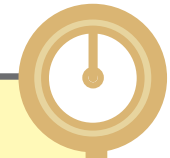


Helping Mothers Survive Bleeding after Birth

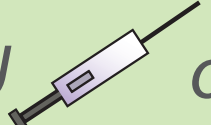

ACTION PLAN



The
Golden
Minute®

Prepare for birth

Birth (See HBB Action Plan for baby)

10 IU  or  200 mcg x 2 or 3 = 400 - 600 mcg

Give medication within 1 minute

Cut the cord between 1-3 minutes



Perform controlled cord traction to deliver placenta

Placenta out?

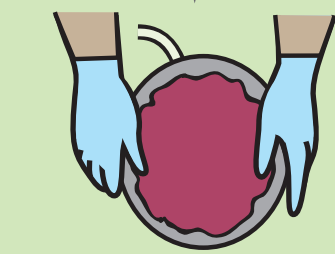
Out

Not out
in 30 minutes

Encourage empty bladder
Repeat 10 units oxytocin
Repeat controlled cord traction

Out

Check tone
Massage if soft

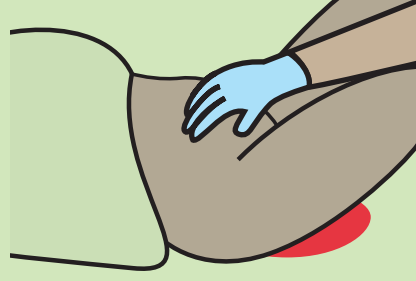


Placenta complete?

Incomplete

Advanced care

Complete



Uterus hard?

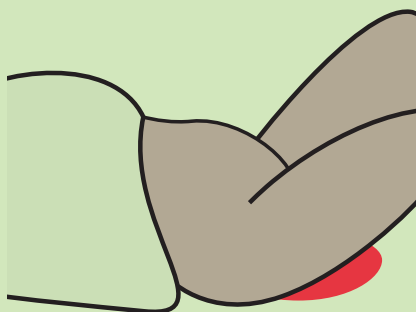
Soft

Massage uterus

If still soft

Give medication

Hard



Bleeding normal?

Hard
Heavy bleeding

Soft
Heavy bleeding



Press on tears

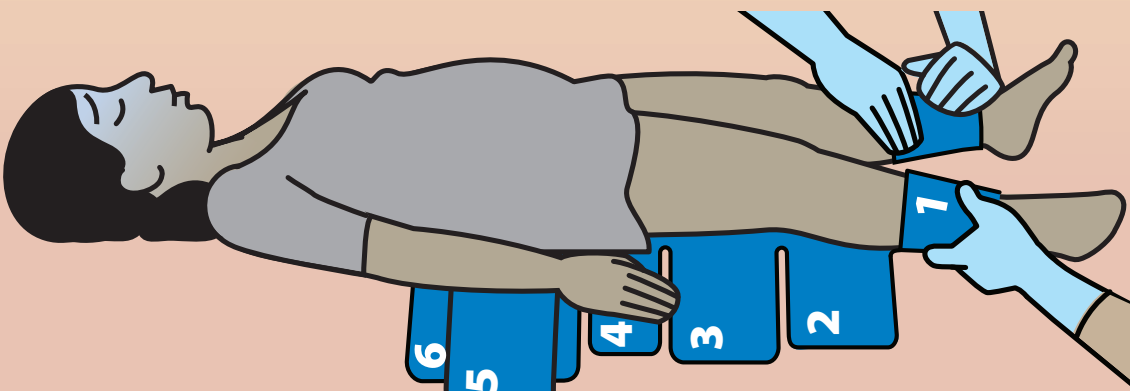


Compress uterus

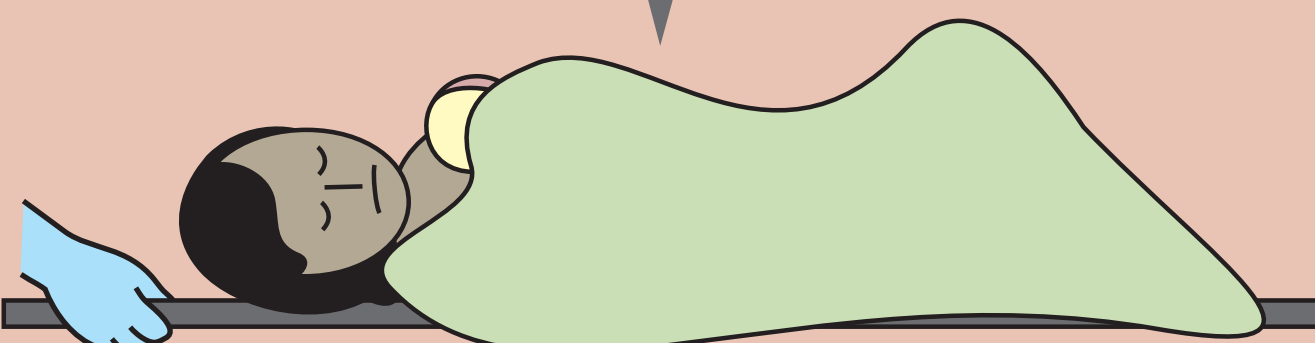
Normal

Hard
Bleeding normal

If available



Rapidly apply NASG



Keep warm
Seek advanced care

Injectable uterotonics:

