



MOUNT SINAI
100

1923-2023

Honouring a century of care and discovery



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Table of contents

- Mount Sinai Day proclamation 5
- Letter from the Premier of Ontario 6
- Letter from the Prime Minister of Canada 7
- 100 years of care and discovery 8-13
- The Mount Sinai 100 Experience 14-19
- Mount Sinai 100 Chairs 20-22
- Honouring the centennial with award-winning branding 23
- From 1923-2023: A timeline of discovery and care 24-25
- The Gala of the Century 26-35
- Against all odds: The unstoppable story of Toronto's Mount Sinai Hospital. 36-37
- Gala supporters 38-39
- Milestones in the centennial year 40-43
- Closing reflections from our leadership 44
- Mount Sinai 100 Fund donors 45
- Mount Sinai 100 Chair donors 45-47

When we hosted the *Mount Sinai Experience* installation at the Art Gallery of Ontario in June 2023, we invited our community to write notes reflecting on the past 100 years of care and their hopes for the next 100 years. These are the messages you see in the front and back inside covers of this book. Each one illustrates the life-changing care and impactful support that characterizes our exceptional community.

From humble
beginnings in 1923...



to a global leader in breakthrough
research, patient-centred programs
and compassionate care.



Proclamation

Mount Sinai Day

October 17, 2023

WHEREAS today we celebrate the centennial anniversary of Mount Sinai Hospital. Since opening its doors a century ago, Mount Sinai has been delivering exceptional medical care and ground-breaking research. Today, we celebrate the numerous achievements and milestones of Mount Sinai Hospital that began as a small maternity ward and has since grown to be one of Toronto's largest hospitals.

Mount Sinai first opened in 1923 as the Hebrew Maternity and Convalescent Hospital on Yorkville Avenue thanks to the tireless efforts of four women in the Jewish community. Since then, the hospital has developed a reputation for world-wide excellence in multiple areas including genetic research, women and infant health, surgical oncology, gastrointestinal diseases, diabetes, general psychiatry, critical care, cardiology and much more.

On this milestone centennial anniversary, we honour and celebrate the immense contributions of Mount Sinai's doctors, nurses and incredible staff who provide world-class, specialized care to patients in over 45 languages.

This occasion is the perfect opportunity to acknowledge with gratitude Mount Sinai's commitment to the health and wellbeing of our residents.

NOW THEREFORE, I, Mayor Olivia Chow, on behalf of Toronto City Council, do hereby proclaim **October 17, 2023** as "**Mount Sinai Day**" in the City of Toronto.

Olivia Chow
Mayor of Toronto

The Office of the Mayor, Toronto City Hall, 100 Queen Street West, 2nd Floor



Premier of Ontario Premier ministre de l'Ontario

Warm greetings to everyone honouring the Mount Sinai Hospital Centenary.

Mount Sinai began in 1923 as the Hebrew Maternity and Convalescent Hospital, as a place to serve the medical needs of Toronto's growing Jewish community. It quickly grew to serve the broader community and to pioneer groundbreaking medical services and research. Today, it is one of North America's pre-eminent medical, teaching and research institutions, with a global reputation for excellence in biomedical research, women's and infants' health, surgical oncology, gastrointestinal diseases, diabetes, geriatrics, critical care and healthy aging.

I am grateful to the amazing nurses, doctors, health care professionals, administrators and volunteers who have served in Mount Sinai Hospital over the past century.

Ontario's hospitals are an integral part of our communities and our public health care system. I want you to know that our government is making smart investments across the province to ensure our health care system meets the needs of growing communities and delivers the high-quality, patient-centred care that Ontarians deserve.

Best wishes for your continued success. Have a meaningful and memorable evening honouring Mount Sinai Hospital's centennial.

Doug Ford
Premier



PRIME MINISTER • PREMIER MINISTRE

September 12, 2024

Dear Friends:

I am pleased to extend my warmest greetings to everyone honouring the 100th anniversary of Mount Sinai Hospital in Toronto.



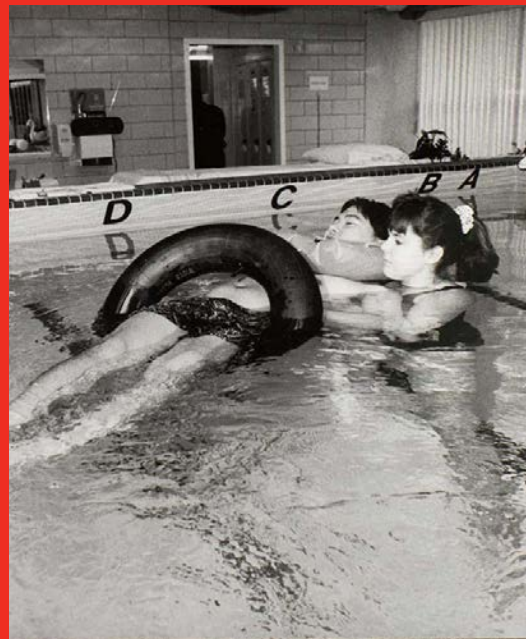
Since 1923, Mount Sinai Hospital has been dedicated to providing outstanding health care services to the community. This milestone offers a wonderful opportunity to reflect upon the proud history of the hospital, to celebrate all that it has achieved and to set goals for the future.

I would like to commend all those who have helped shape Mount Sinai Hospital over the past 100 years. You can take pride in your contributions to building and supporting a strong and vital health care facility.

