

# CommuniCare Advantage Chronic Condition Special Needs Plan offered by OH CHS SNP Inc. (dba CommuniCare Advantage) for Maryland Residents

# **Annual Notice of Changes for 2023**

You are currently enrolled as a member of CommuniCare Advantage Chronic Condition Special Needs Plan. Next year, there will be changes to the plan's costs and benefits. *Please see page 5 for a Summary of Important Costs, including Premium.* 

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at *www.communicare-advantage.com*. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

• You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

#### What to do now

- 1. ASK: Which changes apply to you
- □ Check the changes to our benefits and costs to see if they affect you.
  - Review the changes to Medical care costs (doctor, hospital).
  - Review the changes to our drug coverage, including authorization requirements and costs.
  - Think about how much you will spend on premiums, deductibles, and cost sharing.
- □ Check the changes in the 2023 Drug List to make sure the drugs you currently take are still covered.
- □ Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.
- □ Think about whether you are happy with our plan.

- 2. COMPARE: Learn about other plan choices
- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at <u>www.medicare.gov/plan-compare</u> website or review the list in the back of your *Medicare & You 2023* handbook.

□ Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

- 3. CHOOSE: Decide whether you want to change your plan
  - If you don't join another plan by December 7, 2022, you will stay in CommuniCare Advantage.
  - To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1**, **2023.** This will end your enrollment with CommuniCare Advantage.
  - If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

#### **Additional Resources**

- Please contact our Member Services number at (855)969-5869 for additional information. (TTY users should call 711.) Hours are 8:00 a.m. to 8:00 p.m. seven days a week October 1st through March 31st (8:00 a.m. to 8:00 p.m. Monday through Friday April 1st through September 30th).
- Please contact CommuniCare Advantage at (855) 969-5869 (TTY: 711) if you need information in a different language or a different accessible format.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <a href="http://www.irs.gov/Affordable-Care-Act/Individuals-and-Families">www.irs.gov/Affordable-Care-Act/Individuals-and-Families</a> for more information.

#### About CommuniCare Advantage

- CommuniCare Advantage is an HMO with a Medicare contract. Enrollment in CommuniCare Advantage depends on contract renewal.
- When this document says "we," "us," or "our," it means CommuniCare Advantage (CCA). When it says "plan" or "our plan," it means CommuniCare Advantage (CCA) Chronic Condition Special Needs Plan (CSNP).

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# Annual Notice of Changes for 2023 Table of Contents

Summary of In	nportant Costs for 2023	4
SECTION 1	Unless You Choose Another Plan, You Will Be Automatically En in <i>CommuniCare Advantage</i> in 2023	
SECTION 2	Changes to Benefits and Costs for Next Year	6
Section 2.1	– Changes to the Monthly Premium	6
Section 2.2	2 – Changes to Your Maximum Out-of-Pocket Amount	7
Section 2.3	B – Changes to the Provider and Pharmacy Networks	7
Section 2.4	I – Changes to Benefits and Costs for Medical Services	
Section 2.5	5 – Changes to Part D Prescription Drug Coverage	9
SECTION 3	Deciding Which Plan to Choose	12
Section 3.1	. – If you want to stay in CommuniCare Advantage	12
Section 3.2	2 – If you want to change plans	12
SECTION 4	Deadline for Changing Plans	13
SECTION 5	Programs That Offer Free Counseling about Medicare	14
SECTION 6	Programs That Help Pay for Prescription Drugs	14
SECTION 7	Questions?	15
Section 7.1	– Getting Help from CommuniCare Advantage	15
Section 7.2	2 – Getting Help from Medicare	15

## Summary of Important Costs for 2023

The table below compares the 2022 costs and 2023 costs for CommuniCare Advantage Chronic Condition Special Needs Plan in several important areas. **Please note this is only a summary of costs**.

