Winter Break Calendar!

Cozy At-Home Activities With Words to Model on AAC

Week 1

AbleNet QuickTalker Freestyle
LET THE CONVERSATION BEGIN

Sunday

Holiday Cooking

Cooking together is a great way to connect! Select a favorite recipe and get your user cooking with you!

Model on AAC

more | stop | mix | pour | help | yum | ingredient names

Monday

Sensory Snow Play

Create a snowy sensory bin! If you have snow on the ground outside, fill up a bin or bowl and bring it inside! If there's no snow, you can make some with a 1:1 ratio of cornstarch and baking soda. Put some spoons, cups, or toys into the snow!

Model on AAC

scoop | dump | touch | squish | cold | snow | winter

Tuesday

Shared Book Reading

Book reading is a great way to get in some AAC modeling! Pick out a favorite book from home or check out a winter book at the library!

Model on AAC

turn the page | more | stop | help | read | core words on the pages

Wednesday

Ice Rescue

Put a few toys in a bowl or tray, fill with water, and freeze! Then "rescue" the toys from the ice using warm water from syringes, droppers, or cups!

Model on AAC

help | ice | cold | warm | water | pour | melt | more | wet

Thursday

Fill a Snowman

Create a snowman using an empty plastic water bottle, milk jug, or coffee creamer container, whatever you have! Draw a face on the outside with a marker, then fill it up with cotton balls, crumpled white paper, or even toilet paper!

Model on AAC

snowman | in | put | more | empty | fill | up | close

Friday

Snowball Toss

Have a snowball fight at home! Crumple up white paper into "snowballs" and toss! When you're all done, collect them in a basket to play with again later!

Model on AAC

squish | ball | toss | snow | throw | more | fun | silly | stop | go

Saturday

Scavenger Hunt

Create a scavenger hunt right in your house! Snap pictures of items in your house, show them to your user, and have them go hunting! Keep it simple with all items in visible spots in the same room, or make it harder by hiding them around the house!

Model on AAC

up | down | on | under | colors | behind | next to | look | help | reach | see

Week 1 of Winter Break Fun

Check Off Each One You Try!



Winter Break Calendar!

Cozy At-Home Activities With Words to Model on AAC

Week 2

AbleNet QuickTalker Freestyle
LET THE CONVERSATION BEGIN

Sunday

Build a Fort

Create a fort in your living room! Use blankets, couch cushions, pillows, and flashlights to make a cozy hangout space!

In your fort: read together, listen to music, or watch a favorite show

Model on AAC

build | up | down | help | push | pull | on top | blanket | pillow

Monday

Toilet Paper Roll Snowflake Art

Create snowflake art using toilet paper rolls! Take empty rolls and snip one end into tabs all the way around. Then dip in paint and press onto paper. You've created snowflakes!

Model on AAC

colors | snowflake | press | paint | push | look | pretty | wet | wipe

Tuesday

Shared Book Reading

Book reading is a great way to get in some AAC modeling! Pick out a favorite book from home or check out a winter book at the library!

Model on AAC

turn the page | more | stop | help | read | core words on the pages

Wednesday

Make a Sensory Snow Globe

Create a sensory snow globe at home! Take an empty plastic bottle and fill it with water, glitter, buttons, pom-poms, whatever you have! Glue the cap on to prevent spills!

Model on AAC

shake | turn | over | up | down | see | look | like

Thursday

Snowball Bowling

Take your snowballs from last week and go bowling! Stack up plastic cups and try to knock them over with your snowballs.

Model on AAC

knock | down | fall | stack | up | ball | fun | more | numbers

Friday

Virtual Field Trip

Take a virtual field trip to a zoo or aquarium! Many zoos and aquariums have live cameras on their animals. Bonus points for finding the arctic habitats to fit the winter theme!

Model on AAC

look | I see ___ | habitats | animal names | hot | cold | wet

Saturday

Device Update!

End winter break by updating your user's device! Check that their favorite things, age, etc. are all still accurate. Consider creating a few buttons that share things you did over winter break so your user can share when they get back to school!

Tip: This is also a great time to back up your vocabulary!



Week 2
of Winter Break Fun

Check Off Each One You Try!

