



# Energy Chews

BITE—SIZED CHEWABLE ENERGY

## Details

### BEST USE

**Before & During Activity**

### CALORIES

**90 (per serving)**

### VEGAN & GF

**Yes**

### KOSHER

**Yes**



### CARBS

**22g (per serving)**

### SODIUM

**40mg (per serving)**

### AMINO ACIDS

**400mg (per serving)**

### CAFFEINE

**In select flavors**

## The Ingredients

### CARBOHYDRATES

Complex & Simple

### SODIUM

The primary electrolyte lost in sweat that aids in hydration.

### BCAAS

May reduce mental fatigue and decrease muscle damage while jump-starting recovery



## The Flavors

Orange

Strawberry

Watermelon

Salted Lime

Lemonade

Blueberry Pomegranate

Fruit Punch

Rainbow Fruit Mix

## Benefits

Chews are a source of quick, sustained energy in a tasty gummy form. We've boosted ours with amino acids to support muscle health and sodium to replace electrolytes lost in sweat.