



Liquid Energy

QUICK, EFFECTIVE, & SUSTAINED ENERGY

Details

BEST USE

Before & During Activity

CALORIES

100 (per serving)

VEGAN & GF

Yes

KOSHER

No



CARBS

19–21g (per serving)

SODIUM

75mg (per serving)

AMINO ACIDS

450mg (per serving)

CAFFEINE

In select flavors

The Ingredients

CARBOHYDRATES

Complex & Simple

SODIUM

The primary electrolyte lost in sweat that aids in hydration.

BCAAS

May reduce mental fatigue and decrease muscle damage while jump-starting recovery



Benefits

Great Tasting Drinkable Energy. Liquid Energy Gels deliver the same portable and fast-absorbing carbohydrates as our original Energy Gel in a refreshingly light and smooth liquid form.

The Flavors

Lemonade
Coffee
Orange
Strawberry Banana
Cola