# **ASCO**<sup>°</sup> Guidelines

Patient-Centered Standards for Medically Integrated Dispensing: ASCO/NCODA Standards

Supplement

**Table of Contents** 

Data Supplement 1: Included Studies Data Tables

Data Supplement 2: QUOROM Diagram

References

Population: Patients receiving oral anti-cancer drugs (Escudera-Vilaplana et al 2017)<sup>1</sup>

#### Setting: Hospital outpatient pharmacy in Madrid, Spain

Intervention: Prospectively studied pharmaceutic follow up program (interviews with patients and education at treatment initiation, 1 month, and 6 months) (Jan-Dec 2013). Description of intervention: "The pharmacotherapy follow-up programme was performed during 2012 by a group of clinical pharmacists specialized in onco-haematology, oncologists, haematologists and nurses. It was designed according to safety standards, specific drug indication, dosing regimen, route of administration, laboratory tests, interactions with other current medications and AE (Goodin et al. 2011). Pharmaceutical care was structured into three clinical interviews. The first was at the onset of treatment and aimed to inform patients about their therapy, prevention and management of AE, interactions and dietary restrictions. Patient attitudes, knowledge and habits were also explored. The second interview was conducted after the first month of treatment in order to identify and manage AE, to revise dose adjustments and to reinforce health education. The third interview was held after 6 months of treatment to detect long-term AE. In addition to this programme, all patients were able to consult pharmacists by telephone to clarify doubts about treatment. Finally, high-risk patients were prioritised based on the safety outcomes obtained. High-risk patients were those who were prone to a greater number or severe AE or more interactions owing to their clinical characteristics or pharmaceutical regimen (p.2)."

| <b>Outcome</b><br>Timeframe               | Study results and measurements  | Absolute effect of<br>usual care or Pha<br>other ra<br>intervention        | estimates<br>armacothe<br>apy follow<br>up            | <b>Certainty of the</b><br><b>Evidence</b><br>(Quality of<br>evidence) | Plain text summary  |
|---|---|--|---|--|---|
| Adverse events<br>at one month<br>1 month | Odds Ratio: 0.67<br>(CI 95% 0.33 - 1.36)<br>Based on data from<br>249 patients in 1<br>study<br>Follow up 1 month | 865<br>per 1000 p<br>Difference: 54 fo<br>1000<br>(CI 95% 186 fev<br>more) | <b>811</b><br>per 1000<br><b>ewer per</b><br>wer - 32 | Low  | Pharmacotherapy follow<br>up may improve adverse<br>events at one month<br>slightly |
| Adverse events<br>2-6 months<br>6 months  | Odds Ratio: 0.96<br>(CI 95% 0.52 - 1.76)  | 790<br>per 1000 p<br>Difference: 7 fe<br>1000                              | 783<br>per 1000<br>ewer per                           | Low  | Pharmacotherapy follow<br>up may improve adverse<br>events 2-6 months slightly      |

Comparator: Pre-intervention historical control group (usual care) (Jan-Dec 2011)

|  | Based on data from<br>249 patients in 1<br>study<br>Follow up 2-6<br>months  | (Cl 95% 128 fewer - 79<br>more)  |   |  |
|--|--|--|---|--|
| Drug<br>interactions<br>6 months                                   | Odds Ratio: 1.25<br>(CI 95% 0.76 - 2.08)<br>Based on data from<br>1 patients in 249<br>studies<br>Follow up 6 months | 455 511   per 1000 per 1000   Difference: 56 more per   1000 1000   (CI 95% 67 fewer - 180 more) | Low   | Pharmacotherapy follow<br>up may improve detection<br>of drug interactions.  |
| Food<br>interactions <sup>2</sup><br>at initiation of<br>treatment | Based on data from<br>249 patients in 1<br>study<br>Follow up 6 months   |  | <b>Very Low</b><br>No comparison<br>group - very low<br>quality | No comparison group data<br>were available for this<br>outcome. "The most<br>frequent recommendation<br>was to correct the fasting<br>period. Interventions were<br>performed at the<br>beginning of treatment in<br>58.5% of cases, at the<br>second interview (1<br>month) in 19.4%, and at<br>the third interview (6<br>months) in 22.1%. The rate<br>of acceptance of the<br>recommendations<br>concerning the dietary<br>restrictions was 94.4%." |

