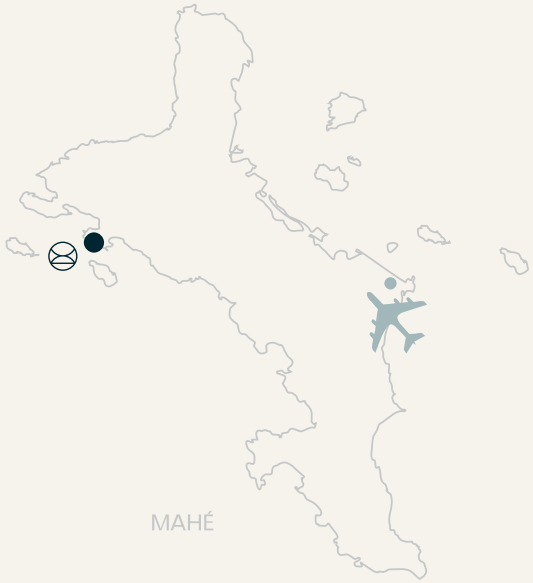

CONSTANCE
EPHELIA
MAHÉ, SEYCHELLES
Factsheet

Constance Ephelia

SEYCHELLES

Revive mind, body and soul in a 120-hectare natural park, offering that rarest, most precious commodity: space, vibrant beauty, unspoiled beaches, and verdant mountains. Endless options for sports and activities will please those who enjoy a more dynamic break.
Our wellness spa, the largest in the Indian Ocean,
will pamper and indulge you. Family-friendly, casual luxury to share.



Location

Situated on two of the most beautiful beaches on the island of Mahé, overlooking the marine national park of Port Launay, Constance Ephelia is a 40 minutes drive from Seychelles International Airport and 30 minutes from the capital, Victoria.

Highlight of your Stay

- Have a traditional massage in the largest spa of the Indian Ocean.
- Enjoy a rush of adrenaline with a zip-lining or canoeing.
- Enjoy your vacation surrounded by mountains, and between two stunning beaches.



Diving · Honeymoon · Wedding · Wellbeing · Wine · Gastronomy · Kids · Sports and Leisure

Accommodation

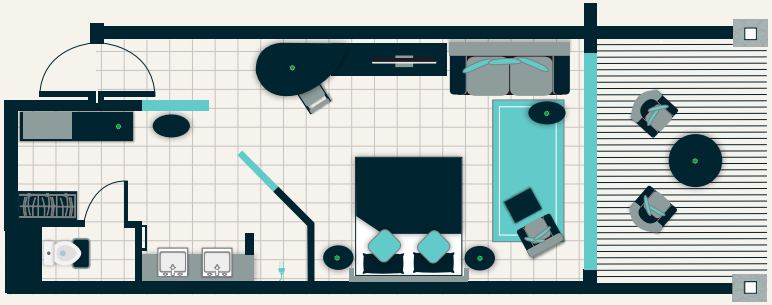
AT CONSTANCE EPHELIA



42 Tropical Garden View Rooms

(48m²) for a maximum of 2 adults

Combining style and functionality, the rooms with their contemporary decoration offer the feeling of space. The spacious bathroom with its smart glass (possibility to either keep it transparent or opaque for privacy) and its walk-in shower offers an extra dash of luxury. Each room also features air-conditioning, ceiling fan, WC, hairdryer, private balcony with access to the garden, internet radio on IPTV, LED TV, Airplay, Chromecast, telephone, mini-bar, tea and coffee facilities, complimentary Nespresso machine with capsules, safe and complimentary WI-FI.

