

FAMILIE

BODYFRIEND Massage Recliner User Manual

BODYFRIEND

Greetings

Thank you for purchasing the BODYFRIEND Massage Recliner [FAMILIE]. Please read this user manual for safe and convenient use.

- ※ Please read safety precautions first and use the product appropriately.
- ※ Please keep this manual where users can read at any time.
- ※ Product image or content descriptions may change due to product improvements without previous notice.

Product Features



Intensity
Adjustment



Calf Air Massage



SL Frame



Massage by
Body Part



Zero Gravity



Bluetooth
Speaker



Energy
Efficient



Easy Controls



USB Charger

How to Use



For more information on how to use the Massage Recliner, please scan the QR code or visit our website.
bodyfriend.com

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Important Safety Instructions

DANGER

To reduce the risk of
electric shock

WARNING

To reduce the risk of any
burn, fire, electric shock,
or physical damage

※ Read all instructions before using this appliance.
When using an electrical appliance, basic precautions should always be followed, including the following:

-
- 01 Always unplug this device from the electrical outlet immediately after use and before cleaning.
 - 02 Never use pins or other metallic fasteners with this appliance.
 - 03 Carefully examine the covering before each use. Discard the appliance if the covering shows any sign of deterioration, such as checking, blistering, or cracking.
 - 04 Keep Dry – Do not operate in a wet or moist condition.
-
- 01 An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
 - 02 Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
 - 03 Close supervision is necessary when this appliance is used by, on, or near children, or disabled persons.
 - 04 Use this appliance only for its intended use as described in this manual. Never attempt to modify or use any components or parts that are not supplied by the manufacturer for this product. Doing so may pose serious safety risks, compromise the product's performance, and void any warranties or guarantees associated with it.
 - 05 Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
 - 06 Do not carry this appliance by supply cord or use cord as a handle.
 - 07 Keep the cord away from heated surfaces.
 - 08 Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
 - 09 Never drop or insert any object into any opening.
 - 10 Do not use outdoors.
 - 11 Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
 - 12 To disconnect, turn all controls to the off position, then remove plug from outlet.
 - 13 DANGER: Never use pins or other metallic fasteners with this appliance.
 - 14 DANGER: Carefully examine the covering before each use. Discard the appliance if the covering shows any sign of deterioration, such as checking, blistering, or cracking.
 - 15 DANGER: Keep Dry – Do not operate in a wet or moist condition.
 - 16 WARNING: Temperatures sufficiently high to cause burns may occur regardless of the control setting. Do not use on an infant or disabled person or on a sleeping or unconscious person. Do not use on sensitive skin or on a person with poor blood circulation.
 - 17 WARNING: Do Not Crush – Avoid sharp folds.
- ※ SAVE THESE INSTRUCTIONS

Safety Precautions

※ The descriptions below are for using the product safely and accurately to prevent any unexpected risk or damage.

WARNING

To reduce the risk of any product deformation, malfunction, safety accidents, product damage, mold, fire, electric shock, or physical damage

- Do not install in bathrooms or areas with high humidity.
- Do not operate in settings with temperatures exceeding 104°F.
- Do not install it outdoors.
- Do not use near heaters or any heat-emitting objects.
- Install and use only on a flat, stable surface.
- Use in areas with ample space and satisfactory air circulation.
- Users should not disassemble parts.
- Do not use simultaneously with other electronic or medical devices.
- Do not spill or spray foreign substances on the product.
- Do not place heavy objects on this product.
- Please take precautionary measures to ensure toddlers, pets, etc., do not crawl under or onto the back of the recliner, leg rest, etc.
- Do not connect or disconnect the power plug with wet hands.
- Do not use the product if your body is wet.
- Do not use the massage recliner directly after a heavy meal.
- Be careful not to let any body parts get caught during use.
- Be careful not to focus on a certain body part for too long as it may become excessive.
- Disconnect the power plug from the socket when the massage recliner is not in use.
- Toddlers and babies should not use the massage recliner.
- Do not place your head, elbows, chest, abdomen or knees on the massage recliner and attempt to use it.
- Control the massage balls to ensure they are being operated in the right position.
- Wait until the reclining unit returns to its original position to get off the recliner.

Safety Precautions

※ The descriptions below are for using the product safely and accurately to prevent any unexpected risk or damage.

