



Helping Mothers Survive Essential Care for Labor & Birth OSCE 2: Vaginal Examination



Guidelines to be read to participants:

- The purpose of this activity is to assess participants' decision-making and skills while providing care to a client in a simulated environment.
- For each station assume you are alone in a rural health care facility. You have all equipment and supplies necessary for a normal vaginal birth and for basic emergency management.
- All essential information will be provided to you at the start of each OSCE station.
- Ask the evaluator to clarify any questions prior to beginning. Once the OSCE has started, the evaluator will only provide information about the patient status.
- From the start of the OSCE, you will have 4 minutes to complete each station.
- **Talk to and care for the woman in front of you exactly as you would in real life. Even though I am both the examiner and acting as the woman in labor, please speak to me as if I am the woman.**
- Be explicit in verbalizing your clinical findings and subsequent decisions.
- If you give a medication, you must state what you are giving, the dose, the route, and why you are giving it.

Instructions for the Examiner

- **Review the instructions for the participant.**
- **Wear the birth simulator with cervical inserts (use insert 6 cms, with skull insert in LOA presentation and position).**
- **Observe only; do not intervene in demonstration of the participant.**
- **In the items below you will see instructions to you in italics. Follow these instructions.**
- **Learners must complete each action within each step in order to receive credit for accurately completing that step.**
- **Do NOT give information for assessments they do not do.**
- **Hold feedback until the end of the assessment for all learners.**

Read the following to the learner: "Fifteen minutes ago, I presented to you complaining of labor pains with my first baby at 39 weeks. I don't think my bag of water is broken. You have completed a quick check, a complete history, and performed an abdominal exam. From this exam you think my baby is vertex with occiput anterior (OA) at 3/5 descent. The fetal heart was 148 and my contractions are 3 in 10 minutes, lasting 45 seconds and very painful. You would now like to perform a vaginal examination."

Participant name or ID# _____ Date _____

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	OSCE ITEMS	Performed to standard	
		Yes	No
	<p>****Note that checklist is for assessment only, not for instruction.****</p> <p>Throughout OSCE, evaluate RMC. Observe provider’s communication with the woman. Learners should be respectful, supportive, tell you what they are doing and why. You will score RMC at the end.</p>	<i>Check appropriate box for each item</i>	
1.1	Requests the woman’s permission to perform a vaginal examination and explains what s/he is about to do.		
1.2	Requests the woman empty her bladder. <i>Say, “I just did.”</i>		
1.3	Washes hands or uses alcohol based hand rub and puts on gloves.		
1.4	Cleans vulva with water with non-examining hand if gloves are not changed prior to VE.		
1.5	Examines the vulva (<i>if the learner does not say, ask, “what are you looking for?”</i>) He or she should answer: 1: vaginal discharge and 2: lesions or warts For each item assessed say the following to the learner 1: vaginal discharge – “no discharge, amniotic fluid, or blood present” 2: lesions or warts – “no sores, warts, scars from genital cutting or previous episiotomy/lacerations, or other lesions.”		
1.6	<i>Pretend to have a painful contraction lasting 15 seconds</i> Learner does not perform VE during contraction.		
1.7	Notes length and/or consistency of cervix. <i>Learner must verbalize length and/or consistency. Due to simulator construction, any answer about cervix length and consistency is acceptable.</i>		
1.8	Assesses cervical dilatation. <i>Learner must verbalize cervical dilation (5, 6, or 7cm</i>		
1.9	Verbalizes fetal presentation. <i>Learner must verbalize fetal presentation as vertex.</i>		
1.10	Identifies/confirms fetal position. <i>Learner must verbalize fetal position as LOA.</i>		
1.11	Identifies / confirms fetal descent. <i>Learner must verbalize fetal descent. Due to operator variability, any descent is acceptable.</i>		
1.12	Provided respectful care and good communication. Told you what was going to happen and why, and informed you of findings.		

Score _____/12

Pass score is 9/12

Pass / Fail (circle one)