. Clean only with a soft, slightly damp sponge. NEVER allow water or any other liquids to come into contact with the unit.

- DO NOT immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, or strong chemicals that might or might not be flammable and/or damaging to the product to clean.
- DO NOT attempt to repair the massager. There are no user serviceable parts. For service, contact the Consumer Relations telephone number listed in the warranty section.

NOTE: Homedics is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user authority to operate the equipment.

SUPPLIER'S DECLARATION OF CONFORMITY

Product Description: Interchangeable node cordless all-body massager with heat

Model Number: SP-1000H

Trade Name: Homedics

FCC Compliance Statement

This device complies with Part 15 of the FCC Rules. This device contains license-exempt transmitter/receiver that complies with Innovation, Science and Economic Development Canada's license-exempt RSS(s). Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

U.S. Contact Information

Company: Homedics, LLC.

Address: 3000 N. Pontiac Trail, Commerce Township, MI 48390

8:30am-7:00pm ET Monday-Friday 1-800-466-3342

Homedics is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CAN ICES-003(B)/NMB-003(B)



1-YEAR LIMITED WARRANTY

Homedics sells its products with the intent that they are free of defects in manufacture and workmanship for a period of 1 year from the date of original purchase, or the date of delivery, whichever is later, except as noted below. Homedics warrants that its products will be free of defects in material and workmanship under normal use and service. This warranty extends only to consumers and does not extend to Retailers.

IMPORTANT: To ensure the most efficient processing of your warranty claim and to stay informed about product updates and new offerings, please register your product at www.Homedics.com/product-registration. Registration is quick, easy, and offers benefits such as faster warranty service, product update notifications, and special promotional offers.

Purchase must have been made from an Authorized Retailer (or their web site) or an Authorized Reseller. Authorized Resellers are Amazon.com, Walmart.com and ebay.com, but only if they say "Shipped and/or Sold by Homedics." **PRODUCTS PURCHASED FROM ANY OTHER ONLINE SELLERS WILL VOID THE WARRANTY.** A copy of a sales or gift receipt is required for all warranty claims. This warranty is valid only for the original purchaser or gift recipient from the date of original purchase, or the date of delivery, whichever is later, and is not transferable.

To obtain warranty service on your Homedics product, contact a Consumer Relations representative by email at cservice@Homedics.com or by phone at 1-800-466-3342 (USA) or 1-888-225-7378 (Canada). Please have the product model number available and be prepared to describe the nature of the problem. Our Consumer Relations representatives are available Monday-Friday 8:30am-7:00pm ET (USA) or 8:30am-5:00pm ET (Canada). Do not send any products to Homedics without contacting us first and obtaining a Return Authorization number. Homedics will, at its sole discretion, repair, replace, or provide a credit for any product that proves to be defective in materials or workmanship during the warranty period. If a replacement product is provided, it will be of equal or greater value and functionality. Replacement may be with a new or refurbished product or components. If the product is no longer available, a product of equal or greater value may be substituted. Any product or part that is replaced becomes the property of Homedics. The warranty period for any replacement product continues from the purchase or delivery date of the original product, not from the date of replacement.

This warranty does not cover: Products purchased from unauthorized retailers, resellers or distributors; damage caused by misuse, abuse, negligence, accidents, or improper maintenance; use for purposes other than those for which the product was designed or intended; damage resulting from improper or unreasonable use or maintenance; failure to follow operating instructions provided with the product; damage resulting from unauthorized repairs, alterations, or modifications; cosmetic damage including, but not limited to, scratches, dents, and broken plastic on ports, unless resulting from defects in materials or workmanship; damage caused by normal wear and tear, including but not limited to, the natural breakdown of colors and materials over extended time and use; damage from external causes such as fire, flooding, earthquakes, or other acts of nature; damage from power surges, power failures, or improper electrical supply; damage to any accessories used in conjunction with a covered product; products with removed, defaced, or otherwise illegible serial numbers or date codes; products sold "AS IS", as "refurbished", or as "reconditioned"; freight, shipping, or transportation costs for returning the product; loss of use or any other incidental, consequential, or indirect damages. Any software included with the product is provided "AS IS" unless expressly provided for in any enclosed software limited warranty.

