HEALTHY CPS

OFFICE OF STUDENT HEALTH & WELLNESS

Chicago Services Resource Guide

These services are referrals that families may choose to use at their own expense.



If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

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Introduction

In March 2022, Chicago Public Schools (CPS) adopted a Comprehensive Mental Health and Suicide Prevention Policy focused on crisis prevention and mental health awareness as part of a broader whole-child approach. To support this policy, Implementation Guidance was created to help CPS staff understand their role in promoting student mental health. In line with this effort to advance health equity, this Chicago Services Resource Guide was developed to assist the CPS community in accessing mental health services across the Chicagoland area. Many listed providers offer free or sliding-scale services; however, families should contact providers directly to confirm payment details. *Please note that CPS is not responsible for any costs associated with these services.*

Navigating This Document

You can navigate this document using the Table of Contents, where each title links to the relevant page. Alternatively, use **Ctrl+F** to search for specific keywords, such as "autism" or the 🟢 symbol, to find related providers. We recommend families connect with their school for assistance with applying for or accessing services, as schools may offer additional support. For mental and behavioral health support, reach out to your school's Behavioral Health Team, which includes social workers, counselors, psychologists, and nurses. For contact details, visit your school's website or call the front office. **The Spanish translation of this document can be found here.**
For visuals on how to navigate this document, click here.
Key:
🟢 → Newcomer Support: Immigration, Asylee, Refugee support and services.
⭐ → CPS Vendor

Accessing Benefits

Each Chicago Public Schools network has a Children and Family Benefits Unit Coordinator. The Children and Family Benefits Unit (CFBU) Coordinator provides families with social services support, including Medicaid and SNAP enrollment, management, and utilization. CFBU can connect you to free and low-cost food, healthcare, and emergency resources to keep your family healthy and safe. If you do not have medical insurance, please reach out to the CPS Children and Family Benefits Unit at 773-553-5437 (KIDS) to see if your family is eligible for Medicaid. If you have Medicaid, CFBU can help manage your benefits.

CPS Partners and Vendors

Organizations that are CPS Vendors have a ⭐ symbol. If your school is interested in partnering with any of the organizations on this list, they must be a CPS vendor and have an agreement through the Office of Social and Emotional Learning to provide services at the school. Any inquiries related to partnering with an organization can be directed to healingcentered@cps.edu.

Mental Health Days

Students are now able to take Mental Health Days due to Public Act 102-0321, which has updated attendance laws to recognize mental and behavioral health as valid reasons for excused absences. Under this act, students can miss up to five days for mental or behavioral health reasons, categorized as illness, without the need for a medical note. Additionally, students have the opportunity to make up any schoolwork missed during their absence. Schools also have the authority to refer students to appropriate support personnel after they have taken two mental health days. Overall, mental and behavioral health days are officially acknowledged as "student illness," making them legitimate reasons for absence.

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Health Centers

School-Based Health Centers
Description: School-Based Health Centers offer healthcare services within schools. CPS collaborates with community health organizations to operate 31 centers across Chicago, delivering accessible, age-appropriate care to elementary and high school students. Services include immunizations, physical exams, sports physicals, behavioral healthcare, and management of acute and chronic conditions. Students can access health services at no out-of-pocket cost. Call the center ahead of time to ask if your student qualifies for services.

Advocate Illinois Masonic Medical Center
Contact: 773-975-1600
Location: 836 W Wellington Ave, Chicago, IL 60657 - North Side
Description: This medical center offers mental health programs for children ages 8-18, focusing on social skills, self-esteem, coping strategies, and managing depression, anxiety, and anger. It also provides substance use recovery, adult group therapy, and crisis services available via telehealth or in person. Multiple insurances accepted, including Medicaid and sliding scale.

Alivio Medical Center ⭐
Contact: 773-254-1400
Locations: Multiple locations across the South Side.
Description: Alivio Medical Center is a bilingual Federally Qualified Health Center that provides affordable healthcare to minority communities, including the uninsured. Services include behavioral and mental health care (individual therapy, counseling, group therapy, workshops, and domestic violence support), as well as telehealth, physical exams, STD testing, immunizations, free pregnancy tests, and dental care. Alivio accepts various insurance plans, including Illinois Medicaid, Medicare, and private insurance, and offers sliding scale payments starting at $30 for uninsured patients, assisting individuals in finding the best payment options.

Cira Center For Behavioral Health
Contact: 872-395-8091
Locations: 155 N Michigan Ave #450, Chicago, IL 60601- Loop
1011 Lake St #307, Oak Park, IL 60301- Western Suburb
Description: This organization offers individual therapy, family and/or couples therapy, and group therapy, with sessions being offered online as well as in person. Their website provides the profiles of their therapists, which include short descriptions and background information in order for their clients to pick the therapist best suited for their needs. Insurance Accepted: All CCBH providers accept Blue Cross Blue Shield PPO plans, while some therapists accept United Healthcare PPO, UMR, and Medicare.

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Chicago Family Health Centers
Contact: 773-768-5000
Location: Multiple locations across the South Side
Description: These health centers work to provide accessible primary healthcare that is culturally sensitive, affordable, and responsive to their patients' needs. They provide mental health support to people of all ages, such as mental health assessments, diagnosis, brief therapy/counseling, and assistance with referrals to specialty mental health and substance abuse care. Chicago Family Health Center (CFHC) accepts many payment and insurance options including Medicaid, Medicare, and many insurance plans. For those without insurance, including children, they offer sliding scale options.

Chicago Growth Mindset ⭐
Contact: Send a message
Description: This institution provides mental health services and wellness programs for organizations, workplaces, families, and individuals. Some of the individual services include group therapy, couples therapy, child and adolescent therapy, and parenting classes. Some of the workplace services include conflict resolution workshops, team building, crisis and trauma in the workplace training, and more. Insurance Accepted: CGM accepts BCBSIL – PPO as insurance to cover services. However, reduced rates are also available on a need basis. Individuals are encouraged to contact CGM in order to discuss payment options.

Chicago Women's Health Center ⭐
Contact: 773-935-6126
Location: 1025 W Sunnyside Ave #201, Chicago, IL 60640 - Far North Side
Description: This health center seeks to empower women, trans people, and young individuals to access healthcare in an environment in which they feel respected. They provide services such as health education and counseling, gender-affirming care, voice coaching, and integrative health. Counseling programs accept various insurance that can be used to pay for trans and gynecological care. All services are on a sliding scale that is adjusted based on a patient's household income and ability to pay for healthcare.

Chinese Mutual Aid Association 🟢
Contact: 773-784-2900
Location: 1016 W Argyle Street, Chicago, IL 60640
2424 W Peterson Ave, Chicago, IL 60659
Description: The Chinese Mutual Aid Association mission is to provide assistance to the low-income immigrant and refugee communities of Chicago. They aim to support and empower underserved communities by providing access to a variety of services, including but not limited to youth programs, adult education opportunities, employment help, citizenship and immigration services, and more. Call ahead to schedule an appointment.

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CommunityHealth
Contact: 773-969-5924
Location: Multiple locations across the South Side
Description: CommunityHealth is a volunteer-based health center whose mission is to provide quality care to individuals who are low-income, uninsured, or underinsured. They provide mental health services, as well as dental services and medical services. Some of their medical services include cardiology, gynecology, primary care, telehealth services, medications, and health education. In order to qualify for services at CommunityHealth you must have no health insurance OR your only health insurance is Illinois' Health Benefits for Immigrant Adults (HBIA) or Health Benefits for Immigrant Seniors (HBIS). Additionally, your income must be at or below 300 percent of the Federal Poverty Guidelines, and CommunityHealth must be the only place you will be receiving health care.

Erie Family Health ⭐
Contact: 312-666-3494
Location: Multiple locations
Description: This health system offers a variety of medical services including dental care, behavioral health services, school physicals, chronic disease management, substance use care, and HIV/AIDS care. Confidential visits are also assured for ages 12 and up. Patients are accepted regardless of their insurance. A variety of different types of insurance are accepted including Medicaid, Medicare, and private health insurance plans. For patients without insurance, payments will be based on a sliding fee scale (calculated based on ability to pay through household income).

The Family Institute
Contact: 847-733-4300
Location: 8 S Michigan Ave 10th Floor, Chicago, IL 60603 - Loop
Description: The Bette D. Harris Family & Child Clinic offers affordable therapy services through graduate-level therapists-in-training, supervised by licensed professionals. For children facing grief or loss, the Rainbows Program provides peer support and art therapy. Both in-person and teletherapy options are available, with no insurance required—eligibility is based on household income. The Family Institute also offers regular therapy and counseling services at varying fees, with different providers accepting various insurance plans.

Gilda's Club Chicago
Contact: 312-464-9900
Location: Multiple locations
Description: Gilda's Club is a place where individuals who have been impacted by cancer, as well as their families and friends, can take part in programs such as educational lectures, support groups, Spanish programs, and more. Services are completely free for those who have been impacted by cancer.

Illinois Eye Institute
Contact: 312-225-6200
Location: 3241 S Michigan Ave, Chicago, IL 60616 - Near South Side
Description: This organization is a nonprofit eye center that provides comprehensive eye care to individuals of all ages in the Chicagoland area, regardless of insurance or financial status.

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Infant Welfare Society of Chicago
Contact: 773-782-2800
Location: 3600 W Fullerton Ave, Chicago, IL 60647 - Northwest Side
Description: This organization works to provide healthcare services and education to underserved and vulnerable families in the Chicagoland area. They provide counseling services to children up to the age of 18, and include individual, family, and group therapies. They also provide various other health services, and they accept Medicaid as well as many other insurance plans. If uninsured, patients may qualify for sliding scale / reduced fees.

Insight Hospital and Medical Center
Contact: 312-567-2000
Location: 2525 S Michigan Ave, Chicago, IL 60616 - Near South Side
Description: This health center offers mental health and substance use recovery services. They help manage behavioral health concerns by providing therapy or offering programs that best fit the needs of their patients. They accept Medicare and many forms of insurance and you can apply for their financial assistance program if eligible.

The Kedzie Center
Contact: 773-754-0577
Location: 4141 N Kedzie Ave, Chicago, IL 60618 - Northwest Side
Description: The Kedzie Center provides various mental health and wellbeing services, such as psychotherapy and counseling, resource connection, as well as community engagement and education. Some of the educational services include workshops that have topics on healthy relationships, suicide prevention, parent workshops on youth development, and mental health awareness. The Kedzie Center accepts commercial insurance and Medicaid but does not accept HMO plans. Contact them or visit their website to learn more.

LifeStance Health
Contact: 888-428-7890
Location: Multiple locations across the North Side and Loop.
Description: This organization provides services for multiple different mental health concerns. Both in-person and telehealth appointments are available. They have a provider directory that provides the bios, description, and specialization of their licensed mental health professionals in order to connect their patients to a mental health provider most suitable for the patient's needs. You can find a mental health provider online or have their intake department assist you with booking an appointment. They accept Medicare and many forms of insurance.

Lurie Children's Hospital of Chicago ⭐
Contact: 800-543-7362
Location: Multiple locations
Description: This hospital offers many different health services for children, adolescents, and young adults. They also manage care for patients with concurrent medical and psychiatric treatment needs. Among the behavioral health services they provide, some include individual and family therapy, targeted support for a wide range of mental health concerns, trauma treatment services, substance use prevention, and more. Most insurances are accepted. Those in need of financial assistance are encouraged to call 877-924-8200 to learn more about government programs, state programs, social services, sliding scale or payment options, and Charity Care.

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Pilsen Wellness Center ⭐
Contact: 773-579-0832
Location: Multiple locations across the South and West Sides.
Description: The Pilsen Wellness Center offers a multitude of services, such as a food pantry, teen mom support, substance use prevention and treatment services, mental health services, and more. Some of the substance use treatment options include medication management, detoxification services, as well as individual and group counseling. There are various different mental health wellness options, such as therapeutic and medical interventions, crisis care, support programs, and connecting patients to the appropriate care. Several services are available in Spanish and English. Sliding scale payments are available for some services, and many private insurances are accepted.

Rush Adolescent Family Center ⭐
Contact: 312-942-2777
Location:
1645 W Jackson Blvd, Westgate Building- Suite 315A Chicago, IL 60612 - South & West Side
Description: Rush Adolescent Family Center provides confidential sexual and reproductive health and mental health services to young people ages 12 to 25 of all genders, regardless of income or ability to pay. Services include family planning, birth control, emergency contraception (Plan B), pregnancy testing, sexually transmitted infection (STI) testing and treatment, reproductive health counseling and education, gynecological exams, and prenatal care. Walk-in and evening hours are available. Call to schedule an appointment or for more information.

Sinai Chicago ⭐
Contact: 773-542-2000
Location: Multiple locations
Description: This health center offers a multitude of health services, as well as treatment for mental health conditions. They have many therapy options available, substance use screening and recovery services, community support, and more. They accept various types of insurance, as well as Medicare and Medicaid. They also have a sliding fee discount program for those who are eligible.

Tapestry 360 Health
Contact: 773-296-7589
Locations: Multiple locations
Description: This organization provides medical care, dental care, and mental health services to patients who are uninsured, underinsured, immigrants, or refugees. The behavioral health team which includes social workers and other mental health professionals can help individuals cope with life transitions or various diagnoses. They can also help individuals determine if they need to see a psychiatrist and can direct individuals to other resources. Long-term counseling services are not offered but solution-focused counseling, mental health screenings, and referrals are among the number of services that Tapestry offers. Most insurance plans are accepted, and sliding-scale fees are an option for patients. Discount medications are also available.

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Mental Health and Behavioral Health Support Services

School-Based Health Centers
Description: School-Based Health Centers offer healthcare services within schools. CPS collaborates with community health organizations to operate 31 centers across Chicago, delivering accessible, age-appropriate care to elementary and high school students. Services include immunizations, physical exams, sports physicals, behavioral healthcare, and management of acute and chronic conditions. Call the center nearest to you to see if you or your student qualifies for services.

360 Talk Therapy
Contact: 312-584-6953
Location: 8556 South Ashland Avenue Chicago, IL 60628
Description: 360 Talk Therapy currently serves children, adolescents, and adults. Some of their services include individual therapy, group therapy, behavioral health treatment, psychiatric evaluations, medication management, and substance use supports. They can offer telehealth appointments within 72 hours and in-person Chicago appointments within one week. They also accept a variety of insurances and offer sliding-scale self-pay options for families who are uninsured.

Above and Beyond Family Recovery Center
Contact: 773-940-2960
Location: 2942 W Lake Street, Chicago, IL 60612 - West Side
Description: This is a free outpatient substance use treatment facility for individuals who are homeless, uninsured, or financially disadvantaged. They provide in-group and individual counseling, and different recovery programs to best fit the needs of their patients. They provide housing and employment resources, art therapy, mindful meditation, rage reduction education, and many more support services.

Ada S. McKinley Community Services
Contact: 312-554-0600
Location: Multiple Locations
Description: This organization provides services such as child development and youth services, which includes programs for early learning, foster care, career counseling, tutoring, and more. Additionally, they offer employment and community support, where they help connect people to training and employment opportunities, as well as community living options. They also offer behavioral health and clinical services, such as emergency crisis support, outpatient mental health services like therapy/counseling, skill building, substance use treatment planning, and more. They accept Medicaid, Medicare, and other forms of insurance.