Cost	2022 (this year)	2023 (next year)
Monthly plan premium* * Your premium may be higher than this amount. See Section 2.1 for details.	Part C premium: \$0 Part D premium: \$16	Part C premium: \$0 Part D premium: \$0
Deductible	Part B deductible: \$0	Part B deductible: \$0
	Part C deductible: \$0	Part C deductible: \$0
	Part D deductible: \$480	Part D deductible: \$505
Maximum out-of-pocket amount This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 2.2 for details.)	\$7,550	\$8,300
Doctor office visits	Primary care visits: \$5 per visit	Primary care visits: \$0 per visit
	Specialist visits: \$50 per visit	Specialist visits: \$50 per visit
	Exceptions: Cardiology and Endocrinology: \$10	Exceptions: Cardiology and Endocrinology: \$10
	Psychiatry: \$40	Psychiatry: \$40
	Podiatry: \$15.00	Podiatry: \$10.00

Cost	2022 (this year)	2023 (next year)
Inpatient hospital stays	•Days 1 through 5: \$400 per day for each benefit period	Days 1 through 5: \$375 per day for each benefit period
	•Days 6 through 90: \$0 per day for each benefit period	•Days 6 through 90: \$0 per day for each benefit period
	•For lifetime reserve days: you pay \$742 per day beginning with the first lifetime reserve day used	•For lifetime reserve days: you pay \$788 per day beginning with the first lifetime reserve day used
Part D prescription drug coverage (See Section 2.5 for details.)	One-month supply of select insulins: \$35	One-month supply of each insulin product
	Deductible: \$0 for drugs in Tier 1, Tier 2, and Tier 3; \$480 for drugs in Tier 4 and Tier 5	covered by our plan: \$35 Deductible: \$0 for drugs in Tier 1, Tier 2, and Tier 3; \$505 for drugs in Tier 4 and Tier 5
	Copayment/Coinsurance during the Initial Coverage Stage:	Copayment/Coinsurance during the Initial
	<ul> <li>Drug Tier 1: \$6 copay</li> <li>Drug Tier 2: \$17 copay</li> <li>Drug Tier 3: \$45 copay</li> <li>Drug Tier 4: \$95 copay</li> <li>Drug Tier 5: 25% coinsurance</li> </ul>	<ul> <li>Coverage Stage:</li> <li>Drug Tier 1: \$6 copay</li> <li>Drug Tier 2: \$17 copay</li> <li>Drug Tier 3: \$45 copay</li> <li>Drug Tier 4: \$95 copay</li> <li>Drug Tier 5: 25% coinsurance</li> </ul>

## SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in CommuniCare Advantage Chronic Condition Special Needs Plan in 2023

If you do nothing by December 7, 2022, we will automatically enroll you in our CommuniCare Advantage Chronic Condition Special Needs Plan. This means starting January 1, 2023, you will be getting your medical and prescription drug coverage through CommuniCare Advantage Chronic Condition Special Needs Plan. If you want to change plans or switch to Original Medicare you must do so between October 15 and December 7. If you are eligible for "Extra Help," you may be able to change plans during other times.

## SECTION 2 Changes to Benefits and Costs for Next Year

## Section 2.1 – Changes to the Monthly Premium

Cost	2022 (this year)	2023 (next year)
Monthly premium	Part C premium: \$0	Part C premium: \$0
(You must also continue to pay your Medicare Part B premium.)	Part D premium: \$16	Part D premium: \$0

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as "creditable coverage") for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.

## Section 2.2 – Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay "out-of-pocket" for the year. This limit is called the "maximum out-of-pocket amount." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2022 (this year)	2023 (next year)
Maximum out-of-pocket amount	\$7,550	\$8,300
Your costs for covered medical services (such as copays) count toward your maximum out-of- pocket amount. Your costs for prescription drugs do not count toward your maximum out-of- pocket amount.		Once you have paid \$8,300 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

### Section 2.3 – Changes to the Provider and Pharmacy Networks

Updated directories are located on our website at <u>www.communicare-advantage.com</u>. You may also call Member Services for updated provider and/or pharmacy information or to ask us to mail you a directory.

There are changes to our network of providers for next year. Please review the 2023 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

There are changes to our network of pharmacies for next year. Please review the 2023 Pharmacy Directory to see which pharmacies are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers), and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Member Services so we may assist.