Please accept my congratulations on achieving this milestone and my very best wishes for continued success.

Sincerely,

The Rt. Hon. Justin P. J. Trudeau, P.C., M.P.
Prime Minister of Canada



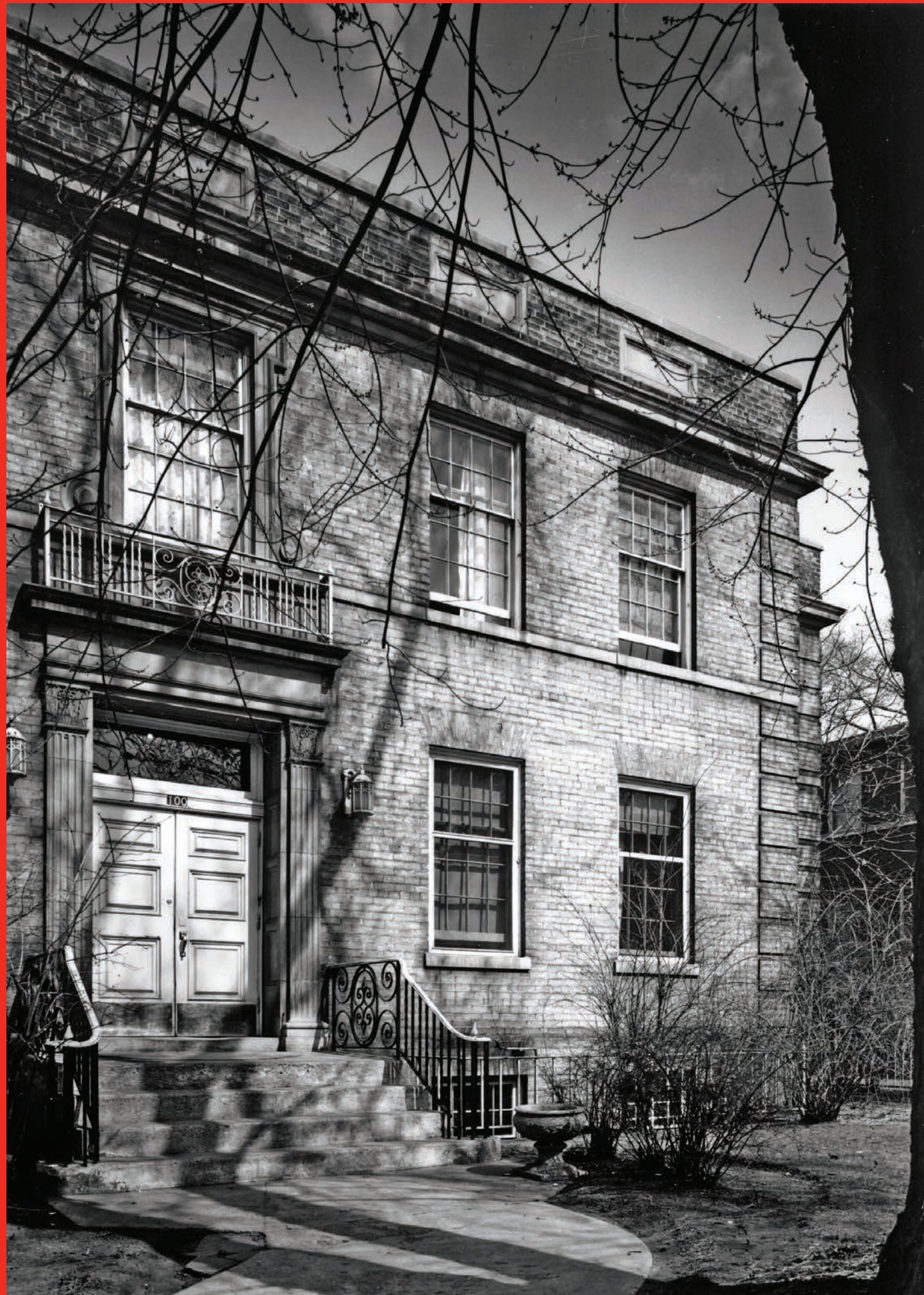
100 years of care and discovery

Against all odds...

Over the past century, Mount Sinai has become an internationally recognized acute care academic health sciences centre, continuously operating at the forefront of medical innovation. Throughout our centennial year, our community came together in remarkable ways to commemorate this rich history, honour our trailblazing achievements and support our vision for the next century of care.

In the following pages, you will see highlights from this year of celebration. We hope it serves as a reminder of Mount Sinai's powerful legacy as a hospital created by the community for the community, embodying the inextinguishable spirit of our founders as we break down barriers and defy the odds.

You are an instrumental part of this legacy. Please enjoy this walk through our activities to honour a century of discovery and care.



Our origins

More than 100 years ago, the dream of building an inclusive hospital in Toronto lived with four immigrant women. Mrs. Cohn, Miller, Spiegel and Adler banded together in 1913 to form the Ezras Noshem (Ladies' Aid) Society, defying the odds for the betterment of their community.

Seeing an urgent need for general health and maternity care for Toronto's rapidly growing Jewish population, the Ezras Noshem launched an ambitious door-to-door fundraising campaign in 1921 to establish a hospital that would understand and serve immigrants' unique needs. By 1922, they had collected enough funds for a down payment on 100 Yorkville Avenue. This modest building opened its doors in 1922, as The Toronto Jewish Maternity and Convalescent Hospital, growing in scope over the following year. On October 17, 1923, Mount Sinai Hospital was formally registered with the Province of Ontario.