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Alternatives ⭐
Contact: 773-506-7474
Location: 241 E 57th St, Chicago, IL 60637- South Side
Description: Alternatives provides behavioral health services to youth ages 10-24. They provide individual and group counseling services that cover family conflict, substance abuse, peer relationships, behavioral/emotional challenges, and more. Their mental health services are provided at no cost to youth with public health insurance (like the medical card, Medicaid, All Kids, etc.) and youth with no insurance. Private insurance (HMO and PPO plans) is not accepted. They provide these services at school-based health centers as well as some youth centers. In addition to their mental health services, they also provide youth advocacy support services, substance use prevention education programs, and more.

Anixter Center
Contact: 773-973-7900
Location: 1945 W. Wilson Ave. Chicago, IL, 60640 - Northside
1340 S. Damen Ave. | Chicago, IL, 60608 - Near Westside
Description: Anixter Center provides individual, couples and family therapy and counseling services for all ages 3+. They provide case management, group skill building, and a range of employment services. They offer specialized support services, including ASL counseling, for Individuals with disabilities and Individuals who are deaf, deafblind, or hard of hearing. They also offer expert linkage and referral care coordination for youth aged 8 to 17 who are experiencing emotional issues or mental health concerns and are involved or at risk of involvement with the Juvenile Justice System Serving Cook County with a focus on the South and West sides of Chicago.

Blue Bird Day
Contact: 312-243-8487
Locations: 1233 West Adams Street, Chicago, IL 60607 - Near West Side
1921 West Irving Park Road, Chicago, IL 60613 - North Side
Description: This facility offers an intensive pediatric therapy program for children ages 2 to 7 who are on the autism spectrum, as well as children with Down syndrome, ADHD, sensory processing disorders, and more. Some of the services they offer include, but are not limited to, diagnostic assessments, ABA therapy, speech therapy, developmental therapy, feeding therapy, and more. Call their number to learn about cost and more information about the programs they offer.

Brightpoint 🟢
Contact: 312-424-0200 or send a message
Location: Multiple locations
Description: Brightpoint provides comprehensive behavioral health services to parents, children, and youth ages 4-21 years old. They provide individual, family, and group therapy as well as connections to community resources. In addition to their mental health services, they also provide housing resources, immigration guidance, early learning opportunities for children, parenting groups, financial coaching, and more.

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Catholic Charities of the Archdiocese of Chicago⭐🟢
Contact: 312-655-7700
Location: Multiple locations
Description: This organization offers child, youth, and family counseling, as well as individual and couples counseling. They offer many different types of therapy, including substance use support, art therapy, dance movement therapy, and play therapy. They also provide many other services, such as domestic violence support, youth engagement, food needs, and more. Services are available in English and Spanish, and they accept commercial, Medicare, and Medicaid insurance plans. Fees can be subsidized based on household income for those without insurance.

Chicago ABA Therapy
Contact: 773-362-2088
Location: Multiple locations
Description: This organization offers various services for children with autism with the goal of providing comprehensive autism care for families. Some of the services they offer are assessments, ABA therapy, therapeutic preschool and kindergarten programs, and they even offer educational workshops and hands-on trainings to parents and caregivers. They accept various insurance types and have a team of insurance specialists who help navigate your coverage and manage your benefits.

Chicago Pediatric Therapy and Wellness Center
Contact: 773-672-7775
Location: 1739 N Elston Ave, Chicago, IL 60642 - North Side
Description: Chicago Pediatric Therapy & Wellness Center, LLC is a therapist-owned, pediatric therapy clinic that provides physical therapy, occupational therapy, speech therapy, teletherapy, ABA/autism therapy, and social work services in the clinic or the home. Many major insurance providers accepted.

Colorful Minds ABA
Contact: 312-584-0559
Location: 1622 S Blue Island Ave Chicago, IL 60608- Southwest Side
Description: This organization specializes in play-based ABA therapy for children with autism. They provide individualized care to families with the goal of providing children with autism a fun environment in which they can learn social skills, improve their communication, and build their independence. They accept most forms of insurance including Medicaid.

DePaul Family and Community Services⭐
Contact: 773-325-7780
Location: 2219 N Kenmore St, Chicago, IL 60614 - North Side
Description: This organization provides a variety of behavioral health services to children/adolescents and their families including different types of therapy (individual, group, family, couples, and play therapy), psychiatric assessment, advocacy, case management, as well as medication management. In terms of insurance, Medicaid, Blue Cross Blue Shield of Illinois PPO are accepted. Languages: English/Spanish.

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Depression and Bipolar Support Alliance of Greater Chicago
Contact: 773-465-3280
Location: 1650 W Foster Avenue in Chicago, IL 60640 - North Side
Description: This organization offers support and education to those with mood disorders, their families, and friends. They offer online and some in-person support groups that encourage peer-to-peer conversation and are free of charge. To sign up for these support groups, you must be 18 years of age or older. For additional information, email them at wecanhelp@dbsa-gc.org. The national website, dbsalliance.org, provides educational resources, information, and additional ways to get involved. Services are free of Charge/Donation Based.

Erika's Lighthouse
Contact: 847-386-6481 or send a message
Description: Erika's Lighthouse is a not-for-profit organization dedicated to raising awareness about adolescent depression, eliminating the stigma surrounding mental health, and empowering young people to seek help. Through educational programs and resources, Erika's Lighthouse provides schools and communities with the tools they need to create a culture of support and understanding around mental health. By equipping young people, educators, and families with knowledge and resources, Erika's Lighthouse strives to ensure that no young person struggles alone with depression. Erika's Lighthouse programs can be accessed when you create a free account.

Eyas Landing⭐
Contact: 312-733-0883
Location: 1409 W Carroll Ave, Chicago, IL 60607 - West Loop
3319 N. Elston Ave, Chicago, IL 60618 - North
Description: This organization provides a multitude of services and programs for children who may have a variety of needs, such as autism, children who are neurodivergent, those with down syndrome, those with learning disabilities, and more. Some of their services include ABA therapy, speech therapy, feeding therapy, in-home services, virtual therapy, an educational academy, as well as many more therapeutic programs. Various forms of insurance are accepted.

Family Institute of Northwestern⭐
Contact: 847-733-4300
Location: 8 S Michigan Ave 10th Floor, Chicago, IL 60603 - Loop
Description: The Family Institute provides therapy services to those who may not be able to afford them. Northwestern University graduate-level therapists-in-training provide services to clients. An experienced therapist also assists with complex cases. Therapy is offered in both Spanish and Mandarin in addition to English. To get started, contact the Client Care Team at the number listed above. Teletherapy options are also available. Various Insurance and Medicare accepted.
Languages: English, Spanish, Mandarin.

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Family Solutions
Contact: 872-777-8110
Location: 219 W Chicago Ave, Chicago, IL 60654 - Near Northside
Description: At Family Solutions, they provide behavioral and mental health support for individuals receiving Medicaid benefits across Cook County. They work with children as young as 5 and adults up through their mid 60's on navigating societal and individual barriers to reaching their full potential, providing comprehensive case management and individualized counseling and therapy to support individual and family needs.

Habilitative Systems, Inc. (HSI)
Contact: 773-261-2252
Location: Multiple locations on the West and South Sides.
Description: HSI is a human service agency that plays a role in the development and delivery of programs and services to improve the quality of life in target areas in order to build healthier communities. They provide various different services, such as mental health support and therapy, substance use prevention and intervention, developmental disabilities services, employment and training programs, and more. No one will be denied access to services due to inability to pay. There is a discounted/sliding fee schedule available based on family size and income. Languages: English.

Healthcare Alternative Systems (HAS)
Contact: 312-850-0050
Location: Multiple locations
Description: This organization offers bilingual (English/Spanish) counseling, treatment, and supportive care services. They have programs for those who are impacted by domestic violence and also provide substance use counseling and treatment, residential programs, anger management counseling, and mental health services that are affordable and that do not require insurance eligibility. Insurance: Not required/Sliding Fee Scale. Languages: English/Spanish.

Healing Empowerment & Learning Professionals - H.E.L.P LLC
Contact: 773-819-5504
Location: Multiple Locations on the Southside
Description: H.E.L.P LLC offers individual, couples, family and group therapy to adults and youth using culturally responsive techniques to provide support and coping strategies. H.E.L.P LLC Case Managers facilitate community-based assessment and planning working with individuals, families, service providers, other agencies and individuals to create an individualized plan to support the needs for each person. They have licensed clinicians who provide comprehensive mental health evaluation and screening services; court- ordered evaluations are also available. HELP LLC accepts a variety of commercial and medicaid insurances.

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I AM ABLE Center for Family Development
Contact: 773-826-2929
Location: 3410 Roosevelt Rd, Chicago, IL 60624 - Westside
Description: I AM ABLE Center for Family Development is a faith-based, trauma-informed organization providing culturally responsive, strengths-based mental health and supportive services to children, youth, and families across the Chicagoland area. Services address trauma, violence exposure, family conflict, and substance use across the lifespan. Our initiatives include TR(4)IM (Trauma Response and Intervention Movement), a community-based model working to reduce and prevent trauma and violence, and WELLNESS H.E.A.L.S., a 24/7/365 mental health crisis response program available to individuals in North Lawndale. Medicaid, select managed care plans and slide scale are accepted.

JCFS Chicago⭐🟢
Contact: 855-275-5237
Location: Multiple locations
Description: JCFS Chicago, a non-profit organization, offers a broad range of services, including special education, speech/language and occupational therapy, and psychological and behavioral assessments for children and teens; counseling, support groups, and career training for individuals and families; group living, independent living support, and customized employment for people with disabilities; immigration, citizenship, and refugee assistance; clinical support for families in the child welfare system; and Jewish community programs addressing addiction, abuse prevention, and spiritual support, all connected through community partnerships. Various insurances accepted. Languages: English, Greek, Hebrew Spanish

Latinx Talk Therapy 🟢
Contact: 312-620-7551
Location: 155 N Michigan Ave #500C, Chicago, IL 60601 - Loop
Description: This organization's mission is to help members of the Latinx community by providing them with therapy services that are culturally aware, aim to destigmatize Latinx mental health, and help their clients live healthy lives. They provide their services in Spanish and English and offer both in-person and virtual sessions. Most types of insurance are accepted, and flexible payment plans are available.

Loyola Community and Family Services⭐
Contact: 773-508-3390
Location: 6445 N Sheridan Road, Chicago, IL 60626 - North Side
Description: This organization serves the mental health needs of children and families residing and connected to the Rogers Park and Edgewater communities. They work with children from pre-kindergarten to adolescents and provide services in both Spanish and English. Services may include help with behavioral issues, mood irregularities, trauma, attention, social skills, and familial or social stresses. Insurance or public aid cards are not accepted. Rather, services are provided on a sliding fee schedule based on family size and income.

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Lutheran Social Services of IL⭐
Contact: 833-610-5774
Location: Multiple locations
Description: This organization provides services for individuals with intellectual/developmental disabilities, mental health disorders, or addiction. Programs include counseling and therapy, mental health group homes, community support teams, and crisis services. Various insurances are accepted and sliding fee scales are available.

Metropolitan Family Services⭐
Contact: 312-986-4000
Location: Multiple locations
Description: This organization provides mental health services that include psychiatric evaluation, case management, and crisis intervention for people of all ages. They offer individual, family, and group counseling. In addition to their mental health services, they also offer employee assistance programs, early learning opportunities for families with young children, as well as legal assistance for cases of domestic violence, family and elder law, and housing and consumer issues. This organization serves low-income families in order to promote family and community strengths.
Languages: English and Spanish

Mindful Care
Contact: 516-505-7200
Location: 159 N Sangamon St #200 and 300, Chicago, IL 60607- Near West Side
Description: Mindful Care provides urgent mental health care for those who need it. They provide in-person and virtual sessions; a client can be matched with a clinician within 24 hours; and a client can make same-day appointments as well. They offer group sessions, substance use recovery programs, regular therapy sessions, and quick 20-minute sessions as well. Most insurances are accepted.

National Alliance on Mental Illness (NAMI) Chicago
Contact: 833-626-4244
Location: 224 W. Hill St, Suite 410, Chicago IL, 60610 - Near North Side
Description: Guided by the experiences of those living with mental health conditions and rooted in equity, NAMI Chicago educates to fight stigma and discrimination, fiercely advocates for our community, and shares hope, connection and expertise with people on their mental health journey. NAMI Chicago's Helpline can support those needing to connect with mental health services for themselves, their loved ones, or their clients/students. They also host free support groups (virtual and in-person) for individuals and families. Link to Support Groups.

National Queer & Trans Therapists of Color Network
National Queer and Trans Therapists of Color Network (NQTTCN) is a healing justice organization actively working to transform mental health for queer and trans Black, Indigenous and People of Color (QTBIPOC). NQTTCN provides a state-by-state directory that helps queer and trans people of color get the mental health care they need. You can search providers based on zip code, languages spoken, and sliding scale/low cost options.

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New Light Therapy Clinic
Contact: 312-440-1203
Location: 1707 N Halsted St, Chicago, IL 60614
Description: New Light is JPA's group therapy practice, providing in-person and telehealth therapy for children, families, and adults, founded to extend their services beyond the school setting. Their goal is to provide each client with compassionate, culturally sensitive therapy that best suits their unique needs. Visit their site for insurance information, they accept Medicaid and offer a sliding scale for those who are uninsured.

Nourishing Hope
Contact: Use this link to find the department that matches your needs.
Location: 1716 W Hubbard St, Chicago, IL 60622 - Near West Side
Description: Nourishing Hope provides a healthy and diverse range of groceries for Chicago neighbors. They personalize food distribution – matching guests with the food they want and need. They offer mental health services with licensed, trained professionals for clients experiencing depression, anxiety, grief, or other stressors to get at the root causes of mental illness. No insurance is required. They also offer respectful assistance in navigating social services.
Languages: English and Spanish.

Open Path Collective
Contact: 800-268-2833
Description: This organization makes finding a therapist easy by allowing clients to customize their search by specifying the services, the language preference, the specialties they are looking for, and more. Their mission is to make therapy accessible for those who do not have insurance or for those who can't afford the fees of traditional therapy services. They offer virtual and in-person therapy options.

The Place for Children with Autism
Contact: 224-487-8578 (English) | 224-360-5422 (Spanish)
Location: Multiple locations
Description: This organization offers customized therapeutic treatment plans to children ages 2-6. Some services include social skills development, speech therapy, school readiness, ABA therapy, family support services, and more. They accept many insurance types and help families find financial assistance programs that can help cover out-of-pocket expenses.

Plena Mind Center
Contact: 847-562-5612
Location: 224 W Hill Street – Suite 510 Chicago, Illinois 60610 - North
Description: Plena Mind Center provides intensive, evidence-based mental health care for children and adolescents (ages 6–18) through Partial Hospitalization (PHP) and Intensive Outpatient (IOP) programs. Their multidisciplinary team offers a "whole-child" approach that integrates psychiatry, family therapy, and coordination with schools to support students facing complex emotional or behavioral challenges. They are in-network with most major commercial insurance providers, including BCBS, Aetna, Cigna, United, Magellan, and Tricare.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Pure Health Center
Contact: Phone: 312-324-4502
Location: Multiple locations
Description: Pure Health Center provides a variety of services including: individual counseling, teen counseling, child and family counseling, group therapy, parent coaching, ADHD support, comprehensive immigration evaluations, school refusal support, eating disorder support , trauma services, grief support, family conflict resolution, performance anxiety support, peer relationships support, self-harm support, and LGBTQ+ support. PHC serves children, teens, and adults and accepts the following insurances: Blue Cross Blue Shield PPO and Aetna PPO; with sliding scale rates also available. Services available in English and Spanish.

