



Helping Mothers Survive Normal Labor and Birth OSCE 3: Supporting Birth



Guidelines to be read to participants:

- The purpose of this activity is to assess participants' decision-making and skills while providing care to a client in a simulated environment.
- For each station assume you are alone in a rural health care facility. You have all equipment and supplies necessary for a normal vaginal birth.
- All essential information will be provided to you at the start of each OSCE station.
- Ask the evaluator to clarify any questions prior to beginning. Once the OSCE has started, the evaluator will only provide information about the patient status.
- From the start of the OSCE, you will have 4 minutes to complete this station.
- **Talk to and care for the woman in front of you exactly as you would in real life. Even though I am both the examiner and acting as the woman in labor, please speak to me as if I am the woman.**
- Be explicit in verbalizing your clinical findings and subsequent decisions.
- If you give a medication, you must state what you are giving, the dose, the route, and why you are giving it.

Instructions for the Examiner

- **Ensure the instructions above are read to the participants.**
- **Set up birthing supplies so that the bag and mask are separated, and uterotonic is not drawn up.**
- **Wear the birthing simulator, with the baby in OA position ready to be born.**
- **Observe only; do not intervene in demonstration of the participant.**
- **Learners must complete each action within each step in order to receive credit for accurately completing that step.**
- **Do NOT give information for assessments they do not do.**
- **Hold all feedback to the end of the assessment for all learners.**

Read the following to the learner: "You are alone in your facility at the start of this scenario. You have been monitoring me throughout a normal labor during which time you explained what to expect during birth. I agreed to all your recommended medications and treatments for me and my baby. I am suddenly feeling the urge to push. You confirmed that I am 10cm dilated by vaginal examination and have started preparing supplies for birth. Please provide care for me from this point through the birth of my baby."

Participant name or ID# _____ Date _____

OSCE 3: Supporting Birth Helping Mothers Survive Essential Care for Labor & Birth

	OSCE ITEMS	Yes	No
	Note that checklist is for assessment only, not for instruction.	Performed to standard	Did NOT perform to standard
	<i>Note: Throughout OSCE, evaluate RMC. Observe communication with you in your role as the woman. Learners should be respectful, supportive, tell you what they are doing and why. You will score RMC at the end.</i>	<i>Check appropriate box for each item</i>	
1.1	Draws up oxytocin 10 IU in a syringe (or readies misoprostol 600 mcg PO/ if oxytocin is not available)		
1.2	Tests bag and mask for newborn.		
1.3	Puts on a clean apron, mask, eye shield if available.		
1.4	Washes hands thoroughly with soap and water or alcohol based hand rub and puts on sterile gloves on both hands.		
1.5	As the head is born, allows natural rotation.		
1.6	Deliver's baby to woman's abdomen.		
1.7	1) Dries baby quickly and thoroughly with a towel/cloth and 2) removes "wet" towel/cloth. (As baby is born, indicate the baby is breathing by mimicking a crying sound).		
1.8	Places baby skin-to-skin on woman's abdomen and covers baby with a dry towel or cloth.		
1.9	Checks for a second baby.		
1.10	Gives oxytocin 10 IU (or misoprostol 600 mcg PO/sublingual if oxytocin is not available) explaining to the woman what it is and why its given		
1.11	Cuts the cord between 1 – 3 minutes		
1.12	Gives controlled cord traction only during contractions and while guarding the uterus		
1.13	Assesses uterine tone immediately after delivery of the placenta.		
1.14	Inspects the placenta for completeness.		
1.15	Checks for bleeding.		
1.16	Provided respectful care and good communication. Told you (the assessor playing the role of the woman giving birth) what was to happen and why, and informed you of findings.		

Score _____/16 Pass score is 12/16 **Pass / Fail** (circle one)