In 1923, founding a Jewish hospital was especially significant given the antisemitic culture of the time. Toronto's Jewish community, composed of a newly immigrated and largely Yiddish-speaking population, faced a lack of access to culturally considerate care, experiencing language barriers, a lack of Kosher food, and overt bigotry in the city's hospitals. Furthermore, Jewish medical professionals were barred from working in Toronto's hospitals.

From its beginnings, Mount Sinai Hospital prioritized inclusion — providing care for Jewish and non-Jewish patients alike, serving those unable to pay, and offering a space for medical professionals barred from the medical mainstream.

The hospital philanthropy built

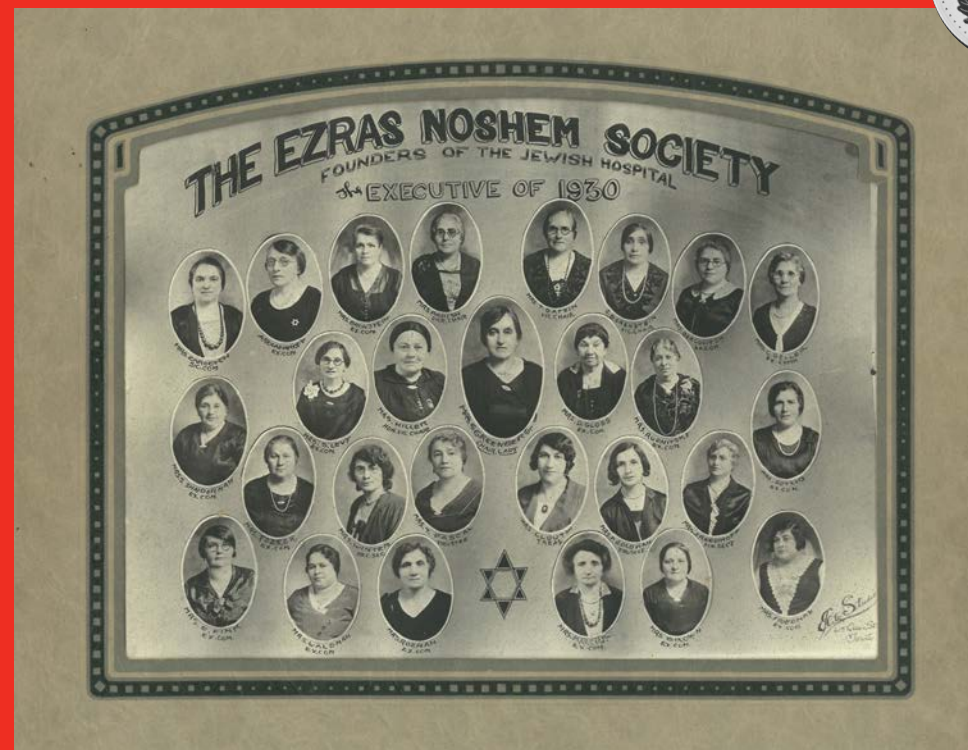
Now, one hundred years after our humble beginnings, Sinai Health is deeply grateful to the generous, committed community of supporters who continue to push us to new heights of medical excellence and invest in the delivery of the best possible compassionate health care to patients across Ontario. A community that has been with us every step of the way.

From the very beginning, Mount Sinai has been significantly supported by the Jewish community. As the community grew and prospered so did the level of support. It's been the Jewish community's way of giving back to the community at large. Today, we also enjoy the strong philanthropic support from the broader community.

Whether in acquiring new property, renovating buildings, acquiring new state-of-the-art equipment, funding scientific research or investing in teaching and training, the generosity of our supporters allows us to push the boundaries of care and make our community healthier. And fueled by the power of philanthropy, Sinai Health is achieving incredible things.

Today, Mount Sinai Hospital has over 500,000 interactions with patients annually. Our doctors and nurses now come from the four corners of the globe and members of our staff of over 7,000 speak more than 40 languages. We truly reflect the multicultural community we serve.

Sinai has become a highly regarded teaching hospital regularly achieving Exemplary Status from Accreditation Canada. We continue to be the only hospital in Canada to hold the Magnet® designation for excellence in nursing. We are a first-class research institute, a world pioneer in the fields of Systems



Biology, Diabetes and Inflammatory Bowel Disease. We provide daily home care to more than 10,000 individuals in the GTA through Circle of Care, and at Hennick Bridgepoint Hospital we operate the country's largest hospital focused exclusively on complex care.

Many of these achievements have been funded, in part, by philanthropy. And as we prepare for the next century of care and discovery, we know that philanthropy will continue to play a crucial role in shaping our future.

The power of a nickel

The \$12,000 down payment for the building on 100 Yorkville Avenue was largely composed of nickels and dimes. This was because nearly every penny that had been raised was from an ambitious door-to-door fundraising campaign by the Ezras Noshem.

The resourcefulness and “can-do” attitude of the Ezras Noshem extended far beyond fundraising. Upon initial opening, the hospital had trouble filling patient beds. The new immigrant community was largely suspicious and fearful of hospitals. The Ezras Noshem and the hospital staff implemented highly creative measures to bring in patients from the community — they held pram giveaways for the first babies born in the hospital and gave community tours where staff would dress up in patient nightgowns to make the facility look fuller than it was.

The Mount Sinai 100 Experience

PHOTO CREDIT:
RYAN EMBERLEY

An immersive exhibit highlighting pivotal moments from our rich history.