Population: Patients with metastatic castrate-resistant prostate cancer (Patel et al 2016)<sup>2</sup>

Setting: Single institution

Intervention: Before pharmacist-led oral chemotherapy monitoring program. Description of intervention: "oral chemotherapy education, medication therapy management (MTM), adherence monitoring, toxicity monitoring, toxicity management, and management of related-supportive care issues. Resources such as the comprehensive review of oral chemotherapy drug–drug and drug–food interactions recently published by Segal et al <sup>3</sup> was used to facilitate identification of these interactions. Patients were followed either collaboratively with the medical oncologist during scheduled clinic visits, through clinic visits with the oncology pharmacist alone, by telephone contact or by email contact (p.778)."

Comparator: After pharmacist-led oral chemotherapy monitoring program

|   |   | Absolute effect estimates                           |   |   |   |
|---|---|---|---|---|---|
| <b>Outcome</b><br>Timeframe                       | Study results and<br>measurements   | usual care  | pharmacist-<br>led oral<br>chemotherap<br>y monitoring    | <b>Certainty of the Evidence</b><br>(Quality of evidence)   | Plain text summary  |
| Adherence to<br>lab parameter<br>monitoring       | Odds Ratio: 4.95<br>(Cl 95% 1.03 - 29.44)<br>Based on data from<br>31 patients in 1<br>study<br>Follow up to 24<br>months | 786<br>per 1000<br>Difference:<br>1<br>(CI 95% 5 mc | 948<br>per 1000<br>162 more per<br>000<br>pre - 205 more) | Low   | Significantly higher adherence to<br>laboratory monitoring in the<br>intervention group. Lab monitoring is<br>important for early identification and<br>management of side-effects.   |
| Mean number<br>of<br>interventions<br>per patient | Measured by:<br>Scale: - High better<br>Based on data from<br>31 patients in 1<br>study<br>Follow up 21-24<br>months      | <b>6.2</b><br>Mean<br>Difference:                   | 13.5<br>Mean<br>MD 7.3 fewer                              | Low<br>Differences between the<br>population of interest and<br>those studied - specific<br>population of metastatic<br>castrate resistant cancer | There was a significantly higher mean<br>number of interventions per patients<br>in the group managed by oncology<br>pharmacists (p=0.002). Interventions<br>addressed adherence, drug<br>interactions, alterations to therapy, |

|  | patients may not be | cost issues, management of AEs, |
|--|---------------------|---------------------------------|
|  | representative.     | provision of drug information.  |

Population: Patients initiating new oral oncolytic agents (Sikorskii et al 2018)<sup>4</sup>

Setting: Six comprehensive cancer centers in Pennsylvania, Connecticut, Indiana and Michigan

Intervention: Automated intervention: "Patients randomized to the intervention arm received daily adherence reminder calls and weekly symptom assessment and management calls delivered by an IVR system (p.729)."

Comparator: weekly standard care and symptom assessment calls by IVR

| <b>Outcome</b><br>Timeframe  | Study results and measurements  | A<br>standar<br>d care<br>(sympto<br>m<br>assessm<br>ent<br>only) | Absolute effect estimates<br>Telephone adherence and<br>symptom management<br>intervention     | <b>Certainty of the</b><br><b>Evidence</b><br>(Quality of<br>evidence) | Plain text summary   |
|--|---|---|--|--|--|
| Relative dose<br>intensity (RDI)<br>(ratio of dose<br>consumed by<br>patient to dose<br>prescribed by<br>oncologist) | Measured by: Relative<br>dose intensity score<br>Scale: - High better<br>Based on data from 272<br>patients in 1 study<br>Follow up baseline to<br>week 4 | <b>0.95</b><br>RDI<br>Mean<br>D<br>(CI 9                          | <b>0.94</b><br>RDI<br>Mean<br>ifference: <b>MD 0.01 lower</b><br>5% 0.04 lower - 0.02 higher)  | Moderate   | Telephone adherence and symptom<br>management intervention may have<br>little or no difference on RDI                    |
| RDI (5-8 weeks)  | Measured by: Relative<br>dose intensity score<br>Scale: - High better<br>Based on data from 272<br>patients in 1 study<br>Follow up 5-8 weeks             | <b>0.97</b><br>RDI<br>Mean<br>Dif<br>(CI 9                        | <b>0.95</b><br>RDI<br>Mean<br>ference: <b>Range 0.02 lower</b><br>5% 0.04 lower - 0.02 higher) | Moderate   | Telephone adherence and symptom<br>management intervention probably<br>has little or no difference on RDI (5-8<br>weeks) |
| RDI (9-12<br>weeks)  | Measured by: Relative<br>dose intensity score<br>Scale: - High better   | <b>0.92</b><br>RDI<br>Mean  | <b>0.90</b><br>RDI<br>Mean   | Moderate   | Telephone adherence and symptom management intervention probably   |

