grecian delight KRONOS	FINISHED PRODUCT SPECIFICATION
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Together, Serving Up World Flavors. Effective Date: 07/12/2023 **Document:** Research and Development **Program:** Specification Program

Revised By: Nancy Zuniga Location: TONNE/GDF

Approved By: Nick Spondike, Chief Innovation Officer

Item Name: 0.5 oz TRADITIONAL CHICKPEA FALAFEL TOT 4-4 LB BAGS

Item Number: FA000084

PIECE WEIGHT

(+/- 0.15 oz)

### **ITEM DESCRIPTION**

Authentic Falafel recipe featuring chickpeas, parsley, onions, cilantro, garlic and spices. Gluten Free ; Vegan recipe and free of artificial colors, flavors and preservatives.

Color: Beige with flecks of herbs and very small pieces of garbanzo beans

Appearance: Wet and sticky to the touch, like stuffing

Cooked Texture: Crunchy outside. Soft, somewhat moist inside but granular.

ITEM PACKAGING						
	Plain Plastic Bags no inner					
Primary Packaging:	label	Primary Case Type:	INK JETTED LABEL			
Cases Per Pallet:	72 Cases per pallet	No. of Bags / Case:	4/4 lb Bags			
<b>Rows Per Pallet (Hi):</b>	8 Cases High	Case Gross Wt. (lbs):	17.00 lbs			
Cases Per Row (Ti):	9 Cases Per Row	Case Gross Wt. (kg):	7.7 kg			
<b>Case Dimensions (Inches):</b>	16.94 x 11.06 x 7.50 in.	Case Net Wt. (lbs):	16.00 lbs			
UPC Code Number:	0-75365-10058-0	Case Net Wt. (kg):	7.26 kg			
SEC / ITF / GTIN Number:	100-75365-10058-7	Cases Cube (Cu. Ft.):	0.813 Cu. Ft.			
Pallet Weight (lb & kg):	1289 lbs (584 kg)					
STO	RAGE & SHELF LIFE	<b>2 &amp; CODE DATE FOR</b>	MAT			
Storage Conditions:	FROZEN (0°F)	Distributed:	FROZEN (0°F)			
Shelf Life from Production:	FROZEN (0°F) : 6 MONTHS	CASE Code Date Format:	Shipping Container Video Jet			
	(180 DAYS)		1 Digit Year + Julian Date			
Certified Kosher NO	Certified Halal NO	Certified Organic NO	Certified CN NO			
INGREDIENT STATEMENT						
INCREDIENTS.						

# **INGREDIENTS:**

CHICKPEAS, WATER, PARSLEY, ONIONS, CILANTRO, SERRANO PEPPERS, GARLIC PUREE (GARLIC, CITRIC ACID), CONTAINS 2% OR LESS OF: SALT, SPICES, RICE FLOUR, XANTHAN GUM.

**KRONOS** 

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## NUTRITIONALS PER SERVING SIZE

Serving Size: 8 pieces - 4 oz Servings Per Container: 64

CLAIMS: GLUTEN FREE FREE OF ALLERGENS VEGETARIAN / VEGAN NO PRESERVATIVES NO ARTIFICIAL FLAVORS OR COLORS TRANS FAT FREE

Nutrition F	Facts
64 servings per container	
Serving size 8 Pieces	- 4 oz (113g)
Amount per serving	100
Calories	<u>    180    </u>
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 560mg	24%
Total Carbohydrate 31g	11%
Dietary Fiber 12g	43%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 10g	20%
	0%
Vitamin D 0mcg	0%
Calcium 71mg	6%
Iron 3mg	15%
Potassium 399mg	8%
*The % Daily Value tells you how much a nutrie food contributes to a daily diet. 2,000 calories a general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Pi	rotein 4

## <u>Nutrient Content Claims</u> <u>Per Serving Size:</u>

Low Fat Low Saturated Fat Low Cholesterol Excellent source of Protein Excellent source of Fiber Good source of Vitamin C Good source of Phosphorous Good source of Magnesium Good source of Zinc Good source of Iron

### ALLERGENS AND OTHER SENSITIVE INGREDIENTS

	Column I Column II		Column III	
ALLERGEN	Present in the Product	Present in other products manufactured on the same line	Present in the same manufacturing plant	
Peanut	NO NO		NO	
Tree Nuts	NO	NO NO		
Milk and Dairy Products			YES	
Eggs	NO	NO	NO	
Fish	NO	NO	NO	
Shellfish and Molluscs	NO	NO	NO	
Soy	NO	NO	YES	
Wheat	NO	NO	YES	
SESAME SEEDS	NO	NO	YES	
Monosodium Glutamate (MSG)	NO	NO	YES	

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#### NUTRITIONALS VALUES (100g UNROUNDED)

