



A Pure Mediterranean Foods Company

Form NPD-001-E

Version: 3  
Supersedes: 2.14.18

## Pastichio (Greek Beef & Macaroni Lasagna with White Béchamel Sauce) Product Specification

<b>Product Name:</b> Pastichio (Greek Beef & Macaroni Lasagna with White Béchamel Sauce)			<b>Product Code:</b> 046																																										
<b>External UPC:</b> 0-00-75365-00046-0	<b>Internal UPC:</b> 0-75365-00046-0	<b>Internal Product Code:</b> RSL046																																											
<b>Case Packing:</b> 4-6 lbs. Trays	<b>Net Weight:</b> 24.0 lbs	<b>Shipping Weight:</b> 25.8 lbs																																											
<b>Case Cube:</b> 0.94		<b>Storage Temp:</b> Keep Frozen (10°F or below)																																											
<b>Approximate Portion Size:</b> 1 cup		<b>Approximate Portions Per Case:</b> 48																																											
<b>Case Dimensions:</b> <b>Length:</b> 20.25” <b>Width:</b> 5.88” <b>Height:</b> 13.63”		<b>Pallet Dimensions:</b> <b>Tie:</b> 12 <b>High:</b> 5 <b>Total Cases Per Pallet:</b> 60																																											
<b>Kosher:</b> No	<b>Thawed Shelf Life:</b> 1 day		<b>Frozen Shelf Life:</b> 365 days																																										
<b>Description:</b> Lasagna Mediterranean style! Our Pastichio is made with imported Greek Macaroni layered with seasoned beef, herbs topped with a creamy white Béchamel sauce. Just heat and serve in our convenient aluminum trays.																																													
<b>Ingredient Statement:</b>  Water, Beef, Macaroni (Semolina [May Be Enriched With Iron {Ferrous Sulfate} and B Vitamins {Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid}]] and Water), Greek Cream Sauce Base (Nonfat Milk, Modified Food Starch, A Dehydrated Blend of Romano Cheese (Part-Skim Cow’s Milk, Cheese Culture, Salt, Enzymes), Bleached Enriched Wheat Flour [Malted Barley Flour, Potassium Bromate, Niacin, Iron, Thiamine Mononitrate (B1), Riboflavin (B2)], Egg Yolk Powder, Salt, Onion Powder, Spices, Garlic Powder, Turmeric and Sodium Phosphate), Eggs (Whole Eggs with Citric Acid), Romano Cheese (Pasteurized Cow’s Milk, Cheese Cultures, Salt, Enzymes, Anti-Caking Agent [Powdered Cellulose]), Tomato Paste, Seasonings [Oat Fiber (Isolated Oat Product), Wine Powder (Distilled Red Wine Extract, Maltodextrin, Natural Red Wine Flavor), Dehydrated Onion, Dehydrated Garlic], Margarine (Vegetable Oil Blend (Palm Oil and Soybean Oil), Water, Salt, Contains Less Than 2% of Nonfat Dry Milk, Soy Lecithin, Vegetable Mono and Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Modified Food Starch.  <b>CONTAINS: SOYBEAN, MILK, WHEAT, EGG</b>  All food ingredients contained in this product are approved for use in a regulation of the Food and Drug Administration CFR Title 21 or are listed as generally recognized as safe.		<table><tr><th colspan="2">Nutrition Facts</th></tr><tr><td colspan="2">About 12 servings per container</td></tr><tr><td><b>Serving size</b></td><td><b>One Cup (227g)</b></td></tr><tr><td colspan="2"><b>Amount per serving</b></td></tr><tr><td><b>Calories</b></td><td><b>320</b></td></tr><tr><td colspan="2"><b>% Daily Value*</b></td></tr><tr><td><b>Total Fat</b> 14g</td><td><b>18%</b></td></tr><tr><td>Saturated Fat 6g</td><td><b>30%</b></td></tr><tr><td>Trans Fat 0.5g</td><td></td></tr><tr><td><b>Cholesterol</b> 65mg</td><td><b>22%</b></td></tr><tr><td><b>Sodium</b> 850mg</td><td><b>37%</b></td></tr><tr><td><b>Total Carbohydrate</b> 31g</td><td><b>11%</b></td></tr><tr><td>Dietary Fiber 3g</td><td><b>11%</b></td></tr><tr><td>Total Sugars 5g</td><td></td></tr><tr><td>Includes 0g Added Sugars</td><td><b>0%</b></td></tr><tr><td><b>Protein</b> 18g</td><td></td></tr><tr><td>Vitamin D 0mcg</td><td><b>0%</b></td></tr><tr><td>Calcium 202mg</td><td><b>15%</b></td></tr><tr><td>Iron 2mg</td><td><b>10%</b></td></tr><tr><td>Potassium 465mg</td><td><b>10%</b></td></tr><tr><td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></td></tr></table>		Nutrition Facts		About 12 servings per container		<b>Serving size</b>	<b>One Cup (227g)</b>	<b>Amount per serving</b>		<b>Calories</b>	<b>320</b>	<b>% Daily Value*</b>		<b>Total Fat</b> 14g	<b>18%</b>	Saturated Fat 6g	<b>30%</b>	Trans Fat 0.5g		<b>Cholesterol</b> 65mg	<b>22%</b>	<b>Sodium</b> 850mg	<b>37%</b>	<b>Total Carbohydrate</b> 31g	<b>11%</b>	Dietary Fiber 3g	<b>11%</b>	Total Sugars 5g		Includes 0g Added Sugars	<b>0%</b>	<b>Protein</b> 18g		Vitamin D 0mcg	<b>0%</b>	Calcium 202mg	<b>15%</b>	Iron 2mg	<b>10%</b>	Potassium 465mg	<b>10%</b>	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
Nutrition Facts																																													
About 12 servings per container																																													
<b>Serving size</b>	<b>One Cup (227g)</b>																																												
<b>Amount per serving</b>																																													
<b>Calories</b>	<b>320</b>																																												
<b>% Daily Value*</b>																																													
<b>Total Fat</b> 14g	<b>18%</b>																																												
Saturated Fat 6g	<b>30%</b>																																												
Trans Fat 0.5g																																													
<b>Cholesterol</b> 65mg	<b>22%</b>																																												
<b>Sodium</b> 850mg	<b>37%</b>																																												
<b>Total Carbohydrate</b> 31g	<b>11%</b>																																												
Dietary Fiber 3g	<b>11%</b>																																												
Total Sugars 5g																																													
Includes 0g Added Sugars	<b>0%</b>																																												
<b>Protein</b> 18g																																													
Vitamin D 0mcg	<b>0%</b>																																												
Calcium 202mg	<b>15%</b>																																												
Iron 2mg	<b>10%</b>																																												
Potassium 465mg	<b>10%</b>																																												
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>																																													