### Section 2.4 – Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2022 (this year)	2023 (next year)
Doctor Visits	You pay the following co-pays per visit:	You pay the following co-pays per visit:
	<ul> <li>Primary care visit: \$5</li> <li>Specialist visit: \$50 except as follows:</li> <li>Cardiology: \$10</li> <li>Endocrinology: \$10</li> <li>Psychiatry: \$40</li> </ul>	<ul> <li>Primary care visit: \$0</li> <li>Specialist visit: \$50 except as follows:</li> <li>Cardiology: \$10</li> <li>Endocrinology: \$10</li> <li>Psychiatry: \$40</li> </ul>
Inpatient Hospital Care	<ul> <li>Days 1 - 5: you pay \$400 per day for each benefit period</li> <li>Days 6 - 90: you pay \$0 per day for each benefit period</li> <li>For lifetime reserve days: you pay \$742 per day beginning with the first lifetime reserve day used</li> </ul>	<ul> <li>Days 1 - 5: you pay \$375 per day for each benefit period</li> <li>Days 6 - 90: you pay \$0 per day for each benefit period</li> <li>For lifetime reserve days: you pay \$788 per day beginning with the first lifetime reserve day used</li> </ul>
Skilled Nursing Facility Care	You pay the following for each benefit period:	You pay the following for each benefit period:
	<ul> <li>Days 1 - 20: \$0 per day</li> <li>Days 21 - 100: \$188 per day.</li> <li>Days 101 and beyond: All costs</li> </ul>	<ul> <li>Days 1 - 20: \$0 per day</li> <li>Days 21 - 100: \$194.50 per day.</li> <li>Days 101 and beyond: All costs</li> </ul>
Cardiac Rehabilitation	You pay a \$50 co-pay per session	You pay a \$40 copay per session
Intensive Cardiac Rehabilitation	You pay a \$100 co-pay per session	You pay a \$60 co-pay per session
Pulmonary Rehabilitation	You pay a \$30 co-pay per session	You pay a \$20 co-pay per session

Cost	2022 (this year)	2023 (next year)
Supervised Exercise Therapy (SET)	You pay a \$30 co-pay per session	You pay a \$25 co-pay per session
Podiatry	You pay a \$15 co-pay per visit	You pay a \$10 co-pay per visit
Extra Benefit: Dental	No cost sharing for preventive dental services for up to \$1,000 per year	Benefit expanded to include comprehensive dental care. No cost sharing for comprehensive or preventive dental services for up to \$1,250 per year

## Section 2.5 – Changes to Part D Prescription Drug Coverage

#### Changes to Our Drug List

Our list of covered drugs is called a Formulary or "Drug List." A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.** 

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Member Services for more information.

#### **Changes to Prescription Drug Costs**

**Note:** If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We have included a separate insert, called the "*Evidence of Coverage Rider for People Who Get Extra Help Paying for* 

# CommuniCare Advantage Chronic Condition Special Needs Plan Annual Notice of Changes for 2023

*Prescription Drugs*" (also called the "*Low Income Subsidy Rider*" or the "*LIS Rider*"), which tells you about your drug costs. If you receive "Extra Help" and didn't receive this insert with this packet, please call Member Services and ask for the "LIS Rider."

There are four "drug payment stages." The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

#### 2022 (this year) 2023 (next year) Stage **Stage 1: Yearly Deductible Stage** The deductible is \$480 The deductible is \$505 During this stage, you pay the During this stage, you pay During this stage, you **full cost** of your Part D drugs \$6 cost-sharing for drugs in pay \$6 cost-sharing for until you have reached the yearly Tier 1 (preferred generic), drugs in Tier 1 (preferred deductible. \$17 cost-sharing for drugs generic), \$17 costin Tier 2 (generic), and \$45 sharing for drugs in Tier 2 cost-sharing for drugs in (generic), and \$45 cost-Tier 3 (preferred brand) sharing for drugs in Tier 3 and the full cost of Tiers 4 (preferred brand) and (brand) and 5 (specialty) the full cost of Tiers 4 (brand) and 5 (specialty) drugs until you have reached the yearly drugs until you have deductible. reached the yearly deductible. You pay \$35 for a one-You pay \$35 for a onemonth supply of select month supply of each insulins insulin product covered by our plan

