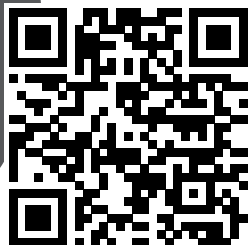




**activate
your product
warranty**

scan the QR code and
register your product
within 7 days to activate
your warranty



Registering also gives you access
to tips, exciting offers and more!

contoured gel shiatsu massage pillow
INSTRUCTION MANUAL AND WARRANTY INFORMATION

SP-92HJ | L-05021, Rev. 1

IMPORTANT SAFETY INSTRUCTIONS

WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING:

READ ALL INSTRUCTIONS BEFORE USING.

DANGER – TO REDUCE THE RISK OF ELECTRIC SHOCK:

- ALWAYS unplug this appliance from the electrical outlet immediately after using and before cleaning.
- DO NOT reach for an appliance that has fallen into water. Unplug it immediately.
- DO NOT use while bathing or in a shower.
- DO NOT place or store appliance where it can fall or be pulled into a tub or sink.
- DO NOT place in or drop into water or other liquid.
- NEVER use pins or other metallic fasteners with this appliance.

WARNING – TO REDUCE THE RISK OF BURNS, ELECTRIC SHOCK, FIRE, OR INJURY TO PERSONS:

- An appliance should NEVER be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts or attachments.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- NOT for use by children.
- Use this appliance only for its intended purpose as described in this manual. DO NOT use attachments not recommended by Homedics; specifically, any attachments not provided with the unit.
- NEVER operate this appliance if it has a damaged cord or plug, if it is not working properly or if it has been dropped or damaged, or dropped into water. Return the appliance to a Homedics Service Center for examination and repair.
- Keep the cord away from heated surfaces.
- NEVER drop or insert any object into any opening.
- DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
- DO NOT operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- DO NOT carry this appliance by the supply cord or use cord as a handle.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- DO NOT use outdoors.
- NEVER operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Use heated surfaces carefully. May cause serious burns. DO NOT use over insensitive skin areas or in the presence of poor circulation. The unattended use of heat by children or incapacitated persons may be dangerous.
- NEVER operate on a soft surface, such as a bed or couch, where the air openings may be blocked.

SAVE THESE INSTRUCTIONS

CAUTION – PLEASE READ ALL INSTRUCTIONS CAREFULLY BEFORE OPERATING.

- Consult your doctor prior to using this product, if:
 - You are pregnant
 - You have a pacemaker
 - You have any concerns regarding your health
- Not recommended for use by diabetics.
- NEVER leave the appliance unattended, especially if children are present.
- NEVER cover the appliance when it is in operation.
- DO NOT use this product for more than 15 minutes at a time.
- Extensive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- NEVER use this product directly on swollen or inflamed areas or skin eruptions.
- DO NOT use this product as a substitute for medical attention.
- NEVER use this product while in bed.
- This product should NEVER be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls or who has sensory deficiencies.
- NEVER use this product while driving an automobile.
- This appliance is designed for household use only.
- DO NOT attempt to repair the massager. There are no user-serviceable parts. For service, contact Consumer Relations at the telephone number listed in the Warranty section.

NOTE: This unit may turn off after an extended period of use. If your unit turns off, unplug the unit and let it rest for about 1 hour before plugging it again and continuing use.

INSTRUCTIONS FOR USE

To reduce the risk of electric shock, this unit is equipped with a polarized plug (one blade wider than the other). This plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician to install the proper outlet. Do not change the plug in any way.



Fig. 1



Fig. 2



Fig. 3



Fig. 4

1. Insert the power cord into a 120-volt AC outlet.
2. To activate the shiatsu massage action, press the power button once (Fig. 1).
3. To activate soothing heat, press the heat button once. To deactivate, press the heat button again.
4. To enjoy cold therapy, unzip the contour gel flap and place it in the freezer for a few hours. Remove the contour gel flap from freezer and zip it back to the massager (Fig. 4). Contour gel flap will remain cold for up to 30 minutes.
5. When finished, press the power button again to turn off the massage function and unplug the pillow.

NOTE: Do not use the heat function when the contour gel flap is on the massager.

This massager is very versatile and designed for use on the neck, back, and shoulders (Fig. 2 and 3). However, you may find it works well for other body areas as well.

For your safety, heat cannot be turned on without massage activated.

To avoid pinching, do not lean on the shiatsu massage mechanism in the pillow when adjusting your body position.

DO NOT jam or force any part of your body in the moving massage mechanism.

NOTE: You may soften massage force by placing a towel between you and the unit or with the contour gel flap on the massager.

