



# FAQ

## How do I describe JUST Egg?

Made entirely from plants, JUST Egg is packed with clean, sustainable protein and has zero cholesterol. JUST Egg makes the most decadent quiches of your life, the most perfect scrambles and immediately elevates any breakfast sandwich. Because it's made from plants JUST Egg is also better for our own health and for the planet. We call that a win-win.

## How do I describe JUST Egg Folded?

Giving “eggs over easy” a whole new meaning. We made these plant-based eggs incredibly easy. Just pop a JUST Egg Folded in the toaster, and then get ready in a couple minutes to elevate your breakfast sandwich with that fluffy, eggy goodness. Eating well never tasted so good.

## What is JUST Egg made of?

The primary ingredient is the mung bean, a 4,000-year-old legume consumed all over the world.

## How is JUST Egg healthy?

JUST Egg is non-GMO, free of cholesterol, low in saturated fat and has a similar amount of protein to chicken eggs.

## How is JUST Egg sustainable?

JUST Egg uses 98% less water, 83% less land and emits 93% fewer carbon dioxide emissions than chicken eggs.

## Is JUST Egg overly processed?

The process of making JUST Egg is similar to the process of turning beans into your morning coffee. Eat Just works with farmers to grow mung beans. Then, we mill them into flour and separate the most essential part to JUST Egg, the rich protein. Last, we add water, oil and other ingredients (like turmeric for color).

## Does JUST Egg work in baking?

You can substitute three tablespoons of JUST Egg for each chicken egg in a recipe. You're about to wow the potluck with your world's-best banana bread recipe.

## What allergens are present in JUST Egg?

We've created a helpful [allergen information chart](#) for a full breakdown of what allergens are present in our facilities and shared lines.

## Is JUST Egg kosher?

JUST Egg is kosher certified by the Orthodox Union. JUST Egg Folded is not.

## How long can JUST Egg be held for?

To ensure the highest quality product, JUST Egg should be held in a heating pan for a maximum of 30 minutes.

## How long can JUST Egg Folded be held for?

To ensure the highest quality product, JUST Egg Folded should be held for a maximum of 2 hours.

## How long does JUST Egg last once open?

The product should be used within five days of opening.

## Who is the JUST Egg consumer?

JUST Egg is for those people who wake up, frantic and rushed, trying to put a healthy breakfast on the table for their kids. It's for the flexitarians who go on dates with plant-based eaters and want to wow them with a perfect quiche. It's for the people who wake up every day wanting to fix our planet. In short, JUST Egg is for everyone who wants some really good eggs.