### Changes to the Deductible Stage

## Changes to Your Cost Sharing in the Initial Coverage Stage

Stage	2022 (this year)	2023 (next year)
Stage 2: Initial Coverage Stage Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost. The costs in this row are for a	Your cost for a 30-day supply filled at a network pharmacy with standard cost sharing:	No changes. Your cost for a 30-day supply filled at a network pharmacy with standard cost sharing:
	Tier 1 (preferred generic): \$6 retail/ \$5 mail order per drug	Tier 1 (preferred generic): \$6 retail/ \$5 mail order per drug
one-month (30 day) supply when you fill your prescription at a network pharmacy that provides standard cost sharing. For	Tier 2 (generic): \$17 retail/ \$15 mail order per drug	Tier 2 (generic): \$17 retail/ \$15 mail order per drug
information about the costs, look in Chapter 6, Section 5 of your <i>Evidence of Coverage</i> .	Tier 3 (preferred brand): \$45 retail/ \$40 mail order per drug	Tier 3 (preferred brand): \$45 retail/ \$40 mail order per drug
	Tier 4 (brand): \$92 retail/ \$90 mail order per drug	Tier 4 (brand): \$92 retail/ \$90 mail order per drug
	Tier 5 (specialty): 25% of the cost of the drug plus dispensing fee	Tier 5 (specialty): 25% of the cost of the drug plus dispensing fee
	You pay \$35 for select insulins.	You pay \$35 for a one- month supply of each insulin product covered by our plan.
	Once your total drug costs have reached \$4,430, you will move to the next stage (the Coverage Gap Stage).	Once your total drug costs have reached \$4,660, you will move to the next stage (the Coverage Gap Stage).

**Important Message About What You Pay for Vaccines** - Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call Member Services for more information.

**Important Message About What You Pay for Insulin** - You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.

**Getting Help from Medicare**-If you chose this plan because you were looking for insulin coverage at \$35 a month or less, it is important to know that you may have other options available to you for 2023 at even lower costs because of changes to the Medicare Part D program. Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week for help comparing your options. TTY users should call 1-877-486-2048.

Additional Resources to Help–Please contact our Member Services number at (855) 969-5869 for additional information. (TTY users should call 711). Hours are 8:00 a.m. to 8:00 p.m. seven days a week October 1st through March 31st (8:00 a.m. to 8:00 p.m. Monday through Friday April 1st through September 30th).

## SECTION 3 Deciding Which Plan to Choose

## Section 3.1 – If you want to stay in CommuniCare Advantage Chronic Condition Special Needs Plan

**To stay in our plan, you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our CommuniCare Advantage Chronic Condition Special Needs Plan.

### Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023, follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- *OR*-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 2.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (<u>www.medicare.gov/plan-compare</u>), read the *Medicare & You 2023* 

# CommuniCare Advantage Chronic Condition Special Needs Plan Annual Notice of Changes for 2023

handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

#### Step 2: Change your coverage

- To change to a different Medicare health plan, enroll in the new plan. You will automatically be disenrolled from CommuniCare Advantage Chronic Condition Special Needs Plan.
- To change to Original Medicare with a prescription drug plan, enroll in the new drug plan. You will automatically be disenrolled from CommuniCare Advantage Chronic Condition Special Needs Plan.
- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Member Services if you need more information on how to do so.
  - or Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

## SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2023.

#### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare

# CommuniCare Advantage Chronic Condition Special Needs Plan Annual Notice of Changes for 2023

prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

## SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Maryland the SHIP is called Maryland State Health Insurance Assistance Program

It is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare. Maryland State Health Insurance Assistance Program counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Maryland State Health Insurance Assistance Program at (800) 243-3425.

## SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **"Extra Help" from Medicare.** People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
  - Your State Medicaid Office (applications).
- Help from your state's pharmaceutical assistance program. Maryland has a program called Maryland Senior Prescription Drug Assistance Program that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program.
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Maryland AIDS Drug Assistance Program. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call (800) 205-6308.

### SECTION 7 Questions?

## Section 7.1 – Getting Help from CommuniCare Advantage Chronic Condition Special Needs Plan

Questions? We're here to help. Please call Member Services at (855)969-5869. (TTY only, call 711). We are available for phone calls 8:00 a.m. to 8:00 p.m. seven days a week October 1<sup>st</sup> through March 31st (8:00 a.m. to 8:00 p.m. Monday through Friday April 1st through September 30th). Calls to these numbers are free.

Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This Annual Notice of Changes gives you a summary of changes in your benefits and costs for 2023. For details, look in the 2023 Evidence of Coverage for CommuniCare Advantage Chronic Condition Special Needs Plan. The Evidence of Coverage is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the Evidence of Coverage is located on our website at *www.communicare-advantage.com*. You may also call Member Services to ask us to mail you an Evidence of Coverage.

#### Visit our Website

You can also visit our website at <u>www.communicare-advantage.com</u>. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (*Formulary/Drug List*).

### Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

#### Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Visit the Medicare Website

Visit the Medicare website (<u>www.medicare.gov</u>). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to <u>www.medicare.gov/plan-compare</u>.

#### Read Medicare & You 2023

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<u>https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf</u>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.