

Colorectal Cancer Screening

Learn about your screening options today

Colorectal Cancer is the 3rd most common cancer in men and women in the US.

Screening early helps reduce your chances of dying from colon cancer. The US Preventive Services Task Force now recommends starting screening at age 45 (or earlier if at higher risk).

The Choice is Yours.

The best test for Colorectal Cancer (CRC) screening is the test *that you complete*.

Common Questions	 Colonoscopy (Visual Exam) <i>Considered the "Gold Standard"</i>	 Cologuard (Multitarget stool DNA test)	 FIT/FOBT (Fecal Immunochemical test/ Fecal occult blood test)
How does it work?	Inserts flexible tube with camera and light into rectum to look for abnormal growths	Checks for abnormal cancer-related DNA & blood in a stool sample	Checks for blood in a stool sample
Who is it for?	Average & High Risk Adults	Average Risk Adults age 45+	Average Risk Adults
How often?	Every 10 yrs (if normal)	Every 3 years	Every Year
Where is it done?	In a center or hospital	At home	At home
Time it takes?	1-2 days for bowel prep & procedure	Time it takes to collect & mail sample	Time it takes to collect & mail sample
Serious risks?	Rare	None	None
After a positive result?	Polyps removed & examined (biopsy)	Colonoscopy	Colonoscopy

Reach out to your Care Team today to take the first steps toward your screening.