



Talent-driven, tech-powered

# Transamerica Talks

Q3 2025



Find resources to support retirement plans that help people live their best lives in this issue of *Transamerica Talks*.



## Elevating Experiences

Transamerica's transformation continues, and we're making it easier for plan sponsors and participants to make the most of their plan.

We're pleased to share the enhancements we're making to help plan sponsors and participants live their best lives. See what the buzz is about and how we're redefining retirement.

[Learn more →](#)

Participants can manage their account anywhere, anytime with the updated Transamerica Mobile App. From fast, secure login to smart alerts, participants have the power to do more.

[Watch our video →](#)

Information regarding retirement plans is general and is not intended as legal or tax advice. Retirement plans are complex, and the federal and state laws or regulations on which they are based vary for each type of plan and are subject to change. In addition, some products, investment vehicles, and services may not be available or appropriate in all workplace savings plans. Plan sponsors and plan administrators may wish to seek the advice of legal counsel or a tax professional to address their specific situations.

Transamerica Center for Retirement Studies® (TCRS) is a division of Transamerica Institute®, a nonprofit, private operating foundation dedicated to identifying, researching, and educating the public about retirement security and the intersections of health and financial well-being. For more information, visit [transamericainstitute.org](https://transamericainstitute.org).



## Investing insights

The Federal Reserve cut interest rates for the first time since December 2024. Learn what Transamerica Asset Management, Inc. CIO Tom Wald, CFA® sees ahead for interest rates and the markets. And don't forget to check out Tom's latest Market Pulse podcast.

[Read Tom's forecast →](#)

[Access the podcast →](#)



## Thought leadership

Turning 90 is a great milestone – even for a social program. To commemorate Social Security's 90th anniversary, Transamerica Center for Retirement Studies® in collaboration with Transamerica Institute® has published *Social Security Turns 90: The Cornerstone of Retirement Income*.

[Read the report →](#)



## Product update

Employees get a big-picture view of their retirement, insurance, and health-related accounts when their employer offers Transamerica's holistic financial wellness solutions. Make it easier for them to plan, save, and spend wisely.

[Single-provider solutions →](#)



## Shared successes

Participants and plan sponsors appreciate the service they receive from Transamerica, and it's reflected in our stellar ratings. Check out our latest satisfaction scores!

[See the scores →](#)

Continuing our record of success across our core markets, we're pleased to be recognized in the **2025 NAPA Advisors' Choice** awards. We're committed to excellence in advisor support this year and every year.



## Did you know?

The average life expectancy at birth in 1930 was just 58 for men and 62 for women. Based on those averages, many people would never collect benefits from Social Security, signed into law in 1935. However, people who lived past childhood were much more likely to reach the official retirement age of 65 and benefit from the program.

[More from Social Security →](#)