

My AAC & My Therapists!



Hi Team!

I have a communication support called the **QuickTalker Freestyle AAC Device**. “AAC” stands for Augmentative and Alternative Communication. This device helps me communicate so that I can be understood in **ALL** my environments by **ALL** listeners!

Here's How You Can Help!

1

Keep My Device Present & Accessible at All Times

Keeping my device charged and in reach allows more opportunities for growth and exploration.

2

Get Familiar with My Device!

Familiarity with my device and vocabulary will increase accuracy and attempts for communication.

3

Model Verbally & on My Device as Able

Hearing AND seeing the language you are using helps my carryover of language learning and production.

Modeling is the MOST effective way to increase my understanding and output.

You can help me by modeling both verbally and on my AAC device during activities! This means showing me different buttons and how to use them in context, even if I don't respond.

Here's What It Looks Like:



During Play

Selecting an Activity

"Would you like to do **BALL** or **BUBBLES**?"

Schedule / Expectations

"First we will **JUMP**, then we can do **PUZZLE**."



During Transition

Starting Sessions

"**BYE** mom! **SEE** you soon!"

Completing an Activity

"**ONE** more time."
"**ALL DONE**."



During Activities of Daily Living

Getting Dressed

"Let's put our shoes **ON**."
"Take our jacket **OFF**."

Toileting

"Let's **SIT** down."
"**WASH** our hands."



During Social Interaction

Greetings

"**HI** there!"

Asking Questions

"**WHERE** did you go this weekend?"

Protesting

"**NO**. I don't want to do that."

My AAC & My Teachers!



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Things to Remember!

✓ This Device Is My Voice, Not a Toy

It helps me express my thoughts, needs, and ideas, even when I can't say them out loud.

✓ If Friends Ask About It, Please Explain That It's How I Communicate

A simple explanation helps others understand and builds respectful, inclusive interactions.

✓ You May See Me Repeat Buttons or Explore on My Device. This Is How I Learn and Regulate, and It's Okay!

Repeating or exploring helps me practice language and stay regulated, even if it doesn't always look purposeful.

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Here's What It Looks Like:

During Social Interaction

Greetings	"HI there!"
Asking Questions	"WHERE is my lunch?"
Protesting	"NO. I don't want to do that."

During Transition

Classroom Drop-off / Pickup	"BYE mom! SEE you soon!"	
Leaving the Classroom for an Activity	"Let's GO."	"Recess!"
	"Time for LUNCH."	"ALL DONE."

During Curriculum

Schedule / Expectations	"First we need our MATH, then we can have a BREAK."
Content	"WRITE it out."
	"TURN the page."
	"Which one is BIGGER?"