

Which endoscopy procedure is right for you?

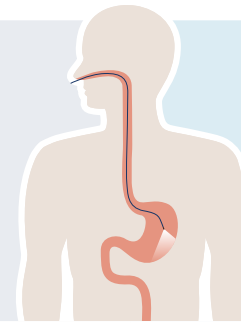
During an endoscopy, a thin, flexible tube called an endoscope is put down your throat and into your esophagus, stomach, and in some cases, the first part of your small intestine. The scope has a light, a camera, and a tool that allows it to remove tiny pieces of tissue that are later tested in a lab.

Common Questions



Option 1 Sedation-Free

No anesthesia (you are **awake**).
Endoscope is put through your **nose**.
About a 10-minute procedure.



Option 2 Sedated

Anesthesia is used to put you to **sleep**.
Endoscope is put through your **mouth**.
About a 10-minute procedure.

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| Is one procedure more effective than the other? | Both procedures are equally effective for your situation. | |
| Is the procedure covered by insurance? | Both procedures are covered by insurance. Your cost depends on your insurance, co-pay, and deductible. | |
| What are the risks from anesthesia? | There are no risks because no anesthesia is used. | About 1% of patients (1/100) experience a complication. Most are mild and temporary (e.g., nausea/ vomiting after procedure). More serious ones can occur. |
| What does it feel like during the procedure? | Some or none of the following: mild nasal pressure, potential gag reflex, burping, spit up, mild chest discomfort, sore throat. | IV placement (needle) required for procedure with minimal to no discomfort depending on level of sedation used. |
| What might you experience after procedure? | Mild sore nose, throat, or chest that is relieved by medication or cold liquids. | Fever, cough, nausea, IV site tenderness, and or more significant sore throat or chest relieved by medication or cold liquids. |
| How long will I be at the medical center in total? | 30 minutes – 1 hour | Around 3 hours |
| Can I return to my normal daily routines after leaving? | The procedure does not limit your activities after it is complete. | You should rest with supervision for the rest of the day. Some patients may require an additional day of recovery. |