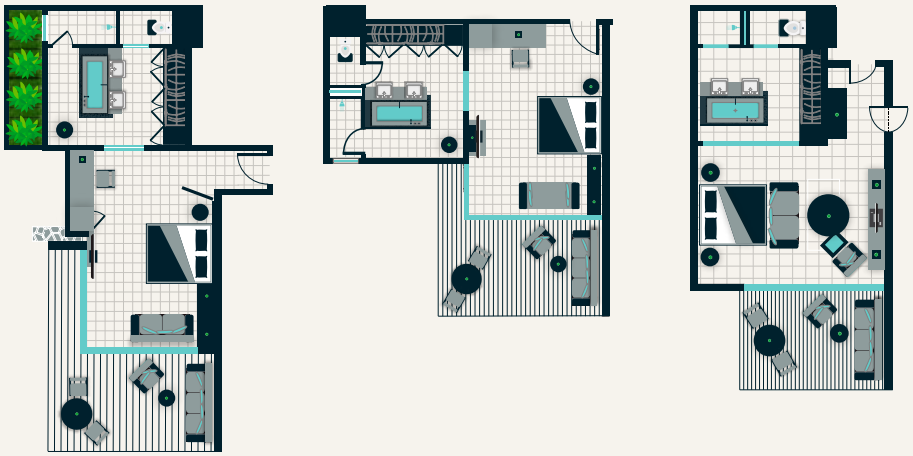




120 Junior Suites

(62m²) 12 of them are interconnecting – For a maximum of 2 adults + 1 child under 13 yrs (sofa bed) + 1 baby cot

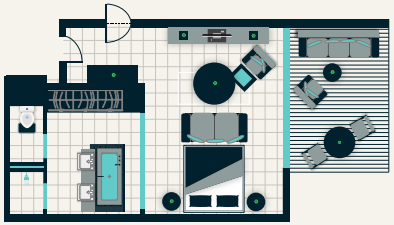
All suites feature air-conditioning, ceiling fan, bathroom with bath tub, double vanities, separate shower, WC, hairdryer, sitting area, internet radio on IPTV, LED TV, Airplay, Chromecast, telephone, mini-bar, tea and coffee facilities, complimentary Nespresso machine with capsules, safe and complimentary WI-FI.

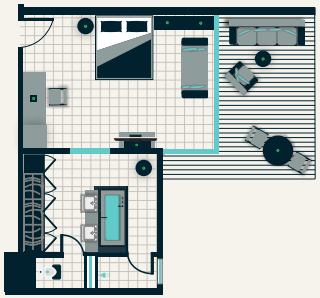


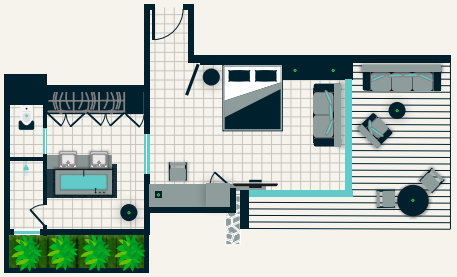
64 Premium Junior Suites











16 of them are interconnecting

(62m²) 14 of them are interconnecting – For a maximum of 2 adults + 1 child under 13 yrs (sofa bed) + 1 baby cot

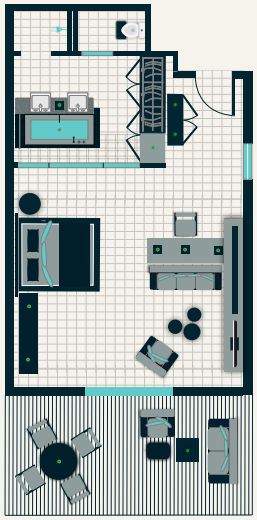
Just steps from the shoreline and ideally positioned closer to the beach, the elegant Premium Junior Suites offer an enhanced sense of exclusivity and proximity to the ocean. Designed for comfort and relaxation, each suite features a large bed, a spacious seating area, and a sunlit terrace, perfect for enjoying the tranquil surroundings. The privileged location allows guests to immerse themselves even more in the natural beauty of the resort, with the beach just moments away. Amenities include air-conditioning, ceiling fan, bathroom with bath tub, double vanities, separate shower, WC, hairdryer, sitting area, internet radio on IPTV, LED TV, AirPlay, Chromecast, telephone, mini-bar, tea and coffee facilities, complimentary Nespresso machine with capsules, safe, and complimentary Wi-Fi.

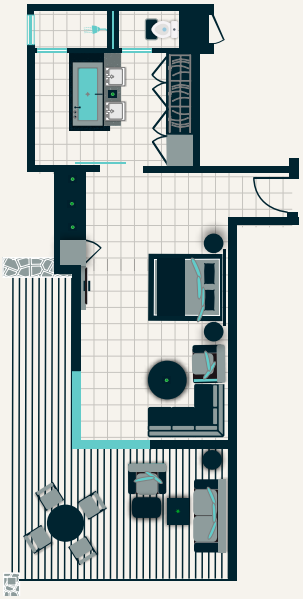


66 Senior Suites

(72m²) 12 of them are interconnecting
For a maximum of 3 adults or 2 adults + 2 children under 13 yrs (sofa bed)

All suites feature air-conditioning, ceiling fan, bathroom with bath tub, double vanities, separate shower, WC, hairdryer, sitting area, internet radio on IPTV, LED TV, Airplay, Chromecast, telephone, complimentary Nespresso machine with capsules, mini-bar, tea and coffee facilities, safe and complimentary WI-FI.