THE WARRANTY PROVIDED HEREIN SHALL BE THE SOLE AND EXCLUSIVE WARRANTY. THERE SHALL BE NO OTHER WARRANTIES EXPRESS OR IMPLIED INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS OR ANY OTHER OBLIGATION ON THE PART OF THE COMPANY WITH RESPECT TO PRODUCTS COVERED BY THIS WARRANTY. HOMEDICS SHALL HAVE NO LIABILITY FOR ANY INCIDENTAL, CONSEQUENTIAL OR SPECIAL DAMAGES. IN NO EVENT SHALL THIS WARRANTY REQUIRE MORE THAN THE REPAIR OR REPLACEMENT OF ANY PART OR PARTS WHICH ARE FOUND TO BE DEFECTIVE WITHIN THE EFFECTIVE PERIOD OF THE WARRANTY. NO REFUNDS WILL BE GIVEN. IF REPLACEMENT PARTS FOR DEFECTIVE MATERIALS ARE NOT AVAILABLE, HOMEDICS RESERVES THE RIGHT TO MAKE PRODUCT SUBSTITUTIONS OR PROVIDE A WEB COUPON FOR HOMEDICS' WEBSITE IN LIEU OF REPAIR OR REPLACEMENT. TO THE EXTENT PERMITTED BY APPLICABLE LAW, HOMEDICS' LIABILITY SHALL NOT BE GREATER THAN THE PURCHASE VALUE OF THE PRODUCT.

This warranty gives you specific legal rights, and you may also have other rights which vary from state to state or country to country. Some states or countries do not allow limitations on implied warranties or the exclusion or limitation of incidental or consequential damages, so these limitations may not apply to you. For consumers who are covered by consumer protection laws or regulations in their country of purchase or residence, the benefits conferred by this warranty are in addition to all rights and remedies conveyed by such consumer protection laws and regulations. This warranty does not exclude, limit or

suspend any rights of consumers arising from non-conformity with a sales contract.

Homedics does not authorize anyone, including, but not limited to, Retailers, the subsequent consumer purchaser of the product from a Retailer or remote purchasers, to obligate Homedics in any way beyond the terms set forth herein. This warranty does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; improper installation; unauthorized repairs or modifications; improper use of electrical/power supply; loss of power; dropped product; malfunction or damage of an operating part from failure to provide manufacturer's recommended maintenance; transportation damage; theft; neglect; vandalism; or environmental conditions; loss of use during the period the product is at a repair facility or otherwise awaiting parts or repair; or any other conditions whatsoever that are beyond the control of Homedics.

For warranty claims, Homedics will cover the cost of shipping the replacement product for valid claims within the USA. Consumers are responsible for the cost of shipping the product to Homedics.

If you have a dispute, we hope to resolve it as quickly and easily as possible. First discuss your dispute with a Consumer Relations representative. If the Consumer Relations representative is unable to resolve your dispute, you agree that either Homedics or you can initiate arbitration as described in this section (the "Arbitration Agreement"). Arbitration means an impartial third party will hear the dispute between Homedics and you and provide a decision. Binding arbitration means the decision of the arbitrator is final and enforceable. A dispute is any unresolved disagreement between Homedics and you. A dispute also includes a disagreement about this Arbitration Agreement's meaning, application, or enforcement. The arbitrator shall decide any dispute under this Arbitration Agreement. Homedics and you each agree to waive the right to a jury trial or a trial in front of a judge in a public court. This Arbitration Agreement has only one exception regarding the disputes that are arbitrable: Either Homedics or you may still take any dispute to small claims court. This Arbitration Agreement is governed by the Federal Arbitration Act. The American Arbitration Association (AAA) will administer each arbitration and the selection of arbitrations will be according to applicable AAA rules. The arbitration will be held in the state of your residence. Neither Homedics nor you will be entitled to join or consolidate disputes by or against others as a representative or member of a class, to obtain relief in any arbitration in the interests of the general public, or to act as a private attorney general (the "Class Action Waiver"). Homedics will cover the cost of arbitration for any non-frivolous claims, but not the claimant's attorney fees. If any provision related to this arbitration agreement is found to be illegal or unenforceable, then such provision shall be severed from the arbitration agreement, but the rest of the agreement shall remain enforceable and in full effect. Homedics or you each can exercise any lawful rights or use other available remedies to: Preserve or obtain possession of property; exercise self-help remedies including setoff rights; or obtain injunctive relief (including public injunctive relief), attachment, garnishment, or appointment of a receiver by a court of competent jurisdiction. The substance of any disputes where public injunctive relief is available shall be decided by the arbitrator. Only if the claimant succeeds on its claim permitting the remedy of a public injunction may such claimant request that a court of competent jurisdiction enter an injunction in conformity with the arbitral award. You have the right to opt out of this Arbitration Agreement. If you opt out, neither you nor Homedics can require the other to participate in an arbitration proceeding. To opt out, you must contact Homedics by email at the address specified below no later than 30 calendar days from the date of the first consumer purchaser's purchase of the product. You must provide: (a) your name and address; (b) the date on which the product was purchased; (c) the product model number; and (d) the serial number found on the product. Opting out of the Arbitration Agreement shall not be construed as a modification of any other terms, including the Class Action Waiver.

For more information regarding our product line in the USA, please visit: www.Homedics.com. For Canada, please visit: www.Homedics.ca.

FOR SERVICE IN THE USA

cservice@homedics.com

8:30am-7:00pm ET Monday-Friday

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1-888-225-7378

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