

Which endoscopy procedure is right for you?

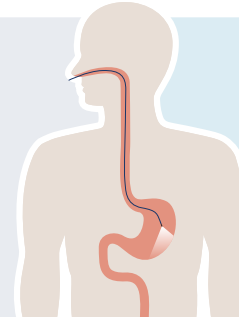
During an endoscopy, a thin, flexible tube called an endoscope is put down your throat and into your esophagus, stomach, and in some cases, the first part of your small intestine. The scope has a light, a camera, and a tool that allows it to remove tiny pieces of tissue that are later tested in a lab.

Common Questions



Option 1 Sedation-Free

No anesthesia (you are **awake**).
Endoscope is put through your **nose**.
About a 10-minute procedure.



Option 2 Sedated

Anesthesia is used to put you to **sleep**.
Endoscope is put through your **mouth**.
About a 10-minute procedure.

Both procedures are equally effective for your situation.

Is one procedure more effective than the other?

Is the procedure covered by insurance?

Both procedures are covered by insurance. Your cost depends on your insurance, co-pay, and deductible.

What are the risks from anesthesia?

There are no risks because no anesthesia is used.

About 1% of patients (1/100) experience a complication. Most are mild and temporary (e.g., nausea/ vomiting after procedure). More serious ones can occur.

What does it feel like during the procedure?

Some or none of the following: mild nasal pressure, potential gag reflex, burping, spit up, mild chest discomfort, sore throat.

IV placement (needle) required for procedure with minimal to no discomfort depending on level of sedation used.

What might you experience after procedure?

Mild sore nose, throat, or chest that is relieved by medication or cold liquids.

Fever, cough, nausea, IV site tenderness, and or more significant sore throat or chest relieved by medication or cold liquids.

How long will I be at the medical center in total?

30 minutes – 1 hour

Around 3 hours

Can my child and I return to our normal daily routines after leaving?

The procedure does not limit your activities after it is complete.

You or the patient should rest with supervision for the rest of the day. Some patients may require an additional day of recovery.