In June 2023, we invited the community to join us at the Art Gallery of Ontario (AGO) to honour 100 years of life-changing care. In *Ahead of Our Time: The Mount Sinai 100 Experience*, we invited guests to step into some of Mount Sinai Hospital's greatest accomplishments and celebrate the world-class institution we've become.

The experience welcomed over 1,000 guests, giving them the opportunity to walk through multi-media displays that explored the resilience of our founders, the history of our buildings, our research firsts, the impact our community has had on the world of medicine and philanthropy in Toronto, and our exciting future.



VIEW THE
IMMERSIVE
EXHIBIT



“Philanthropy has played an essential role in our story. At every turning point or breakthrough, philanthropy has been there. Our vibrant community is just as dedicated today as the women who went door-to-door fundraising 100 years ago to build a symbol of hope, healing and inclusion for all.”

— PETER COHEN, IMMEDIATE PAST CHAIR, SINAI HEALTH



“When I found out I was expecting multiple babies I was concerned. But our worries and doubts were minimized by our treatment at the hands of the wonderful staff of Mount Sinai. Everyone was always so attentive, and so compassionate that there really are no words that can adequately express our admiration and gratitude for the level of care and we received.”

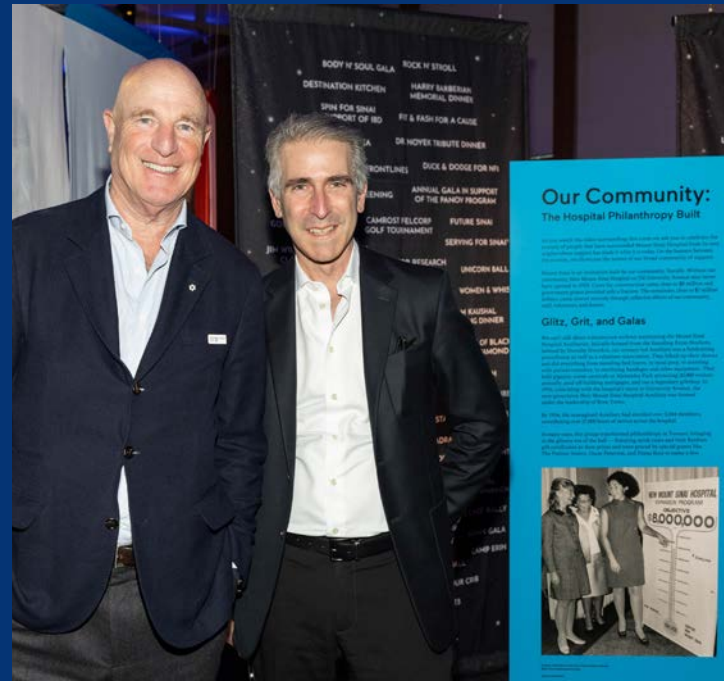
— CHAYA SCHON, PATIENT OF DR. BERNSTEIN

On June 13, 2023, some of our nearest and dearest donors gathered at the AGO for a sneak peak of the Mount Sinai 100 Experience. The evening was full of reflections on Sinai’s rich history, including touching remarks from Gideon Arthurs, great grandson of founding hospital matriarch Dorothy Dworkin, and from Chaya Schon, mother of the first quintuplets delivered at Mount Sinai Hospital in 1989 by Dr. Paul Bernstein.



“As I reflect on our origin story, I realize how inspired I was by the women who founded our hospital and how they motivated me in my role as Co-Chair of the Foundation Board. Their fierce determination to support their community. Women like Dorothy Dworkin — a nurse and midwife, an administrator, a board member, a fundraiser — to me, a true trailblazer!”

— MAXINE GRANOVSKY GLUSKIN, IMMEDIATE PAST CHAIR, SINAI HEALTH FOUNDATION



“But there is a thread that connects all these stories, that connects Dorothy to the doctors, nurses and staff working at Mount Sinai today, that connects you in this room to my great grandmother. That thread is a deeply held commitment to service... service to caring for everyone regardless of their means or origin, service to the underserved, service to ingenuity and exploration, service to the wellbeing of our community, however that may be defined.”

— GIDEON ARTHURS, GREAT GRANDSON OF DOROTHY DWORKIN AND EXECUTIVE DIRECTOR OF SOULPEPPER THEATRE COMPANY

The Mount Sinai 100 Chairs were created to honour the doctors and scientists whose achievements have elevated Sinai Health's reputation for world-class care and research.

The Mount Sinai 100 Chairs carry the names of the hospital's trailblazers and will help recruit and fund the work of a new generation of clinicians and scientists, securing the next century of care at Sinai Health. Meet our trailblazers.



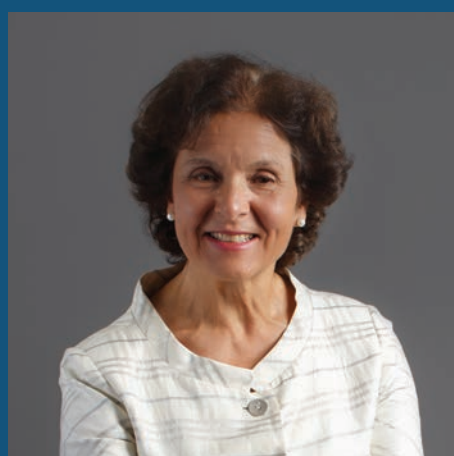
**Dr. Gerald Baker,
Chair in Dentistry**

A talented and innovative surgeon, the late Dr. Baker pioneered facial surgery techniques.