- Oxytocin - 10 IU IM/IV
- Carbetocin - 100 mcg IM/IV
- Ergometrine - 0.2 mg IM/IV
- Oxytocin (5 IU) and ergometrine (0.5 mg) IM

Helping Mothers Survive

Prevent and manage shock from PPH

ACTION PLAN

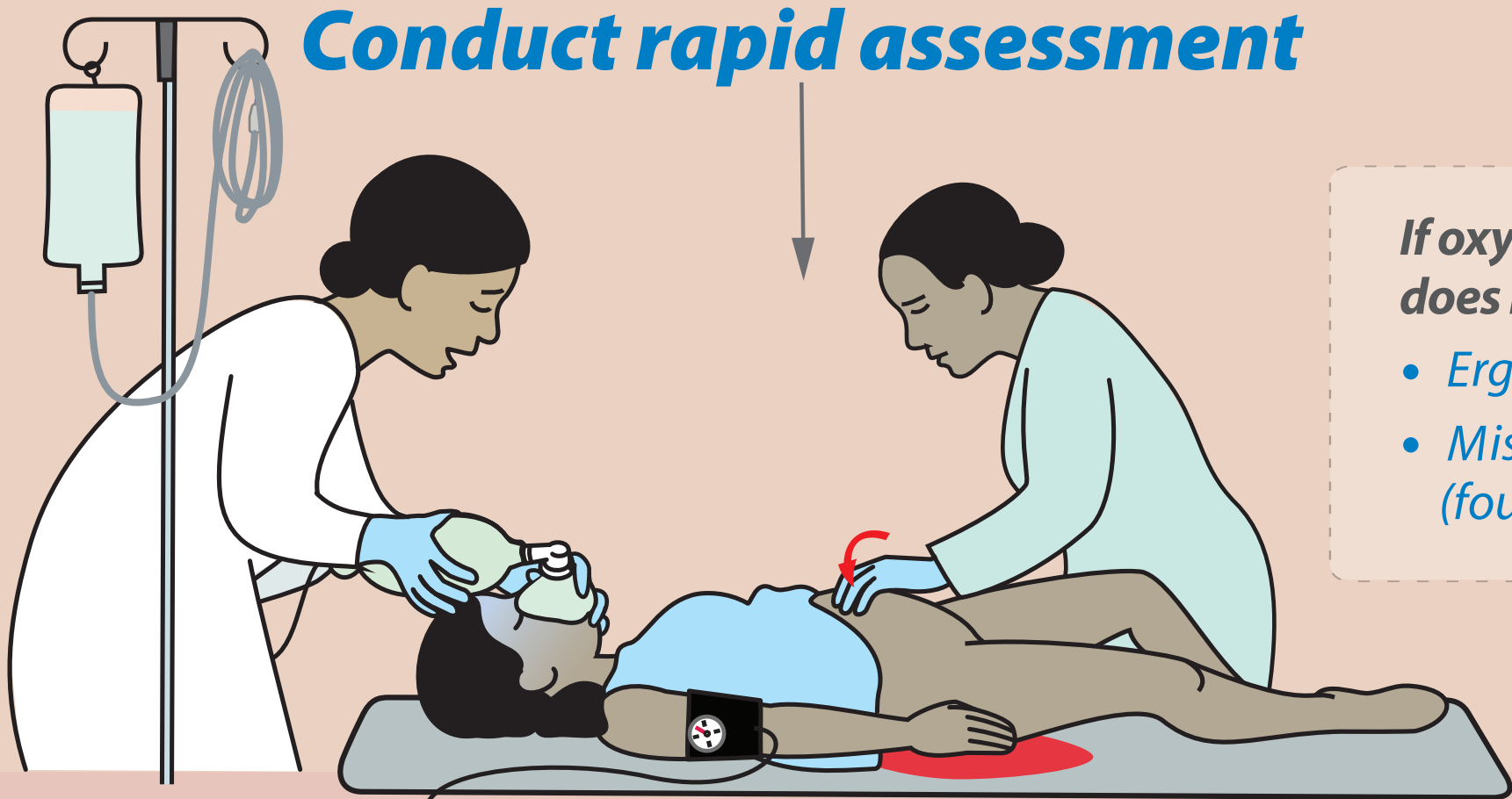
SIGNS OF SHOCK



If bleeding heavily



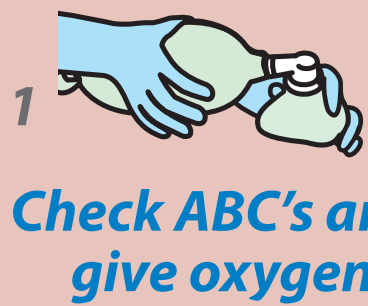
Shout for help
Conduct rapid assessment



If oxytocin not available or does not stop bleeding, give:

