



Helping Mothers Survive Prolonged and Obstructed Labor OSCE 3: McRoberts maneuver



Guidelines to be read to participants:

- The purpose of this activity is to assess participants' decision-making and skills while providing care to a client in a simulated environment.
- For each station assume you are alone in a rural health care facility. You have all equipment and supplies necessary for a normal vaginal birth and for basic emergency management.
- All essential information will be provided to you at the start of each OSCE station.
- Ask the evaluator to clarify any questions prior to beginning. Once the OSCE has started, the evaluator will only provide information about the patient status.
- From the start of the OSCE, you will have 4 minutes to complete this station.
- **Talk to and care for the woman in front of you exactly as you would in real life. Even though I am both the examiner and acting as the woman in labor, please speak to me as if I am the woman.**
- Be explicit in verbalizing your clinical findings and subsequent decisions.
- If you give a medication, you must state what you are giving, the dose, the route, and why you are giving it.

Instructions for the Examiner

- **For this OSCE, you need 2 "assistants" to be ready to be called in if/when the learner calls for help. Tell them they are to stand back until called and they are not to do anything until the learner gives them instructions.**
- **Ensure the instructions above are read to the participants.**
- **Set up birthing supplies so that the bag and mask are separated, and uterotonic is not drawn up.**
- **Wear the birthing simulator, with the baby's head at the vulva in OA position. Ensure that McRoberts Maneuver is successful if/when applied.**
- **Observe only; do not intervene in demonstration of the participant.**
- **Learners must complete each action within each step in order to receive credit for accurately completing that step.**
- **Do NOT give information for assessments they do not do.**
- **Hold all feedback to the end of the assessment for all learners.**

Read the following to the learner: "I just gave birth to the head of my baby. You notice that the fetal head is born but remains tightly applied to the vulva. The chin retracts and depresses the perineum. You applied traction on the head but were unable to deliver the shoulder. Please tell me what the problem is and show me how you will proceed with delivering the baby."

Pass score is 12/15

Participant name or ID# _____ Date _____

OSCE 3: McRoberts maneuver

	OSCE ITEMS ****Note that checklist is for assessment only, not for instruction****	Performed to standard	
		<u>Yes</u>	<u>No</u>
	<i>Throughout the OSCE, evaluate respectful care. Observe the learner's communication with the woman. Learners should be respectful, supportive, tell you what they are doing and why. You will score respectful care at the end.</i>	<i>Check appropriate box for each item</i>	
1.1	Ask, "What is the problem?" Responds with "Shoulder dystocia OR the shoulders are stuck."		
1.2	SHOUTS FOR HELP! Mobilizes all available help.		
1.3	Asks a team member to prepare for newborn resuscitation (personnel and equipment). Notifies the theater team to prepare for cesarean birth in case attempts to dislodge the anterior shoulder are unsuccessful.		
1.4	Asks a team member to notify the theater to prepare for cesarean birth in case attempts to dislodge the anterior shoulder are unsuccessful.		
1.5	Quickly explains to the woman what is happening. Asks her to listen closely and to stop pushing.		
1.6	Ensures the bladder is empty.		
1.7	Announces that s/he will start with McRobert's maneuver – maneuver 1		
1.8	Asks a team member to tell you when 60 seconds has passed.		
1.9	With the woman on her back, asks her to flex both thighs, bringing her knees as far up as possible towards her chest. Asks two assistants to push her flexed knees firmly up onto her chest.		
1.10	Has an assistant apply suprapubic pressure downwards to help the shoulder dip below the pubic bone		
1.11	Washes hands and puts on sterile gloves.		
1.12	Applies firm, continuous traction downwards on the fetal head towards the woman's back to dislodge the anterior shoulder.		
1.13	When the shoulder is born, proceeds with birth and provide care after the birth.		
1.14	<i>Ask: If the baby is not born after McRobert's manoeuvre, what would you have done? Response: Apply internal pressure to the anterior shoulder to rotate it to posterior.</i>		
1.15	Provided respectful care and good communication. Told you what was going to happen and why, and informed you of findings.		

Score _____/15 Pass score is 12/15 **Pass / Fail** (circle one)