**Dr. Paul Bernstein,
Chair in Mother & Baby Care**

Dr. Bernstein is an internationally recognized leader in high-risk pregnancy care.



**Dr. Anne Biringer,
Chair in Family Medicine,
Pregnancy & Newborn Care**

Dr. Biringer has helped make high-quality pregnancy and newborn care more accessible.



**Dr. Zane Cohen,
Chair in Inflammatory
Bowel Disease (IBD)**

Dr. Cohen is renowned for his innovative surgical methods, practice-changing research, teaching and mentorship.



**Dr. Allan Detsky,
Chair in Internal Medicine**

Dr. Detsky's expertise in complex care delivery and health policy management is unparalleled.



**Dr. Jeremy Freeman,
Chair in Surgical Oncology**

Dr. Freeman has treated more than 7,000 patients with head and neck cancers.



**Dr. Barry J. Goldlist,
Chair in Ageing & Health**

Dr. Goldlist has improved health care for seniors in Toronto and beyond.



**Dr. Pamela Goodwin,
Chair in Women's Cancer**

Dr. Goodwin has become a global leader in breast cancer research.



**Dr. Allan Gross,
Chair in Orthopaedic Surgery**

Dr. Gross is an internationally recognized pioneer in complex joint transplant surgery.



**Dr. Shoo Lee,
Chair in Neonatology**

Dr. Lee brought neonatologists together to identify the most effective ways to help fragile newborns.



**Dr. Larry Librach,
Chair in Palliative Care**

The late Dr. Librach was one of the world's leading palliative care experts.



**Dr. Donald Low,
Chair in Emerging Infectious
Diseases**

The late Dr. Low was one of the first doctors in the world to see SARS patients face-to-face.



**Dr. Don Melady,
Chair in Geriatric Emergency
Medicine**

Dr. Melady has devoted his career to developing more effective methods of caring for older patients.



**Dr. Howard Ovens,
Chair in Emergency Medicine**

Dr. Ovens led the Schwartz/Reisman Emergency Centre through dramatic growth.



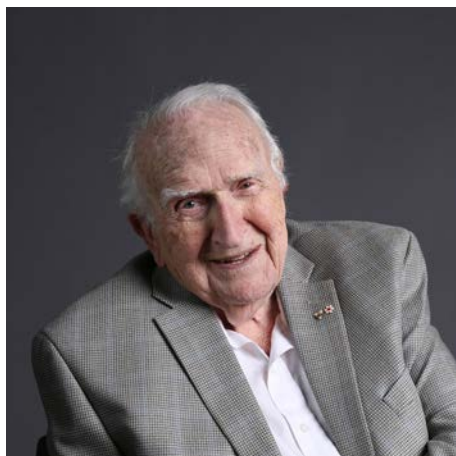
**Dr. Tony Pawson,
Chair in Cancer Research**

The late Dr. Pawson was one of the founding scientists of the Lunenfeld-Tanenbaum Research Institute.



**Dr. Katherine Siminovitch,
Chair in Genomic Medicine**

Dr. Siminovitch is an acclaimed leader in genomic medicine.



**Dr. Louis Siminovitch,
Chair in Research**

The late Dr. Siminovitch was the first chair of the Department of Molecular Genetics in the Temerty Faculty of Medicine.



**Dr. Paul Walfish,
Chair in Thyroid Cancer Care**

The late Dr. Walfish was a pioneer in the treatment of thyroid disease.



**Dr. Bernard Zinman,
Chair in Diabetes Research**

Dr. Zinman has significantly improved the way diabetes is treated across the world.



Honouring the centennial with award-winning branding

To mark the Hospital's centennial year, our design team created a commemorative brand campaign to honour our history and nod to the continued evolution of our health system. This campaign, featuring a new logo with our iconic star, won two awards from the Association of Registered Graphic Designers (RGD). Selected from an international pool of submissions, the campaign received accolades for excellence in brand identity and design, as well as in-house design execution. The team received recognition at a national design convention, highlighting the design's balance of nostalgia and modern, versatile elements.

This award-winning branding was featured heavily in fundraising and engagement activities throughout the year, including banners that lined University Avenue.



Giving our centennial banners new life

In October 2024, Sinai Health Foundation collaborated with a social enterprise called DESIGNwith to create a sustainable product line that connects the past with the future. Using recycled banners that feature the award winning centennial branding, a skilled group of women sewists from the Regent Park Sewing Studio handcrafted a wearable collection of tote bags and pouches. This project reflects our values of accountability, collaboration and community.



MOUNT SINAI 100

One hundred years ago, Mount Sinai Hospital opened its doors on Yorkville Avenue to meet the urgent health-care needs of the community. A century later, Mount Sinai continues to be an inclusive and innovative hospital powered by philanthropy.

As we commemorate this milestone, we recognize the many firsts that have advanced care in our city, our country and beyond, and look forward to the next 100 years.



1923-2023



1923
The Hebrew Maternity and Convalescent Hospital opens its doors at 100 Yorkville Avenue. On October 17, 1923, it is renamed Mount Sinai Hospital. Mount Sinai Hospital registers with the Province of Ontario.

1940
Fundraising begins for the New Mount Sinai Hospital. Having outgrown its 100 Yorkville footprint, the hospital seeks a new location where it can accommodate more patients.