WARNING

To reduce the risk of any product deformation, malfunction, safety accidents, product damage, mold, fire, electric shock, or physical damage

- Stop using the massage recliner immediately if you experience any pain or discomfort and take appropriate measures for your health.
- Consecutive uses may burden your body. Select whether to keep using it according to your health condition.
- Prevent children or pets from playing around the massage recliner during the operation.
- Do not operate the massage recliner where aerosol (spray) products are being used or oxygen is being administered.
- Do not operate the massage recliner when wearing accessories.
- Ensure that long hair does not become entangled in the massage recliner.
- Do not drop or insert any objects in the empty spaces.
- If the cable or plug malfunctions, is damaged, or is soaked in water, do not operate the massage recliner. Contact the Customer Service Center for inspection and repair.
- Sit in an appropriate position in the massage recliner.
- Do not use the massage recliner when the cover is torn or removed.

Safety Precautions

※ The descriptions below are for using the product safely and accurately to prevent any unexpected risk or damage.

CAUTION

To reduce the risk of physical damage

- **Check how to use the product and its possible side effects.**
 - This allows for appropriate use of the product.
- **Do not install or repair without the assistance of technicians.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **Do not use the product for purposes other than what is stated in this manual.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **Do not move the product by its power cable or pull the cable with your hand.**
 - It may cause electric shock, fire, or malfunction.
- **Only connect the product to outlets with protective grounding.**
 - It may cause electric shock or injury.
- **Check if the product is connected to power before use.**
 - This allows for appropriate use of the product.
- **Plug device into a 110-120V~ power outlet only.**
 - It may cause electric shock or malfunction.
- **Do not install in settings where it is difficult to unplug.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **When unplugging the power plug, make sure to hold the power plug itself instead of pulling the cable.**
 - It may cause electric shock, fire, or malfunction.
- **Please note that the sheets may become discolored from dark-colored clothes, including jeans.**
 - It may cause sheet discoloration.
- **Do not let more than two people operate the massage recliner at the same time.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **Avoid using the massage recliner where the ambient temperature rapidly changes.**
 - It may cause physical damage or injury.
- **Do not apply more than 265 lbs of pressure on the product.**
 - It may cause safety accidents, deformation, noises, product damage, or malfunction.
- **People shorter than 5' or taller than 6'3" may feel different when massaging.**
 - It may cause a lack of tightness between massage product damage, or malfunction.

Safety Precautions

※ The descriptions below are for using the product safely and accurately to prevent any unexpected risk or damage.

CAUTION

To reduce the risk of physical damage

- **Do not stand on the massage recliner. Please use it in sitting position.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **Be careful of catching hypothermia when falling asleep after a massage.**
 - It may cause safety accidents, physical damage, etc.
- **Make sure the cable is not damaged or excessively bent.**
 - It may cause electric shock, fire, or malfunction.
- **Please start at a lower intensity for safe use.**
 - It may cause physical damage.
- **Do not hold the leg massage unit with your hands.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **Do not lean or hang on the back side of the massage recliner.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **Prevent pets from biting the power cable.**
 - It may cause electric shock, product damage, or malfunction.
- **Please ensure the power switch is off before connecting the power.**
 - It may cause electric shock, product damage, or malfunction.
- **Do not sit on the back of the massage recliner, arm massage unit, or leg massage unit.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **Do not smash the controller buttons, and be wary that no button is pressed.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **Do not wash the product with water.**
 - It may cause electric shock, fire, or malfunction.
- **Please disconnect the power plug before cleaning or mending the massage recliner.**
 - It may cause safety accidents, physical damage, product damage, or malfunction.
- **Gently remove dirt with a soft cloth and do not use organic solvents, such as thinner, or chemicals.**
 - It may cause product damage.
- **Use a sealed cable when charging via the USB charging port.**
 - Sealed cable refers to a cable with a protected cord covered with aluminum foil, copper, or steel nets to reduce noise from the outside and inside.
 - It may cause electric shock, fire, or malfunction.

Safety Precautions

※ The descriptions below are for using the product safely and accurately to prevent any unexpected risk or damage.

Precautions

※ The following persons should refrain from using the product.

Do not use the product if

- Doctor diagnoses to not use this massage recliner for those who suffer from thrombosis, embolism, a serious varicose veins
- Pregnant women in the first trimester or the beginning of the third trimester
- Those who suffer from severe diseases related to the heart, kidneys, or liver
- Those who suffer from schizophrenia or other mental disorders
- Those who suffer from uncontrollable epilepsy or other brain diseases
- Those who cannot move by themselves

Before use, consult with a specialist if

- Pregnant women other than those who are within the first trimester and may experience side effects from the use
- Those who have higher body temperature and suffer from acute inflammation, including chills and fever
- Those who suffer from severe skin disease, including pressure sore or burn
- Those who suffer from a malignant tumor
- Those who are old, suffer from extreme weight loss or loss of muscle tissue due to other diseases
- Those who need to stay in bed due to medical treatment
- Those who are diagnosed with acute disc and acute cervical sprain
- Those who suffer from severe osteoporosis
- Those who are using implantable electronic medical devices, including implantable pacemaker
- Those who lack communication ability
- Those who have difficulty moving their body
- Those who have any other health concerns
- Those with joint discomfort due to hip or knee joint surgeries (artificial joint, fracture, etc.)

