WHO LABOUR CARE GUIDE

_{Name} Aisha

Parity

Labour onset Spontaneous

Active labour diagnosis [Date Jan 2, 2023]

Ruptured membranes [Date

Time

] Risk factors History of stillbirth

		Time	10:00	11:00	12: 00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00		:	:		:	
		Hours		1 2	. :	3 4	1 !	5 (5 7	' 8	3 9	1	0 1	1 12	2		1	2	,	3
		ACTIVE FIRST STAGE												_	– SE	COND	STA	GE —	—	
SUPPORTIVE CARE	Companion	N	D				N				Υ			Υ						
	Pain relief	N	D				D				N			N						
	Oral fluid	N	Υ				N				Υ			Υ						
SUPF	Posture	SP	МО				SP				SP			SP						
	Baseline	<110, ≥160	1.42	138		150	136				150			120						\equiv
ВАВУ	FHR FHR		142	138		152	130		142		158			138	-				+	+
	deceleration	L																		Щ
	Amniotic fluid	M+++, B	С				M+				М			М						
	Fetal position	P, T	Α				Α				Α			Α						
	Caput	+++												+						
	Moulding	+++												+						
WOMAN	Pulse	<60, ≥120	82				88				82			92						
	Systolic BP	<80, ≥140	124				118				116			106						
	Diastolic BP	≥90	72				68				64			56					\dashv	
	Temperature °C	<35.0, ≥ 37.5	37				37.6				37.8			38.5						
	Urine	≥ 37.5 P++, A++	-/-				A3+/P-				A+/P-			A-/P-					\dashv	\neg
LABOUR PROGRESS	Contractions				1		1			<u> </u>		1						-		\dashv
	per 10 min	≤2,>5	2								2			2						\perp
	Duration of contractions	<20, >60	10				20				10			20						
	10																			
	9	≥ 2h													In	active	first st	age, p	lot 'X'	to
	Cervix 8 [Plot X] 7	≥ 2.5h ≥ 3h													record cervical dilatation. Alert triggered when lag time for					r
	6	≥ 5h								current cervical dilatatio							In			
	5	≥ 6h	Х												seco	second stage, insert 'P' to ind when pushing begins.				cate
	5		0				0		-		0			0					Т	
	4																			
	Descent [Plot O] 2																			
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MEDICATION	Oxytocin (U/L, drops/min)																			
	Medicine																			
	Wiedicine																			
_	IV fluids																			
SHARED DECISION-MAKING																				
	ASSESSMENT																			
	PLAN																			
	INITIALS																	$\overline{}$		一
	I		L				L		D AND DECORE			AN TAKEN IF I A								

INSTRUCTIONS: CIRCLE ANY OBSERVATION MEETING THE CRITERIA IN THE 'ALERT' COLUMN, ALERT THE SENIOR MIDWIFE OR DOCTOR AND RECORD THE ASSESSMENT AND ACTION TAKEN.IF LABOUR EXTENDS BEYOND 12H, PLEASE CONTINUE ON A NEW LABOUR CARE GUIDE. Abbreviations: Y - Yes, N - No, D - Declined, U - Unknown, SP - Supine, MO - Mobile, E - Early, L - Late, V - Variable, I - Intact, C - Clear, M - Meconium, B - Blood, A - Anterior, P - Posterior, T - Transverse, P+ - Protein, A+ - Acetone