

Preparation Instructions

- All products are fully cooked; simply reheat and serve.
- For best results, reheat gently to maintain flavour and texture.
- Preheat oven to **180°C (350°F)** where applicable.

Cooking Instructions

Chicken Chunks

- **Stovetop:**
Remove from the bag along with juices. Place in a skillet and heat over low to medium heat for **15–20 minutes**, stirring occasionally, until hot.
- **Oven:**
Remove from the bag along with juices and place in an oven-safe dish. Cover loosely with foil and heat for **15–20 minutes**, or until warmed through.
- **Microwave:**
Remove from the bag and place in a microwave-safe dish. Cover loosely and heat on medium power for **3–5 minutes**, stirring halfway through.

Vegetable Mix

- **Stovetop:**
Remove from the bag and place in a skillet. Heat over low heat for **10–15 minutes**, stirring gently until warmed through. Do not cover.
- **Oven:**
Remove from the bag and place in an oven-safe dish. Cover loosely and heat for **10–15 minutes**, or until hot.
- **Microwave:**
Remove from the bag and place in a microwave-safe dish. Cover loosely and heat on medium power for **2–4 minutes**, stirring halfway through.

Creamy Alfredo Pasta

- **Oven:**
Remove the pasta and sauce from their bags and combine in an oven-safe dish. Cover loosely with foil and heat in the preheated oven for **12–15 minutes**, stirring halfway through reheating.
- **Microwave:**
Remove the pasta and sauce from their bags and combine in a microwave-safe dish. Cover loosely and heat on medium power for **3–4 minutes**, stirring halfway through.

Marshmallow Salad

- Remove from the bag and transfer to a serving dish.
- Serve chilled. **Do not heat.**

Note: Cooking times may vary depending on equipment.