- Ergometrine 0.2 mg IM or IV slowly
- Misoprostol 800 mcg under tongue (four 200 mcg tabs)

Start emergency management



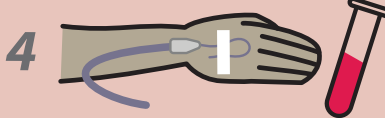
1 Check ABC's and give oxygen



2 Massage uterus



3 Give 10 IU oxytocin IM (or IV if in place)



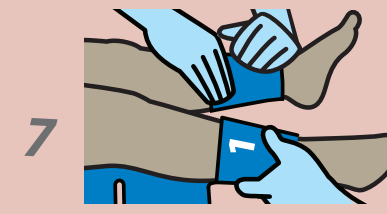
4 Start IV Collect blood



5 Give TXA 1g in 10 mL over 10 minutes



6 Catheterize bladder



7 Apply NASG

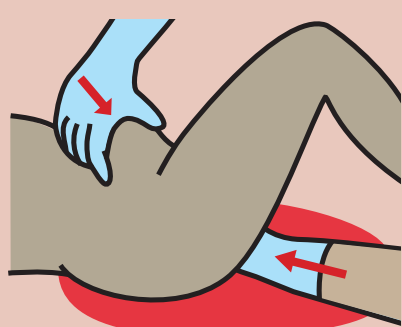
DETERMINE CAUSE OF BLEEDING
Check if placenta is out and complete
Check for bleeding tears

MANAGE

If blood needed, transfuse early

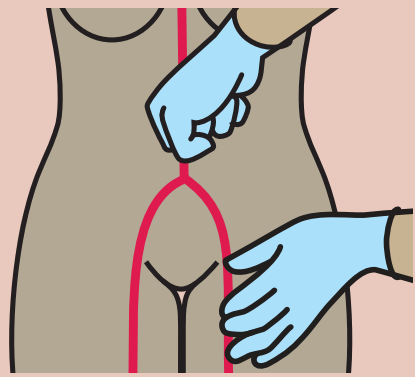
ATONIC UTERUS

Continue massage
Add 20 IU oxytocin to IV and infuse fast

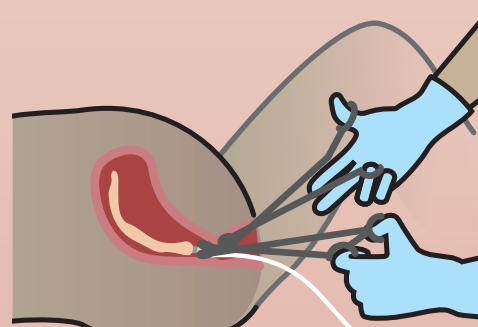


Compress uterus

If still bleeding heavily



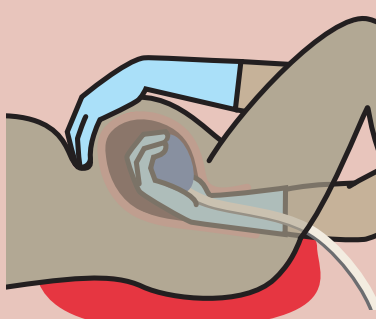
Compress aorta



Insert balloon tamponade

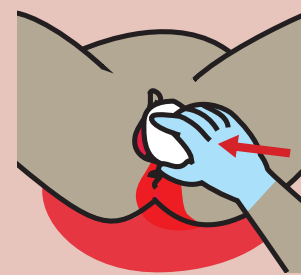
Seek advanced care

RETAINED PLACENTA/PARTS

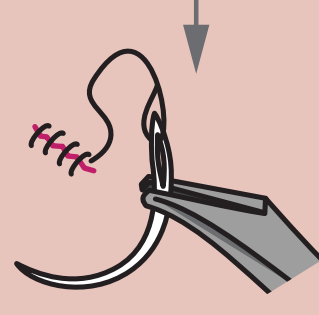


Perform manual removal of the placenta

BLEEDING TEARS



Inspect, identify



Repair

Placenta or parts not out
OR still bleeding heavily

Seek advanced care

Placenta out and complete
Blood loss normal

Continue care after PPH

Tear repaired
Blood loss normal

Assess blood loss and status continuously