

A photograph of three young people, two girls and one boy, standing outdoors and talking. They are all smiling and appear to be students. One girl on the left has blonde hair and is wearing a green shirt. The boy in the middle has dark hair and is wearing a blue button-down shirt over a maroon t-shirt. The girl on the right has dark curly hair and is wearing a yellow and white striped shirt. They are holding books and papers, suggesting a school setting.

Gale eBooks: Student Collections

# Cameron's Collection

## Helping Teens Prioritize Mental Health and Wellness

In the United States, one in five teens is living with a mental illness.<sup>1</sup> For many, the hardest part is knowing how to name what they're feeling, where to look for help, or how to move past the stigma surrounding mental health. Teachers and counselors want to support their students but often feel overwhelmed by the scope of the challenge.

That's why Gale, in partnership with the Cameron K. Gallagher (CKG) Foundation, created *Cameron's Collection*—a digital library designed specifically for middle and high school students.

With more than 100 age-appropriate eBooks, this collection gives teens a private, reliable space to explore the challenges they face and discover healthy ways to cope. Students can deepen their understanding of emotions, learn strategies for building resilience and practicing mindfulness, and build long-term habits that promote overall wellness and self-care.

## Impact That Extends Beyond the Classroom

Every purchase of Cameron's Collections contributes to the mission of the Cameron K. Gallagher Foundation. Gale donates a portion of proceeds each year to help the foundation continue its work to raise awareness and reduce the stigma around mental health. To learn more about Cameron and the foundation's mission, visit [ckgfoundation.org](https://ckgfoundation.org).





## Reasons To Choose Cameron's Collection

- **Creates a safe, judgment-free space** for teens to explore.
- **Covers a wide range of relevant topics**, from social skills to sensitive emotional challenges.
- **Provides unlimited, simultaneous access**—no wait times or checkouts.
- **Protects privacy** with anonymous browsing.
- **Supports equity** with features like ReadSpeaker, translation into 60+ languages, highlighting, and note-taking.
- **Delivers nonfiction content** from leading publishers, carefully curated and organized by grade level, Dewey, and diverse perspectives.
- **Integrates easily** into classroom instruction and lesson planning.

### Student Supports for MTSS Framework

Cameron's Collection provides resources that complement Multi-Tiered System of Supports. Here's how you can implement:

- **Tier 1 (Universal):** Broad, preventive content for all students to build emotional awareness and resilience.
- **Tier 2 (Targeted):** Specific titles for small groups or students needing extra help with coping skills, bullying, or communication.
- **Tier 3 (Individualized):** Accessible, student-friendly materials that can supplement individualized plans and counseling.

Contact your Gale Education Consultant for a Demo or Quote Today.

Representative Name:

Contact:

➔ Explore the complete list of titles at [gale.com/camerons-collection](https://gale.com/camerons-collection)

