



Helping Mothers Survive Essential Care for Labor & Birth Confidence Assessment



Participant ID# _____ Date _____

Is this a pre-training or post-training assessment? (Circle one.)

- a. Pre-training assessment
- b. Post-training assessment

INSTRUCTIONS: For each question, circle 1 best response

1. How confident are you in your ability to perform the WHO quick check of a woman in labor?
 1. Not at all confident
 2. Not very confident
 3. Somewhat confident
 4. Very confident
 5. Extremely confident

2. How confident are you in your ability to perform an accurate abdominal examination on a woman in labor?
 1. Not at all confident
 2. Not very confident
 3. Somewhat confident
 4. Very confident
 5. Extremely confident

3. How confident are you in your ability to perform an accurate vaginal examination?
 1. Not at all confident
 2. Not very confident
 3. Somewhat confident
 4. Very confident
 5. Extremely confident

4. How confident are you in your ability to know if a woman's labor is progressing normally and that she and her baby are doing well during labor?
 1. Not at all confident
 2. Not very confident
 3. Somewhat confident
 4. Very confident
 5. Extremely confident

5. How confident are you in your ability to conduct a safe birth for the woman and her newborn?
 1. Not at all confident
 2. Not very confident
 3. Somewhat confident
 4. Very confident
 5. Extremely confident

6. How confident are you in your ability to conduct birth in alternative positions such as with the woman on her hands and knees or squatting?
 1. Not at all confident
 2. Not very confident
 3. Somewhat confident
 4. Very confident
 5. Extremely confident