Possible Side Effects

- Minor abrasions, bruising, etc.
- Damage to muscle or tendon injury due to overuse or too much pressure
- Allergic reactions and burns
- Elderly spine fractures, dislocated joints, etc.

Components and Descriptions

※ This product is packaged in one box.

Please check that you have received all necessary parts.

- Main Box: Body, Power cable, Pouch, and Manual

Exterior

01 Embedded Controller

02 Pouch

03 Side Panel

04 Power Switch

05 Fuse

06 Power Port

07 Bluetooth Speaker

08 Head Rest

09 Back Massage Unit

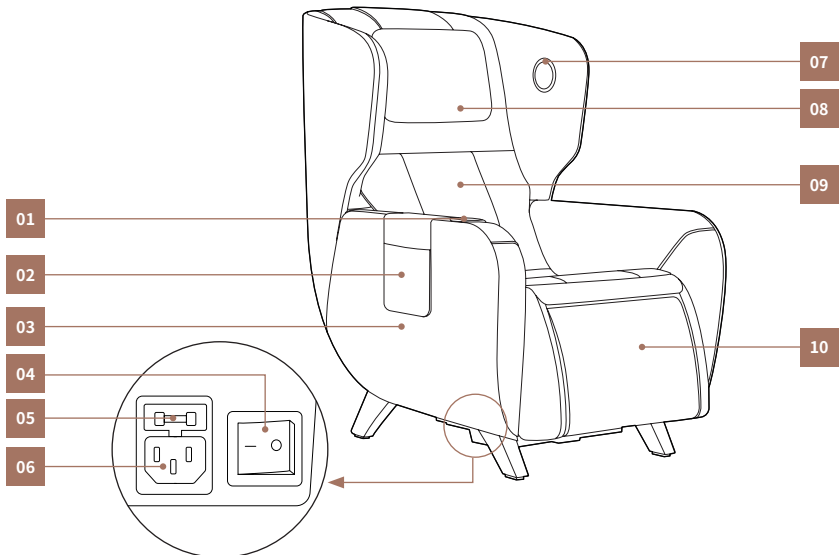
10 Leg Massage Unit

※ Name: FAMILIE-XXX

XXX is a unique Bluetooth number of the product.

If there are various products in one area, please check the serial number before connecting.

- **Bluetooth Password: 9999**



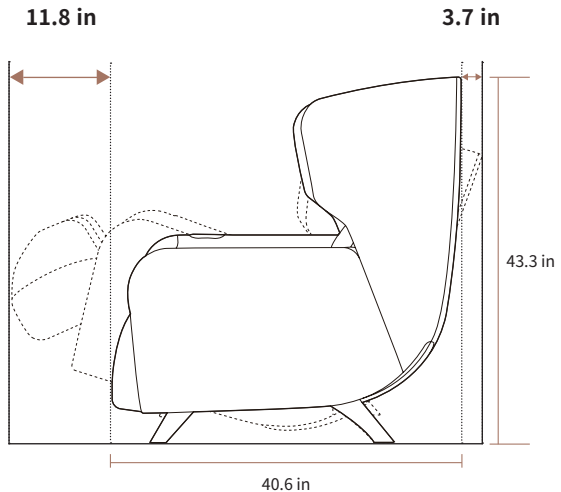
Moving and Installation

※ The weight of the product may cause damage or discoloration to the floor.

Check installation space

- Before installation, check whether there is enough room for installation.
 - Remove all obstructions or miscellaneous objects around the product.
 - Do not install the product with its back facing a glass window.
 - Recline the product until it is convenient enough to move, then move it to the desired location. Install it by slowly putting it down.
 - Be careful that the cables do not become stuck under the product during installation.
-