MAINTENANCE

TO CLEAN

Unplug the unit and allow it to cool before cleaning. Spot clean only with a soft, slightly damp sponge. NEVER allow water or any other liquids to come into contact with the unit.

- DO NOT immerse in any liquid to clean.
- NEVER use abrasive cleaners, brushes, or strong chemicals that might or might not be flammable and/or damaging to the product to clean.

TO STORE

Place massager in its box or in a cool, dry place. Avoid contact with sharp edges or pointed objects that might cut or puncture the fabric surface. To avoid breakage, do not wrap the power cord around the unit. Do not hang the unit by the power cord.

FLAP

Use flap for a gentler
massage or use without for a
more intense massage

**CONTOUR
GEL****SHIATSU MASSAGE**

Shiatsu is a deep-
kneading circular
massage. This unit
features a spot massage
mechanism that works
on various areas of
your body.

HEAT BUTTON

Heat on/off.

MASSAGE BUTTON

Massage on/off.

**CONVENIENT AND
PORTABLE**

Perfect for use at home
or in the office.





2-YEAR LIMITED WARRANTY

Homedics sells its products with the intent that they are free of defects in manufacture and workmanship for a period of 2 years from the date of original purchase, except as noted below. Homedics warrants that its products will be free of defects in material and workmanship under normal use and service. This warranty extends only to consumers and does not extend to Retailers.

To obtain warranty service on your Homedics product, contact a Consumer Relations representative for assistance. Please make sure to have the model number of the product available.

Homedics does not authorize anyone, including, but not limited to, Retailers, the subsequent consumer purchaser of the product from a Retailer or remote purchasers, to obligate Homedics in any way beyond the terms set forth herein. This warranty does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; improper installation; unauthorized repairs or modifications; improper use of electrical/power supply; loss of power; dropped product; malfunction or damage of any operating part from failure to provide manufacturer's recommended maintenance; transportation damage; theft; neglect; vandalism; or environmental conditions; loss of use during the period the product is at a repair facility or otherwise awaiting parts or repair; or any other conditions whatsoever that are beyond the control of Homedics.

This warranty is effective only if the product is purchased and operated in the country in which the product is purchased. A product that requires modifications or adoption to enable it to operate in any other country than the country for which it was designed, manufactured, approved and/or authorized, or repair of products damaged by these modifications is not covered under this warranty.

THE WARRANTY PROVIDED HEREIN SHALL BE THE SOLE AND EXCLUSIVE WARRANTY. THERE SHALL BE NO OTHER WARRANTIES EXPRESS OR IMPLIED INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS OR ANY OTHER OBLIGATION ON THE PART OF THE COMPANY WITH RESPECT TO PRODUCTS COVERED BY THIS WARRANTY. HOMEDICS SHALL HAVE NO LIABILITY FOR ANY INCIDENTAL, CONSEQUENTIAL, OR SPECIAL DAMAGES. IN NO EVENT SHALL THIS WARRANTY REQUIRE MORE THAN THE REPAIR OR REPLACEMENT OF ANY PART OR PARTS WHICH ARE FOUND TO BE DEFECTIVE WITHIN THE EFFECTIVE PERIOD OF THE WARRANTY. NO REFUNDS WILL BE GIVEN. IF REPLACEMENT PARTS FOR DEFECTIVE MATERIALS ARE NOT AVAILABLE, HOMEDICS RESERVES THE RIGHT TO MAKE PRODUCT SUBSTITUTIONS IN LIEU OF REPAIR OR REPLACEMENT.

This warranty does not extend to the purchase of opened, used, repaired, repackaged and/or resealed products, including but not limited to sale of such products on internet auction sites and/or sales of such products by surplus or bulk resellers. Any and all warranties or guarantees shall immediately cease and terminate as to any products or parts thereof which are repaired, replaced, altered, or modified, without the prior express and written consent of Homedics.

This warranty provides you with specific legal rights. You may have additional rights which may vary from state to state and country to country. Because of individual state and country regulations, some of the above limitations and exclusions may not apply to you.

For more information regarding our product line in the USA, please visit www.Homedics.com
For Canada, please visit www.Homedics.ca.

FOR SERVICE IN THE USA

cservice@Homedics.com
8:30am-7:00pm EST Monday-Friday
1-800-466-3342

FOR SERVICE IN CANADA

cservice@Homedics.ca
8:30am-5:00pm EST Monday-Friday
1-888-225-7378

©2024 Homedics, LLC. All rights reserved.

Homedics is a registered trademark of Homedics, LLC.

Distributed by Homedics, LLC, 3000 N Pontiac Trail, Commerce Township, MI

48390

IB-SP92HJ

Made in China