Rincon Family Services 🟢
Contact: 773-564-9070
Location: Multiple locations
Description: This organization provides programs and services that focus on counseling, behavioral health, substance use prevention and treatment, violence prevention, education, and family services. They specialize in many different types of therapy, such as addiction and recovery, medication monitoring, individual, and group therapy. They also offer after-school care and senior care services, a food pantry, and Medicaid is accepted.

SHFT Behavioral Health
Contact: Call 312-757-1001
Location: 730 N Franklin Suite 510, Chicago IL 60654
Description: SHFT Behavioral Health, located in River North, is Chicago's first urgent care for mental health. SHFT offers comprehensive services including crisis assessments, routine therapy, medication management, and one-time chats. Open 7 days a week, clients may walk in or schedule ahead. If you are experiencing emotional distress or urgent mental health concerns, call or book online. SHFT is in network with Aetna and BCBS PPO (all service prices listed on the website); superbills are provided during the session to submit for insurance reimbursement. Sliding scale options offered based on income and household-size.

Sista Afya Community Care
Contact: 708-292-8730
Location: 5022 S State Street Chicago , Illinois 60609
Description: Sista Afya Community Care, aims to build sustainable mental wellness communities through providing affordable and culturally-centered community mental wellness care and education. SACC provides therapy for individuals ages 12 & up. They also offer clinical case managers who coordinate multiple services like housing, healthcare and resources. SACC offers Community Care through workshops, groups, and wellness classes where Black women can connect, learn, and support one another with their mental wellness. SACC accepts private insurance, medicaid, self-pay, and offers free services to those who qualify based on income.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Stride Autism Centers
Contact: 312-554-5578
Location: Multiple locations
Description: The Stride program offers full-day ABA programs for children ages 2-6. Each day consists of both structured one-on-one therapy and naturalistic group activities. One-on-one therapy focuses on individualized goals related to self-care, communication, problematic behavior reduction, and more. Naturalistic group activities focus on play and social interactions, which are critical for school readiness, adolescent development, and adulthood. Every child at Stride has a highly customized program developed by Board Certified Behavior Analysts and overseen by a PhD in Clinical Psychology. Multiple insurances accepted.

Turning Point
Contact: 847-933-0051
Location: 8324 Skokie Blvd, Skokie, IL 60077 - North Suburbs
Description: This organization offers a variety of mental health services, including individual, family, and couples therapy; case management; group therapy, crisis services; and living support. Most Medicaid plans and insurances such as Blue Cross Blue Shield PPO are accepted. For those without insurance, a sliding scale fee is offered.

Trellus⭐🟢
Contact: 708-325-8346
Location: 2424 W Peterson Ave, Chicago, IL 60659 - North Side
Description: Formerly called Asian Human Services, this organization provides behavioral health services to immigrants and refugees as well as other underserved communities. They aim to provide culturally sensitive and linguistically appropriate services to their clients. They have providers and staff that speak more than 6 languages. They accept Medicaid/All Kids insurance, BCBS PPO and Aetna PPO plans. They also provide other services that include Adult Education such as ESL, Community Health for medical information and navigation, and workforce development for work readiness and employment.

Trilogy Youth and Family Services ⭐
Contact: 773-382-4060
Location: Multiple locations
Description: Trilogy, Inc. provides an array of evidence-based and best practice behavioral health services to individuals experiencing mental health and co-occurring substance use issues. For youth, 6 years of age and older, Trilogy provides: Individual Therapy, Group Therapy, Family Therapy, Parent Coaching, Case Management, Psychiatry, Nursing, Psychological Testing, Supported Employment and Education Programming, and Occupational Therapy. Clinicians are bilingual in English and Spanish. Various insurances accepted.

CDPH Mental Health Centers
Contact: Text 311 or call NAMI at 833-626-4244
Location: Multiple locations
Description: This resource was created by the City of Chicago and provides an interactive map of mental health care centers and therapy services. The website covers some common mental health symptoms and offers local centers that people can go to to seek help. Insurance coverage may depend on the specific center.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Youth Outreach Services ⭐
Contact: 773-777-7112
Location: Multiple locations
Description: This organization provides support services to youth, including behavioral health services. Some of the services they provide include crisis intervention, substance use intervention, and mental health counseling. Other programs they provide include services for homeless youth, youth in transitional living, substance use prevention education, summer employment opportunities, as well as juvenile justice services. They accept many forms of insurance, including Medicaid and Managed Medicaid networks. For those who are uninsured, they offer sliding-scale discounts.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Crisis Hotlines

988 Suicide & Crisis Lifeline
Contact: 988
Description: This hotline offers 24/7 crisis support for mental health concerns that impede safety. It also supports loved ones of those having a crisis. For those who are deaf or hard of hearing, there are specific resources and support services available.

Boystown Hotline
Contact: 800-448-3000
Description: In order to access the Boystown Hotline, text VOICE to 20121. This service is available 24 hours a day for 365 days a year to support youth with a variety of crisis situations. Counselors who speak Spanish and translation services for 100+ languages are also available 24 hours a day. For those who are speech or hearing-impaired, you can contact them at hotline@boystown.org.

Chicago Rape Crisis Hotline
Contact: 888-293-2080
Description: This free service provides survivors of sexual violence and their significant others immediate support, crisis intervention, and referrals for the City of Chicago and surrounding suburbs. Text and chat services are available Monday–Friday from 3 p.m–11 p.m. CST. To use the English chat, users must be 13 years or older. There is no cost to users, but only standard messaging rates apply.

City of Chicago Domestic Violence Help Line
Contact: 877-863-6338
Description: This number is available 24-hours, 7 days a week, and available in English and Spanish, as well as 140 other languages through the use of a language line. It is a toll-free confidential number that can be used for domestic violence services and information. Trained advocates provide victims with information about their options, safety planning, and referrals to community based providers including shelters, counseling, legal advocacy, and more.

Crisis Text Line
Contact: 800-448-3000
Description: In order to access the Crisis Text Line, text HOME to 741741 or use WhatsApp or online chat. Users can speak with a trained volunteer who will help them move from a hot moment to a cool moment. They can also direct users to resources and support. Support is available in both English and Spanish.

DCFS Hotline
Contact: 800-252-2873
Description: This hotline can be used to report suspected abuse or neglect of a minor. The 24-hour hotline can be called in emergency situations (although please call 911 if a child is in immediate harm). Confidentiality of callers will be maintained. Users are encouraged to talk to the hotline even if they are unsure whether or not a situation is abuse/neglect, as calls are screened by trained social workers. In non-emergency situations, you are able to contact them online via https://childabuse.illinois.gov.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

NAMI HelpLine
Contact: 800-950-6264
Description: To reach the HelpLine you can call, text "HelpLine" to 62640, use the online chat, or email at helpline@nami.org. The NAMI HelpLine is active Monday–Friday from 9 a.m.–9 p.m. CST. The NAMI HelpLine is a free, nationwide peer-support service providing information, resource referrals, and support to people living with a mental health condition, their family members and caregivers, mental health providers, and the public. HelpLine staff and volunteers are experienced, well-trained, and able to provide guidance.

NAMI (National Alliance on Mental Illness) Chicago
Contact: 833-626-4244
Description: The Helpline is a free and confidential resource that provides a listening ear, guidance and connection to the right mental health and social service resources over the phone. NAMI Chicago's helpline is available in both English and Spanish. Anyone can call the Helpline, including: 1) People calling for their own needs 2) People who are supporting a loved one 3) Providers who need resources for a client. Call the Helpline to talk to a live mental health professional, seven days a week (M-F 9am to 8pm, Saturday and Sunday, 9am to 5pm).

Runaway Safeline
Contact: 800-786-2929
Description: Runaway Safeline is a 24/7 hotline that offers crisis support and referrals for youth who have run away. Their goal is to listen and help support youth to improve their situation. Please call, text, or use their online chat in order to access support services.

SASS/CARES - IL Department of Healthcare and Family Services
Contact: 800-345-9049
Description: The Screening, Assessment and Support Services (SASS) program provides 24/7 crisis evaluation for youth with no insurance or public insurance experiencing a mental health crisis that endangers their safety. The SASS initiative is a partnership between the Department of Children and Family Services (DCFS), the Department of Healthcare and Family Services (HFS), and the Department of Human Services (DHS).

Substance Abuse and Mental Health Services Administration (SAMHSA)
Contact: 800-662-HELP (4357)
Description: This is a confidential, free, 24-hour-a-day, 365-day-a-year, helpline available in English and Spanish, for people facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

Thresholds Mobile Crisis Response Team
Contact: 773-572-5464
Description: Thresholds offers mobile crisis support through the Mobile Crisis Response Team. This is a free, entirely peer-led crisis response team, an alternative to psychiatric hospitalization or police response. The Mobile Crisis Response Team provides access to emergency mental health intervention to people experiencing a mental health crisis. Thresholds clinicians and peer support respond to the mental health crisis and are able to travel to your location, dispatch is available in Chicago zip codes 60613, 60640, 60657.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Trans Lifeline
Contact: 877-565-8860
Description: The Trans Lifeline offers support through a phone service that is run by trans people for trans and questioning peers. The Trans Lifeline believes that some of the best support that trans people can receive is from trans community members with shared lived experience. Individuals can call the Trans Lifeline if they need someone to talk to, even if they're not in crisis or not even sure whether they are trans.

Trevor Project
Contact: 866-488-7386
Description: The Trevor Project provides 24/7 support to young people who are in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk. It is focused on the LGBTQ+ youth community, but open to all. It also has chat and text options.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Hospitalization Programs

Advocate Children's Hospital (ACH)
Contact: Varies by Program
Description: This list contains a variety of programs through ACH that include inpatient, partial hospitalization, and intensive outpatient options.

Behavioral Health and Under the Rainbow at Holy Cross Hospital
Contact: 773-565-2550
Location: 2701 W 68th St, 3rd floor, Chicago, IL, 60629 - South-West
Description: This clinic provides a wide range of behavioral health and substance use disorder services to the community, with particular attention to individuals who have historically faced barriers in accessing high-quality care. The clinic offers bilingual outpatient individual therapy as well as Intensive Outpatient Program (IOP) services for people of nearly all ages and with diverse mental health and substance use needs. The clinic accepts multiple insurance plans, with a primary focus on Medicaid. Additionally, several programs are available at no cost for individuals who meet specific eligibility requirements. The clinic also offers psychiatric support, case management services, community support services, and group therapy to ensure comprehensive, person-centered care. To facilitate patient's access to care, the clinic has in-person and telehealth appointments available.

Chicago Behavioral Hospital
Contact: 844-756-8600
Location: 555 Wilson Lane, Des Plaines, IL 60016 - Northwest Suburbs
Description: Chicago Behavioral Hospital is a mental health facility that provides specialized mental health and substance use treatment. They offer specialized inpatient programs and outpatient services proven to decrease symptoms of mental illness.

Clarity Clinic
Contact: 312-815-9660
Location: 333 N Michigan Ave Suite 1400- Loop
Description: Clarity Clinic offers on-site Partial Hospitalization (PHP) and Intensive Outpatient (IOP) Programs and a Virtual Intensive Outpatient (Virtual IOP) Program. These are group-based therapeutic programs designed to help individuals who are struggling with severe symptoms of depression, anxiety, and other mood disorders that significantly impact their daily functioning. Explore their program offerings and find the option that best suits your mental health needs. Clarity Clinic does not accept Medicaid. Insurances accepted include Aetna, Blue Cross Blue Shield Illinois, Cigna, and United Health Care. Learn about self-pay rates here.

Comer Children's Hospital (Pediatric and Adolescent Mental Health) ⭐
Contact: 773-702-6169
Location: 5841 S Maryland Ave, Chicago, IL 60637 - South Side
Description: This organization offers adolescent services that are designed to meet the clinical needs of children ages 12 to 18, as well as collaborate with parents, caregivers, schools, and social services agencies to ensure continuity of care and follow-up services. Various special clinics are available. Accepted insurance can be found here.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Compass Health Center
Contact: 844-552-0242
Location: 2500 W Bradley Pl, Chicago, IL 60618 - North Side
Description: Compass's treatment teams provide intensive mental health care and crisis support in a comfortable setting for children, adolescents, young adults, and adults. Specific programs can be found here. Accepted insurance includes BCBS, HMOI, Humana, Cigna, ComPsych, Aetna, and University of Chicago for Compass Health Center Programs. Virtual options are available.

Garfield Park Behavioral Hospital ⭐
Contact: 773-265-3700
Location: 520 N Ridgeway Ave, Chicago, IL 60624 - West Side
Description: Garfield Park Behavioral Hospital provides inpatient psychiatric and partial hospitalization treatment for children and adolescents ages 3 to 17. Their pediatric program teaches children effective coping skills. The adolescent programs are designed for those with a behavioral health disorder or substance use issue.

Greywood Health Center
Contact: 312-605-1390
Location: 303 W Institute Pl #300, Chicago, IL 60610 - Near North Side
Description: Greywood Health Center has partial hospitalization and intensive outpatient programs in Chicago that continue to operate from June through August with added offerings and without the dedicated academic time that exists during the school year. They accept most major insurance plans and offer a financial assistance program to those who qualify.

Hartgrove Hospital
Contact: 773-829-4400
Location: 5730 W. Roosevelt Rd. Chicago, IL 60644 - West Side
Description: Hartgrove Hospital offers a wide range of services, including inpatient, outpatient, and specialty programs, to deliver personalized help for adults, adolescents, and children. Services are offered for a variety of needs, such as mood and behavioral problems, trauma, addiction or substance use, and mental health conditions. Hartgrove is an authorized provider for most insurance plans and works with nearly three dozen providers.

Lurie Children's Hospital ⭐
Contact: 800-543-7362
Location: 225 E Chicago Ave, Chicago, IL 60611 - Loop
Description: This psychiatry inpatient program is a family-centered setting focusing on crisis stabilization, intensive evaluation, and short-term treatment for problems affecting children and adolescents ages 3 through 17. The unit serves patients who require 24-hour care.

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Montrose Behavioral Health Hospital
Contact: 855-581-0673
Location: 4720 North Clarendon Ave. - North Side
Description: Montrose Behavioral Health Hospital for Children & Teens is committed to providing superior intensive outpatient programming (IOP) and partial hospitalization programming (PHP) for adolescents in Chicago, Illinois, who are struggling with symptoms of mental health and co-occurring substance use concerns. Intensive outpatient programs and partial hospitalization programs are both forms of treatment programs designed to support adolescents in their healing and recovery journeys. Medicaid is accepted. Find out about all insurances accepted here.

Pathlight Eating Recovery Center
Contact: 866-359-0813
Locations: 150 E Huron St, Chicago, IL 60611 - Loop
Description: The Eating Recovery Center offers various types of care including inpatient, partial hospitalization, in-person and virtual intensive outpatient, and residential. The Illinois program provides treatment and aftercare/support for anorexia nervosa, avoidant/restrictive food intake disorder (ARFID), binge eating disorder, bulimia nervosa, diabulimia, and other specific feeding and eating disorders (OSFED) for anyone ages 10 and up. They are in-network with all major commercial insurance providers.

Pathlight Mood and Anxiety Center
Contact: 866-701-8380
Locations: 333 Michigan Ave #1900, Chicago, IL 60601 - Loop
1 E Erie St #400, Chicago, IL 60611 - Loop
Description: Pathlight offers comprehensive mood, anxiety, and trauma-related treatment at all levels of care for ages 12 and up. Their recovery programs offer inclusive treatment for adults, adolescents, and children. The types of care available include inpatient, partial hospitalization, in-person and virtual intensive outpatient, and residential. Pathlight Mood and Anxiety Center does not accept Medicaid. Find out about all insurances accepted here.