1945
Mount Sinai trades a piece of property on the east side of University Avenue for the west side, on condition that it would be considered a teaching hospital by the University of Toronto and SickKids would accept Jewish interns.

1955
New Mount Sinai Hospital is accredited for one-year residency programs in Medicine, Surgery, Obstetrics and Gynaecology, Pathology, and Anesthesiology, followed in 1956 by approval for clinical training for the University of Toronto's nursing students.

1962
Affiliation with the University of Toronto becomes official and the Nightingale School of Nursing opens on December 3, 1962.

1970
One of Canada's first mammography clinics opens at Mount Sinai.

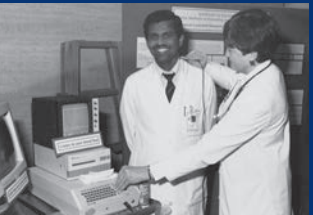
1973
Queen Elizabeth II visits Mount Sinai Hospital to commemorate its opening.



1975
Mount Sinai pioneers "limb salvage" surgery, sparing most bone cancer patients from previously inevitable amputations.

1981
The Ontario Ministry of Health selects Mount Sinai as the site of a new High-Risk Perinatal Unit, the first academic program of its kind in Canada.

1983
The Mount Sinai Research Institute opens. It is renamed the Samuel Lunenfeld Research Institute in 1985 and the Lunenfeld-Tanenbaum Research Institute (LTRI) in 2013.



1992
The Department of Nursing is selected as a World Health Organization Collaborating Centre for Nursing, the only hospital in the world to earn this distinction.

2001
Ontario's first multidisciplinary Chronic Pelvic Region Pain Unit opens, providing a pain-focused approach to disorders that affect over 50 per cent of women.

2010
The MAUVE (Maximizing Aging Using Volunteer Engagement) program is launched, connecting trained volunteers with older patients to assist them with their recovery and reduce time spent in hospital.

2015
Mount Sinai Hospital is the first hospital in Canada to achieve Magnet® recognition, a prestigious, international credential that measures nursing excellence and patient care.
Mount Sinai Hospital, Hennick Bridgepoint Hospital, Circle of Care and LTRI amalgamate to become Sinai Health.

2018
In partnership with SickKids, Mount Sinai launches the Ontario Fetal Centre, created to improve access to in-utero medical and surgical interventions.

2020
Mount Sinai Hospital staff play a leading role in Ontario's COVID-19 response, with experts called in to help with vaccine deployment, elder care and provincial planning. Staff from the hospital also develop the province's guidelines for treating pregnant women with COVID-19, leveraging our renowned expertise in women's and infants' health.
First ultra-high throughput test for COVID-19 antibodies is developed by researchers at the Lunenfeld-Tanenbaum Research Institute, providing critical data needed for public health decisions on immunization programs.



1920 1930 1940 1950 1960 1970 1980 1990 2000 2010 2020 2030



Mount Sinai Hospital obtains a block of land at 550 University Avenue.

1942



New Mount Sinai Hospital opens at 550 University Avenue with 12 departments and is a training centre for the University of Toronto's Schools of Social Work, Pharmacy and Hospital Administration.

Rose Torno's Auxiliary assembles, and within a year it has 3,244 members and 375 volunteers.

New Mount Sinai Hospital has the only outpatient department in Toronto to offer prenatal instruction and diabetes education in four languages.

1953

The hospital drops the "New" from its name and is now known again as Mount Sinai Hospital.
Ground breaking on 600 University Avenue for the new location of Mount Sinai Hospital.

1968



Mount Sinai Hospital moves to its current location at 600 University Avenue.
Physicians at Mount Sinai develop a way to diagnose and correct congenital hyperthyroidism in newborns, now a standard practice globally.

1974

Canada's first fresh tissue hip transplant is performed at Mount Sinai. Five years later, the same team performs Canada's first knee joint replacement.

1987



The first Surgical Skills Centre in North America opens in collaboration with the University of Toronto.

1998



What is now known as Hennick Bridgepoint Hospital opens as the first purpose-built hospital serving patients in need of rehabilitation or with complex, chronic conditions.
Rogers Hixon Ontario Human Milk Bank opens, providing fragile babies with access to human milk.

2013

The first Canadian physicians perform a heart intervention on an unborn baby at Mount Sinai.

2009

Mount Sinai fetal therapists, together with SickKids physicians, perform Canada's first in-utero spina bifida repair.

2017

Mount Sinai Hospital marks 100 years of care and discovery on October 17, 2023.

2023

Adiah and Adrial Nadarajah defied the odds when they were born at just 22 weeks at Mount Sinai Hospital. The twins share the Guinness World Records for the youngest and lightest premature babies born in the world.

The Kimel Schatzky Intensive Care Unit and the Cancer Care Clinic, part of the Chris Hugh Sharp Cancer Centre, are the latest patient-centred spaces to open as part of Renew Sinai Phase 3A, an ambitious redevelopment project transforming 300,000 square feet of the hospital.

2022

THE GALA OF THE CENTURY

“Just as our founders could not possibly have imagined what would be accomplished in the last 100 years, we cannot imagine what the next 100 years will bring. But if we continue to honour our past, maintain our commitment to research and patient care and continue to attract the best and brightest, the best is yet to come!”