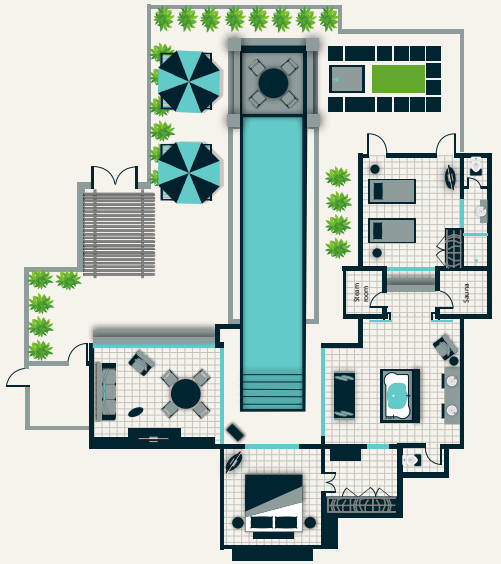




10 Family Villas 2 bedrooms with private pool

(330m²) 2 bedrooms for a maximum of 4 adults or 2 adults + 2 children under 13 yrs (in one twin bedroom) + 1 baby cot

Villas of two bedrooms with spacious en-suite bathroom, private swimming pool, pergola for relaxation and aperitifs, internet radio on IPTV, LED TV, Airplay, Chromecast, mini-bar, tea and coffee facilities, Nespresso machine with capsules, complimentary bicycles and complimentary WI-FI.

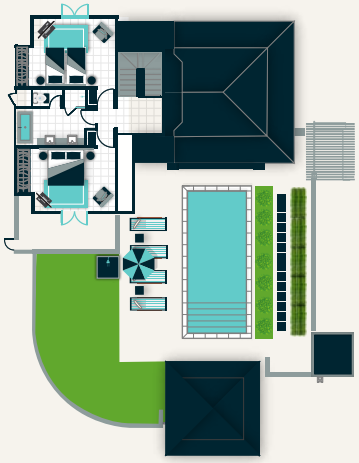




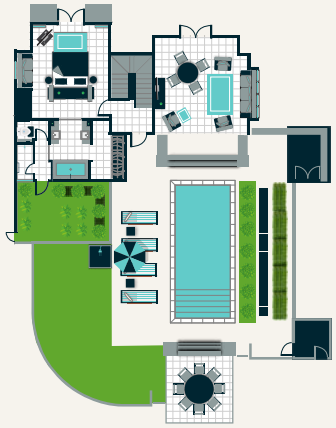
12 Family Villas 3 bedrooms with private pool

(350m²) 3 Bedrooms, for a maximum of 6 adults
+ 1 child under 13 yrs (sofa bed-master bedroom) + 1 baby cot

The villas, spaciously designed and stylishly decorated, consist of three bedrooms (one master bedroom with an en suite bathroom and two other bedrooms sharing one bathroom). In the courtyard a private swimming pool, as well as an outside dining kiosk. Other facilities are: Internet radio on IPTV, LED TV, Airplay, Chromecast, mini-bar, tea and coffee facilities, complimentary bicycles, Nespresso machine with capsules and complimentary WI-FI.



First Floor



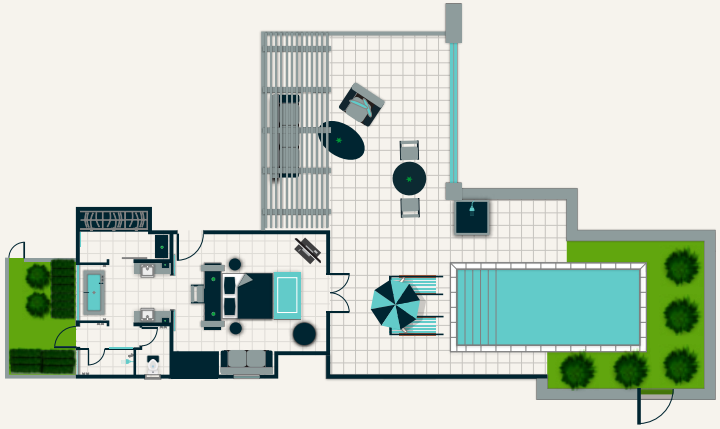
Ground Floor



8 Beach Villas 1 bedroom with private pool

Villa of 1 bedroom (approx 240m²), for a maximum of 2 adults
1 child under 13 yrs (sofa bed) + 1 baby cot