Riveredge Hospital ⭐
Contact: 708-771-7000
Location: 8311 W Roosevelt Rd, Forest Park, IL 60130 - West Suburbs
Description: Riveredge Hospital is the largest free-standing psychiatric hospital in the state of Illinois with a full continuum of inpatient and outpatient behavioral health services for children, adolescents, and adults. They also offer partial hospitalization services. Accepted insurance can be found here.

Rosecrance
Contact: 866-749-4281
Location: Multiple Locations
Description: Rosecrance offers comprehensive behavioral health services to people and families experiencing mental health and substance use disorders. Their outcomes-based treatment programs are personalized, ensuring a plan tailored to individual needs. Medicaid is accepted. Find out about all insurances accepted here.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Streamwood Behavioral Healthcare System
Contact: 630-837-9000
Location: 1400 East Irving Park Rd, Streamwood, IL 60107 - West Suburbs
Description: Streamwood has the unique designation of being the first free-standing child, adolescent, and young adult behavioral healthcare facility in the state of Illinois. Their sole focus on child, adolescent, and young adult mental health care allows them to provide a full continuum of care, including inpatient stabilization, partial hospitalization day treatment, outpatient assessment and treatment, and therapeutic day school. Insurance and pricing information can be found at this link, under "Access Our Price Guide".

SunCloud Health
Contact: 866-729-1012
Location: 1840 North Clybourn Suite 520- North Side
Description: SunCloud Health Offers Integrated Outpatient and Residential Treatment. They have treatment options for substance use disorders, eating disorders, mood disorders, related trauma, and complex co-occurring disorders. SunCloud Health does not accept Medicaid. Find out about all insurances accepted here.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Substance Use and Harm Reduction Resources

Above and Beyond Family Recovery Center
Contact: 773-940-2960
Location: 2942 W Lake Street Chicago, IL 60612 - West Side
Description: Above and Beyond is an outpatient addiction treatment facility that offers a variety of programs including counseling, employment, support networks, screenings, and substance use assessments. Services are free for all regardless of insurance.

Abraxas Youth and Family Services / Woodridge Interventions / Southwood Interventions
Contact Phone: 800-227-2927
Location: 2221 64th St Woodridge, Illinois 60517- West Suburbs
5701 S. Wood St. Chicago, Illinois 60636- South Side
Description: Located in the western suburbs and Chicago's South Side, Abraxas Youth and Family Services offers an array of substance abuse treatment services for both adolescents and adults. Accepts insurance including Medicaid. Services include: Residential treatment programs, Outpatient treatment services, Educational, recreational, and family services.

Alternatives⭐
Contact: 773-506-7474
Location: 241 E 57th St, Chicago, IL 60637 - South Side
Description: Alternatives offers an evidence-based substance use outpatient treatment practice for 10–24 year olds. They have over 20 therapists offering in-person and telehealth services in schools and communities based around the city. Alternatives provides no-cost services to youth with no insurance and medicaid. Private insurance is not accepted.

Anne & Robert H. Lurie Children's Hospital of Chicago - Substance Use Prevention Program⭐
Contact: 800-543-7362
Location: 1440 N Dayton St, Chicago, IL 60642 - North Side
Description: Lurie's Children's Hospital offers comprehensive and multidisciplinary care for substance use disorders. They accept patients up to 21 years of age and offer treatment, medical evaluations, and outpatient services. They can also offer medications for youth struggling with opioid and nicotine addiction. For information on Medicaid and other insurances, click here.

Association House of Chicago
Contact: 773-772-7170
Location: 1116 N. Kedzie Ave. Chicago, IL 60651- Northwest Side
Description: Association House offers a continuum of interconnected services, including case management, counseling, residential living, substance use prevention and treatment, integrated health and resources for individuals with developmental or intellectual disabilities. Accepts Medicaid, services offered to the uninsured on a sliding scale, commercial insurance not accepted.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Avance Counseling
Contact: 773-293-1770
Location: 2601 W Lawrence Ave, Chicago, IL 60625 - North Side
Description: The following are licensed outpatient substance abuse treatment programs: Level I Adult Outpatient, Level I Adolescent Outpatient, Level II Adult IOP, Level II Adolescent IOP, Substance Use Evaluations, DUI Evaluations, Risk Education. Fees are based on a Sliding Fee Scale.

Chicago Recovery Alliance (CRA)
Contact: 773-367-3771
Location: 3110 W Taylor St, Chicago IL, 60612 - West Side
Description: CRA provides a wide array of services to people who want to reduce drug-related harm in their lives and in their communities. Their services include: overdose training, free naloxone, free safer use equipment, harm reduction counseling, referral to treatment, and real time drug checking. Find CRA's Mobile Van Schedule Here!

Chicago Treatment and Counseling Center Inc.
Contact: 312-738-3200
Location: Multiple locations
Description: Chicago Treatment and Counseling Centers provides substance use treatment, including confidential counseling, education, and medication management for treatment. Services include: DUI Evaluation, Risk Education, and Early Intervention Services along with Substance Use Treatment and Intensive Outpatient Treatment.

Family Guidance Center
Contact: 312-943-6545
Location: Multiple locations
Description: Family Guidance offers a diverse range of evidence-based substance use and mental health services throughout Illinois, including all three medications approved to treat opioid use disorder. FG takes a harm reduction approach to substance use and serves everyone regardless of insurance status.

Gateway Foundation
Contact: 877-505-4673
Location: 55 E Jackson Blvd #1500, Chicago, IL 60604 - Loop
Description: Gateway Foundation offers treatment for substance use by three main categories: alcohol use disorder, co-occurring and dual diagnoses, as well as drug use disorder. Their rehab is covered by all major insurance providers for a multitude of addictions, including some Medicaid plans. They also offer multiple clinical programs, inpatient programs, outpatient programs, virtual programs, and more.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Haymarket Center
Contact: 312-226-4357
Location: 120 N Sangamon Street, Chicago IL 60607- Near West Side
Description: Haymarket is a 24/7 center that provides a variety of support services for addiction including withdrawal management, an array of residential inpatient programs, outpatient programs, recovery support services, and more. Their mission is to provide services to all, regardless of ability to pay. A discounted/sliding fee schedule is available based on family size and income.

Healthcare Alternative Systems (HAS)
Contact: 312-850-0050
Location: Multiple locations
Description: HAS offers an array of outpatient services, intensive outpatient groups, recovery support services, DUI services, and more. They have multiple locations throughout Cook County and have options for multicultural and bilingual (English/Spanish) behavioral care. Insurance Not Required/Sliding Fee Scale available.

Human Resource Development Institute (HRDI)
Contact: 773-291-2500
Location: Multiple Locations
Description: Services focus on improving the quality of life for each individual through self-sufficiency and substance-free living. HRDI provides nearly two dozen distinct programs across fifteen locations. Including: Community Crisis Services & Supports; Treatment Planning; Screening, Assessment, Diagnosis & Risk Assessment; Outpatient Mental Health & Substance Use Services; Targeted Case Management; Outpatient Primary Care Screening & Monitoring; Community-Based Mental Health Care for Veterans; Peer, Family Support & Counselor Services; and Psychiatric Rehabilitation Services. HRDI accepts Medicaid, Medicare, and commercial insurance.

Illinois Harm Reduction and Recovery Coalition
Description: The Illinois Harm Reduction and Recovery Coalition works to eliminate stigma towards people who use drugs and upholds every individual's sense of dignity and well-being. Find naloxone, fentanyl test trips, and other harm reduction supplies near you.

Life Builders
Contact: 773-213-9702
Location: 10204 S Forest Ave, Chicago IL 60628- South Side
Description: Life Builders began as a substance abuse provider for youth. The primary goal of this intervention is to enhance participants' motivation for education and behavior change in order to develop basic skills needed to achieve abstinence or gain control over substance use.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Lutheran Social Services of IL ⭐
Contact: 833-610-5774
Location: Multiple locations
Description: This organization provides services for individuals with intellectual/developmental disabilities, mental health disorders, or addiction. Programs include counseling and therapy, mental health group homes, community support teams, and crisis services. Insurances accepted include Medicaid or Medicaid Managed Care plans, Marketplace plans, and most commercial insurance plans. For those who have no insurance, a high deductible, or face difficulties in affording care, a sliding fee scale is offered based on income and ability to pay.

New Hope Community Service Center (NHCSC)
Contact: 773-737-9555
Location: 2559 W 79th St # 6, Chicago, IL 60652- South Side
Description: NHCSC provides a full range of substance use services from opioid medication therapy to counseling and long-term support. NHCSC accepts most major insurance plans.

Open Roads Behavioral Health
Contact: 312-445-7767
Location: 17 North State Street Suite 210, Chicago, IL 60602
Description: Open Roads offers substance use and mental health support for adolescents. Services include a range of outpatient services including intensive outpatient support, educational advocacy, and case management. A variety of insurances are accepted.

PCC Community Wellness Center
Contact: 708-406-3929
Location: Multiple locations
Description: PCC provides safe treatment for adults with addictions through their Chemical Dependency Clinic. They can help you use less heroin, prescription pain pills, alcohol, cigarettes, and other substances. PCC meets you where you are in the recovery process. Provides services for people who are pregnant. PCC accepts many major health plans, including Medicaid and Medicare. PCC also offers a discount program for patients who do not have insurance.

Pilsen Wellness Center: Adolescent Substance Use Program ⭐
Contact: 773-579-0832
Location: Multiple locations across the South and West Sides.
Description: The Pilsen Wellness Center offers a multitude of services including substance use prevention and treatment. Some of the substance use treatment options include medication management, detoxification services, as well as individual and group counseling. Several services are available in Spanish and English. Sliding scale fee payments are available for some services, and most types of private insurance are accepted.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Pillars Community Health (PCH)
Contact: 708-745-5277
Location: Multiple locations
Description: PCH offers same day substance use disorder treatment for folks over 12 years old in both English and Spanish. Early intervention, DUI, and outpatient services are offered, as well as individualized planning and care for all. Most services are free, and medicaid and most private insurances are accepted for services with a fee.

Polish American Society
Contact: 773-282-8206
Location: Multiple locations
Description: Starting Point, the Polish American Society's substance use program, provides culturally specific outpatient and intensive outpatient treatment to Polish-speaking individuals who use substances.

The Puerto Rico Project
Contact: 773-441-0958
Location: Locations in West and South sides of Chicago
Description: The Puerto Rico Project offers a variety of harm reduction services including meal assistance and delivery, access to mobile showers and clothing, safe smoking and snorting supplies, syringe exchange services, and legal support. Services are free of cost and no one will be turned away who is looking for resources.

Presence Behavioral Health
Contact: 708-786-2032
Location: 134 N LaSalle Suite 400, Chicago IL 60602
Description: Presence Behavioral health offers early intervention, high intensity outpatient services, intensive outpatient services, outpatient therapy, and medication assisted therapy. Many payment options are available.

Recover Together
Description: Recover Together is a tool on Google that helps individuals locate the nearest support groups or recovery chapters of interest to them. Virtual options can also be found through the tool. This tool is designed to help individuals with a variety of addictions, and groups are available for adults, young adults, and teenagers. Support for family members of addicts is also available via al-anon groups.

Riveredge Hospital- Adolescent Program; Substance Use Disorder Track
Contact: 708-209-4181
Location: 8311 Roosevelt Rd, Forest Park, IL 60130- West Suburbs
Description: Riveredge serves teens (12-17) struggling with co-occurring mental health and substance use disorders. The track is part of the traditional PHP program, and adolescents identified to have SUD will be provided with supplemental substance use education. Riveredge accepts medicaid and most private/commercial insurances.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Rosecrance
Contact: 866-749-4281
Location: Multiple Locations
Description: Rosecrance offers comprehensive behavioral health services to people and families experiencing mental health and substance use disorders. Their treatment programs are personalized, ensuring a plan tailored to individual needs. Medicaid and insurances accepted.

Southeast Alcohol and Drug Abuse Center (SEADAC)
Contact: 877-692-8686
Location: 8460 S South Chicago Ave, Chicago, IL 60617
Description: SEADAC offers a variety of substance use and mental health services integrated with your primary care. Their integrated care model addresses all of the patient's emotional, behavioral, and physical health issues examining how trauma affects social interactions. Medicaid and private insurance accepted.

Thresholds
Contact: 773-572-5500
Location: Different programs at different locations (more information on website)
Description: Thresholds provides services and resources for people facing serious mental health illnesses and substance use disorders in Illinois. They work with youth and young adults, veterans, young mothers, individuals experiencing homelessness, and more. Some of their programs include substance use treatment, crisis response, therapy, housing programs and more.

Universal Family Connection (UFC)
Contact: 773-881-1711
Location: 1350 W 103rd St, Chicago, IL, 60643
Description: UFC provides specific intensive counseling services with the goal of problem solving for physical, mental, and emotional concerns. UFC also offers violence prevention, unhoused, and other services for youth.

Westcare Illinois
Contact: 305-905-3162
Location: 1100 W Cermak Rd Suite B 116 Chicago, IL 60608
Description: Westcare provides outpatient and intensive outpatient support for youth and adults using substances. Other services include mental health counseling, violence prevention, housing support, and other recovery support resources.

Youth Outreach Services⭐
Contact: 773-777-7112
Location: Multiple locations
Description: This organization provides support services to youth, including behavioral health services. Some of the services they provide include crisis intervention, substance use intervention, and mental health counseling. Other programs they provide include services for homeless youth, youth in transitional living, substance use prevention education, summer employment opportunities, as well as juvenile justice services. They accept many forms of insurance, including Medicaid and Managed Medicaid networks. For those who are uninsured, they offer sliding-scale discounts.

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LGBTQ+ Specific Resources

CPS LGBTQ+ Supportive Environments
Did you know that LGBTQ+-identifying CPS students were four times more likely to report feelings of sadness and hopelessness compared to non-LGBTQ+ students? It's important to remember that this is not due to their identities themselves, but due to social stigma and prejudice. Visit the LGBTQ+ Supportive Environments webpage to learn about CPS' OUT for Safe Schools campaign, guidelines for supporting transgender and gender non-conforming students, and information on the health and experiences of LGBTQ+ high school students.

Affinity
Contact: 773-324-0377
Location: 2850 S Wabash Ave #108, Chicago, IL 60616 - South Side
Description: This is a social justice organization serving the needs of the Black LGBTQ+ community with a particular focus on Black women. They host a range of groups led by volunteer peer leaders. Their Holistic Living Mental Wellness Fund also offers financial assistance to Black LGBTQ+ individuals to engage in mental health services (up to 8 sessions).

ALMA
Contact: 312-574-0984 or send a message
Location: 4753 N Broadway St. Chicago, IL 60641 - North Side
Description: Alma's mission is to fight for the rights of the Latinx Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, and gender-expansive community by advocating for fairness and equality, and affirming Latinx LGBTQ culture. They offer a variety of programs including scholarships, leadership programs, pride events, and community receptions.

Brave Space Alliance
Contact: 872-333-5199
Location: 1515 E 52nd Pl, Chicago, IL 60615 - South Side
Description: Brave Space Alliance is the first Black-led, trans-led LGBTQ+ Center located on the South Side of Chicago, dedicated to creating and providing affirming, culturally competent, for-us by-us resources, programming, and services for LGBTQ+ individuals on the South and West Sides of the city. They have a variety of social support groups.

