

## Medication Therapy Management (MTM) Program

As a CommuniCare Advantage member, you may be eligible for our Medication Therapy Management (MTM) Program at no additional cost to you. This program is not a plan benefit, but an additional free program meant to help members manage their health. The MTM program is designed to assist members who may benefit from additional support with their Part D medications for documented chronic illnesses including Alzheimer's disease, diabetes, mental health-chronic / disabling mental health condition, respiratory disease - chronic obstructive pulmonary disease (COPD), cardiovascular disorders, and bone disease - arthritis. It is also for those at risk for misuse or abuse of frequently abused drugs.

This free program provides an annual comprehensive medication review, quarterly targeted medication reviews and interventions when appropriate, interventions for members and prescribers where appropriate, and information about the safe disposal or "take back" of prescription drugs that are controlled substances. The comprehensive reviews completed with a nurse or pharmacist will help identify potential drug interactions, side effects, and gaps in care. The quarterly targeted reviews assess medication use on an on-going basis, to see if any unresolved issues need attention, if new drug therapy problems have arisen, or if your medication needs may be affected by a transition in your care.

Our nurses and pharmacists handle this review to ensure your medications are optimal for your health and safety and reduce the risk of adverse drug interactions for you with a minimum time commitment by you.

### How do I qualify? What happens next?

Enrollment in this program is automatic for eligible members; there is no need to apply. Members qualify for our MTM program based on their prescriptions, chronic conditions, and drug costs or risk. If you are taking multiple prescriptions, have high drug costs, and have several chronic health conditions, or if your treatment has involved medications that are categorized as at risk for misuse, you may qualify.

If you qualify for our MTM program, you will receive a letter with additional details.

If you have questions or would like information on the service, including the medication list, please call our Medication Therapy Management department at 1-866-342-2183, Monday through Friday 9am to 5pm eastern standard time; TTY users should call 711.