The presence of natural ingredients can lead to slight variations in color and analysis. These variations are not related to our standardized flavor profile. Therefore, these data should be used as a condition of sale.

Confidential

6.22.2018 BU

Grecian Delight Foods, Inc., 1201 Tonne Road, Elk Grove Village, Illinois, 60007

P: (847)364-1010 Outside Illinois P: (800)621-4387 Fax: (847)364-1073 www.greciandelight.com

Effective date: 9/26/11 Replaces: 11/8/12 Review date: 2/22/13 R:\Specifications in Word\Product Specs in Word\046 Pastichio Specification 6.22.18.doc




A Pure Mediterranean Foods Company

Form NPD-001-E

Version: 3

Supersedes: 2.14.18

<b>Lot Coding: Shipping Container:</b>  L YYJJJxxxxxx (L signifies "lot code", YY=2 digit year, JJJ=Julian code, xxxxxx is 6 digit system generated unique number)	<b>Lot Coding: Packaging Container (if applicable):</b>  4 digit Julian date of production
<b>Microbiological Standards (if applicable):</b> <b>APC:</b> Not Applicable <b>Coliform:</b> Not Applicable <b>E. coli:</b> Not Applicable <b>Yeast &amp; Mold:</b> Not Applicable <b>Salmonella:</b> Not Applicable <b>Listeria spp:</b> Not Applicable	
<b>Sensory Standards:</b> <b>Appearance:</b> Covered with Béchamel on the surface, with a mix of noodles and cooked meat on the interior. <b>Color:</b> Beige to white <b>Flavor/Aroma:</b> Typical of Pastichio <b>Texture:</b> Typical of cooked pasta mixed with ground beef	
<b>Chemical Standards (if applicable):</b> <b>% Moisture:</b> Not Applicable <b>% Salt:</b> Not Applicable <b>Viscosity:</b> Not Applicable <b>pH:</b> Not Applicable	
<b>Photos:</b> 	