**Product:** 

0.5 oz TRADITIONAL CHICKPEA FALAFEL TOT 4-4 LB BAGS

**GENESIS EFFECTIVE DATE: 06/19/2023** 

Nutrients	Per 100g	Nutrients	Per 100g	Nutrients	Per 100g	Nutrients	Per 100g
Basic Com	ponents	Trans Fatty Acid (	0.00	Vitamin B12 (mcg)	0.00	Magnesium (mg)	34.22
Gram Weight (g)	100.00	Cholesterol (mg)	0.00	Biotin (mcg)	0.00	Manganese (mg)	0.02
Calories (kcal)	163.03	Water (g)	53.38	Vitamin C (mg)	9.93	Molybdenum (mc	0.00
Calories from Fat							
(kcal)	23.64	Ash (g)	0.00	Vitamin D - IU (IU)	0.00	Phosphorus (mg)	100.42
Calories from							
SatFat (kcal)	2.32	Insoluble Fiber (g)	0.00	Vitamin D - mcg (m	0.00	Potassium (mg)	351.81
		Vitamin E - A		Vitamin E - Alpha-			
Protein (g)	8.60	Vitar	nins	Toco (mg)	0.00	Selenium (mcg)	0.00
Carbohydrates (g)	27.11	Vitamin A - IU (IU	513.94	Folate (mcg)	11.00	Sodium (mg)	490.09
Dietary Fiber 2016	10.29	Vitamin A - RE (R	0.00	Folate, DFE (mcg)	0.00	Zinc (mg)	1.06
		Vitamin A - RAE					
Soluble Fiber 2016	0.00	(RAE)	0.20	Vitamin K (mcg)	0.00	Chloride (mg)	0.00
Total Sugars (g)	4.62	Carotenoid RE (RI	0.41	Pantothenic Acid (m	0.00	Poly Fats	
Added Sugars (g)	0.00	Retinol RE (RE)	0.00	Miner	als	Omega 3 Fatty Ac	0.00
Disaccharides (g)	0.00	Beta-Carotene (mc	2.44	Calcium (mg)	62.40	Omega 6 Fatty Ac	0.00
Other Carbs (g)	0.02	Vitamin B1 (mg)	0.01	Chromium (mcg)	0.00	Other Nutrients	
Fat (g)	2.63	Vitamin B2 (mg)	0.01	Copper (mg)	0.02	Alcohol (g)	0.00
Saturated Fat (g)	0.26	Vitamin B3 (mg)	0.02	Fluoride (mg)	0.00	Caffeine (mg)	0.00
		Niacin Equiv					
Mono Fat (g)	0.02	(mg)	0.00	Iodine (mcg)	0.00	Choline (mg)	1.33
Poly Fat (g)	0.01	Vitamin B6 (mg)	0.01	Iron (mg)	2.46	Sugar Alcohol (g)	0.00

#### **VIDEOJET LABEL** 0.5 oz Traditional Chickpea Falafel Tot Uncooked IQF Tot KEEP FROZEN FA000084 "For Institutional Use Only" grecian INGREDIENTS: Chickpeas, Water, Parsley, Onions, Cilantro, Serrano Peppers, Garlic Puree (Garlic, Citric Acid), Contains 2% or 4-4 LB BAGS deliaht less of: Salt, Spices, Rice Flour, Xanthan Gum. LOT CODE 07:27 COOKING INSTRUCTIONS: COOK FROM FROZEN. DO NOT ALLOW TO THAW, COOK ALL PRODUCTS TO AN INTERNAL TEMPERATURE OF PRODUCT OF USA 165F Manufactured By: Grecian Delight Foods, Inc. Elk Grove Village, IL 60007 www.GDKFoods.com 1-800-621-4387 NET WT. 16 lbs (7.26 kg) FAL<u>AFEL – TOTS 0.5oz SIZE</u> 1) PREHEAT OIL TO 350°E. 2) PLACE SINGLE LAYER OF FALAFEL IN FRYER BASKET. 3) GENTLY SHAKE WHEN DROPPING BASKET INTO OIL TO KEEP FROM STICKING TO BOTTOM OF BASKET. 4) SHAKE AT 2 ½ MINUTES TO BREAK UP ANY CLUMPS. 5) CHECK INTERNAL TEMP OF 1 PIECE AT 3 MINUTES. 165°F IS TARGET 6) IF NOT AT TEMP CONTINUE COOKING AND CHECKING TEMP EVERY 15 - 30 SECONDS. 7) REMOVE BASKET FROM OIL AND SHAKE OFF EXCESS OIL. 8) PLACE FALAFEL IN HOTEL PAN AND KEEP WARM UNDER HEAT LAMP.

NOTE: BE EXTRA GENTLE WITH THE HASHBROWN FALAFEL. ASIAN MAY TAKE 15 – 30 SECONDS LONGER THAN OTHERS TO LOOK COOKED INSIDE AND HAVE HIGHER INTERNAL TEMP.

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# **PALLET PATTERN**