— GALA OF THE CENTURY CO-CHAIRS
ANDREW HOFFMAN, LESLIE GILLER, AND
KEN AND JENNIFER TANENBAUM



PHOTO CREDITS:
RYAN EMBERLEY
GEORGE PIMENTEL

The Gala of the Century was a night to remember. On September 12, 2024, more than 1,800 guests gathered at the Four Seasons Centre for the Performing Arts to mark one hundred years of Mount Sinai Hospital's impact on the Toronto community and beyond. It raised \$12.5 million to support the highest priority needs across Sinai Health.

The show was hosted by Martin Short, featured a performance by Michael Bublé, and included the premiere of an exclusive documentary created by acclaimed documentary filmmaker Barry Avrich.

We're so grateful to the committed group of volunteers that made this event possible, with special thanks to co-chairs Leslie Giller and Andrew Hoffman, and Jennifer and Ken Tanenbaum.









Against all odds:

The unstoppable story of Toronto's Mount Sinai Hospital



To honour our centennial, Sinai Health Foundation commissioned a documentary called *Against All Odds: The Unstoppable Story of Toronto's Mount Sinai Hospital*.

This powerful film was produced by renowned documentarian Barry Avrich. Through potent storytelling, the film takes viewers through Mount Sinai Hospital's incredible history — from humble beginnings to the powerhouse of life-changing care and research it is today.

It illustrates how in 1913, four immigrant women from Toronto's Jewish community started knocking on doors to fiercely fundraise for a hospital that

would serve the needs of their community and then the broader community. Mrs. Cohn, Miller, Spiegel and Adler changed the world of health care in their city and beyond in the face of adversity and prejudice. Today, their spirit of compassion, innovation and inclusivity lives on.

The film also tells the history of the hospital through a cast of key storytellers that includes our leadership, physicians, nurses, researchers, donors, volunteers and patients, and even descendants of our historical leaders, like Dorothy Dworkin and Ben Sadowski, who helped make the hospital the academic health sciences centre it is today.

The film concludes with a compelling patient story that showcases the incredible innovative care that happens across Sinai Health every day. It tells the story of Eiko, the first baby in Canada to undergo in-utero surgery to repair spina bifida at 25 weeks.

The documentary leaves the audience with one final thought: "Just imagine what we will accomplish in the next 100 years!" With the support of our committed and vibrant community, the possibilities are endless.



WATCH THE
DOCUMENTARY

Fueling the next century of care through the Mount Sinai 100 Fund



Through the net proceeds of the Gala of the Century, coupled with several significant dedicated gifts and a generous matching gift from Jay & Barbara Hennick and Family, we have established an endowment fund of over \$26-million. The annual income from the Mount Sinai 100 Fund will be used to meet the Hospital's highest-priority needs on an ongoing basis. As we continue to lay the foundation for our next century of care, we are confident in our ambition to increase this endowment to \$100 million.

THE GALA OF THE CENTURY WAS A GALA OF GENEROSITY



THANK YOU!

The Gala of the Century, held on September 12, 2024, was a remarkable achievement raising over \$12.5 million, thanks to the overwhelming support from our community. We extend our heartfelt thanks to our sponsors, partners, volunteers, Michael Bubl  and Martin Short, whose invaluable contributions were key to making this event a resounding success.

MOUNT SINAI 100 SPONSORS



PLATINUM GALA SPONSORS

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Gerald Schwartz & Heather Reisman

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THANK YOU!



Milestones in the centennial year

We had so much to celebrate during the centennial year, including key milestones in community philanthropy through Leadership Sinai, care for vulnerable newborns through the Rogers Hixon Ontario Human Milk Bank, excellence in care for patients with complex illnesses at Hennick Bridgepoint, and leadership in public policy development through the Schwartz/Reisman Emergency Medicine Institute.



Hennick Bridgepoint Hospital's 10th anniversary

We also celebrated a decade of exemplary care at Canada's leading hospital for clinical care, research and teaching for the fastest-growing segment of health-care users — people living with complex illnesses.

In 2023, we commemorated a significant milestone in celebrating 10 years since the move into Bridgepoint Active Healthcare, now Hennick Bridgepoint Hospital, Sinai Health's state-of-the-art facility that continually impresses patients, staff and visitors alike.

Hennick Bridgepoint Hospital was built and designed to create a restorative, restful space for everyone. The admiration for the thoughtful and innovative design of our hospital extends far beyond Sinai Health.



Schwartz/Reisman Emergency Medicine Institute's 10th anniversary

In November 2023, we marked the 10th anniversary of the founding of the Schwartz/Reisman Emergency Medicine Institute (SREMI) — a not-for-profit research, education and health policy institute, established by a founding gift from Gerald Schwartz and Heather Reisman through the Schwartz/Reisman Foundation.

Based at Mount Sinai Hospital, SREMI includes a team of scientists, educators and staff, with expertise in research methodology, biostatistics, and knowledge translation and dissemination. This infrastructure creates a vehicle to support sustained and stable funding for researchers and educators to conduct meaningful work on a long-term basis.

We are proud of SREMI's continued leadership in public policy development and evaluation in Ontario. We look forward to the next decade of remarkable growth.





Leadership Sinai's 30th anniversary

As we celebrate 30 years of Leadership Sinai, we reflect on the profound impact this committed group of supporters has made on Sinai Health, and especially the Lunenfeld-Tannenbaum Research Institute (LTRI). Leadership Sinai was founded by Miles Nadal with the three key objectives: to support the creation of a state-of-the-art health-care facility that served the broader public, engage younger people in the future of Mount Sinai Hospital, and raise much-needed support to meet the needs of the diverse community.