Situated on the North beach of Port Launay these one bedroom villas offer the ultimate beachside accommodation. Each is spaciously designed and stylishly decorated with large en-suite bathrooms, private swimming pool, pergola for relaxation, internet radio on IPTV, LED TV, Airplay, Chromecast, mini-bar, tea and coffee facilities, Nespresso machine with capsules, complimentary bicycles and complimentary WI-FI.

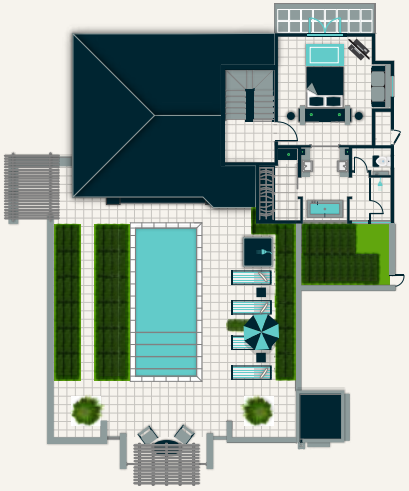




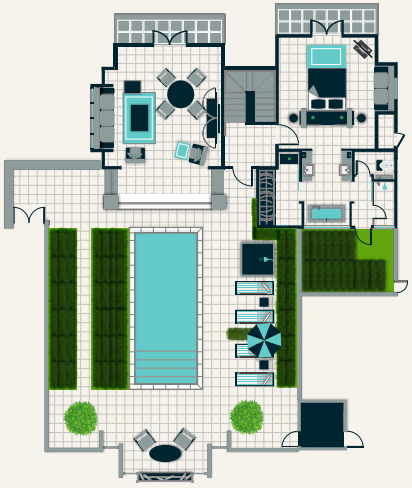
8 Beach Villas 2 bedrooms with private pool

Villa of 2 bedrooms (370m²), for a maximum of 4 adults + 2 child under 13 yrs
(sofa bed) + 1 baby cot

Situated on the North beach of Port Launay these two bedroom villas offer the ultimate beachside accommodation. Each is spaciously designed and stylishly decorated with large en-suite bathrooms, private swimming pool, pergola for relaxation and aperitifs, internet radio on IPTV, LED TV, Airplay, Chromecast, mini-bar, tea and coffee facilities, Nespresso machine with capsules, complimentary bicycles and complimentary WI-FI.



First Floor



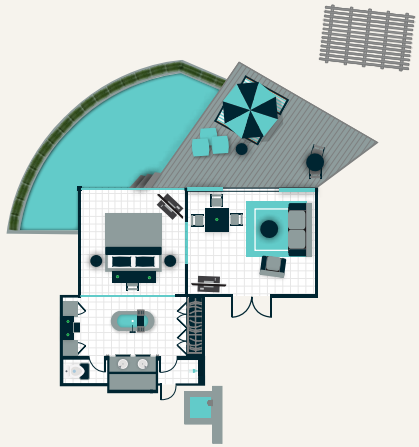
Ground Floor

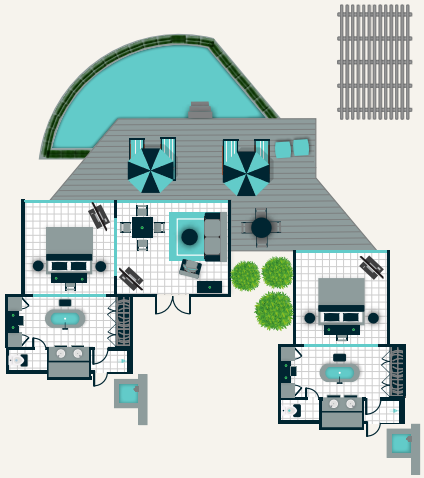


8 Hillside Villas with private pool

5 villas (120m²) of 1 bedroom, for a maximum of 2 adults
3 villas (220m²) of 2 bedrooms, for a maximum of 4 adults

Overlooking the Port Launay Marine Park, the Hillside Villas (either one or two bedrooms) feature their own private pool and have been constructed and adapted to the granitic rocks on the site creating a unique accommodation concept. Internet radio on IPTV, LED TV, Airplay, Chromecast, mini-bar, tea and coffee facilities, Nespresso machine with capsules, complimentary electric buggy and complimentary WI-FI.