Broadway Youth Center (BYC)
Contact: 773-388-1600
Location: 4009 N Broadway St, Chicago, IL 60613 - North Side
Description: BYC is a place for LGBTQ+ youth and those experiencing housing instability. They offer integrated health care and social services to anyone ages 12 to 24, regardless of ability to pay. No appointments are necessary, and walk-in services for physical health including gender-affirming hormone therapy, PrEP, pregnancy tests, birth control options, vaccines, psychiatry, and STI screenings. Mental wellness support is also available.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

CALOR
Contact: 773-385-9080 ext. 227 or Book an Appointment
Location: 3201 W North Ave, Chicago, IL 60651 - Northwest Side
Description: CALOR provides holistic planning and coordination of health services to Latinos at risk of or living with HIV/AIDS and/or other disabilities to empower them to live and work in the community. Program and services include housing support, prevention program, DRS program, and AHF pharmacy services.

Center on Halsted ⭐
Contact: 773-472-6469
Location: 3656 N Halsted St, Chicago, IL 60613 - North Side
Description: Center on Halsted is a leader in supporting LGBTQ+ youth. After the pandemic, it expanded its scope of services to support all of Chicagoland's LGBTQ+ youth, regardless of housing status, and LGBTQ+ families as well. It offers youth counseling, medical support, support groups, legal advocacy, and a wide range of activities and mentorship programs. They accept different kinds of insurance and offer sliding scale pricing.

Chicago Women's Health Center ⭐
Contact: 773-935-6126
Location: 1025 W Sunnyside Ave #201, Chicago, IL 60640- Far North Side
Description: This health center seeks to empower women, trans people, and young individuals to access healthcare in an environment in which they feel respected. They provide services such as health education and counseling, primary care, gender-affirming care, voice coaching, and integrative health. Counseling programs accept various insurance plans to pay for trans and gynecological care. All services are on a sliding scale that is adjusted based on a patient's household income and ability to pay for healthcare.

Howard Brown
Contact: 773-388-1600
Location: Multiple locations
Description: Howard Brown is a health center that offers physical health care, including gender-affirming care and sexual health clinical screenings (such as STI testing). They also have behavioral health care services, support groups, and therapy options (including group and individual therapy). They accept a variety of insurance plans, including Medicare and Medicaid. A sliding-fee scale is available for eligible patients, and financial support is offered to those who do not have insurance.

Lighthouse Foundation
Contact: send a message
Location: 2335 N Orchard St, Chicago, IL 60614 - North Side
Description: Lighthouse Foundation of Chicagoland is an organization that serves Black LGBTQ+ people and provides a safe space, education, and opportunities to connect. They make system-wide changes that better support the rights of Black LGBTQ+ individuals. Some programs that are hosted include art therapy, spirituality and self-care events, racial justice organizing, and workforce development.

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National Queer & Trans Therapists of Color Network
National Queer and Trans Therapists of Color Network (NQTTCN) is a healing justice organization actively working to transform mental health for queer and trans Black, Indigenous and People of Color (QTBIPOC). NQTTCN provides a state-by-state directory that helps queer and trans people of color get the mental health care they need. You can search providers based on zip code, languages spoken, and sliding scale/low cost options.

Open Roads Behavioral Health
Contact: 312-445-7767
Location: 17 North State Street Suite 210, Chicago, IL 60602
Description: Open Roads offers substance use and mental health support for adolescents. Services include a range of outpatient services including intensive outpatient support, educational advocacy, and case management. Will also be holding LGBTQ+ Groups with the focus of peer support, societal stigmas, and provide therapeutic exercises. A variety of insurances are accepted.

Public Health Institute of Metropolitan Chicago (PHIMC)
Contact: 312-629-2988 or info@phimc.org
Location: 180 N Michigan, Suite 1200, Chicago, IL 60601 - Loop
Description: PHIMC partners with various other organizations to support public health and health justice. PHIMC also has a list of resources on their website for affirming care, routine HIV screening, transgender and gender diverse resources, and youth substance use prevention and awareness.

Project VIDA
Contact: 773-277-2291
Location: Multiple Locations - West Side
Description: Project VIDA aims to address health inequalities for underserved communities by offering free and affordable health and education services. They have three centers: Prevention, Care, and Wellness. At the Prevention site, services include low-cost/free HIV/STI testing, PEP and PrEP education and referrals, and Personal Cognitive Counseling (PCC). The Care center offers case management services, workforce development, behavioral health services, housing resources, and medication management programs. They also have support groups and a teen drop-in center for those part of the LGBTQ+ community.

TaskForce⭐
Contact: 773-413-0003
Location: 9 N. Cicero Ave, Chicago, IL 60644 - West Side
Description: TaskForce is committed to addressing the HIV/STI-related needs of adolescents and young adults living in systematically disenfranchised communities with limited resources by providing HIV/STI prevention education, testing, treatment, and care services. TaskForce programs and services include: Community Safer Space and Violence Prevention Program, Preventive Health and Wellness Program, Sexual Health and Wellness Program, Mental Health and Wellness Program, Basic Needs and Legal Services Program, Professional Development Program, and Advocacy and Organizing.

Toward Pride (previously Pride in the Pews)
Description: Toward Pride collaborates with faith-related organizations to help support the health of Black LGBTQ+ folks. They have a variety of programs that help support leadership for Black faith leaders to better educate about HIV, as well as to support and advocate for LGBTQ+ folks. Other programs include general support for Black queer folks. They also offer a Database of Queer Affirming Churches on their website.

Trans Lifeline
Contact: 877-565-8860
Description: The Trans Lifeline offers support through a phone service that is run by trans people for trans and questioning peers. The Trans Lifeline believes that some of the best support that trans people can receive is from trans community members with shared lived experience. Individuals can call the Trans Lifeline if they need someone to talk to, even if they're not in crisis or not even sure whether they are trans.

Trevor Project
Contact: 866-488-7386
Description: The Trevor Project provides 24/7 support to young people who are in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk. It is focused on the LGBTQ+ youth community, but open to all. It also has chat and text options.

Internet Access

Access from AT&T
Description: AT&T offers an "Access from AT&T" program which is a low-cost home internet offering to qualifying households. Prices are $30 a month. Qualifying households will include those who participate in the Supplemental Nutrition Assistance Program (SNAP), National School Lunch Program, or with a household income below 200% of federal poverty guidelines. This includes internet speed tiers of 768K to 100Mbps and unlimited data allowance.

Chicago Connected
Description: The City of Chicago is funding the Chicago Connected program for one more year (SY24-25) for families currently enrolled. Unfortunately, please note that no new families can enroll in the Chicago Connected program at this time. Chicago Connected was a program that provided free high-speed internet service to Chicago Public Schools students and their families.

CompUDopt
Description: Compudopt provides technology access and education to under-resourced youth and their communities. Families can register to receive a free computer through a computer giveaway. Giveaways are a lottery, and names will be chosen randomly based on the available inventory. To qualify, participants must not have access to a working computer at home.

Drive-up Wi-fi hotspots
Description: This resource provides a map of drive-up Wi-Fi hotspots throughout Illinois. It also provides information on how to access these hotspots (instructions and passwords).

Internet First
Description: Internet First provides affordable high-speed internet access to qualifying low-income households. No contracts or credit checks are needed, and new customers will receive the first 3 months free. 50 Mbps internet is $9.95 per month, while 150 Mbps internet is $19.95 per month.

Mediacom
Description: Mediacom offers a program called Xtream Connect for $14.99 (up to 100Mbps download and 20Mbps upload Speeds). Those enrolled in programs such as SNAP, WIC, Medicaid, SSI, FPHA, and many others listed on the website are eligible.

Spectrum Internet Assist
Description: Spectrum provides high-speed internet at an affordable price for qualified households. Households enrolled in the National School Lunch Program (NSLP), Community Eligibility Provision (CEP) of the NSLP, or Supplemental Security Income (for applications age 65+ only) are eligible.

Xfinity
Description: Xfinity offers affordable options to keep you connected like Internet Essentials with prices as low as $14.95/month for 75 Mbps.

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Groceries/Food

Food, Shelter, and Health Resources by CPS Network
Location: Multiple locations
Description: This resource can be used to find the nearest food pantry, shelter, or health center location to the CPS school or network you are searching for. You can find their contact information on the form and can call ahead to learn more about their services.

Chi-Care
Chi-care provides warm meals, clean water and basic necessities, to individuals experiencing homelessness in Chicago. The chi-care van visits all areas of the city, including Back of the Yards, Pilsen, the Loop, Little Village, Garfield Park, Humboldt Park, Albany Park, and all surrounding areas.

Chicago Mutual Aid Map
This Map pinpoints distribution programs, food pantries, kitchens, and mutual aid groups with the goal of connecting community members with food and other resources. Link to Map

City of Chicago Food Resources
The Chicago Department of Public Health has a page on food assistance resources that support healthy eating and food security. This page shares local, state, and federal resources, including nutrition assistance programs, healthy food access initiatives, nutrition standards, and educational tools.

Greater Chicago Food Depository
This is another food map that provides information for Cook County and Chicago food pantries, meal programs, and distribution partners. They also have resources for accessing food, medical benefits, and additional support for families. Link to Map

IDHS Food Resources Page
Description: The Illinois Department of Human Services provides a list of various resources to help connect Illinois residents to food pantries, emergency food assistance programs, and nutrition programs.

Nourishing Hope
Contact: 773-525-1777
Location: 1716 W Hubbard St, Chicago, IL 60622- Near West
Description: Nourishing Hope provides a healthy and diverse range of groceries for Chicago neighbors. They personalize food distribution – matching guests with the food they want and need. They offer Mental Health services with Licensed, trained professionals for clients experiencing depression, anxiety, grief, or other stressors. No insurance is required. They also offer respectful assistance in navigating social services - state and local resources available, while supporting a plan for a healthy, stable life.

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WIC and Nutrition for Families
Contact: 312-747-9140
Location: Multiple Locations
Description: WIC-Women Infant Children is a federally-funded program implemented by the Chicago Department of Public Health that provides pregnant, breastfeeding, postpartum women, children, and infants with nutrition assistance. *Participants must both be low income and at nutritional risk*. The WIC program provides the following benefits: Nutrition counseling, Breastfeeding counseling, Monthly benefit card to purchase special healthy foods - like fruits, vegetables, milk, juice, eggs, cheese, cereal, whole grains, dry beans or peas, and peanut butter. Infants receive infant formula and as they get older, cereal and baby food.

We Got You Illinois
Search the map to find free groceries or a hot meal at community organizations throughout Illinois as well as other nutritional programs. Use the map filters to find a location that is open today or on the day that works best for you to visit.

Housing Insecurity

CPS protects the educational rights of homeless students and ensures they receive all the services, programs, and activities provided to students who live in permanent housing. CPS schools and networks provide assistance in removing barriers to qualified Students in Temporary Living Situations (STLS), including the provisions of services such as transportation, school uniforms, school supplies, fee waivers, and referrals to community resources. To find out if your student and family are eligible for STLS services, contact the STLS Liaison at your school. Every CPS school, including charter schools and options schools, has an STLS Liaison. For other questions about the STLS Program, please call **773-553-2242** or email STLSInformation@cps.edu.

Chicago Housing Authority Resources
Description: CHA offers several resources such as Chicago Housing Authority (CHA) Waiting Lists, Illinois rental assistance for all of Chicago, emergency housing vouchers, and Chicago homelessness prevention programs.

Housing Opportunities for Women (HOW)
Contact: 773-465-5770
Location: 1607 W Howard St. Chicago, IL 60626 - North
400 W 76th Street Ste. 100 Chicago, IL 60620 - South
Description: HOW is committed to developing affordable housing, modeling green building practices, and providing property management for the four buildings it owns. The goal of HOW's affordable housing preservation and production efforts is to ensure that extremely low and moderate-income individuals and families can access safe, affordable housing throughout the Chicagoland area. They also offer comprehensive case management, employment and life skills, children and youth services, and health care coordination.

Mercy Home for Boys & Girls
Description: Mercy Home is a residential facility that provides children who've experienced abuse, neglect, or violence with a safe home, educational support, and career guidance. They have a Youth Residential Program in which young people can live with them full-time in a safe, structured, and supportive home. They also provide support and continued connection to the Home for former residents/families through their Community Care Program. The Friends First Mentoring program utilizes volunteer mentors to make a lifetime of difference in the lives of children.

The Chicago Coordinated Entry System (CES)
Contact: 872-296-5004
Description: CES connects people experiencing homelessness to housing programs. The CES uses a standardized housing assessment to understand the needs of households and follows a prioritization plan to refer youth, individuals, and families to housing. To set up a housing assessment, contact the Coordinated Entry System team at ces@chicagococ.org.

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Grief & Loss Support

CPS Children First Fund
Description: One of the many functions of the Children First Fund is to assist with funeral arrangements for an untimely death of an active CPS student. This operation is housed in the Office of Faith Based Initiatives (OFBI), and the Office of Family and Community Engagement (FACE). Once a crisis alert is issued from the Crisis Response Team, an OFBI Field Coordinator is assigned to contact the family, express condolences, and work with the family and funeral home to assist with financial support. Qualified families are offered up to a $1500 stipend to assist with funeral cost. All active CPS students are eligible for this fund, including charter, contract, and alternative schools. Inactive students or recent high school graduates are not eligible for the fund.

Barr-Harris Children's Grief Center
Contact: 312-922-7474
Location: 8 South Michigan Avenue, Floor 7, Chicago, IL 60603, Loop
708 Church St., Suite 203 Evanston, IL 60201, Evanston
Description: The Child Grief Services program (formerly known as the Barr-Harris Children's Grief Center) offers specialized services for children, adolescents, and their families who have experienced a significant loss, such as the loss of a parent, caregiver, sibling, or multiple losses through death, divorce, violence or other types of separation.

Heartlight - Ann and Robert H. Lurie Children's Hospital
Contact: 312-227-3920
Location: 225 E Chicago Ave, Chicago, IL 60611 - Loop
Description: Lurie's offers support and resources to grieving families. Support groups are free and offered in English and Spanish.

IDHS Funeral and Burial Services
Contact: 217-785-4216
Description: The Illinois Department of Human Services can provide qualifying families with payment assistance to help cover some of the costs associated with funeral and burial expenses. Visit their website to learn more about qualifications and how to apply.

JourneyCare
Contact: 224-770-2273
Location: Multiple locations across the city & virtual options.
Description: JourneyCare offers free grief support programs to adults, teens, and children. Support groups are conducted by licensed grief counselors who will meet in person or virtually. Support groups are informational, can include activities like art and writing, and offer compassionate support.

Willow House
Contact: 847-236-9300
Location: 2231 Lakeside Drive Bannockburn, IL 60015- North Suburbs
Description: Willow House offers support for children, families, schools, and communities who are coping with grief and the death of a loved one. Their services are free, and they provide space for people to grieve in companionship with others who share similar losses.

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Domestic & Sexual Violence Support

Between Friends ⭐
Contact: 773-274-5232
Description: Between Friends provides free counseling and helps survivors of domestic violence find safety and healing. They also provide court advocacy services to help individuals understand their legal rights and options.

Connections for Abused Women and their Children (CAWC)
Contact: 773-278-4566
Location: 1116 N Kedzie Ave, Chicago, IL 60651- West
Description: CAWC provides a shelter for adults and children, counseling, advocacy, and a 24-hour hotline for people affected by domestic violence. For children, they offer individual and group counseling through comprehensive Children's Services at the Greenhouse Shelter and Humboldt Park Outreach Program sites.