Dimensions Upright :
40.6(L) X 27 (W) X 43.3 (H) in

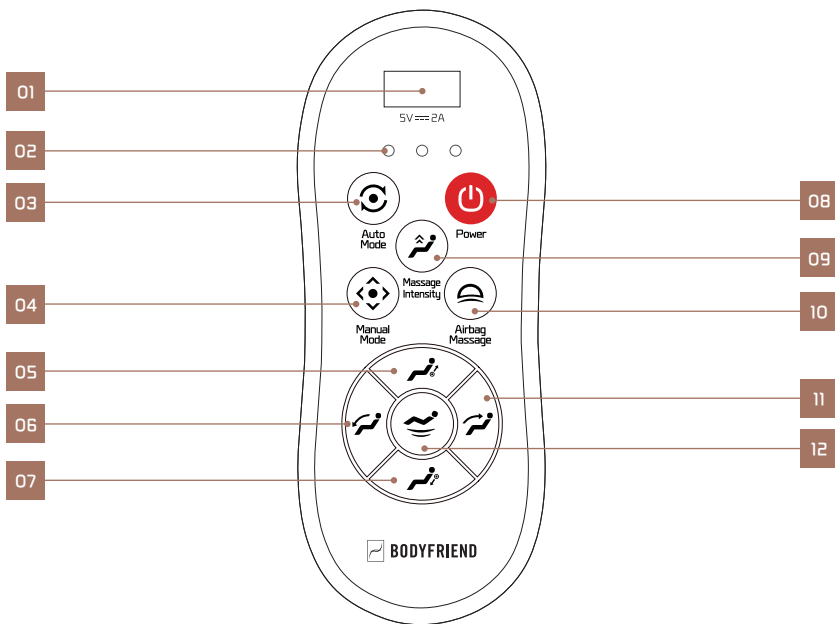


Controller Descriptions

※ This product is equipped with an integrated remote control unit and does not provide a separate remote control.

Controller Description

- | | |
|------------------------|-----------------------|
| 01 USB Charging Socket | 07 Lower Massage Ball |
| 02 LED Indicator | 08 Power |
| 03 Auto Mode | 09 Massage Intensity |
| 04 Manual Mode | 10 Airbag Massage |
| 05 Upper Massage Ball | 11 Body Recliner |
| 06 Body Incliner | 12 Zero Gravity |



Controller Operation Instructions

※ An object sensor is applied on rotating footrest. An alarm will sound when an object is detected during the use. After removing the object, press any button shortly to restart the massage.



Power

Power ON/OFF.
Switching off the power while in operation will lead to the full stop of functions and make the massage recliner return to its original resting position.



**Auto
Mode**

Auto massage button with 4 massaging modes.

- [● ● ●] **Neck/Shoulder:** Relieves fatigue by intensively stimulating the neck and shoulder area.
- [● ● ●] **Waist/Back:** Relieves fatigue by intensively stimulating the back and waist area.
- [● ● ●] **Full Body Relaxation:** Stimulates from the neck to the waist with massage balls to relieve fatigue.
- [● ● ●] **Full Body Vitality:** Provides kneading and tapping to the whole body to relieve fatigue.



**Manual
Mode**

You can choose the type of massage you want to receive.
[5 modes in total: Kneading > Tapping > Combination > Hand Tapping > Acupressure]



**Massage
Intensity**

This button allows you to adjust the massage intensity in 3 levels.

※ Manual massage - During tapping / hand tapping / acupressure, press the button to change the massage head spacing in 3 levels.

Controller Operation Instructions

※ An object sensor is applied on rotating footrest. An alarm will sound when an object is detected during the use. After removing the object, press any button shortly to restart the massage.



**Airbag
Massage**

Enables the calves air massage unit.

※ Rotate the leg massager in the opposite direction to automatically turn off the airbag.



**Upper/
Lower
Massage
Ball**

Allows to adjust the up/down position of the massage balls during Manual Mode.

Pressing once will make the massage balls move, pressing twice will make them stop moving.



**Inclining/
Reclining**

Allows manual adjustment of the angle of the body. Pressing once will start the movement, pressing twice will stop movement.



**Zero
Gravity**

Reclining button with 2 angle levels.

[level 1: 118° / level 2: 136°]

Product Size and Specifications

※ Product specifications are subject to change without previous notifications due to product improvements.

Model	BFX-2110US
General Name	Electric Massager
Kneading Speed	27 ~ 35 kneads per minute
Kneading Width	1.3 ~ 5.5 in
Power Supply	110-120 V~
Rated Power	0.5 A
Power Frequency	60 Hz
Massage Ball Range	Neck - Buttocks
Airbags	Calves
Product Weight	116.8 lbs (53 kg)
User Maximum Weight	265 lbs (120 kg)
Dimensions Upright	40.6(L) X 27 (W) X 43.3 (H) in
Dimensions Reclined	56.1(L) X 27 (W) X 32.7 (H) in

Customer Support Guidelines

※ If you encounter minor malfunctions or errors, please refer below before contacting Customer Support.