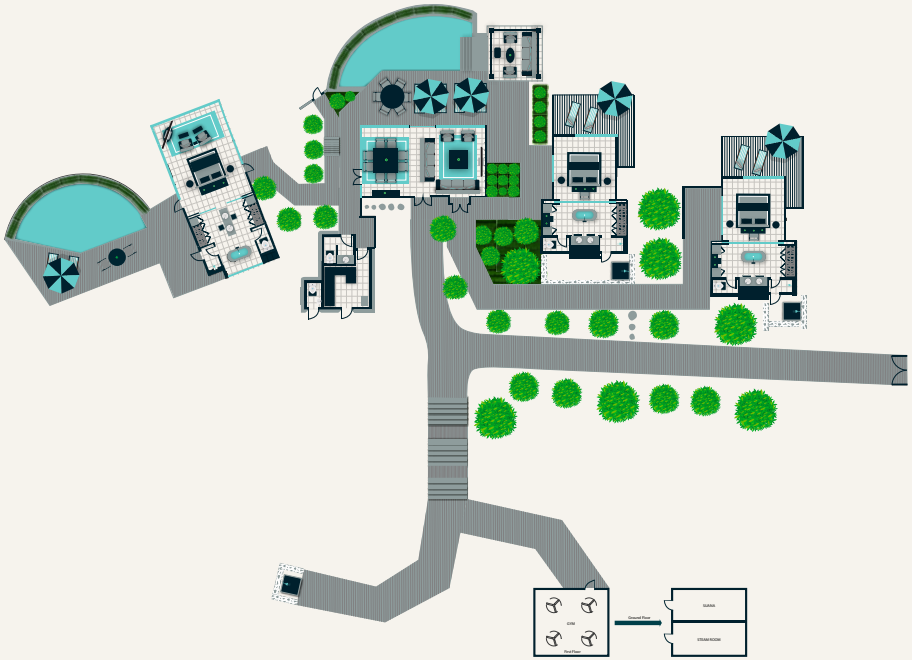




1 Presidential Villa with 2 private pools







(980m²) 3 bedrooms for a maximum of 6 adults

With a breathtaking view of the ocean, the three bedrooms Presidential Villa of 980m² has been designed to offer a unique experience to the guests. Equipped with internet radio on IPTV, LED TV, Airplay, Chromecast, mini wine cooler with a selection of wine, mini-bar, tea and coffee facilities, Nespresso machine with capsules, complimentary electric buggy, villa host and complimentary WI-FI. The Presidential villa has its own gym, a private steam room & sauna, private pool and deck and outdoor dining kiosk.

Restaurants

AT CONSTANCE EPHELIA

Constance Ephelia has twelve restaurants and bars. Each outlet has its own individual concept, design and décor, thereby optimising the possibilities in terms of culinary and bar experiences. The designs reflect elegance and functionality along with a subtle touch of African influence. Each restaurant name has a subtitle, reinforcing the concept in just a few words. The resort is very much “child friendly”, and offers different menus to appeal to different ages.

Corossol

Corossol is Ephelia’s signature dining restaurant, offering an elevated breakfast and dinner experience. Featuring live cooking stations and themed buffets inspired by global cuisines, from authentic tandoori specialties to artisanal pizzas, it presents a refined harmony of flavours. The spacious restaurant is thoughtfully divided into distinct dining areas, each offering unique seating styles and ambiance for a sophisticated and memorable culinary journey.

Capacity: 380 seats | Dress code: Casual Chic

Opening hours: Breakfast: 07h00 – 10h30 / Dinner: 18h00 – 22h00

Helios

Helios is a casual chic restaurant offering a “Mediterranean cuisine” and is located on the South side of the resort. Open for lunch with a elegant buffet where ingredients and influence from the South of France, Italy, Spain, Morocco and Lebanon mixed with whole fishes and dishes baked in their large oven. For dinner, the same influences are offered via an exciting “A la Carte” menu.

