



Roctane Energy Drink

ENERGY & HYDRATION

Details

BEST USE

Before & During Activity

CALORIES

250 (per serving)

VEGAN & GF

Yes

KOSHER

Yes



CARBS

59-60g (per serving)

SODIUM

320mg (per serving)

AMINO ACIDS

1900mg (per serving)

CAFFEINE

In select flavors

The Ingredients

CARBOHYDRATES

Complex & Simple

SODIUM

The primary electrolyte lost in sweat that aids in hydration.

BCAAs

May reduce mental fatigue and decrease muscle damage while jump-starting recovery



The Flavors

Grape

Lemon Berry

Summit Tea

Tropical Fruit

Strawberry Hibiscus

Benefits

ROCTANE Energy Drink Mix is a carbohydrate intensive energy and hydration drink designed to keep you feeling strong during long duration or intense efforts. It contains the carbs and electrolyte replenishment needed to fuel during tough workouts, races, or when it is hard to eat.