Problem	Cause	Solution
Massage recliner does not operate	Did not press the Power button on the controller or inner key	Press the Power button
	Program is not selected	Select and run the program
	Power is not properly plugged in	Properly plug the power into the socket
	Power plug/cable is damaged	
	Fuses is burnt	Please contact the after-service center
Massage recliner makes noise during use	Electrical circuit is malfunctioning	
	General machine noise - Air pump vibration, air inlet/outlet noises - Noise due to airbag inflation - Solenoid valves opening/closing - Sheet friction	The noise is general machine noises. There is nothing wrong with the product
	Used the massage recliner for a long time	Restart the machine (after 30 min)
	Accidentally pressed the OFF button	Press the Power ON button
	Massage time has ended	Restart the machine (after 30 min)
Machine suddenly stops during the operation	Check whether there are any objects caught between parts	Remove the object and restart the machine
	Excessive usage or shock	Restart the machine (after 30 min)
Massage balls caught or crashed into the interior sheet during the operation	Frictions between the massage balls and sheets	Rubdown technique generates such a phenomenon due to massage balls so it's not a problem
Does not go back to the original position	When the exit button is pressed	Restart the machine
	Excessive use	Please contact the after-service center
	Excessive load	Restart the machine (after 30 min)
Overheated power cable	Other miscellaneous causes	Please contact the after-service center
	Air hose disconnected	
	Air-related power cord is disconnected	Please contact the after-service center

Warranty Terms and Conditions

※ We provide 1 Year Limited Warranty. Please read the details below.

Contact Us

For Product or Technical Support or more information, please call us at 1-240-885-6642 or email us at support@bodyfriend.com.

Warranty Terms and Conditions

Familie (BFX-2110US)

1 Year Limited Product Warranty

BODYFRIEND warrants the product for the specified period of time, starting from original date of purchase, to be free from defects in material and workmanship; does NOT include normal wear and tear. If any part is found to be defective during the warranty period, your sole and exclusive remedy will be repair or replacement, at BODYFRIEND's option and expense, of the defective part, except for shipping fees. It is the responsibility of the Purchaser to return the product to BODYFRIEND.

This warranty is valid for the original purchaser only with original proof of purchase and is NOT transferable. This warranty does not apply in cases of abuse, mishandling, misuse, or unauthorized repair. This warranty is valid only within the continental US (does not include HI, AK, PR).

This warranty is void in the event that repairs are made by anyone other than BODYFRIEND without prior authorization from BODYFRIEND.

ANY IMPLIED WARRANTY, INCLUDING THAT OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, IS HEREBY LIMITED IN DURATION TO THE APPROPRIATE WARRANTY PERIOD SET FORTH ABOVE. In no event shall BODYFRIEND be liable for any consequential or incidental damages attributable to this product. This warranty gives you specific legal rights. You may have other legal rights that vary.

Repairs must be performed by a BODYFRIEND authorized technician. For more details, or to obtain service under this warranty, please contact us at 1-240-885-6642.

Please retain original proof of purchase to ensure that your product is recorded and warranty information received.

Warranty Terms and Conditions

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Exclusions

The following exclusions are NOT covered by warranty:

1. Damage resulting from improper installation or use, neglect, dropped product, unreasonable maintenance, failure to follow instructions, unauthorized repairs, alterations, modifications of original condition, and cosmetic alterations.
2. Damage resulting from improper use of electrical/power supply; loss of power; electrical disturbances, power surges.
3. Damage or cracked screen because of personal misuse, excessive force, transportation damage, theft, abuse, misuse, vandalism, or natural disasters.
4. Products purchased by or through unauthorized dealers or individuals.
5. Products used commercially or for commercial purposes.
6. Time lost by the Purchaser during the time the product is being replaced, at a repair facility, etc.
7. Natural occurrences such as, but not limited to softening/hardening of foams and composites, fading, wear, pilling of fabrics, natural markings, grain and dye variations in leather, and failure of attach points does not validate issue of warranty, as well as items intended to be periodically replaced by Purchaser during the normal lifetime of a product including, but not limited to batteries, light bulbs, and etc.
8. Replacement of seat/part covers and other accessories.

Product Registration

Please register your new product by visiting bodyfriend.com/pages/productregistration to enable your warranty services.

BODYFRIEND MASSAGE RECLINER

FAMILIE USER MANUAL

 **WARNING:** This product can expose you to chemicals including RoHS (Pb, Cd), which is known to the State of California to cause cancer, birth defects or other reproductive harm. For more information, go to: www.P65Warnings.ca.gov

 Please remove this manual according to the local separate waste collection rules.

Manual No.240911