Confidential

6.22.2018 BU

Grecian Delight Foods, Inc., 1201 Tonne Road, Elk Grove Village, Illinois, 60007

P: (847)364-1010 Outside Illinois P: (800)621-4387 Fax: (847)364-1073 [www.greciandelight.com](http://www.greciandelight.com)

Effective date: 9/26/11 Replaces: 11/8/12 Review date: 2/22/13 R:\Specifications in Word\Product Specs in Word\046 Pastichio Specification 6.22.18.doc



A Pure Mediterranean Foods Company

*Form NPD-001-E*

Version: 3  
Supersedes: 2.14.18

## **Preparation/Cooking Instructions:**

Product can reheated in a frozen or thawed state  
Product must be thawed under refrigeration

### **Conventional Oven**

Preheat Oven to 350°F  
Place pan in oven with lid attached for 95 minutes  
**Internal temperature should be 165°F**

### **Convection Oven**

Preheat Oven to 350°F  
Place pan in oven with lid attached for 85 minutes  
**Internal temperature should be 165°F**

**Confidential**

6.22.2018 BU

Grecian Delight Foods, Inc., 1201 Tonne Road, Elk Grove Village, Illinois, 60007

P: (847)364-1010 Outside Illinois P: (800)621-4387 Fax: (847)364-1073 [www.greciandelight.com](http://www.greciandelight.com)

Effective date: 9/26/11 Replaces: 11/8/12 Review date: 2/22/13 R:\Specifications in Word\Product Specs in Word\046 Pastichio Specification 6.22.18.doc



A Pure Mediterranean Foods Company

Form NPD-001-E

Version: 3  
Supersedes: 2.14.18

100g Nutritional:	Nutrients		Per 100g	Nutrients		Per 100g
	Basic Components			Vitamin B3 - Niacin Equiv (mg)		0.12
	Calories (kcal)		140.99	Vitamin B6 (mg)		0.01
	Calories from SatFat (kcal)		55.96	Folate, DFE (mcg DFE)		1.57
	Fat (g)		6.23	Folic Acid (mcg)		0
	Saturated Fat (g)		2.82	Vitamin B12 (mcg)		0.01
	Poly Fat (g)		0.37	Biotin (mcg)		0.08
	Mono Fat (g)		0.52	Pantothenic Acid (mg)		0.02
	Trans Fatty Acid (g)		0.24	Minerals		
	Cholesterol (mg)		29.3	Sodium (mg)		375.37
	Carbohydrates (g)		13.58	Fluoride (mg)		0.08
	Total Sugars (g)		2.33	Calcium (mg)		88.8
	Added Sugar (g)		0	Iron (mg)		0.99
	Dietary Fiber (2016) (g)		0	Potassium (mg)		204.64
	Soluble Fiber (2016) (g)		0	Phosphorus (mg)		48.81
	Insoluble Fiber (2016) (g)		0	Iodine (mcg)		0
	Protein (g)		7.9	Magnesium (mg)		1.72
	Vitamins			Zinc (mg)		0.77
	Vitamin D - mcg (mcg)		0.2	Selenium (mcg)		4.11
	Vitamin D - IU (IU)		0	Copper (mg)		0.02
	Vitamin A - RAE (mcg)		7.32	Manganese (mg)		0.06
	Beta-Carotene (mcg)		23.8	Chromium (mcg)		--
	Vitamin C (mg)		0.47	Molybdenum (mcg)		1.35
	Vitamin E - Alpha-Toco (mg)		0	Chloride (mg)		116.77
	Vitamin K (mcg)		0.3	Other Nutrients		
	Vitamin B1 (mg)		0.1	Sugar Alcohol (g)		0
	Vitamin B2 (mg)		0.11	Choline (mg)		0

Confidential

6.22.2018 BU

Grecian Delight Foods, Inc., 1201 Tonne Road, Elk Grove Village, Illinois, 60007

P: (847)364-1010 Outside Illinois P: (800)621-4387 Fax: (847)364-1073 www.greciandelight.com

Effective date: 9/26/11 Replaces: 11/8/12 Review date: 2/22/13 R:\Specifications in Word\Product Specs in Word\046 Pastichio Specification 6.22.18.doc