Home Massage Kit



Congratulations on your purchase.

Your Home Massage Kit frame comes fully assembled, but when removed from the box it will be folded into a storage configuration. Follow the steps below to configure for use and attach the included FacePillow.



Always use caution when making any position adjustments. Ensure all body parts are clear from all moving parts. Do not make adjustments while product is in use or with any weight on the platform.



1. Locate lower adjustment knob



2. Push up to unlock/loosen



3. Pull platform away from the base



4. When in a fully upright position, tighten/lock lower adjustment knob



5. Locate upper adjustment knob



9. Slide the base between the mattress and box spring



6. Push up to unlock/loosen



10. Push in all the way to secure, and attach FacePillow to the platform



7. Pull platform away from the base



8. When in a fully upright position, tighten/lock upper adjustment knob



11. Use height adjustment knobs to adjust height of the FacePillow (if necessary)



Ensure all knobs are full tightened and locked before putting any weight on the FacePillow/platform.