|   | Based on data from 272<br>patients in 1 study<br>Follow up 9-12 weeks       | Difference: <b>Range 0.02 lower</b><br>(Cl 95% 0.07 lower - 0.03 higher)   |          | has little or no difference on RDI (9-<br>12 weeks)   |
|---|---|--|----------|---|
| Adjusted mean<br>number of<br>symptoms<br>above severity<br>threshold at 4<br>weeks<br>4 weeks after<br>start of<br>treatment<br>(midinterventio<br>n)  | Measured by:<br>Scale: - Lower better<br>Follow up 4 weeks                  | 2.84<br>number<br>of 2.46<br>sympto number of symptomsMean<br>msMea<br>n<br>Difference: MD 0.38 fewer<br>(CI 95% 0.97 fewer - 0.21 more)       | Moderate | Telephone adherence and symptom<br>management intervention probably<br>has little or no difference on adjusted<br>mean number of symptoms above<br>severity threshold at 4 weeks  |
| Adjusted mean<br>number of<br>symptoms<br>above severity<br>threshold at 8<br>weeks<br>8 weeks after<br>start of<br>treatment<br>(postinterventi<br>on) | Measured by:<br>Scale: - Lower better<br><sup>1</sup><br>Follow up 8 weeks  | 1.91<br>number 2.72<br>of number of symptoms<br>sympto (Mean)<br>ms<br>(Mean)<br>Difference: MD 0.81 fewer<br>(Cl 95% 1.41 fewer - 0.19 fewer) | Moderate | Telephone adherence and symptom<br>management intervention probably<br>improves adjusted mean number of<br>symptoms above severity threshold<br>at 8 weeks                        |
| Adjusted mean<br>number of<br>symptoms<br>above severity<br>threshold at 12<br>weeks  | Measured by:<br>Scale: - Lower better<br><sup>2</sup><br>Follow up 12 weeks | 1.94<br>number 2.35<br>of number of symptoms<br>sympto (Mean)<br>ms<br>(Mean)  | Moderate | Telephone adherence and symptom<br>management intervention probably<br>has little or no difference on adjusted<br>mean number of symptoms above<br>severity threshold at 12 weeks |

| 12 weeks after |                                 |  |
|----------------|---------------------------------|--|
| start of       | Difference: MD 0.41 fewer       |  |
| treatment      | (Cl 95% 1.02 fewer - 0.21 more) |  |
| (follow up)    |                                 |  |

Population: Patients receiving oral chemotherapy (McNamara et al 2016)<sup>5</sup>

Setting: Michigan Oncology Quality Consortium (MOQC) Oral Oncolytics Collaborative at a practice with three physicians in Owosso, MI

Intervention: After workflow modification, including assessment with the Edmonton Symptom Assessment Scale, an adherence questionnaire, improved patient monitoring and management of symptoms.