From the outset, Leadership Sinai not only gave aspiring philanthropists a way to connect with the hospital and to build their own networks in common purpose, but it also cultivated the next generation of fundraisers and supporters who continue to fuel the future of care and discovery every day. In its proud 30-year history, this dynamic network of professionals and families has raised over \$21 million for highest priority needs across Sinai Health's integrated health system and world-class LTRI.



Rogers Hixon Ontario Human Milk Bank's 10th anniversary

In October 2023, we celebrated the first decade of leadership in Canadian milk banking and research at the Rogers Hixon Ontario Human Milk Bank. Donated human breast milk can save the lives of infants — especially those born prematurely — by dramatically reducing the rate of a serious medical complication.

The Rogers Hixon Ontario Human Milk Bank is the only milk bank to collect breastmilk from women, pasteurize it, and provide it to the most medically fragile hospitalized babies across Ontario and as far as Atlantic Canada. Since it opened its doors, the milk bank has dispensed more than two million ounces of breast milk to hospitalized, sick or preterm infants.

Looking forward to the year ahead!

In 2025, we will mark two major milestones. First, the tenth anniversary of when Mount Sinai Hospital, Hennick Bridgepoint Hospital, the Lunenfeld-Tanenbaum Research Institute, and our system partner Circle of Care joined together to become Sinai Health. Second, we'll mark the fiftieth anniversary of Sinai Health Foundation and our vision to generate sustainable, growing philanthropic revenue to support Sinai Health and its research, mission, capital and equipment requirements.

We can't wait to mark these milestones together, recognizing how we continue to come together as a community to provide life-saving care and research to people when they need it most.

Closing reflections from our leadership



What an incredible year of celebration and reflection.

When we look back at the odds-defying history of our proud institution, we are struck by the tenacity, grit and generosity that has continually made it possible to push the boundaries of medical discovery and care. Over this century, our community has displayed an unwavering commitment to ensuring everyone who walks through our doors receives the best possible care — embodying the spirit of our Jewish heritage and constantly rising to meet the diverse needs of our patients.

Looking at this vibrant community, it is easy to be filled with excitement about what the next 100 years have in store. Whether it is investing in research to predict, prevent and cure inflammatory bowel disease, transforming the way we fight cancer, or continuing to explore unique programs and compassionate care for individuals across their lifespan, we know that you will be with us every step of the way.

Thank you for being part of our vision to redefine the future of health care.

Sincerely,

Dr. Gary Newton
President and CEO
Sinai Health

Louis de Melo, CPA
President and CEO
Sinai Health Foundation

Mount Sinai 100 Fund donors

Thank you to our visionary donors for their commitment to the Mount Sinai 100 Fund.

Annual income from the Mount Sinai 100 Fund will be used to meet the Hospital's highest-priority needs on an ongoing basis. To date, this fund has raised over \$26 million, from a combination of directed donations to the fund and net proceeds from the Gala of the Century.

This list represents donors whose directed donations to the Mount Sinai 100 Fund total more than \$25,000 as of December 31, 2024. The Gala of the Century supporters are listed on page 39.

\$12,500,000 Jay & Barbara Hennick and Family	\$1,000,000 – \$2,499,999 Ricky & Peter Cohen and Lillian z”l & Jack Stupp z”l Phillip and Peggy DeZwirek Family The B.I. Ghert Family Foundation The Peter and Shelagh Godsoe Family Foundation Sarah & David Kaufman The Fred A. Litwin Family Foundation	\$500,000 – \$999,999 Brent & Lynn Belzberg Judy Bronfman Bernick & Howard B. Bernick Edward & Fran Sonshine
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Mount Sinai 100 Chairs donors

Thank you to our generous donors for their support of the Mount Sinai 100 Chairs.

This list represents donors whose giving to the Mount Sinai 100 Chairs total more than \$25,000 as of December 31, 2024.

Dr. Gerald Baker Chair in Dentistry

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Dr. Paul Bernstein Chair in Mother & Baby Care

\$100,000 – \$249,999 Paul & Barbara Bernstein Jonathan Bloomberg & Emily Burnett Saul & Toby Feldberg and Family (David and Elyssa Feldberg, children and grandchildren, Janice and Jeffrey Bly & children, Joel and Melissa Feldberg & children, Bernie Feldberg) Mark & Vanessa Mulrone	\$50,000 – \$99,999 CIBC Jeffrey & Brie Kimel Pollock Family Foundation	\$25,000 – \$49,999 Mount Sinai Department of Obstetrics & Gynaecology
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Dr. Anne Biringer Chair in Family Medicine, Pregnancy & Newborn Care

\$1,000,000 – \$2,499,999 The Slight Family Foundation	\$100,000 – \$249,999 The George and Helen Vari Foundation	\$25,000 – \$49,999 Dr. Anne Biringer Virgina Shanker
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Dr. Zane Cohen Chair in Inflammatory Bowel Disease (IBD)

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Dr. Allan Detsky Chair in Internal Medicine

\$250,000 – \$499,999	\$100,000 – \$249,999	\$50,000 – \$99,999	\$25,000 – \$49,999
Earl & Jordanna Lipson	Sheldon & Sema Mecklinger and Family	Liza Mauer & Andrew Sheiner	Dr. Marla Ash and Murray Silverberg

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Dr. Don Melady Chair in Geriatric Emergency Medicine

\$2,500,000 – \$4,999,999	\$250,000 – \$499,999	\$50,000 – \$99,999
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Dr. Howard Ovens Chair in Emergency Medicine

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