Mujeres Latinas en Accion
Contact: 773-890-7676
Location: 2124 W 21st Pl, Chicago, IL 60608- Southwest
Description: For the healing and prevention of domestic violence, Mujeres Latinas en Accion offers crisis intervention, a 24-hour crisis line, individual and group counseling, adult and child therapy, court advocacy, community education, professional and volunteer training, and referrals to shelters and other resources. They have an open door policy through which community members seeking domestic violence or sexual assault services can walk into their offices from 9am-5pm on Monday through Friday without an appointment. Staff speak both Spanish and English, and trained volunteers help support individuals and families through various programs.

Resilience ⭐
Contact: 312-443-9603
Location: 180 N Michigan Ave #600, Chicago, IL 60601- Loop
Description: Resilience offers long and short-term trauma therapy (individual, group, one-on-one, and workshops) for survivors of sexual assault and abuse. Free services may have a waitlist. Medical and legal advocacy services are also available.

WINGS
Contact: 847-221-5680
Description: The WINGS organization aims to provide shelter, resources, and trauma informed care services to victims of domestic violence. They have Safe Housing available for victims in need of housing and they provide counseling, mentoring, legal assistance, and more. Their hotline is also available 24 hours a day.

Clerk of the Circuit Court of Cook County - Domestic Violence Resources
Description: Cook County website provides a guide on FAQs and how you can get an Order of Protection and lists community services and courthouses near you.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Community Care & Safety

ALSO (Alliance of Local Service Organizations) Chicago
Contact: 773-245-1406
Location: Chicago's Northwest Side
Description: ALSO Chicago provides street outreach, crisis services, legal assistance, and case management services for people affected by community violence and domestic violence on Chicago's Northwest side. Participants can access economic assistance, workforce and education support, behavioral health services and more.

Chicago Children's Advocacy Center ⭐
Contact: 312-492-3700
Location: 1240 S. Damen Ave. Chicago, IL 60608
Description: ChicagoCAC provides advocacy, investigative, mental health, and outreach services in response to physical abuse, witness to violence, and other cases of serious maltreatment in the community. Access services such as human trafficking prevention, forensic interviews, clinical care and professional development and education. Services are free for all.

Chicago CRED
Contact: Contact Chicago CRED
Location: Chicago South and West Sides
Description: Chicago CRED engages in gun violence prevention in the form of street outreach, therapy, life coaching, education and job training. Services include programming for youth, women, and alumni.

Chicago Survivors
Contact: 312-488-9222 Hotline: 877-863-6338
Location: 1010 W. 35th St., Suite 510 Chicago, IL 60609
Description: Chicago Survivors provides multi-cultural crime victim services to family members of Chicago homicide victims. Services include immediate crisis response services, family counseling for grief, trauma, and/or PTSD, counseling for the special needs of youth, case management support, criminal justice advocacy, and on-going support for the community of survivors.

Chicago Torture Justice Center
Contact: 773-966-6666
Location: 6337 S Woodlawn Ave, Chicago, IL 60637
Description: CTJC supports victims of police violence. CTJC provides individual and art therapy, support groups, case management services including employment, housing, healthcare, and reentry services. CTJC also regularly offers Know Your Rights training on what to do if and when you are stopped by the police. Services are free for all.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

City of Chicago Office of Violence Prevention
Contact: violence_preventionCDPH@CityofChicago.org
Location: Check website for more information
The Office of Violence Prevention (OVP) works to reduce the likelihood of violence related injury through community partnership. Services support victims of gender-based violence, gun violence, sexual assault,etc. Services include crisis incident response, assistance with post-incident coping (funeral planning), induction into counseling and recovery support, guidance and accompaniment (legal, media),and referral(s) to other family specific services.

Institute for NonViolence Chicago
Contact: 773-914-8445
Location: Multiple locations
Description:The Institute for Nonviolence Chicago provides violence intervention, victim advocacy, mental health support, substance use support, domestic violence counseling, and job readiness training in the Austin, Back of the Yards, Brighton Park, and West Garfield Park neighborhoods.

UCAN Chicago ⭐
Contact: 773-588-0180 or email info@ucanchicago.org
Location: 3605 W. Fillmore Chicago, IL 60624
Description: Violence Intervention and Prevention Services empower young people to create life-changing opportunities that ensure safer futures. Services include youth development coaching/mentoring, victim services, clinical case management, safe passages, & outreach.

Youth Outreach Services ⭐
Contact: 773-777-7112
Location: Multiple locations
Description: This organization provides support services to youth, including behavioral health services. Some of the services they provide include crisis intervention, substance use intervention, and mental health counseling. Other programs they provide include services for homeless youth, youth in transitional living, substance use prevention education, summer employment opportunities, as well as juvenile justice services. They accept many forms of insurance, including Medicaid and Managed Medicaid networks. For those who are uninsured, they offer sliding-scale discounts.

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Financial Resources

CPS Children and Family Benefits Unit (CFBU)
Contact: 773-553-5437 (KIDS)
Description: If you do not have medical insurance, please reach out to the CPS Children and Family Benefits Unit at 773-553-5437 (KIDS) to see if your family is eligible for Medicaid. If you have Medicaid, CFBU can help manage your benefits.

American Red Cross - Greater Chicago Chapter
Contact: 800-733-2767
Location: 2200 W Harrison St, Chicago, IL 60612- West
Description: American Red Cross offers sheltering/housing, mental health assistance, health assistance, and financial assistance. In addition to connecting individuals with programs and services offered by the American Red Cross, the Greater Chicago Region offers referrals and resources for those in need.

Salvation Army
Contact: 773-205-3521
Location: 5040 N Pulaski Rd, Chicago, IL 60630- North Side
Description: The salvation army helps out with rent/mortgage, utilities, medicine, food, clothing, or transportation. Clients living in Chicagoland, Northern Illinois, or Central Illinois will be referred to a Corps Community Center or Service Extension in their area. The Nicor "Sharing" Program assists eligible families, disabled households, veterans and provides crisis assistance to Nicor residential heating customers. To qualify, the total household income must fall between 150 and 250 percent of the poverty level, as defined by the Federal Department of Health and Human Services. Applicants must also be ineligible for State or Federal energy assistance programs.

Illinois Action for Children
Contact: 312-823-1100
Location: Multiple locations
Description: Illinois Action for Children assists has advocated for child care providers, families, and children. Their programs support everyone in creating safe, healthy, and sustainable places for children in the community. The Child Care Assistance Program (CCAP) assists Illinois parents and guardians in paying for child care. Eligibility for CCAP depends on your family size and income.

Low Income Home Energy Assistance Program (LIHEAP)
Contact: 800-571-2332
Description: The Low Income Home Energy Assistance Program (LIHEAP) provides financial assistance to help customers on limited incomes pay their energy bills. The Community and Economic Development Association (CEDA) manages the program and customers can apply here. For eligible households, there are two different ways to receive assistance.
1. Direct vendor payment: a once-a-year grant for customers who currently have service
2. Reconnection assistance: a once-a-year grant that helps disconnected customers reestablish service.

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Resources for People with Disabilities

Access Living
Contact: 312-640-2100
Location: 115 West Chicago Avenue Chicago, IL 60654
Description: Access Living is Chicago's Center for Independent Living (CIL). They fight stereotypes and discrimination and support civil rights for people with disabilities. Access Living provides five core services: advocacy, independent living skills, transition support, peer support, and information and referrals.

Anixter Center
Contact: 773-973-7900 or email AskAnixter@anixter.org
Location: 6610 N. Clark St. Chicago, IL 60626
Description: Anixter Center focuses their work on serving people with disabilities, mental health needs, and people who are Deaf, DeafBlind, or Hard of Hearing through a variety of programs including Disability Services, Mental Health Services, & Deaf, DeafBlind, and Hard of Hearing Services.

Blue Bird Day
Contact: 312-243-8487
Locations: 1233 West Adams Street, Chicago, IL 60607 - Near West Side
1921 West Irving Park Road, Chicago, IL 60613 - North Side
Description: This facility offers an intensive pediatric therapy program for children ages 2 to 7 who are on the autism spectrum, as well as children with Down syndrome, ADHD, sensory processing disorders, and more. Some of the services they offer include, but are not limited to, diagnostic assessments, ABA therapy, speech therapy, developmental therapy, feeding therapy, and more. Call their number to learn about cost and more information about the programs they offer.

Cambiando Vidas 🟢
Contact: 312-640-2100
Description: Cambiando Vidas (CV) began as a group for Latinx people with disabilities. As immigration moved into the political spotlight across the country, CV has evolved to include immigrants of other communities as well as Latinx folks. CV provides a critical space for immigrants with disabilities to come together, organize, and effect change. Cambiando Vidas meetings are conducted in Spanish. Interpreters are provided. For more information on CV, including meeting times and locations, contact the Latinx/Immigration Community Organizer.

Center for Independence
Contact: 708-588-0833 or send a message
Location: 2701 W. 36th Place, Chicago, IL
Description: Center for Independence has the mission to help children and young adults with physical disabilities maximize their independence. They accomplish this mission by offering affordable intensive therapy in a conductive education setting. They develop motor functions through neuroplasticity in a manner that promotes positive self–esteem.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

Chicago ABA Therapy
Contact: 773-362-2088
Location: Multiple locations
Description: This organization offers various services for children with autism with the goal of providing comprehensive autism care for families. Some of the services they offer are assessments, ABA therapy, therapeutic preschool and kindergarten programs, and they even offer educational workshops and hands-on trainings to parents and caregivers. They accept various insurance types and have a team of insurance specialists who help navigate your coverage and manage your benefits. Multiple insurances accepted.

Colorful Minds ABA
Contact: 312-584-0559
Location: 1622 S Blue Island Ave Chicago, IL 60608
Description: This organization specializes in play-based ABA therapy for children with autism. They provide individualized care to families with the goal of providing children with autism a fun environment in which they can learn social skills, improve their communication, and build their independence. They accept most forms of insurance including Medicaid.

El Valor
Contact: 312-666-4511 or email info@elvalor.net
Location: Multiple locations
Description: El Valor's mission is to support children, people with disabilities, and their families to achieve excellence and participate fully in life. Their programs exist to create opportunities that enrich and empower vulnerable populations to become their own advocates and promote a sense of inclusion within a learning community. They offer Early Childhood Education, Adult Programs, and Parental & Community Engagement.

Epilepsy Foundation of Greater Chicago
Contact: 312-939-8622
Location: 17 N. State St., Suite 650 Chicago, IL 60602- Loop
Description: The Epilepsy Foundation of Greater Chicago provides seizure first aid training, case management services, mental health services, support groups, scholarships, and case programs to those with epilepsy. Many of the programs are public, there are also specific services for those with epilepsy and their families. All resources and services are free.

Equip for Equality
Contact: 312-341-0022 or Send a message
Location: 20 North Michigan Ave. Suite 300 Chicago, IL 60602
Description: Equip for Equality works to empower people with disabilities to advocate for themselves and their families. They break down barriers for people with disabilities through legal services, public policy, monitoring, and training.

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Family Resource Center on Disabilities
Contact: 312-939-3513
Location: 11 E. Adams St. Suite 615, Chicago, IL 60603
Description: This organization helps families who have children with disabilities understand their rights under the Individuals with Disabilities Education Act (IDEA). They provide workshops and consultations to help caregivers advocate for their children, provide guidance regarding the IEP process, and assist in obtaining specialized services for their children.

Great Lakes ADA Center
Contact: 800-949-4232 or text 872-298-1019
Location: 1640 West Roosevelt Road, Room 405 Chicago, IL 60608- Near West Side
Description: The Great Lakes ADA Center provides information, problem solving assistance and referrals for implementing the Americans with Disabilities Act (ADA) and other related laws. Learn more about the ADA and Accessible IT through the following programs and services: Webinars, Great Lakes Listserv, Great Lakes Mailing List, Publications, Technical Assistance, and Trainings.

IDHS Rehabilitation Services
Contact: 877-581-3690 or Email: DHS.DRS@illinois.gov
Location: Use the DHS Office Locator
Description: DHS's Division of Rehabilitation Services is the state's lead agency serving individuals with disabilities. DRS works in partnership with people with disabilities and their families to assist them in making informed choices to achieve full community participation through employment, education, and independent living opportunities.

KEEN Chicago
Contact:312-876-2535 or Email: info@keenchicago.org
Location: Programs are at multiple locations
Description: KEEN's mission is to empower youth with disabilities and impact volunteer coaches through participation in free, non-competitive, one-on-one programs of physical activity and fun, supporting the overall health and well-being of all participants. Programs are all open and unstructured, providing all athletes the opportunity to have fun and be successful. KEEN programs are open to all youth ages 5-21 with physical or developmental disabilities. Certain programs are for select age groups only. Programs are: Absolutely Free, Volunteer-Run, Age Appropriate & Non-Competitive, Open, Unstructured and Flexible, Tailored for Each Athlete's Needs, and Inclusive, Regardless of Severity of Disabilities.

Mayor's Office for People with Disabilities
Contact: 312-744-7050
Location: 121 North LaSalle Street, Chicago, IL 60602
Description: The Mayor's Office for People with Disabilities (MOPD) works to make Chicago a world-class accessible city on behalf of residents and visitors with disabilities. Featured Services and Programs include: Housing and Home Modification, Career Center, Accessibility Requests, Accessibility Compliance, Independent Living Supports, Youth Resources, Training and Resource Library, Events, and Community.

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Misericordia
Contact: 773-973-6300
Location: 6300 North Ridge, Chicago, IL 60660
Description: Misericordia offers a community of care that maximizes potential for persons with mild to profound developmental disabilities, many of whom are also physically challenged. By serving society's most vulnerable citizens, Misericordia also serves the families who want the best for them, and offers a variety of residential options and support programs.

Project Org + Design Studio, Inc.
Contact: 773-221-7171
Location: 1401 East 79th Street, Chicago, IL 60619
Description: PODS is a full service, community based, inclusive therapeutic program serving children from birth to 13 years of age. They focus on increasing the child/youth's functional skills within their school, own home and community. Services offered include: ABA Programming, School Services, Comprehensive Therapy, and Early Intervention.

Resource Center for Autism and Developmental Delays (RCAAD)
Contact: 312-413-4441
Location: 1640 W. Roosevelt, Room 650 on the UIC Campus
Description: The Resource Center for Autism and Developmental Delays provides support for those who care for, teach and serve children with an Autism Spectrum Disorder or other developmental delays. RCADD serves families currently enrolled in an Early Head Start or Head Start program as well as others throughout the Chicagoland area. RCADD offers support at no cost to our patrons in the form of resources, referrals, training and ongoing consultations for families and professionals.

Stride Autism Centers
Contact: 312-554-5578
Location: Multiple locations
Description: The Stride program offers full-day ABA programs for children ages 2-6. Each day consists of both structured one-on-one therapy and naturalistic group activities. One-on-one therapy focuses on individualized goals related to self-care, communication, problematic behavior reduction, and more. Naturalistic group activities focus on play and social interactions, which are critical for school readiness, adolescent development, and adulthood. Group activities offer opportunities for children to socialize with their peers and are uniquely possible within a center-based environment. Every child at Stride has a highly customized program developed by Board Certified Behavior Analysts and overseen by a PhD in Clinical Psychology. Multiple insurances accepted.

