



ResMed



The right support at the right time, with Care Check-In

Adapting to therapy can be hard. That's why your AirSense™ 11 and myAir™ app have a Care Check-In feature. It asks you how you're doing, then helps you get the support you need.

ResMed.com/CareCheck-In

What is Care Check-In?

Care Check-In is a smart way to get the support you need to succeed with CPAP therapy. This AirSense 11 and myAir feature asks you **simple questions to understand how you're getting on** during your first 28 days of treatment.

If you need help with straightforward issues like mask leak, Care Check-In directs you to relevant self-help content. If you're struggling to adapt to therapy, Care Check-In flags the issue for your healthcare team* so they can provide individual support.

Care Check-In helps you to:

Report problems

If something isn't right, you don't need to wait until your next appointment and hope you still remember the problem. Instead, you can flag it with Care Check-In by answering up to three questions on your AirSense 11 device or your myAir app.

Feel reassured

When you use Care Check-In, you can feel confident that your healthcare provider can see any issues that you've flagged.

Resolve issues independently

Sometimes a little tweak is all it takes. If something isn't right, Care Check-In can direct you to relevant self-help information. You can resolve small issues independently and with confidence.

Feel prepared

Care Check-In is a way for you and your care provider to understand the ups and downs of your therapy experience. When you both have the same information, it's easier to work together to find solutions.

Here's how it works

- 1 **You answer Care Check-In questions** that appear on your device or in the myAir app
- 2 **Care Check-In can offer suggestions** to help you to resolve simple issues.
- 3 **Your care team sees your Care Check-In responses** alongside your therapy data in the ResMed patient telemonitoring system.
- 4 **Your care team has a clearer picture of how you're getting on** and can provide support if necessary.

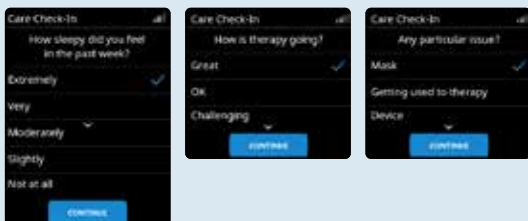


Here's what it looks like

When you're getting set up to start therapy



When you're settling into therapy, to see how you're adjusting and identify any issues.



To access our full range of advice and support, use Care Check-In on the myAir app.



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Upgrade your CPAP therapy experience with the myAir app

Start your journey to CPAP success by downloading the myAir app or scanning the QR code.



SCAN ME!



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App Store

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* Your healthcare team can view your Care Check-In responses through AirView, ResMed's patient management platform.

Please refer to the user guides for relevant information related to any warnings and precautions to be considered before and during use of the products.

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