



**USDA CHOICE  
BLACK ANGUS BEEF  
FILET MIGNON  
(16) 5 oz Portions**

**Preparation Instructions:** For best results thaw under refrigeration. Use within 5-7 days. Cook steak according to a meat thermometer rather than a time table. Remove steaks from grill, pan, or oven 5 degrees before desired doneness. Let steak rest 5-10 minutes before serving.

Rare: 125-130°F  
Medium Rare: 130-145°F  
Medium: 140-145°F  
Medium Well: 150-160°F  
Well: 160-170°F

**Ingredients:** Beef

**Born, Raised, & Harvested in the USA**  
Distributed By: Rastelli Foods Group 300  
Heron Dr, Swedesboro, NJ 08085 NET  
WT: 80.00 OZ. (5.00 LBS.)

**Nutrition Facts**

Serving Size: 5 oz (142g)

Servings Per Container: 16

**Amount Per Serving**

**Calories 225**      **Calories from Fat 92**

**Total Fat 10g**      **15%**

**Saturated Fat 3.8g**      **19%**

**Cholesterol 90mg**      **30%**

**Sodium 79mg**      **3%**

**Total Carbohydrate 0g**      **0%**

**Dietary Fiber 0g**      **0%**

**Sugars 0g**

**Protein 33g**

**Vitamin A 0%**      •      **Vitamin C 0%**

**Calcium 4%**      •      **Iron 15%**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