The Chicago Autism Network
Contact: info@chicagoautismnetwork.org
Location: Mailing Address- P.O. BOX 804914 CHICAGO, IL 60680, USA
Description: Chicago Autism Network is dedicated to helping families find and afford effective autism therapy & supports. While the Chicagoland area has a wealth of autism service providers, too often families can't access these services due to lack of information & lack of funding. They operate under the belief that autism therapy should be accessible to everyone on the spectrum regardless of income, race, neighborhood or gender. Autism Services Directory.

The Chicago Lighthouse
Contact: 312-666-1331
Location: Multiple locations
Description: The Chicago Lighthouse serves people who are blind, visually impaired, disabled, and Veterans, in order for each to reach their full personal potential. Their programs build enduring success for target populations and employees with lifelong knowledge, skills, and employment opportunities, support the discovery of new approaches for the empowerment of our communities, and sustain a social business enterprise that ensures success.

The Place for Children with Autism
Contact: 224-434-3869 (English) | 224-481-0529 (Espanol)
Location: Multiple Locations
Description: The Place for Children with Autism provides autism therapy in a daycare- or preschool-like environment. With several ABA therapy centers in Chicago and throughout the state of Illinois, they are dedicated to making high-quality autism therapy accessible for all families. Known for compassion and clinical excellence, their centers provide full-day care for children with autism ages 2-6. They work with all major commercial insurance plans, most of which cover autism services like ABA therapy. However, coverage may vary by plan. Contact them, and they will help navigate the benefits process, including checking coverage at no cost.

UIC Division of Specialized Care for Children
Contact: 800-322-3722
Location: Multiple Locations
Description: The Division of Specialized Care for Children can support with the following: accessing diagnostic tests, finding resources & information, preparing for transition, finding specialized medical care, developing a care coordination plan, paying for certain medical expenses, using insurance & All Kids/Medicaid, and communicating with doctors, specialists, and schools.

Urban Autism Solutions
Contact: info@urbanautismsolutions.com
Location: Multiple locations
Description: Urban Autism Solutions has a variety of programs that support transition age students and adults with disabilities, including their West Side Transition Academy, UAS life lab, and Growing Solutions Farm. They also have a number of residences where families can apply for their child to live independently with support through programming and activities.

Action Behavior Centers
Contact: 872-260-6006 or Contact form
Location: Multiple locations
Description: Action Behavior Centers offers 1:1 ABA therapy following individualized treatment plans created for each child by a Board Certified Behavior Analyst (BCBA). These hyper specific plans are created after a thorough Initial Intake Assessment where the BCBA will learn your child's developmental needs, as well as parental concerns and goals. Plans are comprised of programs or "lessons" to increase replacement behaviors, teach developmentally appropriate skills, and reduce challenging behavior. The teaching modality varies and is developed through a compassionate lens with a framework built on assent. Accepts all major insurance providers.

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Child Care & Early Learning Resources

Maryville Crisis Nursery
Contact: 773-205-3600 | 24-Hour Helpline: 773- 205-3637
Location: 6650 W. Irving Park Rd. Chicago, IL 60634 - Far Northwest Side
Description: The Crisis Nursery provides free short-term care for parents in distress and experiencing a crisis. Services offered include: providing 24-hour child (from birth to 6 years of age) care for up to 72 hours, healthy meals and snacks, and age-appropriate learning activities; they also have a 24 hour Crisis Helpline staffed by child care professionals. Moreover, they provide crisis counselling to parents with support, encouragement and parenting advice and referrals to community resources including but not limited to: medical care, housing, employment assistance, job training, education, substance abuse treatment and domestic violence prevention.

Chicago Early Learning
Contact: 312-229-1690
Location: Multiple locations
Description: Chicago Early Learning provides access to early childhood education options through both CPS and Community-Based programs. There are high-quality early education options for every child from prenatal through 5 years old in every Chicago neighborhood. CPS and Community-Based Preschool and Early Learning Programs offer several support services for families who have recently arrived in the United States. Some community-based preschool and "birth to 3 years of age" programs are free to families, while other programs might require a co-pay. Contact the program directly once you have received an offer to learn more about what, and if, co-payments are required for your family. However CPS Preschool programs are free. Children who are in a temporary living situation or who are receiving special education services (IEP) will not be charged.

CPS Office of Students with Disabilities Child Find Screening Team
Contact: 773-251-4855 | osd@cps.edu
Description: The Child Find Screening Team provides free early childhood developmental screenings for children (from birth to five years of age). Developmental screenings can indicate if a child is having difficulties with cognitive/academic, communication, social-emotional, and fine/gross motor skills. A hearing and vision screening are also available. Regional screenings are held monthly at several Chicago Public Libraries across the city. No appointment is necessary.

STAR NET Chicago
Contact: 773-553-6589 | starnet@cps.edu
Location: 2651 W Washington Blvd, Chicago, IL 60612 - West Side
Description: Illinois STAR NET provides a variety of opportunities for personal and professional growth for those who touch the lives of young children (from birth through eight years of age), with an emphasis on preschool age children with special needs, including but not limited to: education, financial aid, professional development, and more for families and professionals. STAR NET also supports family-centered, researched and effective practices in early childhood education and care.

Children's Place Association - Early Learning Education Center
Contact: 312-733-9954
Location: 1800 N Humboldt Blvd, Chicago, IL 60622 - Northwest Side
Description: Children's Place Association's is an early childhood care and learning center for children aged 6 weeks through 5 years of age. It serves families in need and has healthcare professionals on-site at the center. Home-based learning options are also available through which families can receive developmental screenings, health checks, nutritional advice, pregnancy support, and general life-skills education.

Start Early
Contact: 312-922-3863
Location: Multiple locations
Description: Start Early is an organization that has its own agencies as well as partners with other organizations in Chicago to provide services to pregnant individuals and children up to the age of 5. Services include center and home-based care, doulas, and learning assistance including social and emotional learning along with other learner support. Eligibility for Start Early is based on the federal poverty guidelines. Completing an application is required to enroll in the services as shown in the link above in "Contact".

Casa Central
Contact: 773-645-2300 | info@casacentral.org
Location: 1343 N California Ave, Chicago, IL 60622 - Northwest Side
Description: As one of the largest Midwestern Hispanic-serving social agencies, Casa Central offers bicultural and bilingual early learning care that is both center and home-based. Their centers are open from 7 AM to 6 PM,Monday through Friday and offer math, language, and social-emotional learning services for children aged 2 to5 years of age at the center. Their home-based option includes weekly lesson plans and home visits for children aged 0 to 5 years of age. . In addition, free trips, meals/snacks, activities, and health screenings are some of the resources they offer.

Brightpoint
Contact: 312-424-0200
Locations: 1701 W 63rd St, Chicago, IL, 60636 - South Side
1710 S Loomis St, Chicago, IL, 60608 - South Side
Description: Brightpoint offers services for low-income families receiving TANF, SSI, or SNAP as well as families experiencing homelessness or in foster care. Brightpoint offers two main Chicago locations, including Englewood and Pilsen (which also services Little Village and South Lawndale). The Pilsen location is bilingual and available from 7am-6pm. The Englewood location is available from 7:30am- 5:30pm. General programming includes doula services, fatherhood counseling, home visits, and mental health resources. In addition, early learning and child care opportunities are available for children aged 6 weeks to 5 years of age. Financial assistance can be provided via the Child Care Assistance Program (CCAP) and other referrals can also be made via the Child Care Resource & Referral program.

Educare
Contact: 773-924-2334 | info@educarechicago.org
Location: 5044 S Wabash Avenue, Chicago, IL 60615 - South Side
Description: EduCare offers services from 7 AM to 5 PM for families with a child care subsidy approval and 8 AM to 3:30 PM for families without. Limited transportation support is available to sites, and enrollment is based on eligibility and application. Services are offered for children aged 6 weeks to 5 years of age. Family support specialists ensure that parents have access to necessary resources. Activities are inclusive to diverse learners, and programming includes health & nutrition services as well as disabilities & mental health services for children. With a consistent "continuity-of-care" approach, Educare promotes bonding between learners and their classrooms by having the same group of teachers for children aged 0 to 3 years of age as well as different teachers for ages 3 to 5 years of age

YMCA Chicago
Contact: 312-932-1200
Location: Multiple locations
Description: YMCA Chicago offers multiple services including Infant Care for children aged 6 weeks to14 months of age, Toddler programming for 15 to 23 months of age, two programs for 24 to35 months of age, and finally,preschool for 3 to5 years of age. They offer financial assistance for services, early learning programming, and health resources such as nutritional services and developmental screenings. Drop-in child care is also available for families with occasional child care needs. View their page to learn about eligibility criteria and registration information.

Family Focus
Contact: 312-421-5200
Location: Multiple locations
Description: Family Focus offers various resources like Early Learning preschool programs for children aged 6 weeks to 5 years of age at their Hyde Park and South Shore locations. These programs include medical services (e.g., doulas), nutritious meals, and activities that promote school readiness. Home visits are also available where specialists help create Individual Family Support Plans to help improve motor, social, language, and emotional skills. Parents receive information about parenting practices, maintaining parental health, and how to improve their children's development.

Marillac St. Vincent
Contact: 773-722-7440
Locations: Multiple locations (view bottom of website)
Description: Marillac St. Vincent offers programs for the Birth to Age 3 program and a Pre-K Program for ages 3 to 5 years of age. They also have services and programs for school aged children and older teens. To support working families, they have 7 AM to 6 PM year round care. They also offer early childhood education, youth services, and family support.

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One Hope United
Contact: 312-922-6733
Location: 3053 S. Normal Ave. Chicago, IL 60616 - South side
514 W. 31st St. Chicago, IL 60616 - South side
Description: One Hope United has multiple centers, each of which serves different age groups. They provide care for infants, toddlers, and preschool aged children. Furthermore, their philosophy is to promote social-emotional, physical, intellectual, and moral development. Children participate in exercise, eat nutritious food, and engage in activities. Family support is also available.

SGA Youth and Family Services
Contact: 773-321-9232
Location: Multiple locations
Description: SGA promotes parent workshops on childcare, field trips, and social activities. Children are provided with programming to improve their motor skills, language development, and social-emotional/cognitive learning in an individualized manner. Home visits, developmental screenings, and referrals to other organizations/healthcare providers are offered.

After School & Summer Programs

After-School All-Stars
Contact: 323-938-3232
Location: Multiple Locations
Description: After School All Stars is a national organization that has a Chicago chapter. It works with Chicago Public Schools and serves kids K-8 at 150 schools. Homework help, enrichment, sports, and other activities are available for students. ASAS hopes to help students graduate high school, develop career readiness, and be able to engage in civic duties.

After School Matters
Contact: English: 312-768-5200 | Spanish: 312-846-7106
Location: Multiple locations
Description: Open to Chicago teens ages 14-18 and in high school, After School Matters is a nonprofit organization that supports teens across Chicago each year with paid opportunities to develop their talents while gaining critical skills for work, college, and beyond. Their programs introduce young people to new ideas, places, and people and encourage them to explore their interests as they learn about who they are and who they want to become.

Boys & Girls Clubs of Chicago
Contact: 312-235-8000
Location: Multiple locations - North and West side
Description: The Boys and Girls Club is located in several areas throughout the Chicago area. Their mission is to offer after school programs to help children develop into their best self through structured activities and mentorship. Academic programs may include field trips, classes on technology, workshops about financial responsibility, and DIY STEM (Science, Technology, Engineering, Math) activities. Healthy lifestyle programming offers game rooms, open gym, cooking classes, and triple play programs for children. There are also specialized summer camps and other activities such as aquatics at select locations. For children ages 5 to 18, with membership typically costing $20 per child.

BUILD ⭐
Contact: 773-227-2880
Location: 5100 W Harrison Street, Chicago, IL 60644 - West Side
Description: BUILD offers free classes and activities to help kids learn new skills, discover new hobbies, or play sports. Programs may include fitness, gardening, books, games, drawing, art, mental health support services, and more. Participants receive free meals and they have the option to sign up for individual activities as they choose. Programs available for youth, families, and adults. Visit their page to learn more about registration.

By The Hand Club For Kids
Contact: 773-413-0895
Location: Multiple locations - Northwest and South
Description: By The Hand is a Christian organization that offers programming after school for kids from kindergarten to college. This organization offers lessons on religion, activities, art, sports, offers access to learning opportunities, and aims to help children develop into better individuals.

Chicago Park District
Contact: 312-742-PLAY(7529)
Location: Multiple locations
Description: The Chicago Park District offers programs that provide a safe, fun environment for youth to participate in leisure and recreational activities outside of the traditional school day. Programs range from their ParkKids Afterschool Program, Day Camp, homework time, drop-in programs, and activities may include sports, games, arts & crafts, nature, fitness/wellness, and homework time. A variety of programs are offered for various age groups at different prices, explore their program finder page to learn more. They also offer financial assistance for some programs to qualifying individuals.

Chicago Youth Centers
Contact: 312-913-1700
Location: Multiple locations - South and West Side
Description: Chicago Youth Center's Out-of-School Time (OST) Enrichment program works with children ages 6-18, engaging them in activities to keep them safe afterschool, discover hobbies, and enrich in-classroom learning. Children and teens can enroll in programs for 3 hours a day, five days a week, for up to 48 weeks a year. All participants receive healthy meals and snacks. Some programs that are offered include STEAM programming such as robotics and coding, art and dance, sports, homework help, career path exploration, test prep, and more.

Chinese Mutual Aid Association
Contact: 773-784-2900
Location: Multiple locations
Description: The Chinese Mutual Aid Association (CMAA) offers an after school program for children aged 4 to 18 years of age. Geared towards low income, immigrant, and/or minority K-8 youth, this program helps children with homework, offers tutoring, and other extracurricular programs to help children develop skills and interests in a fun way. Additionally, CMAA offers summer camps, mentorship programs, and various social services for adults and families.

CPS-UChicago Program
Contact: 773-702-2149
Location: 5845 S Ellis Avenue, Chicago, IL 60637 - South Side
Description: The College Bridge Program is a program that high school CPS students are eligible for based on their high school counselor's or principal's approval. Academically advanced high school students can participate in classes at the undergraduate level at the University of Chicago. Students can enroll during the Summer or during the academic year. The deadline to apply is in mid-July. Depending on a family's income, the program can be free of cost to some students. Students may also receive credit or exemption from some high school classes based on participation in the program.

Gary Comer Youth Center
Contact: 773-358-4100
Location: 7200 S Ingleside Ave, Chicago, IL 60619 - South Side
Description: The Gary Comer Youth Center offers after-school programs from 3:30-6:30pm for middle school and high school youth to help them explore their interests and develop into themselves. STEM and robotics programs, journalism, art and culture programs, rooftop gardening, culinary skills, and sports are some of the activities offered. Members have access to a free daily meal, mentorship, and one on one tutoring. Children under 18 must be registered by a caregiver or guardian.

Girls Who Code
Contact: info@girlswhocode.com
Description: Girls Who Code is a free online summer program for eligible US students to teach coding and computer science skills. No prior experience is necessary. For high school students in 9-11th grade, a 2 week program is offered on Game Design and a 6 week program that teaches web development, cybersecurity, data science, and artificial intelligence. Specific timeframes during the summer that the program is offered can be found on their website. Students can choose a specific topic to explore like Datasecurity and AI, Cybersecurity (Python), or Web Development (HTMS, CSS, Javascript). Technology and fee waivers will be provided for eligible students.

