Nutrition Facts

Serving Size 2 oz pan fried (57g)
Servings Per Container about 8

Amount Per Serving

Calories 140 Calories from Fat 100

	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 4g	**21%**
Cholesterol 40mg	**13%**
Sodium 280mg	**12%**
Total Carbohydrate less than 1g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 9g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 0%	•	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.