

BUBBLE PLAY · AAC MODELING

Bubble Toy Companion

Bubbles are great for open-ended play. Not only is there so much language you can model, but bubbles can also be a great tool for encouraging connection and regulation.

What to talk about while blowing bubbles

Here are some ideas, each pairs a play moment with words you can model.

Size

Model commenting on “big” and “small” bubbles as you pop them.



big



small

Directions

Model “up” and “down” as you blow bubbles toward the floor and ceiling.



up



down

Opinions

Model commenting on how you feel about the activity, such as “like,” “cool” or “fun.”



like



cool



fun

Taking Turns

Model “my turn” and “your turn” while taking turns popping the bubbles.



my turn



your turn

Continuing the Activity

Model “more,” “go,” or “again” to keep the activity going.



more



go



again

Ending the Activity

Model “all done,” “stop,” or “different” when the activity is done.



all done



stop



different

Mix up your bubble play

If you're looking to change things up, try these two activities.

Bubble Breaths

Use bubbles to encourage your user to practice deep breathing. Model taking big breaths in and blowing out on the bubble wand to see how many bubbles you can make. Label body parts (breathing in the nose and out the mouth), label the size and number of bubbles you can blow, and comment on how deep breaths make your body feel.

TARGET VOCABULARY

nose, mouth, in, out, many, more, bubble, big, small, calm, relaxed

Keep Up

Try to pop all the bubbles before they touch the floor. Make the game easier by blowing bubbles toward the ceiling, or more difficult by blowing them toward the floor. While playing you can model counting the bubbles as you pop them, model encouragement on AAC like “go go go,” or model requesting assistance such as “help” to get all the bubbles popped in time.

TARGET VOCABULARY

go, help, again, more