Capacity: 70 seats | Dress code: Casual Chic

Opening hours: Lunch: 12h00 – 15h00 / Dinner: 18h30 – 22h00

Adam & Eve

Adam & Eve our “Asian cuisine” restaurant is embedded in a natural loving structure embracing the elements. One of the distinctive features of this restaurant is the open kitchen that engages in the preparation of the food. The concept focuses on the flavours of South East Asia with an emphasis on Malaysian, Thai, Singapore and Indonesian cuisine with an “A la Carte” menu offered for lunch and dinner.

Capacity: 70 seats | Dress code: Casual Chic

Opening hours: Lunch: 12h00 – 15h00 / Dinner: 18h30 – 22h00

Seselwa

Seselwa “cuisine des iles” is an all-day dining restaurant with a casual and lively ambiance facing the gorgeous Port launay beach. Designed with white furniture and flowery cushions, it evokes freshness and the spirit of Seychelles. Breakfast is served buffet style for our guests staying in our Senior Suites and Villas. At lunch and dinner it offers the finest local ingredients and authentic island flavours, either via an “A la Carte” menu, set menus or live buffet.

Capacity: 160 seats | Dress code: Casual Chic

Opening hours: Breakfast: 07h00 – 10h30 / Lunch: 12h00 – 15h00 / Dinner: 18h30 – 22h00

Cyann

Cyann our “Signature cuisine” restaurant offers a unique concept next to our amazing beach of Port Launay. For lunch the place offers, in a casual atmosphere, a well known Sushi selection and some delightful classic & light dishes. At dinner time the restaurant turns into an elegant and refined venue and proposes a selection of signature dishes that combine the precision of French culinary techniques with the lightness and flavours of all around the world influences.

Capacity: 40 seats | Dress code: Elegant/Formal

Opening hours: Lunch: 12h00 – 15h00 / Sushi: 12h00 – 16h00

Dinner: 19h00 – 22h00

Others: South Beach & Pools

Our team, present along the South Beach and by the pools, are at your service with food and beverages. Indulge in a refreshing drink, a lazy lunch, or afternoon snacks, all without leaving the comfort of your sunbed.

Opening hours: 09h00 – 18h00 / Pool snack menu: 12h00 – 17h00 / Beverage list: 10h00 – 18h00

Kabana Beach Restaurant

Kabana is a stylish beachfront restaurant offering a selection of expertly prepared fish and seafood specialties. Perfectly positioned on the shores of Port Launay Beach, it provides a relaxed yet refined dining experience, where guests can savour exquisite flavours while taking in breathtaking ocean views and unforgettable sunsets over the bay.

Opening hours: 11h00 – 19h00

Lunch à la carte: 12h00 – 15h00

Dinner à la carte: 19h00 – 22h00

Reservations required for “A la Carte” restaurants.



Bars

AT CONSTANCE EPHELIA

Zee Bar

The Zee bar is open all day until late evening, offering a nice selection of drinks and creative range of cocktails. During the day, enjoy a classic snack with a fresh mojito, whilst sitting on the deck. In the evening, experience our daily themed nights and enjoy live music in a casual and relax atmosphere.

Opening hours: 10h00 - 00h00

Early continental breakfast: 04h30 – 12h00

Snack menu: 15h00 – 18h00 | Live entertainment: 20h30 – 23h00

Helios Bar

Located adjacent to the restaurant, offers an elegant selection of classic drinks, signature cocktails, and premium wines inspired by the vibrant spirit of the Mediterranean. Infused with the flavours of citrus, aromatic herbs, and coastal influences, the menu reflects the region's timeless art of conviviality. Overlooking the pool, it is the perfect setting to savour a refined aperitif before dining, while embracing the relaxed sophistication of a Mediterranean evening.

Opening hours: 10h00 – 23h00

Adam & Eve Bar

Invites guests on a sensory journey inspired by the vibrant cultures and flavours of Southeast Asia. Expertly crafted cocktails and distinctive beverages are enhanced with tropical fruits, aromatic spices, and fragrant herbs, creating a collection that is both elegant and evocative. Set within a relaxed tropical atmosphere, the bar offers the perfect retreat to unwind, connect, and savour a memorable pre-dinner experience infused with the spirit of Asia.

Opening hours: 10h00 – 23h00

Seselwa Bar

Provides a relaxed, yet sophisticated atmosphere infused with authentic Creole character. A unique place to enjoy a chilled beer, a tropical cocktail or a wide selection of homemade rums while listening to Creole tunes.