Comparator: Before workflow modification

| <b>Outcome</b><br>Timeframe                                  | Study results and<br>measurements  | Absolute eff<br>usual care   | <b>ect estimates</b><br>workflow<br>modification                                     | <b>Certainty of the Evidence</b><br>(Quality of evidence) | Plain text summary   |
|--|--|--|--|---|--|
| start of drug<br>within one<br>week after<br>prescription    | Relative risk: 1.74<br>(CI 95% 1.11 - 2.71)<br>Based on data from<br>49 patients in 1<br>studies | <b>480</b><br>per 1000<br>Difference: 3<br><b>10</b><br>(CI 95% 53<br>mo   | 835<br>per 1000<br>355 more per<br>500<br>more - 821<br>pre)                         | Low   | Workflow modification may<br>improve start of drug within one<br>week after prescription |
| drug<br>discontinuation<br>without<br>notifying<br>physician | Relative risk: 0.04<br>(CI 95% 0.0 - 0.68)<br>Based on data from<br>49 patients in 1<br>studies  | <b>480</b><br>per 1000<br>Difference: 4<br><b>10</b><br>(CI 95% 480<br>fev | <b>19</b><br>per 1000<br><b>461 fewer per</b><br><b>500</b><br>D fewer - 154<br>wer) | Low   | Zero patients discontinued drug<br>after intervention.                                   |

Population: Patients prescribed oral chemotherapy (Morgan et al 2018)<sup>6</sup>

Setting: Institutional specialty pharmacy and

Intervention: Prospective quality intervention including the launch of an integrated oral chemotherapy program that included assistance with medication access, initial and continued education and counseling, side effect monitoring and management, frequent phone calls to ensure timely refills, and troubleshooting problems associated with non-compliance.

Comparator: Historical pre-intervention control group

| <b>Outcome</b><br>Timeframe  | Study results and<br>measurements  | <b>Absolute</b><br>pre-                              | e effect estimates<br>Prospective quality                                  | <b>Certainty of the Evidence</b><br>(Quality of evidence) | Plain text summary  |
|--|--|--|--|---|---|
|  |  | intervention   | intervention   |   |   |
| interruption of<br>chemotherapy<br>without<br>informing a<br>physician | Odds Ratio: 0.21<br>(CI 95% 0.01 - 1.71)<br>Based on data from<br>30 patients in 1<br>studies <sup>1</sup> | <b>380</b><br>per 1000<br>Difference:<br>(CI 95% 374 | <b>114</b><br>per 1000<br><b>266 fewer per 1000</b><br>4 fewer - 132 more) | Low   | Quality improvement intervention<br>may improve interruption of<br>chemotherapy without informing a<br>physician, however it is difficult to<br>draw conclusions with the small<br>sample size. |
| Medication<br>possession<br>ratio                                      | Based on data from<br>30 patients in 1<br>studies  |  |  | Low   | The medication possession ratio was<br>0.92 (sd = 0.1) in the intervention<br>group (no data was presented for<br>MPR for historical controls).   |

1. Primary study. Baseline/comparator: Control arm of reference used for intervention . Supporting references [6]

Figure 1. Flow diagram of included studies.



**References** 1. Escudero-Vilaplana V, Ribed A, Romero-Jimenez RM, et al: Pharmacotherapy follow-up of key points in the safety of oral antineoplastic agents. Eur J Cancer Care (Engl) 26, 2017

2. Patel JM, Holle LM, Clement JM, et al: Impact of a pharmacist-led oral chemotherapymonitoring program in patients with metastatic castrate-resistant prostate cancer. J Oncol Pharm Pract 22:777-783, 2016

3. Segal EM, Flood MR, Mancini RS, et al: Oral chemotherapy food and drug interactions: a comprehensive review of the literature. J Oncol Pract 10:e255-68, 2014

4. Sikorskii A, Given CW, Given BA, et al: An Automated Intervention Did Not Improve Adherence to Oral Oncolytic Agents While Managing Symptoms: Results From a Two-Arm Randomized Controlled Trial. J Pain Symptom Manage 56:727-735, 2018

5. McNamara E, Redoutey L, Mackler E, et al: Improving Oral Oncolytic Patient Self-Management. J Oncol Pract 12:e864-9, 2016

6. Morgan KP, Muluneh B, Deal AM, et al: Impact of an integrated oral chemotherapy program on patient adherence. J Oncol Pharm Pract 24:332-336, 2018