

# Discovering What's Possible with AAC

A guide for families beginning their AAC journey

## Helping your loved one grow, connect, and be understood

### It's normal to wonder

When you first hear about AAC (Augmentative and Alternative Communication), you might have some questions . . .

- “Will this stop my child from talking?”
- “Are they too young?”
- “Do they need to be ready first?”

**You're not alone.** These are some of the most common questions families ask, and the truth about AAC might surprise you.

## AAC Supports and Strengthens Speech

AAC supports speech, it doesn't replace it. In fact, many children who use the QuickTalker Freestyle show improved verbal speech after one year of using the device. Think of AAC like subtitles in a movie, helping words make sense and improving connection.

## AAC Helps Even Very Young Children Communicate

Children learn language by watching, listening, and exploring, long before they can speak. AAC gives them a way to participate in communication early, even if they're very young or not yet pressing buttons themselves. Communication is like planting a garden. The earlier you start, the more it grows.

## AAC Helps Learning Begin Right Away

We don't wait for a child to learn to read before giving them books. Communication works the same way! Giving your child access early helps them learn faster. You don't need to wait for a particular age, perfect understanding, or special skills before starting AAC. The learning begins *through* using it.