Opening hours: 10h00 – 23h00

Cyann Bar

Attached to our Signature restaurant, the Cyann bar features a unique selection of cocktails, as well as rare spirits, sake and cocktails. It's also the place to enjoy a glass of wine, especially selected by our sommelier. Our wine cellar features over 26,000 bottles with 1,200 references from more than 250 wineries.

A warm, elegant atmosphere where evenings linger, perfectly accompanied by a fine glass in hand.

Opening hours: 10h00 – 23h00

Sunset Bar

Sunset Bar is open daily right by the beach facing the beautiful waters of Port Launay. With relaxing music playing throughout the day and a casual beachfront atmosphere, it is the perfect spot to enjoy a fresh juice, tropical cocktail, or a nice glass of wine while taking in the sea view and sunset colors. Whether after a swim, during a lazy afternoon by the beach, or simply to enjoy the peaceful vibe of Port Launay, Sunset Bar offers a simple and relaxed island experience.

Opening hours: 10h00 – 19h00

Kabana Beach Bar

Set directly on the shores of Port Launay Beach, Kabana Bar offers a refreshing selection of classic drinks, signature cocktails, and premium beverages inspired by the laid-back spirit of island life. With fresh, vibrant flavours and tropical influences, the menu perfectly complements its spectacular beachfront setting. Overlooking the ocean, it is an idyllic spot to enjoy a refreshing drink throughout the day or savour a sunset cocktail as the sky transforms over the bay.

Opening hours: 10h00 - 22h00



Constance Spa



The beautiful spa village at Constance Ephelia is set in the tranquil heart of the resort's stunning tropical gardens. Relax, rejuvenate, detox, re-hydrate or simply enjoy – the choice is yours. Our highly skilled team is at your disposal to help you decide which treatments are best suited to your needs. Each guest receives a Spa Experience Card, so we can keep a note of your wellness goals and preferences, and customise your treatments accordingly.

Treatments

Choose from a wonderful range of Constance Spa Classic massages, facials and body treatments using our aromatic natural products inspired by plants from the Indian Ocean, which offers spa care treatments that bring your mind and body to a state of perfect relaxation and complete equilibrium. Or pick from the French luxury skincare brand Sisley collection and offering a lush range of phyto-aromatic facials and body treatments.

Spa Facilities

- 14 single treatment rooms
- 4 double treatment rooms
- Sauna
- Steam room
- Thermal pool
- Jacuzzi
- Cold plunge pool
- Kneipp foot path
- Reflective pool
- Spa Yoga pavilion

Opening Hours

For treatments: Daily 10h00 to 21h00 – Limited to 14 years old and above
For wet and wellbeing area: Daily 10h00 to 14h00. As from 14h00 onwards exclusively for guest with a booking.
For fitness: Daily 07h00 to 20h00 | Gym access: 24hrs Limited to 14 years old and above.

Sport & Leisures



COMPLIMENTARY

- Fully equipped gymnasium
- 4 tennis courts
- 1 Padel court
- Squash court
- Non-motorised watersports, such as; pedal boats, small sailing catamaran, windsurfing, kayak and canoeing
- Snorkelling gear

PAYABLE

- Fishing
- Diving (PADI) with supplement
- Tennis lessons & personal training
- Yoga lessons
- Bicycles
  Bicycles' conditions: Bicycles are provided free of charge for villa guests only.
  All Tropical Garden rooms, Junior suites and Senior suites guests may rent bicycles from our Fitness centre for use within the hotel premises only.
- Zip lining – For guests of all abilities from 4 years to 70+ and instructors available
- Mangrove Kayaking – Available only for a few days per month, depending on the tide level
- Cooking class
- Cocktail class

Coconut Tribe



At Coconut Tribe, young explorers aged 4 to 11 are invited on a fun-filled journey of learning and adventure. Guided by our enthusiastic team and Eloni the turtle, the cheerful mascot from Seychelles, each day is built around five exciting themes:

Be Green – playful eco-missions to grow planet-friendly habits

Be Kind – games and stories that nurture empathy and connection

Be Well – joyful movement and mindfulness for body and mind

Be Curious – hands-on STEAM (Science, Technology, Engineering, Arts, and Math) activities to spark creativity

Be Outdoors – open-air adventures to build confidence and friendships

A world of discovery awaits where curiosity is celebrated, kindness is shared, and unforgettable memories are made.

Amenities & Services of Coconut Tribe include:

- Registration at any time during your stay to ensure that kids are ready to participate and play.
- Safety and security is our number one priority.
- Relays, tag games and more.
- Private babysitter service available upon request and chargeable.