Just for Kids
Contact: 312-620-6698
Location: 11024 S Bell Avenue, Chicago, IL 60643 - Southwest Side
Description: Just for Kids offers both before and after school programs for children aged 3-14. Schooling for children seeking to enroll in Pre-K to 1st grade is also available. Located in Morgan Park, Just for Kids offers themed classes, facilities, sports programs, and more. Staff include elementary school teachers and volunteers, and programming can be offered during the summer and holidays. Working parents can also seek care for just a couple of hours as needed. To sign up, contact the program.

YOUmedia at Chicago Public Library
Contact: 312-747-4300
Location: Multiple locations
Description: YOUmedia is a program from the Chicago Public Library. High school students can borrow technology like laptops, play videogames, create music, use 3D printers, or simply hang out. Using the space and equipment is free, and students can sign up by bringing their school ID. Some locations also host events such as Dungeons and Dragons games, arts and crafts, clubs, and more. Walk-ins are welcome and encouraged.

Chicago Youth Works
Contact: ChicagoYouthWorks@cityofchicago.org
Description: One Summer Chicago is a resource from the city of Chicago that provides young individuals aged 14-24 with employment opportunities during the summer (around 20-25 hours per week) from around end-of-June to mid-August. Interested individuals must meet eligibility requirements (reside in Chicago and meet age criteria), have a parent/guardian sign off if a minor, and complete an application during March-June.

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Right At School
Contact: 855-287-2466
Location: Multiple locations
Description: Right at School offers before and after school programming for students in elementary and middle school. Their programs offer kids a place to learn, socialize with peers, and engage in fun learning activities. They also offer Discovery Clubs that allow students to explore more personal interests or hobbies, and they offer Summer Camps. To learn more about enrollment and financial assistance, visit their page.

Safe Haven Programs
Contact: 773-553-2500 or email faithbased@cps.edu
Location: Multiple locations
Description: Safe Haven after-school programming engages students in academic and recreational activities that fosters the development of peer and mentor relationships to help students stay on track at school. Safe Haven sites across the city offer out-of-school time programming for all CPS students. The program also offers programming specifically tailored to spring break and summer. Healthy meals will be provided at all locations. Hours of operation may vary by site.

Snapology
Contact: 773-570-7627
Location: Multiple locations - North side
Description: Snapology is an organization that offers after-school programs year round for children aged 4 to 14. STEAM (Science, Technology, Engineering, Art, and Math) programs help children explore topics such as design, robotics, coding, or art projects. Toys such as LEGO bricks, K'Nex, and other technology are used to help facilitate learning for students and build skills for school and beyond. Summer camps, workshops, field trips, and other custom events are also available to children.

YMCA Summer Camp
Contact: 312-932-1200
Location: Multiple locations
Description: At YMCA Summer Camp, a variety of activities are offered that are both educational and active. From arts and crafts to sports and games, every day is a new adventure. Their goal is to foster personal growth, imagination, boost social skills, and encourage creativity.

Youth Guidance
Contact: 312-253-4900
Location: 4929 N Sawyer Ave, Chicago, IL 60625 - North Side
4332 N Paulina St, Chicago, IL 60613 - North Side
Description: Youth Guidance's Extended Day and Enrichment programs work with K-8 children and school administration programs to enrich out-of-school programming and experiences. Programs are available Monday through Friday from the end of the school day to 6pm. At times, programs hold special performances, workshops, open houses, dinners, socials and other events that are open to the entire family.

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Pregnant & Parenting Resources

Catholic Charities: Family Support
Contact: 847-293-1289
Location: 721 N. LaSalle Street, Chicago, Illinois 60654 - Loop
Description: Catholic Charities provides a variety of pregnancy and parenting support services including: case management, counseling, crisis intervention, home visits, information and community referrals, and parenting education & support.

Chicago Abortion Fund
Contact: 312-663-0338
Description:The Chicago Abortion Fund (CAF) provides financial, logistical, and emotional support to people seeking abortion care in Chicago, in Illinois, and the Midwest. They take multiple forms of insurance, including Medicaid, and if you do not have insurance they work with you to cover funding.

Chicago Volunteer Doula Services
Contact: 312-523-3827
Location: Online, Services provided in the home
Description: Chicago Volunteer Doulas (CVD) connects pregnant and birthing people to free and low-cost labor, postpartum, and pregnancy loss support and information.

Connect Home Visiting Chicago
Contact: Referral Form
Location: Services provided in the home
Description: Connect Home Visiting Chicago matches pregnant people and families with young children to the best home visiting provider to serve the specific needs of families across Illinois. Connect Home Visiting Chicago partners with nearly 60 home visiting partners across the state to provide support to families while they are waiting to get enrolled in home visiting services. Services are free and open for expecting parents and families with children under 3.

Every Mom Chicago
Contact: info@everymomchicago.org
Location: 5200 S Hyde Park Blvd, Chicago, IL 60615- Southside
Description: Every Mom Chicago connects expectant mothers with material and support resources for the early weeks of parenthood. Every Mom provides new baby kits that contain newborn, postpartum, and breastfeeding essentials. Every Mom also provides information on connecting families with other free resources across Chicago to help along their parenting journey.

Family Connects Chicago
Contact: fcc@cityofchicago.org
Location: Online, Services provided in the home
Description: Family Connects Chicago is a free, in-home nurse visit available to families that live in Chicago and deliver babies at participating hospitals, including foster parents, adoptive parents and families who already have other children. Nurses can support you in areas such as baby feeding and fussiness, safe sleep information, health checkup for birthing parents, postpartum depression screening, etc.

Family Picnic - Chicago
Contact: 872- 315-0662
Location: 5306 N Damen Ave, Chicago, IL 60625 - Northside
Description: Family picnic Chicago provides a variety of pregnancy and parenting resources. Family picnic supports parents during pregnancy with childbirth education classes, breastfeeding education and birth doulas; during infancy with new mom and partner groups, lactation support, and new parenting classes; and continued support throughout the toddler years with play groups and classes for parents and their young child.

Fussy Baby Network
Contact: 1-888-431-2229 or send a message
Description: This is a free non-emergency phone line designed to help parents and caregivers who are struggling with their infants crying, sleeping, or feeding. They provide support and research-based suggestions on how you can best calm or soothe your baby. Calls are available in English and Spanish, on Monday-Friday between 9am to 5pm CT.

I Need An A
Description: I Need an A is an online resource guide that connects people with abortion and healthcare resources. Use the 'search your options now" bar to search for providers and community organizations in your area.

ICAN- Illinois Contraceptive Access Now
Contact: Find a Birth Control Provider
Location: Online
Description: Illinois Contraceptive Access Now (ICAN!) supports people in getting access to free or low-cost birth control in Illinois. Through the ICAN! website, you can find information on how to get connected to birth control, STI testing, and other reproductive healthcare services.

Illinois Department of Human Services - Teen Parent Services Program
Contact: 800-843-6154
Description: Teen Parent Services supports teen parents under the age of 20. They can help you: get education and training, delay subsequent pregnancy, work through the TANF application process, connect with community resources and services, and get preventative health care for yourself and your child(ren). Call their number if you are interested in applying or learning more about their programs.

Maryville Crisis Nursery
Contact: 773-205-3600 | 24-Hour Helpline: 773-205-3637
Location: 6650 W. Irving Park Rd. Chicago, IL 60634 - Northwest Side
Description: The Crisis Nursery provides free short-term care for parents in distress and experiencing a crisis. Services offered include: providing 24-hour child (from birth to 6 years of age) care for up to 72 hours, healthy meals and snacks, and age-appropriate learning activities; they also have a 24 hour Crisis Helpline staffed by child care professionals. Moreover, they provide crisis counselling to parents with support, encouragement and parenting advice and referrals to community resources including but not limited to: medical care, housing, employment assistance, job training, education, substance abuse treatment and domestic violence prevention.

If you or someone in your care is experiencing a health or mental health crisis please dial 911 or go to the nearest emergency room immediately.

New Moms
Contact: 773-252-3253 or Contact New Moms
Location: 5317 W. Chicago Ave. Chicago, IL 60651- West Side
Description: New Moms provides extensive support for pregnant and parenting people. New Moms provides executive skills coaching for new parents, housing support, job training, college success resources for young parents, and family support including connection to doulas, parenting classes, and prenatal care.

Office of Student Protections and Title IX (OSP)
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- Pregnant and Parenting Students

Planned Parenthood of Illinois (PPIL)
Contact: 877-200-7745
Location: Multiple locations
Description: PPIL provides various reproductive healthcare services to all. Services include pregnancy testing and services, HIV services, men's healthcare, emergency contraception, birth control, abortion services, STI prevention and treatment, and sexual health education. PPIL continues to care for Medicaid recipients, and accepts major insurances and self-pay.

Rush Adolescent Family Center ⭐
Contact: 312-942-2777
Location: 1645 W Jackson Blvd, Westgate Building- Suite 315A Chicago, IL 60612
Description: Rush Adolescent Family Center provides confidential sexual and reproductive health and mental health services to young people ages 12 to 25 of all genders, regardless of income or ability to pay. Services include family planning, birth control, emergency contraception (Plan B), pregnancy testing, sexually transmitted infection (STI) testing and treatment, reproductive health counseling and education, gynecological exams, and prenatal care. Walk-in and evening hours are available. Call to schedule an appointment or for more information.

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Legal Resources

Metropolitan Family Services Legal Aid ⭐
Contact: 312-986-4105
Description: Services include legal practice groups on topics such as housing, safety, and crime victim support. They also present "Know Your Rights" workshops on all the areas of law we practice and lead several legal clinics.

Legal Aid Chicago 🟢
Contact: 312-341-1070
Description: Legal Aid Chicago provides free civil legal services to people living in poverty in Cook County. Their online application is available 24/7, and if an individual's legal issue fits with the organization's priorities, they will be able to meet with intake staff to determine next steps. For those whose legal issues do not meet the criteria, other resources or referrals will be provided to help.

CARPLS Cook County Legal Hotline
Contact: 312-738-9200
Description: CARPLS offers free legal advice over the phone. They have experienced hotline attorneys who will help offer solutions. However, their attorneys do not represent clients in court. Individuals who need court assistance may be referred to other legal organizations that may be able to provide free or reduced-fee services.

Free and Low-Cost Legal Aid Assistance Resources
Description: This resource provides a list of options for many legal concerns from the Law Office of the Cook County Defender.

National Immigrant Justice Center 🟢
Contact: 312-660-1370
Description: NIJC provides legal consultations and representation for low-income immigrants seeking a wide range of immigration legal relief.

Latinos Progresando 🟢
Contact: 773-542-7077
Location: 2724 W Cermak Rd, Chicago, IL 60608
Description: Latinos Progresando provides professional, affordable immigration legal services to thousands of families every year, from more than 40 countries around the world. The agency is recognized by the Department of Justice (DOJ) and staffed by DOJ-accredited representatives.

The Resurrection Project 🟢
Contact: 312-666-3062
Location: 1805 South Ashland Avenue, Chicago, IL 60608
Description: This organization offers immigration legal services with the mission to keep families together. Some of the services they offer include family petitions, citizenship applications, DACA renewals, U-Visa, removal defense, asylum, and more. Many of their services are offered for free. In addition to the legal services they provide, they also assist families in achieving financial security and help clients apply for affordable housing.

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Centro Romero 🟢
Contact: 773-508-5300
Location: 6216 N. Clark St. Chicago IL, 60660
Description: This organization provides legal assistance services such as consultations, representation at immigration, assistance with citizenship application preparation, and more. In addition to legal services, they also offer immigration education, assist with access to affordable childcare, GED programs for Spanish speakers, English Language classes, citizenship exam preparation, and more.

Illinois Coalition for Immigrant and Refugee Rights (ICIRR) 🟢
Contact: 312-332-7360
Location: 228 S. Wabash, Suite 800 Chicago, Illinois 60604
Description: This organization promotes the rights of immigrants and refugees, and provides assistance with applications to receive public benefits. Some of their services include helping eligible mothers apply for WIC, healthcare, and Medicaid applications, helping connect families to an immigration attorney, and more. Languages: English/Spanish/Korean/Polish

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Health Resource Databases

CPS School-Based Health Centers
Description: School-Based Health Centers provide students with health care services in the school building. CPS partners with community health organizations to manage 33 School-Based Health Centers throughout Chicago that provide quality, accessible, and age-appropriate health care to both elementary and high school students. Some centers are available to the community and to neighboring schools as well. Services offered include, but are not limited to: immunizations, physical exams, sports physicals, behavioral health care, and acute care.

CPS School Locator
Description: The CPS School Locator allows you to search for CPS schools by location. This resource also includes each school's available programming, number of students, accessibility information, and more.

211 Metro Chicago Search for Resources 🟢
Description: This resource can be reached by dialing 2-1-1 or visiting their website. This is a free, local, 24/7/365 service that connects all Cook County residents to essential health and social service support and information. Their resource directory can be used to search for services by category, including child care, clothing, housing, food, health care, legal assistance, immigration, mental health, and more.

CDPH Community Resource Directory
Description: This resource directory helps you find the resources and support services closest to you. After you input your address, you can choose the type of service you are looking for. Services offered include food assistance, employment, mental/behavioral health, housing, and more. The directory will then provide you with a list of organizations that provide the services you are seeking, and you can filter your search by indicating price, insurance coverage, language, and more.

Department of Children and Family Services (DCFS)
Description: This DCFS resource directory allows people to find the support services and resources that best fit their needs. Your search can be filtered by program type (mental health services, domestic violence support, health clinics, etc.), service type (counseling, assessments, legal aid, etc.), insurance type, preferred language, age range, and target population.You can also indicate the maximum distance you can travel.

National Queer & Trans Therapists of Color Network
Description: National Queer and Trans Therapists of Color Network (NQTTCN) is a healing justice organization actively working to transform mental health for queer and trans Black, Indigenous and People of Color (QTBIPOC). NQTTCN provides a state-by-state directory that helps queer and trans people of color get the mental health care they need. You can search providers based on zip code, languages spoken, and sliding scale/low cost options.

Psychology Today
Description: This resource can help individuals find a therapist, psychiatrist, treatment center, or support group. Can be filtered by location, insurance type, speciality, age range, preferred language, and more.

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Healthy Chicago Mental Health Collective
Description: This site provides mental health awareness information and has a resource directory to help you find the mental health support you need. Most of the mental health providers in the directory accept most insurances and some provide free services for those who are uninsured.

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CPS Offices/Resources

Office of School Counseling and Postsecondary Advising (OSCPA)
School Counseling and Postsecondary Advising (OSCPA) ensures that school counseling teams have the support and resources necessary to implement comprehensive school counseling programs that advance the academic, personal/social, and career development of all students.

Office for Students with Disabilities (OSD)
The Office for Students with Disabilities works to support networks, schools, and families with all issues related to special education including instruction, interventions, and legal and compliance support.

Office of Student Health and Wellness (OSHW)
Student Health and Wellness aims to eliminate health-related barriers to learning and to advance child health equity in Chicago.

- Health Exams and Screenings
- LGBTQ+ Supportive Environments
- Medical, Food and Other Public Benefits
- Mental Health
- Sexual and Reproductive Health Services

Office of Social and Emotional Learning (OSEL)
Social and Emotional Learning works with schools and networks to establish multi-tiered systems of support (MTSS) for students' social, emotional, and behavioral development.

Office of School Safety and Security (OSSS)
The Office of School Safety and Security (OSSS) provides a safe and secure environment that is conducive to learning by taking a holistic, 24-hour-a-day, seven-day-a-week approach to student safety.

- The Student Safety Center can be reached 24/7 at 773-553-3335.
- The Crisis Team's Hotline can be reached at 773-553-1792.
- Students in Temporary Living Situations (STLS)

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