Facilities



- 4 boutiques. 1 in the North area close to the villa reception and 3 in the South within the main building. Offering a range of Constance Hotels and Resorts branded garments as well as other branded items, including 'Kreolor' (www.kreolorjewellery.com) & 'JOUEL' (www.islandjouel.com).
- 6 pools + 1 dedicated kids' pool
- Courtesy lounge
- Internet Access
- Infirmary
- Conference facilities
- Laundry and pressing
- Helipad
- ATM
- Car rental facilities

Useful Information



- Voltage on the island: 220 volts.
- Local currency: Seychelles Rupee.
- Time difference: +4 GMT.
- A valid international license is required to rent cars.
- Temperature: between 24°C and 30°C year round.

Payment at the hotel

Accepted currencies: Euro (500 Euro notes not accepted), US Dollar (US Dollar 2009 Series or above only), Seychelles Rupees & UK Pounds.

Traveller Cheques: Not accepted

Credit Card: American Express, MasterCard, Visa, Maestro, Union Pay.

All prices are communicated in Seychelles Rupees and inclusive of 15% VAT and 3% service charge.

A Tourism Environmental Sustainability Levy of SCR 100 per person per night will be charged directly to guests at the hotel upon check-out. Children below 12 years of age are exempt.

Nationalities at resort

Languages spoken: English, French, Italian, Russian, German, Arabic speaking.

Drones

Due to air safety regulations in the Seychelles, no drone usage are allowed.


CONSTANCE
EPHELIA
MAHÉ, SEYCHELLES
Seselwa
CAP TERNAY
COURTESY LOUNGE
VILLAS & SUITES ENTRANCE
PORT LAUNAY NATIONAL MARINE PARK
kabana BEACH RESTAURANT
kabana BEACH BAR
SUNSET BAR
CYANN
SENIOR SUITES 60 - 99
BEACH VILLAS 19 - 26
BEACH VILLAS 10 - 18
FAMILY VILLAS 40 - 45
FAMILY VILLAS 46 - 51
FAMILY VILLAS 30 - 39
MANGROVE FOREST
MORNE SEYCHELLOIS NATIONAL PARK
MAIN ENTRANCE
VICTORIA
LANS KOKEN
HILLSIDE VILLAS 2 - 9
PRESIDENTIAL VILLA
NATURE DISCOVERY TRAIL
ROS LE PA TRAIL
EPHELIA NATURE HIKE
ROS LEPA
TROPICAL GARDEN VIEW ROOMS 500 - 554
CONSTANCE SPA
Coconut Tribe
RECEPTION
Junior Suite 110 - 155
Junior Suite 210 - 245
Junior Suite 310 - 345
Premium Junior Suite 100 - 107
Premium Junior Suite 160 - 167
Premium Junior Suite 200 - 207
Premium Junior Suite 250 - 257
Premium Junior Suite 300 - 307
Premium Junior Suite 350 - 357
Junior Suite 410 - 455
Premium Junior Suite 460 - 467
Premium Junior Suite 400 - 407
Corossol
Adam & Eve
Zèbar...
HELIOS
SAUZIER WATERFALL
LANS LILET
LANS TRUSALO
LANS ANGLE
ILET ISLAND
CONSTANCE SPA
FITNESS CENTRE / GYM / LAP POOL / SQUASH
SCENIC VIEW
KIDS JUNGLE GYM
SECURITY POST
ROCK CLIMBING
ZIP LINE
ATM
CONFERENCE CENTRE
RESTAURANT & BARS
BOUTIQUES
RECEPTION
BOATHOUSE
GUEST ASSEMBLY POINTS
BUS STOP
DANGER
NO ENTRY
SHUTTLE ROUTE
LIESURE TRAIL
EPHELIA NATURE HIKE
KAYAK ROUTE (High Tide Only)
Driving in Seychelles is on the LEFT SIDE of the road.
DROWNING RISKS
BE AWARE OF TIDE MOVEMENTS
AVOID GOING INTO THE SEA AT HIGH TIDE
NO SWIMMING & SNORKELLING WITHIN 100 METRES OF THE REEF
True by Nature

Constance Ephelia

CONTACTS

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Mahé – Seychelles

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mkt@constancehotels.com

Tripadvisor Travellers' Choice Awards 2025

GREEN GLOBE CERTIFIED PLATINUM